

For eons of time in your human history, mankind has experienced and existed in blindness about his DIVINE SPIRITUAL HERITAGE, that is, his ONENESS WITH GOD AND THE CREATION. Since the time of the "FALL" from "GRACE" of God, many ones have continued to struggle with what is "their" purpose, and why it is so difficult to find and know THE TRUTH. Many ones, in their ignorance and confusion, have asked themselves why GOD allows the seemingly unending ruthless and merciless inhumanity of man to continue; why HE allows suffering of children and wars and disease and pestilence and corruption. Often ones simply decide there is no God, which only keeps ones ever "separate" from KNOWING HIS PRESENCE WITHIN.

The Spiritual Laws and Lessons is God's deliverance of truth to YOU, his blinded fledgling creatures. HE is offering YOU the instructions for reaching the "lighted" path back home to HIM, AND THUS TO ONENESS. You will learn HOW to recognize the Anti-Christ, (that which is AGAINST GOD and therefore AGAINST LIFE) within YOU and why through your gift of free-will YOU allowed the Anti-Christ within your temple of God. You will learn about what are the "Deadliest" Sins (errors) committed by you and also about the nature of YOUR Personal Responsibility for ALL consequences and experiences within this manifested physical "illusion."

And in addition, God is NOW, within these pages bringing forth the EIGHTEEN Logical Cosmic Laws of Balance of God and The Creation, written in explicit detail with MANY examples given for YOUR careful consideration and recognition of truth. Why? To let there be NO misunderstanding of HOW and WHY you, of humanity have lost your inner as well as planetary BALANCE. You ones have broken EVERY law set forth herein and have, therefore, suffered the consequences of your errors against GOD and against LIFE. You each now have before you YOUR "road map" back home to spiritual wisdom, knowledge and truth which is of GOD. Will YOU see? Will YOU hear? Each ONE of you, being fragments of GOD and of THE CREATION must and will make this choice: To wisely learn your lessons in truth, abide by the laws and thus EARN your Spiritual UNITY and Freedom within God's Kingdom OR to continue in the darkness of deception, ignorance and spiritual poverty which will keep you bound in the Anti-Christ's "illusion" of separation. THIS cycle is about to END. The new cycle will BEGIN anew in the GLORY and Celebration of cleansing within and without of ALL fragments of ANTI-LIFE. WILL YOU JOIN OUR FATHER/MOTHER CREATOR OF GOD in His Divine Holy Kingdom of LIFE? God awaits your decision. So be it.

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THE *Spiritual Laws and Lessons* OF THE UNIVERSE

Lord Michael, St. Germain,
Sananda, and Druthea

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TO MY FRIENDS WITH LOVE:

I have read channeled literature and have seen many channels who claim to be channeling either higher spirits, their higher self, or space brothers. My information gathering and personal search has spanned a lifetime (many lifetimes). I have also met many people who claim to be contactees walk-ins, star seeds and the like. To tell you I have not at times been utterly confused would be a lie.

Now I am learning something that I would like to share with you. Discernment through inner contemplation. This moment right NOW is ALL that exists – I am creating each new moment and each new adventure as I sit and think, as I dream, as I love, as I become tolerant and compassionate, and as I become unlimited and allowing. A pre-destined future does not exist. As each of our consciousnesses change, so does the future. The Planet Earth? Our dear planet is changing too – its future ALSO changes each moment – each moment which represents the past, present and future rolled all into ONE.

Dear Friends, while you are caught in the Drama of Earth Changes – as I have been – ask yourself what difference tomorrow makes if you have spent today living tomorrow – and missed the JOY of NOW.

If you have the desire to help people and this planet. GO WITHIN. Find that God-Self and become all that you desire. Find that all-empowering Love, and learn to travel in spirit to learn about and know the truths that you desire to know. The answers are right there inside of you. Take back YOUR power and then teach those who want to learn what you have experienced.

I have learned to cherish and Love myself, THIS life, THIS planet that allows me my adventures, all humans and ALL of Creation. I love this moment! I love you! Life is the teacher, Life NEVER ends. I trust myself – learn about self-trust my friend, there comes with self-trust a special freedom, a gift you give yourself. Remember the FEELING of Love. It transcends all of eternity and never leaves you empty. Most of all Remember YOU, you are a master of your ever changing destiny.

I hope you feel the love with which I share this information, and that something if not all that I have said makes a joyful difference to you!

With Love,
Druthea

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PART 1

UNDERSTANDING THE LAWS OF GOD

UNDERSTANDING THE LAWS OF GOD Also called "THE LAWS OF BALANCE"

I. THE HIGHEST COMMAND OF THE LAW OF THE CREATION IS:

Achieve the wisdom of knowledge in as much as this will enable you to wisely follow the Laws of The Creation.

This means to seek and demand the TRUTH be shown to you so that you must develop that ability to discern and judge all information, actions and behavior with self and others which go against the laws of balance given forth by GOD and The Creation. This also means that when information is put before your attention, you must ask the FATHER within you to show you whether or not it is true and ask for the Father to give you the verification you need for understanding the truth in all information and situations which HE puts before you. THIS means you must have the courage and the determination to conquer the fear, apathy and ignorance within your altered ego to ACHIEVE THE WISDOM OF KNOWLEDGE OF TRUTH!

II. THE HIGHEST COMMAND OF THE LAW OF GOD IS:

You shall Honor God as the ruler of the human races and follow HIS Laws for HE is the "King of Wisdom."

1. YOU SHALL HAVE NO OTHER GODS THAN THE GOD CREATOR BEFORE YOU AND ABIDE WITH THE LAWS OF THE CREATION WHICH ENCOMPASSES ALL. ALSO KNOWN AS "THE LAW OF ONE."

This means you must recognize that your soul existence and your life on this plane is only possible by the wondrous grace of God, your Creator. You must recognize and honor HIS HOLY PRESENCE within you AND ALL THAT IS, because it is by HIS HOLY GRACE that you shall be able to receive HIS guidance and instructions for WHAT your service is to God and The Creation to maintain the glory of light and love and life in constant unfoldment of the glorious mystery of the ONE. In other words, YOU will learn to understand and be always connected with the ONENESS of ALL THAT IS in Creation.

Now, to remember and understand this, THE LAW of ONE, you must realize that ALL beings AND creations are EQUAL OR EVEN in reflection of and importance TO THE ONE God, only that each is simply DIFFERENT in abilities, talents, and beingness as an EXPRESSION of THE ONE ALL THAT IS. Contrary to perhaps your own "opinion," You as A HU-MAN (Higher Universal Man) are NOT superior or inferior in importance to the tree, the rock, the bird or ANY other being or creation of THE ONE. You are simply ONE of THE HOLY FATHER'S vehicles of motion for expanding and experiencing the JOY of continuous unfoldment of THE CREATION. You see, there cannot exist any separation, ALL come from the ONE great Source of all THE CREATION and all will return to our source, THE ONE.

Also, you must understand the true nature of the laws of Balance given forth by our FATHER as it relates to HUMANS granted with the GIFT of FREE WILL. For example: If ALL humans were removed from this planet, do you think that the mineral, plant and animal kingdoms would remain in balance? The correct answer is MOST DEFINITELY YES! Because they belong to the kingdom of God which was created to maintain a wondrous Planet in Balance. You as humans who were given FREE-WILL and reasoning ability to choose to balance within the laws

(or not), were also sent to God's CREATION as Guardians. What have you done to her by choosing to live in the lie of destruction which is the ANTI-Christ? Are you proud of the pollution you pour into her waters, and soils and air-space? This is the very water, soil and air-space YOU depend on for your physical survival. WHERE is the REASONING for this sort of corruption? Why do you crowd out and not honor the right to life of the others of God's Sacred Kingdom, such as the trees, the minerals, and the animals? What have YOU CHOSEN with YOUR Gift of FREE-WILL? Most of the Mass Consciousness of humanity have chosen death and destruction to themselves and the planet because they BELIEVE and are blinded by the lies of the Anti-Christ. They are possessed by the blindness and ignorance of their own "altered" ego.

So now that you recognize that most ones have chosen, with their wondrous free-will, NOT to Maintain the Balance of the Laws of God and The Creation, you might ask yourself, "So what happens now?" There is a point which is reached when God must decide whether HE will preserve and RETURN BALANCE to a kingdom of HIS that is lost in the darkness and ignorance of the Anti-Christ, or whether HE will allow the Anti-Christ to consume itself AND the planet it is sustained by.

We will give you the example of THIS kingdom of God, beloved planet Earth. She is called "The Emerald" of this universe; she is a most glorious creation and she is ALIVE, A BEING OF GOD'S LOVE. She is a part of the human experience, and the human experience is a part of her. All of the pollution of the thoughts, words and deeds from the humans here is now a part of HER, as well as existing within the humans who created them. She has been raped, pillaged and plundered by those who were to be her guardians. SHE has ALLOWED you to make her your playground of HELL and she has CRIED OUT TO GOD FOR HELP and MERCY. As have many of YOU who now KNOW your only HOPE will come from the LOVING Grace and Mercy of OUR Divine Father! And GOD has answered HER Plea in his infinite Love, Compassion and Mercy. The Promise: She will be allowed to cleanse herself from within and without of ALL the Anti-Christ pollution smothering her... SHE WILL BE REBIRTHED INTO A CHRISTED BEING OF PERFECTION! And so too, the humans WHO choose to align in balance with the

laws of God and The Creation will also receive graduation into the Kingdom of God in the Higher dimensions of LIFE within the DIVINE CREATION. NONE will be spared the ultimate choice between the Kingdom of LIGHT and LOVE that is GOD's kingdom, or to remain in the kingdom of THE ANTI-Christ...which is the desolate, hollow darkness of lies, deception and destruction.

What we are describing to you is that YOU each NOW have the opportunity to move your soul awareness **from UNCONSCIOUS** (Current 3rd dimensional experience) **to CONSCIOUS** (New God 4th & 5th Dimensional experience) **IMMORTALITY**. Meditate on the meaning of that statement of Truth! May you wisely choose the glorious **FREEDOM** of the **CONSCIOUS IMMORTALITY OF GOD, TRUTH, LOVE and LIGHT!**

2. YOU SHALL NOT MAKE FOR YOURSELVES IDOLS AND FALSE IMAGES TO WORSHIP AS GODS FOR THEREIN YOU GIVE POWER INTO THE HANDS OF EVIL.

This means that there is **NOTHING** in material manifestation for you to worship as your GOD. There are no temples or churches, deities or crosses that need be the places or images to worship in or of. Nor are there any priests, ministers, rabbis **OR ANY OTHER HUMAN** who may act as representatives **BETWEEN** you and God. You see, **EACH** and every one of you Human Beings carries with you the **TEMPLE OF GOD WITHIN YOU!** You are the temple. And so with this truth in mind you might ask yourselves, **WHERE do YOU take God in your life journey?**

So you must not place the attainment and hoarding of "worldly" treasures above the attainment of your spiritual wisdom and perfection lest ye "die" in the darkness of spiritual poverty. A good example of this false image of "worship" is quite prevalent now in your societies and that is **THE WORSHIP OF GOLD**. If you make the accumulation of gold (money) your first preoccupation for the sake of having more and better "things" and possessions, you are pushing God out of HIS temple

and the Anti-Christ will become your constant bedfellow, urging you to consider **ONLY** your material desires, promising you greatness and importance **ABOVE** your brothers, so that eventually God within you becomes but a glimmer of what was once the flame of your eternal **GOD EMPOWERMENT** within. And if **YOU** allow your Altered Ego **POSSESSION** by the Anti-Christ to rule your being, the Anti-Christ will not stop until your flame of life is extinguished and your spirit is left **ALONE** and naked to stand before self and God in the agony of self-judgment of the transgressions against **HIS HOLY PRESENCE**.

So this means that you must become and remain "detached" from your "worldly" possessions, because they do not go with you to the kingdom of GOD, nor does the "amassing" of great "worldly" treasures bring you **SPIRITUAL** wisdom. Your preoccupation with "amassing" great worldly wealth brings you only the emptiness of spiritual poverty. You cannot serve your **SPIRIT** and serve The Anti-Christ. Serve only your **SPIRIT WITHIN** and the Anti-Christ will have no place to dwell within your temple.

3. YOU SHALL LOVE THE LORD GOD WITH ALL YOUR HEART, SOUL AND BEING (YOU MUST LOVE THINESELF AS GOD AND GOD AS SELF.)

This means that within the Christ circle of infinity, which is the Christ Consciousness of **ONE**, you must recognize the tremendous and Wondrous Love that our Lord God has for you to allow your experience in HIS kingdom of life unfolding. You and **ALL THAT IS** are but the reflection of **HIS LOVE and JOY** of The Creation before him. You are his co-creator in the infinity of The Creation and you are the co-creator of HIS jubilant Self-discovery within the unfolding manifestations of the mystery of the **ETERNAL ONE**. So when you despise yourself or another, you despise the very **SPIRIT of LIFE ETERNAL** and it all exists within **YOU**. You see, **OUR Great Central Sun, The ONE eternal light** is beckoning to you: **I AM THE LIGHT, I AM THE JOY, I AM THE LOVE, I AM THE TRUTH, I AM THE ADVENTURE, I AM THAT I**

AM AND SO ARE YOU! YOUR TICKET TO THE ETERNITY THAT I AM IS YOUR LOVE OF THE HOLY SPIRIT OF LIFE WITHIN SELF AND ALL THAT IS!

Also remember that in your physical world, you have a **physical** body which you are given to use to house **YOUR SPIRIT OF GOD WITHIN**. You must take care of the needs of the body with proper food, water, clothing, shelter, exercise and rest so that you remain vibrant, clean and healthy in order to perform, with honor, the service of **GOD**. So too, you must not knowingly "poison" the body with the ingestion or inhalation of devastatingly harmful and addictive "drugs" whether they be of "legal" or "illegal" status by earth standards. The spirit of **GOD** within you needs no "mind" altering to connect and commune with **THE HIGHEST DIVINE LIGHT OF THE ONE ALL THAT IS**.

4. YOU SHALL NOT USE THE NAME OF GOD IRREVERENTLY, NOR USE OF IT TO SWEAR TO A FALSEHOOD.

This means you shall not cast **BLAME** against or curse another **IN THE NAME OF THE FATHER** in your thoughts, words or deeds. You must take full responsibility for your own errors or transgressions against self or others. And so when you blame, curse, resent and condemn another being you are **ALSO** blaming, cursing, resenting and condemning **GOD** your Creator, who exists as the flame **OF IMMORTAL LIFE WITHIN YOU and WITHIN ALL OTHERS**. So as you cast outward the blame of irresponsibility and denial, it must return to you **UNTIL** the lesson is learned by **YOU** who is the creator of the transgression in the first place upon **THE ONE** self.

Also, you must not knowingly and purposely deceive or lie to yourself or others in the name of **YOUR HOLY FATHER**. So when you say, "I swear this to **BE** the total truth in the **NAME OF GOD**" you had better **KNOW** that to be a factual statement or you have dishonored **GOD'S SACRED NAME** for your own selfish altered ego means. This does

NOT mean that with the tyranny that exists with the **INJUSTICE SYSTEMS** of the world, that you must sacrifice **YOUR LIFE** for the telling of a truth in a court of the unlawful. In this case (as in all situations you encounter) you must use your **GOD-given** senses and ask for **HIS** guidance and protection in your circumstance. This in no way means you will not tell the truth as you perceive it to be, but you must **TRUST THE POWER OF GOD WITHIN YOU** to always give you what you need for guidance and protection. This is what Immanuel told the Pharisees and scribes about "oaths":

"Woe unto you, you blind leaders of false teachings who say, 'If a person swears by the temple, that does not count, but if a person swears by the gold on the temple, that binds him.' You fools and blinded ones, you are the offspring of evil; why do you let people swear knowing that an oath is not binding and is a worthless act? How can you say that if a person swears through sacrifice, that is binding? You blind and false teachers, who gave you the right to demand an oath or to swear, since the Laws of The Creation state that oaths should not be given? Your speech should always be yes or no. Therefore he who swears by anything on Earth or the Universe, swears by something fleeting, which is without any substance and therefore, an oath is of no substance either. Therefore, he who swears by anything commits a crime with respect to the truth of his word and makes it doubtful."

(Isn't it interesting that in a court of "law," ones are required to hold the "false" Bible and swear an oath of truth to the court? Where do you suppose that requirement came from? Perhaps from Freemasonry?)

It is important to remember that ignorance of the truth is acceptable **FOR A TIME**, but remember **GOD** within **YOU** will give you many opportunities to turn your ignorance into **THE WISDOM OF KNOWLEDGE OF TRUTH**. And if you are **truly** a servant to the **ONE ALL THAT IS**, you will **ALWAYS** welcome **THE LIGHT OF TRUTH** to shine within and before you **EVEN** if you find the truth to be abhorrent within your very being. This means that you cannot **hide** behind the **BLIND** ignorance which rules you by fear and denial of

responsibility. **THIS** is NOT acceptable ignorance in God's Kingdom because you thereby become the servant of the Anti-Christ and have therefore **GIVEN** your life into the hands of evil.

Here is an example of unacceptable ignorance: (This **FALSE BELIEF** applies to many who consider themselves part of the "so-called" New Age movement.) Ones are given the wisdom of **TRUTH** that says yes, "**YOU** are **GOD** and so you create your own reality." Many ones have falsely interpreted that to mean, "I can now ignore the reality I have **ALREADY** contributed to the creation of and it will no longer be my responsibility because I am God." This is a prime example of how the Anti-Christ will twist and alter the truth and maintain his playground of deception. Just because you choose to **IGNORE** the disease and corruption within your government, for example, that does not mean You are now exempt from responsibility. **WHAT DO YOU THINK HAPPENS TO ALL THAT ENERGY OF ALL THE THOUGHTS, WORDS, DEEDS AND ACTIONS YOU HAD BEFORE YOU BECAME** (In YOUR perception) A "MASTER" OF "POSITIVE" MANIFESTATION? Do you perhaps think that **POOF! GOD JUST EVAPORATES IT FOR YOU AND YOU ARE NO LONGER RESPONSIBLE?!?** Or do you think to yourself, "Well, this government corruption and war and economic crises and possible food shortage is all just Doom and Gloom Ugliness that others choose to acknowledge and it's not my fault, so as long as I don't bring it (doom & gloom) within my reality, it's not true and doesn't exist for me." We have news for you ones, if you believe that nonsense, you have become a tool of apathy for the Anti-Christ **POSSESSING YOU! ALL** are connected to the **POOL OF MASS Consciousness of Manifested ILLUSION** on this plane. If you choose to only **SELECTIVELY** accept the "truth" which is comfortable for you and doesn't upset YOUR illusion of reality, then you have also **DENIED THE HIGHEST COMMAND OF THE LAW OF THE CREATION: ACHIEVE THE WISDOM OF KNOWLEDGE IN AS MUCH AS THIS WILL ENABLE YOU TO WISELY FOLLOW THE LAWS OF CREATION.**

5. REMEMBER GOD'S "DAY" AND KEEP IT HOLY.

Now within the "so-called" Christian Bible, this law has been interpreted as "A" day and the day that was chosen by **HUMANS** was the one called **SUNDAY** and also called "The Sabbath." This was the day which **HUMANS** said that **NO** work could be done and you must go to THEIR Church and pray, repent and give thanks because this was God's day. We must tell you this is not correct because **ALL** days in the Kingdom of God and The Creation are **HIS**. This means you must keep **ALL** of your Days **HOLY** in reverence to **THE DIVINE HOLY ONE PRESENCE OF GOD WITHIN ALL OF THE CREATION**. **EVERY** day you must, as a part of your prayer, acknowledge and give thanks and **HONOR** unto God and The Creation for **ALL** the blessings of abundance, Wisdom and **LIFE** which **THE FATHER WITHIN YOU** has bestowed upon you. Remember this about the true purpose and **POWER** of Prayer and Meditation. **PRAYER** is asking for guidance from the Father within for **WHAT YOU NEED TO KNOW IN ORDER TO SUSTAIN IN HIS SERVICE, "AND IN ALL THINGS, FATHER, NOT MY WILL, BUT THINE WILL BE DONE."** **MEDITATION** then is **RECEIVING** that information from the Father within to sustain in **HIS** service. Eventually, **YOU** will **ALL** be in a constant state of meditation and communion (mutual participation or sharing) with the Divine Father within.

Now, Sunday has also been called God's day of rest. This is not logical. What about the farmer who has animals and his fields to tend? This is not to say that you cannot rest. But your rest may be on a Monday or a Wednesday or maybe just an hour or two each day. It will be different for every human depending on the conditions of his service to God. **WHEN** the cycle of time comes when all is returned to the **ONE OF THE CREATION**, there is a period of what might be termed as "rest." This means that life as you know it in this illusion will cease to exist. It is one of the Great Mysteries which measures in cycles the ebb and flow of **THE ONE DIVINE SOURCE OF ALL THAT IS**. Until that time, **GOD** within you will guide you as to when the necessary times of rest are for you.

6. YOU SHALL HONOR YOUR MOTHER AND FATHER.

This wondrous law has most often been taken only in the quite literal sense. AND it is true, you must honor the ones who were the vehicles for your SOUL being sent here by the Grace of God, THE SAME AS YOU WOULD HONOR ALL THE BEINGS OF LIFE CREATED BY OUR CREATOR GOD AND THE CREATION. This means that as a babe and child you are dependent upon your parents, or others, to sustain you physically in the very least. There is also the tremendous responsibility that those who choose to be "parents" — defined as — "A Father or Mother; or any organism that generates another; a source or cause" have. THEY are also choosing to be teacher and guardian for you, one of GOD'S CREATIONS. They are also entrusted by GOD our Creator (whether THEY know it or not) the responsibility of giving YOU the tools to become self-sufficient and sustain in HOLY GOD's service for the remainder of this life-time. This is why in the more spiritually aware Kingdoms of God, ALL beings are NOT given the responsibility for the pro-creation of the species.

Firstly, it is an honor that is EARNED by the parents who completely understand THEIR responsibility to TEACH the laws of balance of God and The Creation. Secondly, Pro-creation of the species IS TAKEN VERY SERIOUSLY by your more spiritually advanced brothers on other planetary systems. (See Law #15.) The reason is that THEY recognize and honor the TRUTH of the LAWS OF GOD AND THE CREATION. You see, THEY HAVE LEARNED THAT THE SPIRITUALLY WEAK WILL PASS ON THEIR DISEASE, APATHY, IGNORANCE, AND MISUNDERSTANDING TO THEIR PROGENY, thus spreading the insidious cancer and DESTRUCTION of THE ANTI-CHRIST throughout their species. THEY KNOW THAT THESE CHILDREN OF GOD ARE THEIR PROMISE FOR THE BALANCED CONTINUATION OF THEIR SPECIES. So it goes that the pro-creation responsibilities are monitored VERY carefully to maintain Balance of the species within the laws of GOD and The Creation. EVERY child is LOVED and carefully tended and instructed by ALL who have EARNED this, one of the most important responsibilities of any HUMAN, THAT OF BEING A "PARENT" FOR GOD!

Now the other purpose for and meaning of this law is that you shall honor the Mother and Father Principle of ALL THAT IS IN THE CREATION. A very wondrous example is that you must honor THIS beloved Planet Terra who represents the Mother "principle" in that she nurtures and sustains the lives of All Creatures of God who exist here. And you must Honor our Father GOD who gives forth the seed of the Spirit of ALL life within the ONENESS of ALL THAT IS. Of course God IS the Mother/Father principle in HARMONY, BALANCE AND MOTION and so there exists the Mother/Father UNITY and BALANCE IN ALL FRAGMENTS OF THE DIVINE CREATION.

7. YOU SHALL NOT MURDER YOUR FELLOW MAN.

In the Bible of the "so-called" Christians, this law is written simply as "Thou Shalt Not Kill" which leaves room for misunderstanding of interpretation. What this law means is you shall not WISH death upon another human being of God in YOUR THOUGHTS as well as you shall not commit physical murder of another human.

This rule does not mean you cannot **defend** yourself and your family if your lives are threatened, because that is SUICIDE which is SELF-MURDER and so also against God's laws. You must not ever choose suicide of your body because you feel worthless and "can't" go on, because you dishonor the life-force of God within you. Only God within you must decide the end of a physical life-stream. That time will only come when your purpose and mission is accomplished so that the process and Divine Plan of God for your spiritual growth will not be interrupted. The **remorse** of the soul is oftentimes **much greater AFTER** the suicide of the body is accomplished than in the perceived "altered" ego illusion of suffering **BEFORE** the life-stream is terminated.

Just remember that when you honor God within yourself and ALL THAT IS and you truly understand the laws of balance given by our Divine HOLY ONE, you would never consider the self-punishment of suicide. You will simply CHERISH every living breath you take in the Gift of LIFE of God and The Creation!

Oh yes, and for those of you who label yourselves "Feminists" and "Pro-Choice" which usually means **PRO-MURDER** of one of GOD's children, remember this: **THERE ARE NO ACCIDENTAL PREGNANCIES**. If you become pregnant, which is being the vehicle for one of God's new creations, **CHOOSING** an abortion because of YOUR selfish and irresponsible sexual behavior **IS STILL MURDER** any way you look at it. Remember you each are given, along with your "Free-Will," **PERSONAL RESPONSIBILITY** for all of your thoughts, words, deeds and actions. There are definitely many possibly undesirable "effects" to illicit and wanton, lustful sexual activity. Pregnancy and Disease are two obvious results which do and have occurred more often than not.

Now, IF a woman is forcefully and violently **RAPED** against her will and becomes pregnant, then **SHE** must commune with God within her as to whether or not **HE** will terminate the pregnancy. So it will not be **HER** "altered" ego choice or will but **THE FATHER'S WILL WITHIN HER WILL BE DONE**. This is usually what a miscarriage is, **THE FATHER'S WILL**. No ONE else will make this decision for **HER**, **ONLY THE FATHER WITHIN HER!**

8. YOU MUST NOT COMMIT ADULTERY.

The literal definition of "**adultery**" in your dictionary is: "The voluntary sexual intercourse of a married person with someone not the spouse." Now, the reason for this law, which still applies now, was that well before and at the time that the Commandments were presented by Moses to the people, they were mostly simple-minded, ignorant, illiterate and God-**FEARING** because of their previous false teachings given by the religious/empire leaders of their "time."

The problem was that (throughout your "past" history) many young men and soldiers would lustfully spread their fertile seed in the sexual act to **MANY** various young, willing women whom they met within their daily lives and in their travels from village to village. (Times have not changed much, have they?) The obvious result was that many women became pregnant, and usually by that time the man was long gone, to

war or to the next village. So she would be left alone with the responsibility of birthing and raising her child. Many women could not "handle" this un-expected responsibility **AND** the desertion of who they usually thought to be **THEIR** man. Many women, overcome by the horror, shame and guilt; of the circumstance, killed themselves and their unborn by trying to abort the child. Many women were left on the streets, unless they had friends or family who would take care of them. And many women abandoned their birthed child, sometimes at the doorstep of a church or orphanage, but also some would leave the child to die in some dark and desolate place. So thus the necessity of this law, "You must **NOT** commit adultery." (See law #15, "You must obey the wisdom of God for the responsibility you have of **BALANCED** Pro-Creation of your species.")

So in his loving mercy and infinite wisdom, God created the commitment of **Marriage** or **Wedlock** defined in your dictionary as: "A legal contract by a man and woman to live together as husband and wife." (In the higher realms it is a very serious and joyful commitment and is called **DIVINE UNION**.) In this way **HE** planted the seed of **JOINT** responsibility of this husband and wife to each other **AND** to any offspring they produced. This is why **Marriage** is to be considered one of the **MOST** serious and **SACRED** commitments **TO GOD!**

Now we will quote some of the actual teachings given on this subject of **THE FATHER'S WORD** given by The Master Teacher Jesus, Esu, Immanuel from the book (now in print, entitled "**THE TALMUD OF IMMANUEL**") Nearly 2000 years ago when the Master Jesus, Esu, Immanuel was asked about the commitment of marriage and the rights of men and women. This is what he said:

"ALL good things were given unto you and you received the Laws according to which you are to live. You should adhere to these and additional laws, so that you shall prosper on Earth and have peace in your families; remove the power of the old law that women shall be subject to man, since she is a person equal to man in spirit respect, and has equal rights and obligations. There are many distortions in the laws since they were given forth by God and the Celestial Sons, for men have built them to be suitable unto themselves.

"When a man marries a woman, he shall pay to the most trusted steward the handling of her possessions, as a price of security, lest she suffer from lack of her necessities. The price should be calculated in such a way that for each year of her life one hundred pieces of silver should be the basis, measured according to her knowledge, her ability, and her strength, provided her health is not lacking. The price is not to be considered as that of a "purchase," for no person may be sold or bought, but as security for the woman lest she suffer lack. (Amount and type of financial security for "modern" times will be adjusted accordingly. For further clarification of Immanuel's statements read Lesson # 42.)

"The bond of matrimony between man and woman should be permitted only if both are of mental competence and capable of leading a marriage in accordance with the law. (Note: that is GOD'S LAW).

"If, according to predetermined agreement, no price is paid, the law applies: the man must supply the needs of the wife regarding all of her necessities.

"The inability of a wife to bear children, or a man's inability to sire children is no reason for divorce, nor does she or he deserve other opinions or actions.

"The only reason for divorce is that of adultery, that is the destruction or endangering of spirit, the body, or the life of the members of one's own family unit. If a person is divorced by his own actions of adultery, he should be sterilized, for he is unworthy of life and its laws for he has responded to the selfish lustful drives of pleasure-seeking and has cast aside all responsible behavior." (End of quoting).

Now, in the literal translation in order for ADULTERY to occur, then one or the other or both of the two adulterers would have to have made the vow of marriage. In God's Kingdom of Truth, this vow of DIVINE UNION made between two, a man and a woman to live together as ONE, is taken most seriously indeed because it is a commitment made to THE FATHER WITHIN, EACH TO THE OTHER for that entire

lifestream. It is a contract with GOD rather than a legal contract of the human experience. This means that a man and woman who cohabit together as "lovers" without a "so-called" legal contract **must make THE SAME COMMITMENT** to God as those who have the "so-called" legal contract, whether THEY realize it or not. It is NOT necessarily always a contract made to God to PRO-CREATE the species because many who choose DIVINE UNION may not choose, be able, or be qualified to fulfill that (pro-creation) service to THE ONE FATHER. (RE-READ Commandment number 6 where we discussed the responsibility of PRO-CREATION). But both "lovers" STILL HAVE THE SAME RESPONSIBILITY (as a "legally" married couple) for the offspring they may produce. If they only choose cohabitation because of sexual lust or other selfish reasons, they have, thus, denied THEIR responsibility to GOD, and they will suffer the consequences of their actions at the hands of evil. (See Law #13, "As you sow, so shall you reap" also known as, "The Law of Cause and Effect.")

Does this mean that DIVORCE, defined as: "1. Dissolution of a marriage bond by legal process OR accepted custom. 2. Any radical or complete separation," goes against the laws of God and The Creation? YES AND NO! You see it depends on the TRUE circumstances experienced by the divorcing couple. For example: Since your commitment in life is always FIRST IN SERVICE To GOD, then ideally, your chosen partner in marriage must support YOUR commitment as well as his/her commitment to THE HOLY FATHER.

If, for example, your partner batters you and/or your children physically or emotionally and thus does not support or honor either his or YOUR commitment in service to GOD, then you are no longer bound by your contract/bond of marriage. Why would GOD bind you and your children to a commitment of SUFFERING and PUNISHMENT? It is not logical. But, if your partner decides that he/she wants to divorce you because you are just no longer attractive to him/her physically and sexually, THIS IS NOT AN ACCEPTABLE REASON FOR DIVORCE. Let's take that example further. Say your partner is no longer attracted to you and decides to find sexual satisfaction elsewhere; he/she has committed ADULTERY, (re-read above quote by Jesus Immanuel) and if you

choose to do so, it IS an acceptable reason for divorce. The reason is that not only has your partner broken his/her commitment with YOU and HIMSELF, BUT in the act of Adultery he has broken his commitment TO SERVE GOD...because by the act of fulfilling his lust he has invited the Anti-Christ within his temple. Of course, the choice you make about whether or not to divorce an adulterous mate will ultimately be made BY THE FATHER WITHIN YOU.

9. YOU MUST NOT STEAL (MATERIALLY OR EMOTIONALLY).

This law does mean literally that you must not steal, defined as: "1. to take (another's property, etc.) dishonestly, especially in a secret manner. 2. to take slyly, as a look. 3. to gain insidiously or artfully: as he stole her heart." And this law also means, you must not steal the trust and good faith of another by lying to them about your true motives and intent. You see, malicious **LYING** and **STEALING** are opposite sides of the same coin.

Here are some examples of various forms of lying and stealing: If a man falsely tells a woman who is a virgin that he **LOVES** her and wants to marry her, but all he really wants from her is a sexual encounter, he is misleading her. If she in good faith falls "in love" with him and also falls for the trap of his "false" promise to her and succumbs to his pressure to express "their love" physically before the marriage vow is made, and then he abandons her, he has essentially "stolen" her heart, her innocence and her chastity for his own lustful, selfish intent.

Even if the woman wisely refuses his sexual advances, and finds herself rejected by him, **he is still guilty of lying to her WHICH IS STEALING FROM HER EMOTIONALLY.** The big difference in these two scenarios is that, although she has been robbed emotionally, at least she doesn't have the "guilt" of dishonoring herself by breaking the laws of God and giving away her chastity to an unworthy man.

Here is another example of **STEALING** the **innocence** of another. **Innocence** defined as, "1. Free from sin, evil; not guilty of a specific crime. 2. harmless 3. knowing no evil 4. without guile or cunning 5. an

innocent person, as a child." Now stealing in itself is a "sin" against God's laws upon only the one who steals, BUT when one succeeds in **stealing the innocence** of another, what he has essentially done is **WILLFULLY AND BLATANTLY lied** to them, so thus he has enticed and manipulated the other to also **BREAK THE LAWS OF GOD AND THE CREATION!** So in order for innocence to be "stolen" from another, the person "stealing" must be doing so knowingly and blatantly with the **INTENT** of manipulating another to fulfill his own selfish means and the victim has to guilelessly trust the person.

For example: The Leader of a country sends the young men off to a **WAR** (which also involves **MURDER**) in a far-away place, and tells them, "You are fighting for freedom and defending your country," and they believe this lie. So they go to the war and realize in horror that they are slaughtering innocent people and protecting and defending wealthy Sheiks and their oil fields and money, NOT defending their country's freedom. That is when **THEIR INNOCENCE** has been stolen from them, when they realize that they have been **LIED** to and **USED** by one/ones they trusted—to **perpetrate EVIL.**

Another example: Say you are a child and you discover that your Father has a girlfriend "on the side." (That is adultery, friends.) When you face him with this, he **TELLS** you that you must "promise" him you will not tell your Mother. He still loves her and doesn't want to hurt her and the family etc. If **YOU** tell her, she will divorce him and...and...and. Well, as a child, you are devastated in your heart because **YOUR FATHER** has asked you to **LIE**, but you "promised" him and so, somehow, it would be **YOUR** fault if you told your Mother and you certainly don't want to cause your parents to divorce! This is emotional blackmail and the Father has stolen the innocence of his own child by making her promise to **LIE** and making her feel responsible (for **HIS** irresponsible behavior) for what "could" happen if she told her Mother the truth.

Another perhaps more repugnant example: Any adult man or woman who willfully indulges in the lustful coercion and manipulation of a child who trusts him/her to perform **ANY** form of sexual activities **has most definitely stolen the innocence of that poor child.**

Here is another example close to the hearts of AMERICANS: Your Forefathers of the wondrous United States of America were inspired by GOD in the development of a most sacred CONSTITUTION and BILL OF RIGHTS in order to maintain PEACE and BALANCE and allow you FREEDOM and the pursuit of happiness. Although not perfect, with the addition of certain amendments abolishing Slavery, for example, it became the most important and protective set of standards for HUMAN rights, decency, and freedom in your current History on Earth. Now every person you elect into the offices of leadership such as the Presidency, Vice-Presidency, Congress, and Senate, has taken an "oath" **to uphold the Constitution of the United States of America.** You, the people have elected these "leaders" on the trust and good faith that they will HONOR your Constitution and Bill of Rights. You now have a President, and a Congress who mostly support him, who has essentially nullified this U.S. Constitution by HIS Executive orders in order to pursue "THE ONE WORLD ORDER" which has a new "so-called" Constitution for ONE WORLD DOMINATION! **THIS IS CALLED STEALING YOUR FREEDOM, AMERICA, AND MAKING YOU SLAVES.** Are those so-called "elected" leaders who support this infringement on YOUR U.S. Constitution HONORING the OATH they gave to you and TO GOD? They are stealing your freedom and worse than that, they are taking an oath that they KNOW THEY WON'T HONOR! THAT IS CALLED LYING TO YOU THE PEOPLE FOR THEIR OWN SELFISH MEANS.

Please do not confuse the ones who act by **willful guile and deceit** in "stealing" the innocence or possessions of others with the ones who truly believe a lie to be the truth and then pass on their false belief to another/others (for example their children or students). This is simple **ignorance of truth** and, although it may or may not be acceptable (to God), ignorance is not a willful act of stealing the innocence of another.

Here is something else that is very important to remember and understand clearly. If one tells what he knows to be a "lie" in true self-defense, privacy or for the defense, privacy and protection of another, this is not against God's laws. (THIS does not mean lying to maliciously deceive about EVIL SECRET oaths or activities such as in the evil cult of

FREEMASONRY). **THIS IS ONE WAY THE ANTI-CHRIST TWISTS GOD'S LAWS TO CONDEMN OTHERS** by ones telling you YOU MUST NEVER "lie," which means: "1. To make a statement which one knows to be false. 2. That which is intended to produce a false impression." You can literally be made the tool for the harm or destruction of yourself or another!

Let us give you some examples to think about: Let's say it is World War II, and in compassion you are hiding a Japanese/American family in your basement to protect them from being put in the "camps," so the police come to your door and ask you if you have seen or know any Japanese people. Are you going to tell them the truth knowing it will endanger YOUR family as well as the ones you are protecting?

Next example: Let's say you go to war and are captured by the "enemy." They require you to appear on the television and make a statement to your leaders which you know is false, but if you do not they will kill you. Are you going to do what they ask?

Here is an example given several times: Let's say our beloved Jesus Christ, Sananda comes to your home and the "authorities" come looking for him and you know it is because his persecutors do not want him free and alive. Are you going to tell them where he is?

We will give one more example which may become reality for many. Let's say your government institutes a "draft" requirement. Well your son, father, or friend refuses to sign up for the draft and decides to become a "conscientious objector." Now if the "authorities" call you and ask you where this person is, will you tell them?

Now when it gets a little sticky with God is when, for example, you witness a murder, you know the murderer and because of your fear of being a witness and perhaps threatened yourself, you lie to the police and tell them you saw nothing. Think carefully about this because there are crimes committed daily against GOD's LAWS of Balance of which there are witnesses who are "too afraid" to tell the police. The criminal remains free to continue his crimes against GOD. Remember you must

understand the difference, we are NOT talking about witnessing the breaking of MAN-MADE laws, which may or may not be just and change continually with the times. We are talking about the breaking of GOD's LAWS which do not change and are **eternally The Laws of Balance within THE CREATION.**

You ones also have something called "**little white lie**," defined as: "A false statement made with the intent of being polite or kind." This is also called the "social" lie. Now most of you ones do choose to politely lie to retain your privacy. This is one way, but there are ways to not lie and retain your privacy as well, for example, if someone asks you how much money you make or what you do with your time, you have several ways to respond. You can lie, or the considered direct but harsh response is, "That is none of your business." But for those of you who wish to honor yourself and be polite to the other, you can say simply, "Please do not be offended, but I prefer not to answer that question as it does not concern you." There are situations which do fit the criterion of the white or polite lie, although many of you ones do try to stretch the limits of those criterion. The key here is **INTENT.**

Oftentimes, rather than honoring your true feelings, you will hide behind the "white lie" in order to keep your job, for instance if you perceive your employer to be narrow-minded and tyrannical and YOU are afraid that by being honest and direct with your ideas and feelings, you will be fired. You see, you perpetuate the perceived tyranny against yourself by being "polite" and allowing it to continue.

An example of a truly polite lie is this: When you know your Mother spent hours preparing a meal for you, and you do not like ham and she asks you how you like her meal and you say, "It is excellent." Although it is not exactly a true statement, your true intent, in kindness and appreciation, is to **HONOR** what you know to be her feelings of love for you.

So, if you lie and your intent is to manipulate someone in order to selfishly achieve or receive something from them you desire, rather than acting with integrity and being direct, this is not a "white lie." Remember this, you can lie to yourself or to another but you **CANNOT**

ever lie to God. You see, God always monitors and records your **TRUE** intent in all situations he presents to you.

10. YOU MUST NOT COVET OR ENVY THAT WHICH BELONGS TO YOUR NEIGHBOR.

Let us first define the words "covet" and "envy." **Covet means:** "To long for something belonging to another." **Covetous means:** "Excessively desirous (of something); greedy." **Envy means:** "1. A feeling of resentment or discontent over another's superior attainments, endowments, or possessions."

So the literal meaning of this law is that you must not, because of **your** own insecure/inferior feelings and lack of self-worth, long to have something another has, such as money, a new car, a skill or talent. And then on top of longing for this "object" another has, you must not then resent the person who has attained that which **YOU** feel you desire, but have not created, exactly because of your insecure/inferior feelings and lack of self-worth. (See Also "Recognizing The Anti-Christ Within.")

What transpires when you become covetous and envious is that you become wrapped up in your greed and resentment, and you will not be taking "personal responsibility" for **YOUR** manifested illusion. You will continue to create the perceived "lack" and eventually you will be consumed by the effects of covetous and envious feelings, which most often result in the various manifestations of "SELF-punishment," i.e., anger, guilt, criticism, jealousy and depression.

11. YOU MUST NOT IMPOSE NOR FORCE YOUR FREE-WILL UPON THE FREE-WILL OF ANOTHER. ALSO KNOWN AS "THE LAW OF NON-INTERFERENCE."

This law was given forth by God so that the free-will and soul-evolution of each fragment would not be infringed upon without permission from **GOD**

WITHIN, especially by the adversaries of God with more awareness of their power. This is each fragment's GOD-GIVEN protection so that there is justness in their individual process of God potential unfoldment toward THE ONE.

Also, it prevents even your benevolent brothers from interfering or assisting, without PERMISSION, from THE HOLY FATHER. You see, during each lifestream of each fragment there is present the opportunity and the potential for Divine Choice through the free-will experiences of each fragment. The "young" souls begin to unfold their GOD-NESS through the lessons they learn in each lifestream experienced. In other words, they learn by experience TO KNOW GOD within them, and what thoughts, words and deeds keep them in the darkness and ignorance of what their true God Potential is.

Now you may be asking yourself, "What about the tremendous EVIL influence upon this planet. Why is it allowed by God? The reason is this, even the "satans" or adversaries of God were not only created creatures of God but were also given Free-Will. God is simply giving his "adversary" creations their opportunity to grow into their potential of Godness and Divine Holy Light. But because of their "limitedness" in behavior, meaning ego-selfish separation from THE ONE, their reality or playground of experience was also "limited" by God. They are bound BY THEIR OWN CHOICE to the lowest levels described as the 1st-5th physically manifested experiences. You see, the "fallen" ones have self-imposed limitations by THEIR CHOICE to be adversarial and separate from their CREATOR. But they are always given "opportunities" to see the light of truth in THE ONENESS OF ALL. The rules are strict and the fallen ones KNOW the "rules" to remain ego-separate from GOD but remain in their game of manipulation and deception.

For example: IF you feel the whisperings of the ANTI-Christ within you, You can DEMAND IN THE NAME OF THE HOLY FATHER GOD AND/OR JESUS CHRIST SANANDA THAT ALL DARK FRAGMENTS AND ENERGIES LEAVE YOUR SPACE IMMEDIATELY! They MUST go. But they can "hang around" the periphery of your energy field and wait for a weak spot in your protective shield. This is why

the importance of asking GOD for His "white light" shield of love, protection, guidance, power, wisdom, integrity and courage. So you must ask THE FATHER WITHIN YOU to please SHOW YOU that which YOU NEED in order to serve HIS WILL. Hence the importance of, "Not MY will Father, but in all things LET THY WILL BE DONE." This sincere invocation is what keeps you on your path of SERVICE TO GOD and THE CREATION and out of folly of ignorance and perceived separation where exist the Dark Brotherhood or Anti-Christ.

You may begin to see that many of you ones here now have experienced many, many thousands or even millions of lifestreams on these lower levels BY YOUR CHOICE to be or remain ignorant to your own GOD-POTENTIAL and connection to the ONE ALL THAT IS! Here is a wondrous description of this "process" of discovery by our beloved brother, Germain:

"All dimensions of THE CREATION exist simultaneously. You simply have only your conscious awareness in this, the "3rd" dimension. As you work and live in this dimensional experience, you, with the help of your spiritual "teachers," are stretching your awareness to 4th, 5th and sometimes even higher dimensional levels. It is not a vertical stretch as you perceive things linearly, it is an EXPANSIVE all-encompassing stretch of awareness. Your awareness expands to the level of your UNDERSTANDING when you have learned a or some particular lessons, when you have OWNED the lesson—it frees your awareness just a bit more, stretching, moving, growing within the "MIND" of the Universal I AM, The ONE ALL THAT IS."

Now the reason that your benevolent brothers, "THE HOSTS OF HEAVEN," have been sent to assist you is that many of you have prayed to GOD for freedom from the bondage of your self-imposed ignorance. They are sent here in answer to your asking GOD for his DIVINE GUIDANCE and assistance. They are YOUR brothers of higher awareness in service to LIGHT of God and THE CREATION. You see, some of you have recognized the "folly" of the Anti-Christ within you and the influence that mass consciousness has ALLOWED the "satans" or "adversaries" to have over you and this beloved planet Earth. You are

tired and frankly bored with this illusion, with being the adversary of Godness. You want your freedom, you want to claim or reclaim HIS HOLY LIGHTED presence within you. It is time for graduation, friends, to higher levels of LIFE. You will each now find or awaken to YOUR DIVINITY OF ONENESS, OR (and this is very important to understand) **you will remain BOUND to these lower levels for perhaps another millennium** before another opportunity is granted by the expanding awareness of the GOD-self within by THE ONE.

Remember though, that the "lighted" Hosts of God may assist you and give instructions and TRUTH through the maze of lies and deception, BUT they cannot DO IT FOR YOU!! You each must reclaim your own power of the DIVINE ONE within you. NONE can do it for another. So it is wise to pay close attention to your instructions for conscious immortality! You will either serve GOD or you will serve your "altered" ego-self. It is up to YOU.

12. YOU MUST NOT JUDGE OTHERS, BUT YOU MUST WISELY JUDGE ALL BEHAVIOR AND ACTIONS WHICH ARE CONTRARY TO THE LAWS OF BALANCE OF GOD AND THE CREATION.

And JMMANUEL wisely told the people. **"JUDGE NOT FALSELY LEST YE BE JUDGED FALSELY.** For with whatever judgment you judge, so will you be judged, and with whatever measure you measure, so will you be measured. Therefore judge according to the logic of the Laws of Nature, which are from The Creation, for they alone are true and accurate."

"What do you see but the splinter in your brother's eye, and are you not aware of the sliver in thine own eye? You hypocrite, first, pull the sliver out from your own eye, and then see how you can pull the splinter out of your brother's eye."

"First, learn the Laws of Nature and of The Creation, their logic,

before you judge and want to see the mistakes of your fellow-man. First learn through the Laws of Nature and of The Creation your own mistakes, so that you can correct the mistakes of your fellow-man."

"You should never give sacred things unto the dogs nor throw your pearls before the swine, lest they step on them with their feet and turn on you and tear you apart. For verily I say unto you, do not throw your spiritual treasures into the dirt and do not waste them on those who are unworthy, for they do not thank you, and they will tear you apart, for their understanding is small and their spirit is weak." End Quote - ***"THE TALMUD OF IMMANUEL."***

Exactly as it is written, no one must ever judge another to be lessor or more than he, especially because the other one is of different color, race, creed or sex (or planet) than be you. BUT understand this carefully, you MUST wisely judge the behaviors and actions by any ONE including SELF which You KNOW are against LIFE, meaning against or contrary to the laws which maintain the "balance" created by God within The Creation. And so you must honor ALL of your brothers and sisters as equal fragments of THE ONE, but you must not, accept, tolerate or "allow" behavior and actions to continue, in your space, which you know break the laws of balance.

But you must not think harshly of another and call him STUPID or NOT WORTHY because he is different in personality and behavior than you are and understand. EACH IS EQUAL IN REFLECTION OF GOD, ONLY DIFFERENT! Celebrate and honor the unique differences of others: they, as are you, are expressing THE FATHER WITHIN THEM in a unique and glorious way. Remember GOD allows ignorance of THE Laws only to a point, and then he is pushed out of the "temple" of any of HIS fragments who continue with THEIR blatant disregard and honor for LIFE.

13. AS YE SOW SO SHALL YE REAP. ALSO CALLED "THE LAW OF CAUSE AND EFFECT."

Now this is the law that most choose to ignore or misunderstand when they do not want to take personal responsibility for their manifested experience, perceived "good" and/or (especially) "bad."

God created "cause" and "effect" so that each soul fragment would recognize that when he did a specific act, say stole a car from his brother, that there would be an "effect" to his transgression, such as perhaps going to jail. But the nature of the effect is produced in a way unique to each individual fragment which will bring the greatest opportunity for the UNDERSTANDING of the lesson for that soul fragment. Unfortunately, for many the repeat and repeat of similar/same "errors" has continued over the course of some thousands of years. Yes, it is by choice that the soul would refuse to take personal responsibility for his thoughts, words and deeds. The catch is **ALL ARE RESPONSIBLE FOR ALL WHICH OCCURS WITHIN THEIR MANIFESTED ILLUSION** whether or not one **WISELY** chooses to finally recognize and accept this Truth is entirely up to each. They will still "suffer" the consequences of their actions which are contrary to God's laws, and/or they **will also reap the Divine benefits of understanding and obeying God's laws.**

Now in your "Eastern" religions, Hinduism and Buddhism, they have a term called "**karma**" defined in *Funk & Wagnal's Dictionary* as: "1. The Spiritual force generated by one's action which determines one's reincarnated situation. 2. Loosely, fate. 3. Vibration." Karma, even by this definition does not accurately describe the same purpose or meaning of simple "cause and effect." The term "karma," loosely believed by many implies you must do this or that, or this or that has occurred because it is your "karma" implying that it is also your "fate." One can fall in the rut of blaming all experiences on their "karma" and therefore not adequately learning the lesson to release this perceived "karma." The definition of karma implies that yes, there are consequences to your actions, but that you are doomed to "pay-back" lifetime after lifetime, and does

not take into consideration the release of "pay-back" when the lesson is truly learned by the soul fragment. Remember this: **AT ANY INSTANT WHEN THE TRUE UNDERSTANDING AND RECOGNITION HAS OCCURRED** regarding the ERROR and effects of one's actions, **THAT ONE CAN, THROUGH SELF-FORGIVENESS, RELEASE** any repetition of A TRANSGRESSION AGAINST ANOTHER, SELF, AND GOD.

For example, let's say that the one known as "Hitler" who was responsible for the deaths of millions, truly recognized and understood his transgressions **AGAINST GOD** in the moments before he made his death transition. (All things are possible, friends!) And in those moments before his "death" from this lifestream, he prayed to the God within him for **FORGIVENESS** of self and all others and that **HE** then put **HIS** will into **GOD'S WILL** to be of service **ONLY** unto **THE FATHER**. Now for ones who believe in "karma," they would say that the soul energy that was Hitler would be doomed to the same persecution he committed on others, as well as at least a million deaths at the hands of a tyrant such as was he. And if "Hitler" refused to see his folly, then undoubtedly his **SELF-judgement** before **GOD** would be severe. But, depending on the level of his understanding or learning of the lessons, his "pay-back" could be that he becomes **ONE** who devotes his entire next reincarnation lifestreams to **THE SERVICE OF GOD** by helping his fellow brethren overcome their "spiritual" starvation. Do you think then, that it is not possible that God would not welcome **HIS** servant back within **HIS** fold of Truth, Love and Light?

One must never forget that even the "victims" of Hitler's hatred chose their victimhood. If ones choose **NOT** to become "victims" to any one or any situations by always honoring **GOD** within self and all others and thus, living in balance with the **LAWS of GOD** and **The Creation**, **THEY** would no longer create "victimizers" such as **HITLER**. It is really so simple. If **THEY** learn their lessons of how and why **THEY** created their victimhood, then they would **ALSO FORGIVE** themselves and **ALL** who they perceived victimized them, so that they, too, could release and be free of the bondage of "karma." And on top of forgiveness, their release may involve actually being ever **THANKFUL** to **THE FATHER WITHIN** for bringing the lesson to them and thus helping them recog-

nize THEIR self-transgressions and becoming now FREE from the BONDAGE of victimhood. Do you see the picture now? The responsibility for all manifested experiences lies with ALL who share in and exist within the experience!

14. YOU MUST HONOR ALL COMMITMENTS MADE IN SERVICE TO GOD, THE FATHER, THE ONE WITHIN.

Now let us describe what commitments are made in service to GOD versus commitments of this manifested illusion. Your MOST IMPORTANT commitment in service to GOD is to WISELY understand and obey THE LAWS OF GOD AND THE CREATION which we are unfolding for you here. This is THE excellent way for honoring self and GOD within ALL others in service to God and The Creation. Simply, UNDERSTAND AND OBEY THE LAWS OF GOD AND THE CREATION. You ones have made this commitment difficult unto yourselves and it needn't any longer be so. YOU NOW HAVE THE LAWS BEFORE YOU and you need not any longer claim ignorance or misunderstanding. Do YOU SEE?! Claim YOUR DIVINE HOLY GODNESS NOW! WE ARE ALL ONE! THE TIME IS NOW BEFORE YOU TO KNOW AND OWN THE TRUTH!

Now let us discuss the "other" types of commitments made by first defining what "**commitment**" means in *Funk & Wagnal's Dictionary*: "1. The act of committing (to devote oneself unreservedly), or the state of being committed. 2. An engagement or pledge to do something." Other, commitments which are made in service to GOD include marriage, parenthood, feeding and tending the physically hungry, poor and ill, and SPREADING THE WORD OF TRUTH ABOUT THE SPIRIT OF GOD AND THE CREATION to ALL of your **spiritually** ignorant and starved brethren who will listen.

Now a commitment you make to "buy" a house or car on "credit" to be paid by FUTURE income, is shaky at best for both parties agreeing to these terms. "Credit" in this circumstance is a promise to pay later at

some designated future time. Many families are now finding and many more will find that they cannot honor this promise to pay because many have lost or will loose their jobs and thus do not have the "income" to pay. This is an example of a commitment which is NOT in service to God. TRILLIONS of credit "dollars" have been made BY FEW by the manipulation of "credit" and so, too, have TRILLIONS been LOST by the MANY who have become trapped in obligations they cannot pay for. There are thousands of examples of "commitments" made of this type.

So if you make a promise or commitment to a fellow brother or sister to help them in some way such as pay them for a service performed for you, or to feed their pets and take care of their home while they are away, then your WORD represents your integrity to honor to the best of your ability ALL promises made to the other. Your personal power is in direct relationship to the integrity of your soul. This means that if your word of promise or commitment means nothing, then you dishonor yourself, your brethren and GOD and become "powerless" and thus a tool for evil. So the moral of this story is: think very carefully about ANY promises or commitments you make BEFORE you GIVE YOUR WORD. Do not give your word for some future "promise" unless you are CERTAIN you will be able to keep your word. And be certain you completely UNDERSTAND what any promise, oath or commitment, that is asked of you on this plane, MEANS before you give YOUR WORD to it. Because if you are not careful as in the case of many so-called "secret" organizations, societies and "Mystery Schools," your commitment to them may mean your inadvertent commitment TO EVIL. A commitment made to EVIL or Satan is NOT a commitment made IN SERVICE TO GOD and therefore is not recognized BY GOD!!!

15. YOU MUST OBEY THE WISDOM OF GOD FOR THE RESPONSIBLE AND BALANCED PRO-CREATION OF YOUR SPECIES.

We have written about the Commitment of Marriage by A MAN and A WOMAN TO God as being one of necessary components to also become

ing a PARENT for God which means pro-creating your species. (SEE Law # 8 "You Must Not Commit Adultery.")

Now the DIVINE and SACRED "act" which was created by GOD for the pro-creation of the species you ones call "sexual union." God created THIS DIVINE UNION to be performed between ONE man and ONE woman specifically for maintaining the balanced level of the species for each given planetary system. Now the "fallen" ones or adversaries of GODNESS have completely perverted and maligned this once "sacred" and "divine" act that at one time was DONE with complete LOVE and DEVOTION to THE FATHER within each partner, so that it (sex) is now called "a birthright" to be done often, with impunity and with MANY partners of either sex and without consideration of LOVE or responsible pro-creation. How we and THE FATHER weep for you! This ONE abuse of God's creation has nearly destroyed your species! Let us quote Once again from, "THE TALMUD OF IMMANUEL". Pg. 55:

"The act of marriage and procreation must have the highest degree of pure intent and preparation, for upon these bonds and restrictions will rest the preservation of mankind as a species upon the planet. If everything is done and adhered to, justice and peace will come to all mankind, and life in the human form can be preserved.

"If man continues his selfish and imprudent behavior, he will sound his own death tariff. There reaches a point beyond which a planet cannot support the unbalanced system perpetrated by mankind. And yet, so shall it come to pass (Read this carefully!) that man will not listen and bring destruction upon his own species. It will come about in some two millennium that man will have reached the point of self destruction. (This is 1998 friends, have you fulfilled this prophecy of Jesus the Christ Immanuel and OTHER prophets before him!?) And so is it projected by the prophets and shall it come to pass in its time of fulfillment and in my time of fulfillment." End of quote.

Let's begin with God's directive about marriage and Pro-creation between A MAN and A WOMAN. It is very clear that this DOES NOT say, marriage and "the sexual act" is OK between a man and a man, or a woman

and a woman, or TWO men and ONE woman or THREE woman and ONE man, or etc. Again, the laws of balance are LOGICAL, meaning they were created specifically to maintain BALANCE within The Creation.

Because of the various degrees of deliberate, systematic and malevolently lewd and lascivious sexual behaviors, which are the corruption of this DIVINE UNION, and which have been and are practiced by most on your plane, the WARNING given above by our beloved Jesus Immanuel is transpiring before your very eyes in this time frame!

The sexual "act" was specifically designed to be performed by ONE man and ONE woman who had committed THEIR DIVINE LOVE AS ONE in the union of marriage, ordained by GOD. Through this union OF LOVE, the act of sexual intercourse between a husband and his wife for pro-creation was a most sacred and honored responsibility, an extension of their LOVE and COMMITMENT TO GOD in his service as PARENTS of HIS Children.

Now remember the law of "Cause and Effect." The EFFECTS of breaking this one directive of GOD are all about you today. OverPopulation and the spread of fatal venereal and blood-borne diseases, such as Syphilis and AIDS, are proving to be YOUR self-punishment to the point of creating the nearly complete destruction of your human species on Earth.

So let there be NO misunderstanding. The following BEHAVIORS are specifically and undeniably AGAINST OR CONTRARY TO THE LAWS OF GOD AND THE CREATION:

1. Any Homosexual *sexual* activity between two or more men is strictly forbidden.
2. Any Homosexual *sexual* activity between two or more women is strictly forbidden.
3. Any Bi-Sexual *sexual* activity between two or more men and women is strictly forbidden.

KEEP IN MIND WE ARE SPECIFICALLY REFERRING TO "SEXUAL" ACTIVITIES, **NOT** LOVE, INTIMACY (Sharing soul-deep closeness and specialness of the friendship), COHABITATION (Sharing living quarters/home together), AND FRIENDSHIP between members of the same sex. Meaning that it is the LEWD, LUSTFUL and IRRESPONSIBLE "SEXUAL ACT" THAT IS SPECIFICALLY AND STRICTLY AGAINST GOD and LIFE!

4. Any Anal (Sodomy) *sexual* intercourse performed between any persons, male or female, is strictly forbidden.
5. Any *sexual* activities performed with ANIMALS (Bestiality) by any human is strictly forbidden.
6. Any *sexual* activity performed by ones closely related within the same family line (Incest). For example; brother and sister, father and daughter, uncle and niece, aunt and nephew, cousin and cousin, mother and son, Grandfather and Granddaughter is strictly forbidden.
7. Any *sexual* activity performed by any (male or female) adult upon or with any child is strictly forbidden.
8. **Prostitution** — the act of offering oneself, man or woman, to another is forbidden.
9. Any **Sadistic or Masochistic** sexual practices performed by anyone or ones upon self or others is strictly forbidden. **Sadistic**: "1. A tendency to take delight in being cruel. **Masochistic**: "1. A condition in which sexual gratification depends largely on undergoing physical pain or humiliation. "2. A tendency to derive pleasure from one's own suffering."
10. Any **voyeuristic** (one who is sexually gratified by looking at sexual objects or acts) activity or **any participation** in pornographic (sexually explicit and obscene) materials, i.e., movies, magazines, books, "artwork" and objects is strictly forbidden.

Please understand that it is this PRE-OCCUPATION with behavior of lustful and lascivious physical pleasure that YOU must each CHOOSE to avoid and rise above spiritually. The corruption and preoccupation with sexual thoughts, words and actions has become hypnotizingly OBSESSIVE and also terribly degrading to THE SPIRIT OF LIFE OF THE ONE! THIS IS NOT LOVE BY ANY DEFINITION. Can you not see this TRUTH before you and within you? Your sexual obsession MUST STOP if you are to reach beyond your mortal body and into THE KINGDOM OF GOD!

Many of you, by now, are probably wondering about the act of masturbation: "Stimulation of sexual organs by oneself." First RE-read the above paragraph. Masturbation is a self-pleasure *sexual* act upon SELF **AND** it is also what most of you couples are doing when you have "sex" together and call it "making love." The only difference is that it is the "sharing" of MUTUAL Masturbation with your partner. Mutual Masturbation IS NOT DIVINE SEXUAL UNION FOR CELEBRATING PRO-CREATION. When one is an "adult" and does not wish to have children, the seeking of sexual pleasure by self or with another is a transgression upon self simply BECAUSE YOU ARE DENYING AND LIMITING YOUR SPIRITUAL CREATIVE POTENTIAL WITHIN.

The sexual desire, in this time on your place of extreme sexual preoccupation, begins for many youngsters at puberty. Many will have sexual release or dreams while they sleep. With the CAREFUL and LOVING guidance of the parents well before and during this time, the child will not be frightened of the changes in his/her body and will most likely occasionally indulge in masturbation for either curious exploration or release of the physical body. Moderate or occasional masturbation done in privacy by any, either child or adult, is not harmful to or AGAINST life UNTIL it becomes an obsessive pre-occupation. Also masturbation can be a means of self-punishment and this is most harmful to THE SPIRIT OF GOD WITHIN. Remember this parents, it can also become very harmful to a child if through his "training," he is taught to fear or despise his genitalia, or be made to feel guilty for self-sexual exploration or masturbation. He must learn about his personal responsibility and must understand ALL THE LAWS OF GOD including those governing

pro-creation. But if you make the child feel fearful, shameful or guilty about his own personal sexual exploration, you may actually be creating for him OBSESSIVE PRE-OCCUPATION with sexuality. If the child is not exposed to constant "sexually stimulating" media, he will quickly lose interest after initial self-exploration IF HIS CREATIVE potential is encouraged, nurtured and supported by HIS PARENTS and TEACHERS. The more spiritually aware children and adults will either not have much interest in, or gradually lose interest in sexual exploration of any kind. It is much healthier for the spirit if this process of becoming detached from sexual feelings is natural and BY choice because of true spiritual UNDERSTANDING and awareness.

What you ones have labeled "sexual energy" or "libido" is actually a corruption of the creative and nurturing potential of THE SPIRIT of GOD within YOU. LET US REPEAT THIS: YOUR "SEXUAL ENERGY/LIBIDO" IS ACTUALLY A CORRUPTION OF THE CREATIVE AND NURTURING POTENTIAL OF THE SPIRIT of GOD WITHIN YOU! Let us see how your *Funk & Wagnal's Dictionary* defines Libido: "1. Sexual desire or impulse. 2. The instinctual craving or drive behind all human activities." Did you read that clearly, friends? INSTINCTUAL CRAVING OR DRIVE BEHIND ALL HUMAN ACTIVITIES! The catch is, precious ones, SEX is not the INSTINCTUAL craving or drive that was created by GOD, THIS was your CREATIVE, nurturing drive TO KNOW and CELEBRATE GOD WITHIN YOU, TO CO-CREATE THE EVER-UNFOLDING EXPANSION AND ADVENTURE OF LIFE! The truly loving DIVINE UNION, that of male/female experiencing their creative potential through the sexual act for PRO-CREATION, was created to be a UNION OF DIVINE LOVING DEVOTION and CELEBRATION OF THE GIFTS OF ONENESS SHARED...AND OF NEW LIFE CREATED FROM GOD. Rarely do ones feel TRUE LOVE, caring friendship, affection and intimacy toward their mates on your plane. Most have simply forgotten what LOVE is. You think perhaps you and your mate are one of the "rare" exceptions? Here is a test for you. How long would your marriage and commitment last if today you completely STOPPED all sexual activity with one another? Think about this carefully. Do you truly give of yourself to your mate sexually and otherwise because you wish to please them? To please both of you?

To please yourself? You ones think your sexual orgasm is ecstasy? You EVEN LIMIT ECSTASY!

You see, you are not your desires, you are not your emotions. YOU are THE SPIRIT of LIFE of GOD, and your spirit IS the MASTER over your desires and emotions. Don't you see that you have simply chosen, in your illusion of ignorance and confusion, TO MAKE your emotions and desires the MASTER over your SPIRIT YOUR GODNESS?!!

This corruption of your creative potential WAS CREATED, CONDITIONED AND MOLDED BY THE ANTI-CHRIST. YOU SIMPLY BOUGHT THE LIE AS TRUTH AND HAVE BECOME ADDICTED TO YOUR DESIRE FOR "SEX." You don't believe your "sexual" desire is created? Look around you today. Your Advertising Media as well as your Magazines, Television and Movies ARE CREATING YOUR DESIRES FOR YOU by conditioning and molding you through false "IMAGES" of what is beauty, what is "sex appeal" — in other words, by directing your attention constantly to "how" you look physically, your athletic prowess, your sex appeal and attractiveness. Why does and has this "desire"— creating worked? Because the Anti-Christ first molds the "false images" and then plays upon your FEAR of being too unattractive, unworthy, unpopular and simply rejected BY OTHERS who YOU allow TO JUDGE YOU AS A HUMAN BEING! The ANTI-Christ keeps you BOUND by the "false" promises created by your desire TO BE WORTHY of LIFE so you are too busy trying to fit the "false" mold and therefore do not develop your creative spiritual potential within! How dare YOU feel UNWORTHY because of believing the nonsense of false "IMAGES!" PLEASE REMEMBER THIS TRUTH! YOU ARE GOD'S TEMPLE!

Advertisers are always selling "their image" of what you ones call "romance" and you are encouraged to think it means passionate "sexual" fulfillment. Your dictionary describes romance as: "1. A love affair. 2. A kind of love between the sexes, characterized by high ideals of devotion, and strong ardor. 3. Adventurous, heroic, or exotic nature: romance of far away places." When you crave romance, whether you know it or not, it does not mean "sexual" affair, dear ones, it means

LOVE AFFAIR, you are craving to experience within you GOD'S LOVE OF LIFE, **you crave to feel "ALIVE,"** i.e., warm and intense feelings, eagerness and zeal. WHY? Because you are bored and spiritually unfulfilled with the self-created "limits" of your life. (Limits which the "controlled" media has set you up for in the first place.) You are out of balance and you are seeking to ignite your CREATIVE POTENTIAL WITHIN. ROMANCE is the promise of ADVENTURE and JOY for experiencing THE SPIRIT OF LIFE, OF GOD, within you. You see, ROMANCE is not sexual adventure or a place to go; it is your desire to feel and KNOW GOD within you. You can experience romance through the sharing of devoted and adventurous LOVE of LIFE with your mate. Regardless of what your media "hype" tells you, remember this, your desire for romance is your desire for CHANGE from a limited and spiritually unfulfilling existence, to recognizing and EXPERIENCING your UNLIMITED Creative Spiritual Potential **within**.

The next time you have a "sexual" urge, look around you, what have you been watching, reading or participating in which created this desire? Men, when you see a physically "beautiful" woman, is your **FIRST** thought **admiration and appreciation of this GIFT of loveliness and do you wonder about the loveliness and beauty of HER SPIRIT?** OR, instead, do you first wonder about the pleasure you would receive if you could have "sexual union" with her? And the same holds true for you women who call yourselves "liberated" which usually first means, "sexually" liberated and same equal "rights" as men to have many "casual" sexual encounters.

Recognize that this "sexual urge" is really your UNFULFILLED creative potential screaming to be released from the self-imposed "limit" or boundary of THE physical sexual ACT. Act: "1. To play the part of; impersonate. 2. To serve temporarily or as a substitute. To PRETEND." The sexual act is limiting, substituting and impersonating YOUR CREATIVE AND SPIRITUAL UNFOLDMENT TO KNOW GOD. When you truly understand and recognize this truth, your creative spiritual un-foldment can no longer BE FRUSTRATED AND LIMITED to the repetition of a silly and truly spiritually unfulfilling "sexual act."

Does this mean you are expected, by self and GOD, to STOP all sexual activity NOW? ONLY if it is YOUR choice made with the JOY of TRULY understanding and thus having the freedom of detachment from this "ADDICTION" and no desire to pro-create. For most of you, especially adults, "sexual behavior" has now become addictive, so you must treat it as such. Remove as much of the "temptation" from your presence as possible, just as the alcoholic must remove himself from "bars" and must remove the alcohol from his home. Be gentle with self, carefully abide by the list of TEN items above which are "STRICTLY FORBIDDEN" sexual behaviors (including Adultery). If you are single or married and have addiction to the "sexual act," use occasional masturbation as the lessor of the evils "if you must." If you are happily married and both have "enjoyed" your addiction to the monogamous mutual masturbation of your sexual act, **both partners** will need to become detached for the addiction to be gone.

So be gentle with self and your mate, but be aware and responsible to "consequences" (such as pregnancy) and persistent in your goal (to self) to release and detach from ALL things of Physical Manifestation. Simply RECOGNIZE without punishing self with guilt and shame that this is a transgression against the Creative spirit of life within you. For a time accept that you will have desire because you are "addicted" and many of you understand it as an "extension" of your love. Do not punish self or other, let the "desire" dissolve naturally within each partner. As you begin the unfoldment and adventure of discovering YOUR creative spiritual potential, you will be surprised, because at some point you will find that the "sexual act" is no longer appealing to either of you. You will be detached and no longer have interest in it!

16. YOU MUST DO UNTO OTHERS AS YOU WOULD HAVE THEM DO UNTO YOU. ALSO CALLED "THE GOLDEN RULE."

The GOLDEN Rule. How true it is that if ones would really think about how they treat one another, and consider that they are ALL ONE, that most of your petty "perceived" differences would dissolve. Ask yourself

how you, when you honor the spirit of God within, truly like to be treated by others.

Here is a start for you: With respect, with reverence, with honor, with worthiness, with enthusiasm, with patience, with tolerance and understanding, with forgiveness, with kindness and courtesy, with caring, with appreciation, with generosity, with interest in your conversation, with love, with consideration, with honesty and integrity, with trust, with friendship and with harmony.

Now, do you treat others in the same ways described above, **HOW** you would like to be treated? Do you even treat yourself in the same ways described above? If **YOU** do not even **HONOR** yourself, how do you expect to receive **HONOR** and respect from **OTHERS**? Treat others honorably and with integrity, kindness and tolerance and **EXPECT** that they will treat you the same. If they **DO NOT** treat you with the same respect, **HONOR** yourself enough to recognize their transgression, call it to their attention and then leave their presence.

And Jesus Immanuel told the people: "Ask and it shall be given unto you; seek and you shall find; knock and it shall be opened unto you. For he who asks of his spirit, receives, and he who seeks through the power of spirit, finds and he who knocks at the door of his spirit, to him it will be opened."

"Who is there among you who, if his son asked him for bread would give him a stone? Or, if he asked you for a fish would you offer him a serpent? Therefore, if you, even though you are being wicked, can still give your children good gifts, how much more will your spirit give unto you if you request it?" (End Quote).

The spirit of God within you always gives you what you need if you but put aside your "altered" ego and humbly commune with **YOUR SPIRIT**. All the power of The Father exists within you to give unto you that which **YOUR SPIRIT** needs to lovingly sustain life and give joy, fulfillment, and inner peace. You only need but ask the **FATHER WITHIN** to show you, to tell you, to give you that which **YOU NEED**

to **SUSTAIN** in **HIS JOY**. IN ALL THINGS THY (HIS) WILL BE DONE!

There is a saying, "Be careful what you ask for, **YOU JUST MIGHT GET IT**." Ah, this saying gives recognition to **YOUR** power of manifestation, and how, when you selfishly view life from the **FOG** of the "Altered" Ego, you may not truly understand what your **SPIRIT** within needs. You may be unpleasantly surprised at what the "Altered" Ego Conjures up for you as consequence of denying **THE WILL OF THE FATHER WITHIN YOU**!

17. EVIL (ADVERSARIES OF GOD) MUST ALWAYS WEAR A SIGN OF THEIR EVILNESS. BY THEIR FRUITS YE SHALL KNOW THEM.

One of the biggest "signs" of the evil ones is their **HYPOCRISY**: The presence (pretending) of having feelings or characteristics which one does not possess, especially deceitful presumption of virtue. 2. One who pretends to be pious and virtuous without really being so."

Immanuel spoke to the people in "THE TALMUD OF IMMANUEL" and said: "Woe unto you scribes and Pharisees, you hypocrites who keep cups and bowls outwardly clean yet inside they are full of rapaciousness and greed. First you must purify that which is inside the cup so that what is on the outside also becomes, and remains, pure. So you, too, appear Godly and good in front of people, but inwardly you are full of hypocrisy and falsehood and violations. Woe unto you hypocrites who build tombs for the prophets and adorn the graves of the just, and speak: 'If we had been at the time of our fathers, we would not have become guilty with them, in the shedding of the prophet's blood.' Therefore, you fulfill the measure of your fathers, since you end your life without understanding, and you will have trouble learning in the future. You generation of vipers, how can you be great in spirit without having any understanding? All the just blood which was shed through you, on Earth, will come back to

you, beginning with the first prophet whom your fathers and forefathers murdered, to the blood of Azcharias, the son of Barachjas whom you have killed between the temple and the altar, and therefore, all the blood of the future which will be shed will be of your own accountability. Verily, verily I say to you, all this shall come upon you, and upon your race, for a very long time yet to come and pass." (End Quote).

So you will find that hypocrisy does not belong to the kingdom of GOD. The ones who declare their spiritual wealth, piety and richness, who declare themselves chosen simply because they belong to this or that religion or race are fools and they are hypocrites because what they outwardly say they are and believe in, and what they actually "secretly" think and do are most often quite different.

And Jesus the Christ Immanuel gives us more "signs" to help us recognize the evil ones:

"Beware of false prophets and scribes who come in to you in sheep's clothing, but inside they are like raving wolves, and preach to you humility and shrines, false deities and gods, and preach to you of humility to idols and false teachings.

"BEWARE OF THOSE WHO FORBID YOU ACCESS TO WISDOM AND KNOWLEDGE AND TELL YOU TO NOT GO FORTH TO HEAR WHAT PERHAPS IS TRUTH, FOR THEY SPEAK TO YOU ONLY TO ATTAIN POWER OVER YOU AND TO SEIZE YOUR GOODS AND BELONGINGS. ALWAYS SEARCH BENEATH THE COVERINGS TO INSPECT THAT WHICH THEY DO NOT TELL YOU AND, FURTHER, CHECK CAREFULLY THOSE THINGS THAT THEY EXTRACT FROM YOU. TRUTH AND WISDOM IN TRUTH ARE GIVEN WITH NO PRICE OF TREASURE NOR POWER OF FORCE.

"You shall recognize these ones by the fruit they bear. Can a person gather grapes from the thorns, and figs from the thistles? Therefore, every good tree brings forth good fruit, but a bad tree brings forth

wicked fruit. A good tree cannot bring forth wicked fruit and a bad tree cannot bring forth good fruit. Therefore, BY THEIR FRUIT SHALL YOU KNOW THEM." (End Quote).

You ones who faithfully have believed your "Holy" Bible to be written in purity from God will, by now, most undoubtedly be, at the very least, curious about "how" and "why" this sabotage of THE Truth has been allowed to occur.

So we will tell you: it occurred that even at the time when the one known as "Moses" lived, that the religious/empire leaders became most jubilant when presented by Moses with the Commandments given by GOD. The reason: because THEY became the self-appointed CREATORS and ENFORCERS of THEIR interpretations OF GOD's Laws. You see, they discovered that by the careful manipulation and interpretation of these "laws" (such as removing any references to "reincarnation" from the scriptures) they then could maintain a much more effective level of control and discipline OVER the people they ruled. In other words, THEY would stand between GOD the Father WITHIN and the people, which left them (the people) powerless and at the mercy of these cunning and deceitful "leaders." These malicious deceivers are still among you and through their greed, treachery and manipulation, THEY control much of your world socio-economically, politically and even geo-physically...even this day.

In addition to the signs to look for in the words and deeds of others you must **first** also recognize the "signs" of the Anti-Christ within you. Please see the document, *"How To Recognize The Anti-Christ (Against God) Within You,"* within this book.

Remember this, you ones who are "faithful and true," with your sincere commitment to the development and trust of your HOLY SPIRIT WITHIN, will be given the knowledge of Truth and the Spiritual Wisdom of God and The Creation in order to sustain you always in balance and service to THE ONENESS OF ALL.

18. YOU MUST NOT COMMIT THE ACT OF SLAVERY UPON ANY HUMAN BEING OF GOD.

This means you must not DEMAND by force and fear to control, confine, use, or manipulate another human being to do any service or work for you, against their will, without giving them FAIR compensation. This also means that you cannot BUY or SELL another human being as if he/she were a product YOU own. This includes YOUR CHILDREN. Babies and children are not "products" to be created, such as by "in-vitro" fertilization, or given to be birthed by a "surrogate" mother. If a couple are unable to physically pro-create, then they have a choice: they can ADOPT a homeless or unwanted child, or they can choose not to be parents at all. ADOPTION of another's unwanted or parentless child is one of the most LOVING and UNSELFISH acts any competent and caring couple could do in service to GOD. Not all couples are or were meant to pro-create! It is not punishment from God. It is the responsibility of any "barren" loving couple to recognize that pro-creation is not their function at this time. But if they desire children, then they must understand what an HONOR it is to accept the nurturing care of one of GOD's children who has no one else to love him/her!

One of the most painful and degrading terms you humans have labeled those children who are born "out of wedlock," is "bastard" (which means illegitimate according to HUMAN LAW). You must now KNOW that in GOD's kingdom THERE ARE NO BASTARDS. These "born out of wedlock" children are as precious to God as any other child born with "married" parents.

Then there have been many of you humans who have throughout history claimed superiority or inferiority because of color or race. The feeling a human has of so-called "genetic" superiority exists within the mind of the HUMAN who wishes to control and dominate and enslave other humans of different race or color than he is. For example, many of the Germans under the one called "Hitler" believed that the "pure" Caucasian was far superior genetically, mentally, and physically to ALL other races. They believed in keeping the race pure by not inter-breed-

ing with other so-called inferior races. Also, many of the so-called "Jews" are taught and believe that their "race" is CHOSEN of GOD over all others and so they believe that they are superior. In America as in Europe, "black" or "dark" humans were believed inferior and were made SLAVES to the "whites."

Don't you see, "the evil powers that be" are CREATING and ENCOURAGING prejudice of others who are "different" than they are in culture and skin so that they can CONTROL the perceived "lessor" ones. Throughout the world through your media and government policies, the seed of racial unrest, dissension and prejudice is specifically planted, nurtured and allowed to bear the bitter fruit of hatred and resentment and is thus continually perpetuated so that YOU people will not BECOME UNITED! By keeping you separated, by creating for you suppression of various groups, THEY keep you at war with one another while THEY execute THEIR plans for TOTAL domination over ALL of you.

So, is it against THE LAWS OF GOD for a man and a woman of different races or colors to marry and bear children? OF COURSE NOT! THE GENETIC CORRUPTION OF YOUR HUMAN SPECIES OCCURS SPECIFICALLY BECAUSE OF THE DISEASE WITHIN THE SPIRITUALLY WEAK AND CORRUPTED BEINGS WHO PRO-CREATE, NOT BECAUSE OF THEIR COLOR! Each SOUL is a fragment of God. Whatever race or color of the body that the soul chooses to incarnate in makes No difference whatsoever to GOD. Only Human falsely chooses to create and delineate "features" or "traits" of racial superiority/inferiority.

In Service to The Divine Light of Wisdom and Truth
of Our Creator,
WE are:
Sananda
Lord Michael
Germain
Druthea

UNDERSTANDING THE NATURE OF YOUR PERSONAL RESPONSIBILITY

Now we will discuss the personal responsibility each of you Humans has toward harmonizing with and maintaining The Laws of Balance given forth above. Since you have been gifted with Free-will and reasoning intelligence by Your Creator, then so it is true that balance is a CHOICE made by each human, NOT the same as an "instinct" of maintenance and balance given by Creation to your animal and bird kingdoms.

Did God, therefore, make you Lord over this his Creation? Yes, but not to improve his perfection, dominate, eliminate, and destroy. He gave you a physical kingdom to experience the wondrous and beautiful varieties of life. This is a place given for you to attain **spiritual perfection** by learning and wisely following The Laws given forth by God and Creation. Also, this is a place of learning through THE DIVINE SPIRIT WITHIN YOU how to **HARMONIZE** with all of Creation which you choose to experience including beloved Mother Earth. Unfortunately, with your free-will reasoning minds you selfishly thought that to "modernize" and "improve" upon this wondrous creation, you would make this a better place FOR YOU to live upon, with total disregard to the rest of the Earth, the mineral, plant and animal kingdoms.

So as example, we will give honor to many of your "native" cultures who are known as the "ancients" or "Indians" who have existed throughout your world, throughout your planetary "cycle." These ones understood, *because of the* "richness" of their spiritual growth, that they were a part of this world, but not OF this world. They honored and blessed the Mother who gave them beauty, food and shelter. They honored and blessed the animals which gave them food and clothing. And they hon-

ored and blessed THE FATHER, THE SPIRIT OF LIFE, which gave them their life experience. They knew that they OWNED nothing, but that of the SPIRIT OF GOD WITHIN them. THEY lived in harmony and balance as a part of the whole, NOT the dominant part, but complimentary to. This was their CHOICE by wisely following the Laws of Nature given of GOD and CREATION.

And so then came the ones who arrogantly felt superior to ALL because they were "civilized." **Civilization** defined: "1. A state of human society characterized by a high level of intellectual, social and cultural development." What about the development of true "spiritual" wisdom and perfection? Well, of course the intellectual ones judged the importance of having a carefully prepared set of "religious" (not necessarily "spiritual") doctrines to guarantee for THEMSELVES the necessary degree of control, power and dominance OVER their brethren in their created "civilized" kingdom.

The "native" ones were despised, called "primitive" and so were either forced to become "civilized" or be destroyed. Many of the ones who refused to surrender to the WHORE of The Anti-Christ were simply destroyed. The ones who survived were sorry to live in the spiritual poverty of "modern" civilization. Now, many of the "survivors" have retained or regained the "ancient" spiritual teachings of balance and are working to reclaim their spiritually starved and lost brethren within this "modern" civilization.

So with the communion of THE SPIRIT OF LIFE WITHIN each of you, you must first wisely understand and follow the Laws of Balance AND secondly, you must wisely know where YOUR responsibility begins and ends within THE CREATION upon this wondrous orb.

For example, are you responsible for the instinctual nature of the wild animal, reptile, and bird kingdoms? Of course not. Are you responsible for the nature of the natural minerals, grasses, shrubs and trees? Of course not. But are you responsible to those in the animal kingdom

whom you have domesticated either for food, clothing or pets? OF COURSE YOU ARE! Is it wrong to have domesticated these animals? Not necessarily, IT is just a fact that YOU have done so. Therefore, YOU are responsible for the care and personal tending of the domesticated animals, such as cows, sheep, horses, chickens, birds, cats and dogs which you possess.

Is it wrong to kill an animal **for food**? No, but why do you kill creatures, call it "sport" and then brag to your brothers about what a wondrous KILLER you are? We would call this selfish, malicious killing...do you see? **There is a difference.** Right now, if you have plenty of domestic animals such as cows, pigs, and sheep available for food and clothing, then why need you also kill the "wild" creatures? Often, in these times, because the human has stolen THEIR kingdom for cities, suburbs, agriculture and golf courses, he has then offered them a small "reserve" and when they "cross over" or "over populate" their reserve, he must then bring balance and "kill" these excess animals. (Just as was done with your "native" brethren. You civilized and destroyed their kingdom and then offered them undesirable (to you) "reservations" to live upon separate from "civilization.")

You must understand that God gave you the animals for food and clothing if you so choose and need them. He gave you the wondrous vegetables and herbs and plants for food, medicine, and wonderful "taste" for your survival and enjoyment. Do you give THANKS and HONOR and APPRECIATION **EVERY DAY** to the animal, the plant, the vegetable and GOD for sustaining you physically and spiritually? Do you give THANKS, HONOR and APPRECIATION **EVERY DAY** to this wondrous planet, Mother Earth, for bringing you the gifts of beauty and survival she has so abundantly supplied?

Let us discuss the care and tending responsibilities of humans to their domestic "PETS." When you have a pet animal such as a cat or dog, this cat or dog is dependent upon you for his love, his care, and his food. A cat or dog or any animal for that matter, has the group spirit of his

species from THE CREATION within him. He possesses the "instinctual nature" of his particular species. The animal, contrary to what many of you would like to believe, does NOT possess FREE-WILL and the same degree of reasoning ability of human beyond his instinctual behavior. Animals are extremely responsive to LOVE as are all creatures within THE CREATION. They make wonderful friends and companions, and bring lightness, fun and humor to the human.

Because of the domestication of these pets, there has been created an interruption of the natural balance mechanism for these animals. They have over pro-created. Many irresponsible "owners" of these animals have allowed this to occur and have not always wanted to care for the offspring. Many are left to die, spread disease, go wild, or to ultimately end up within one of your "humane societies." Fortunately the ones responsible for creating such "humane" societies understood the need to take care of THIS EXPLODING population of unwanted animals, especially dogs and cats. It is an orphanage for lost, stray or unwanted animals, and is most sad indeed, because although the animals are offered for a nominal charge to humans who might "adopt" them, most are not adopted and, therefore, are destroyed, usually by euthanasia. It is truly heartbreaking, but surprisingly enough, many of the ones who choose to work for "humane" societies do so because of their LOVE of animals. Also, most of these "humane" animal adoption homes require all cats and dogs to be sterilized as part of the adoption policy. Wouldn't you say then, that it is logical, dear ones, that sterilizing these pets is much more humane and responsible than allowing the continued over pro-creation to occur?

So you must now think and reason, dear ones, how can you maintain your life in Harmony and Balance with the rest of this CREATION?

You begin with the pure desire to KNOW Truth. In order to come into knowing, you must recognize that your conscious "altered" ego is limited in its perception of Truth and that GOD KNOWS the best way and the path for you in His service. So you must then surrender your WILL

to that which is GOD's Will. In your daily prayer you must ask GOD for the LOVING LIGHT of protection, guidance, power, wisdom, knowledge, Truth, integrity and courage in order to best serve HIS will and not YOUR will. Then, dear ones, you must WAIT upon the Father to give you that which you need to sustain in HIS service. Do you see? Your will and HIS will must become ONE again.

For you ones who now SEE the Truth and find your cup is full of the knowledge and wisdom given of THE FATHER, you now also have the RESPONSIBILITY to pass the cup on to your brethren **who will accept it**. You will find that for you to move on in your service, the cup must be passed. You, therefore, cannot hold it unto yourself, for it is full and must be emptied to again become full. You cannot sprinkle it haphazardly on all who come in your presence; it must be passed and it must be accepted by the choice of EACH one. It is not your responsibility to try to give the cup where it is not accepted. You pass the cup, and ones will refuse and ones will accept, but it is not your concern who does and who doesn't accept. Your responsibility is to pass the cup to those who accept and release the outcome TO GOD who exists within each. So too, those who accept the cup of knowledge and wisdom and drink of the Truth will be nurtured and filled with the JOY of Truth and then they will pass their cup as well. All will be given opportunities to take the cup, if not from you then from another. It is yours to offer it to them and WAIT UPON THE LORD. Your cup will again be filled and you will again pass it on, and in this way will you SERVE THE FATHER WHO IS WITHIN ALL.

HOW TO RECOGNIZE THE ANTI-CHRIST (THAT WHICH IS AGAINST GOD) WITHIN

Monitor your thoughts, words, deeds and actions for the following clues:

1. INFERIORITY OR SUPERIORITY THOUGHTS AND FEELINGS:

Feelings of inferiority or superiority over others will most often manifest as a two-edged sword, meaning both feelings may exist simultaneously. For example: one who feels inferior, perhaps in his performance of some action or deed, may feel inferior because he has failed to be superior in his own eyes. Somewhere within his ALTERED EGO exists the Anti-Christ setting for him levels of performance perhaps beyond his current capabilities. He then will fight for the right, ^{and} superiority he is given to believe he has over others and thus continues to set himself up for failure in his own eyes. This is where the term "Competition" defined as: Striving **against** another or others for some object has been distorted in society in such a way where one's personal worth as a human being is measured **against** his performance **against** others rather than perfecting his "**personal best**," which is striving in personal ability beyond self-imposed limits.

And so it goes that one who is chided by the Anti-Christ within to feel superior to others will draw from his feelings of not wanting to be inferior, which often times translates to him as rejection of his beingness and unworthiness. This is where fear enters the picture and brings us to our next point.

2. THE ANTI-CHRIST ROBS YOU OF THE "NOW" OR PRESENT MOMENT

It is very simple how this is done. The Anti-Christ keeps your altered ego in PAST-GUILT ORIENTATION or FUTURE-FAEAR ORIENTATION. This is how your reality manifestation abilities are controlled.

As you wallow around in your past, re-living experiences with regret and self-pity, you cannot work in the present moment to change or create more desirable circumstances. This is why many of you may have heard the great wisdom of FORGIVENESS and RELEASE of all past emotional and physical thoughts, words and deeds. One must forgive self and all others. (Remember that this does not mean that you don't garner the wisdom of knowledge in Truth from the lessons of the experience, because that is why you created the experience in the first place—to grow in your awareness of THE TRUTH. The same rule about past-orientation is true for those who SPEND COUNTLESS hours in re-living pleasant past memories at the expense of living in and creating the "now." A rather appropriate cliché along this line says, "It's alright to look back, just don't stare.")

Now, Future-Fear orientation is a big stumbling block for most all of humanity. Fear, in itself is a great separator of the human creature from his Creator. Fear is the biggest tool of the Anti-Christ within. Since the Highest Command of The Creation is to "**Achieve the wisdom of knowledge inasmuch as this will enable you to wisely follow all the laws of The Creation,**" then it stands to reason that recognizing the Truth in all things, including your IMMORTAL connection with God, will vanquish from your being any fear of some future experience, since you as an immortal-soul God Fragment ARE the MASTER of your destiny. You see, fear paralyzes the senses and only can manifest within the being if he sees himself as separate from his creator rather than a fragment of the ONE. It is this ILLUSION of being separate from the ONE that has trapped humans within the false bondage of fear. If one recognizes the Truth and is willing to see the manifested illusion as it really is, one will see the natural balance

and inner peace that is achieved by TRUSTING the Father within, and wisely following the Laws of Balance given by God and The Creation.

This now brings us to the point of remembering and understanding THE LAW OF ONE. All beings and creations are equal in the reflection of God, only each is different in abilities, talents and beingness as an expression of the ONE. You see, there cannot exist any separation, all, come from the ONE great source of all, THE CREATION and all will return to our source, THE ONE. Humans exist as individual fragments of the whole, a fragment of and, if you will, seeded with all unlimited potential of God-awareness and wisdom. When we LOVE the essence of Spirit within all there is no longer any illusion of separation. We are simply honoring GOD within ourselves and all others. We no longer are separated by our fears and unworthiness. We are God's expressions of LIFE, we ARE the SPIRIT OF LIFE ITSELF.

3. THE ANTI-CHRIST TELLS YOU, "IT'S NOT YOUR FAULT"

For example, it is not your fault that your husband is an alcoholic and beats you, or that your parents abandoned you, or that you were fired from your job, or that your government leaders are corrupt, or that we have gone to war and on and on and on.

What the Anti-Christ within is actually telling YOU is that you are not responsible for the experiences in your manifested reality. This false belief causes you to cast BLAME on another or others and not take **personal responsibility** for YOU creating the manifested experience through the influence of the Anti-Christ within you.

Ones will often times argue with this truth and say, "Well, I cannot control the free-will of another who chooses to be angry with me, or steal from me, how can I be responsible for the behavior or actions of another?" It is true YOU are not responsible for the free-will behavior of another, BUT you ARE responsible for "buying into" THEIR games and

making yourself a VICTIM to it. YOU choose how you will RESPOND in ALL circumstances. Remember THE LAW OF ONE? The Anti-Christ within THEM is the same Anti-Christ that YOU choose to allow to exist within you. The Anti-Christ is looking for a place to reflect itself, and YOU choose whether or not you will reflect back the Anti-Christ or whether you will recognize the trap and instead reflect back the Divine Love of the Father Within which, therefore, leaves the Anti-Christ nowhere to roost within YOUR temple of GOD.

Here is a portion of a most wondrous prayer which is helpful to remember in your daily communion with God and in times when you feel you could be lured into the Anti-Christ drama of another. "Father, let me always allow YOUR will to manifest through me that I stand in judgment of no man and yet wisely judge that which is given in action against YOUR HOLY PRESENCE."

(Oh yes, I hear you— "...if YOUR higher self is God, then how can you speak and say how to speak to God?" Simple — because I, therefore, know that which God hears and honors — just as so should you! Let us put it this way "... if the message of the horse comes directly from that horse's mouth...!!?")

You see, whether you are aware of it or not, you are unconsciously manifesting ALL within your scope of reality mostly with your "altered" ego. The beautiful thing about this truth is that when it is realized, one can become a conscious creator of a truly balanced manifested experience by **surrendering his altered ego to the loving Divine God within him** and so thereby balancing all of his creation within the Laws of God and The Creation.

4. THE ANTI-CHRIST ENCOURAGES SELF-PUNISHMENT

Of course, you know by now self-punishment is encouraged for "past" sins (errors). Which is really your altered ego unworthiness (inferiori-

ty/superiority) which we discussed earlier, expressing itself in the following ways: Criticism of self and others, greed, lust, jealousy, envy, guilt, shame, self-doubt, depression, helplessness, anger, hatred, resentment, impatience which leads to frustration, illnesses and diseases which lead to the death wish of the body. Self-punishment is the *effect* of the *cause* of believing the lies of the Anti-Christ. This may continue, lifetime after lifetime, the poor immortal soul becomes self-locked onto the wheel of reincarnations (*Oh yes there IS! And if you believe otherwise, so be it for it is you who are the misinformed. Reincarnation does not necessarily mean that you return to this placement, even—but if you do not believe in reincarnation (re-experience of the soul in manifestation—somewhere) then by deductions taken further—you DO NOT BELIEVE IN GOD’S HEAVENLY REALMS, EITHER. You cannot have one without the other and because this is such a powerful Truth, it was deliberately removed from the books you, as humans, would call your Holy Books in the form of the Holy Bible as you label it. The fact remains in the ancient teachings and you ones, this day, are facing an enemy who DOES know of life experience after this one and KNOWS this is but a passing experience*) and seeks to punish himself for his perceived sins of the past in hopes of redeeming himself to his Creator God. If he just understood the power and importance of forgiveness and release of his “past” and adhering to the laws set forth by God and The Creation, he would be free of his bondage in an instant.

Yes, God created “Cause and Effect” so that each soul could grow in his awareness and become empowered with the true responsibility he has of his thoughts, words, deeds and actions. In other words, so that he could recognize his power and the importance of responsible God-Balanced manifestation.

5. THE ANTI-CHRIST ENCOURAGES ONE TO BREAK THE LAWS OF GOD AND THE CREATION GIVEN FORTH FOR BALANCE

For example, the law of God which says, “THOU SHALT NOT KILL.”

This means in your THOUGHTS as well as your deeds you shall not wish death upon another human being of God. This rule does not mean you cannot **defend** yourself if your life is threatened, because that is suicide and also against the laws of God.

This also means that by becoming pregnant, which is being the vehicle of one of God’s new creations, and having an abortion because of YOUR irresponsible sexual behavior, it is still MURDER any way you look at it. Remember “personal responsibility!” There are definitely many possibly undesirable “effects” to illicit and wanton lustful sexual activity. Pregnancy and disease are two obvious results which do and have occurred more often than not.

6. THE ANTI-CHRIST RULES YOU BY YOUR DESIRES

Your desires for those things and “possessions” of the material world include not only physical manifested “things” of the material world, such as a television, house, car and money, but also emotional desires such as sexual conquest, marriage, children, friendship, acceptance, recognition and worship. The Anti-Christ within will keep you always seeking outside yourself for the false promise of fulfillment with more, bigger and better “things.” And as the poor soul readily jumps on the treadmill of unfulfilling work to make the money he now needs to fulfill his desires, his soul pines away for something more, something just beyond his reach — if only he had more, money, a more prestigious job position, a bigger home, a newer car, more vacations—more, bigger, better. The false, promise is never enough and it will not fulfill the cry of the soul to recognize and connect with the immortal spark of his Creator within. So the Anti-Christ will tell you to forget your problems, have some fun, relax, have a few drinks, take some drugs, you deserve it and can afford it now and before long the dear God Fragment is shrouded in the darkness of addiction and misery.

So does this mean it is wrong to have things of the material world which you manifested? Not at all; God is abundance in all Kingdoms, but the

catch is you cannot become **attached to things** of the material world and to your emotional desires. You are borrowing this wondrous physical body and all of the “things” of the manifested world will NOT go with you when you leave your body in whatever sort of transition you earn. It is **ONLY YOUR IMMORTAL SOUL THAT IS REAL IN THIS JOURNEY TO ONENESS WITHIN**. All else is manifested illusion. However lovely and precious it is, it remains as the props and the backdrops for the players remaining. This is just **ONE** drama of billions fed by the Breath of Life from God and The Creation. And then again, it is really just **ONE** drama and we are but co-creators in the play of life unfolding.

So the key to releasing yourself from bondage to the material plane is to become **DETACHED** from it which is to disconnect from your attachments to “things” and emotional attachments as well. To become detached emotionally one must forgive and release (see #4) all perceived transgressions upon self and others. This is not to say you have no care or compassion or Love—you absolutely **DO** and **MUST** have unconditional love of all beings and creations of **GOD**—(that **IS** their essences as existing as a part of the **ONE**)—but you must detach from all manifested illusions and emotions which weigh you down in vibration much like wet wool garments on your body.

7. Now there is one more point to ponder because many of you will and do ask, “WHAT DIFFERENCE DOES IT MAKE TO THE REST OF THE WORLD IF I CAST OUT THE ANTI-CHRIST WITHIN ME AND THE REST OF HUMANITY REFUSES TO DO SO?”

It DOES MAKE A DIFFERENCE! Because again, remember **THE LAW OF ONE**? Humanity and the creations of God are all related as a part of the **ONE**. Your manifested world is a **DIRECT** reflection of what exists within each of you. You each are a part of the pool of mass consciousness, which means you each are responsible for your portion

of the whole. For example, a comparison can be made between the pollution which exists in the air, water and ground of this wondrous planet and the pollution of the Anti-Christ which **YOU** each support within yourselves. So for each one of you who recognizes and casts out the Anti-Christ within, you are essentially healing a portion of the disease of mass consciousness. **YOU** make a **BIG** difference by committing your will to the knowledge and wisdom of **TRUTH** in God’s Kingdom. **YOU** become; a part of the solution for healing the cesspool of darkness in mass consciousness, rather than remaining as a part of the problem. You see you will then carry the Light of Truth and Wisdom of our Father with you and others are attracted to it, because it is the joy of the Spirit of **LIFE** itself and **YOU** become the vehicle for offering it to them. May **YOUR** candle of Love, Truth and Light deliver the Divine Spark of Understanding to **ALL** who await their call from **HOLY GOD OF THE LIGHT AND OF THE CREATION! AMEN.**

RECOGNIZING AND DEFINING THE MOST "DEADLY" SINS OF HU-MAN

We are your hosts, Sananda, Lord Michael, Germain and Druthea in service to the Truth and Wisdom which is only of THE HOLY LIGHT OF GOD/ATON AND THE CREATION. We come from the Cosmic Council of THE LIGHT OF GOD/ATON THE ONE WITHIN ALL to bring to you, our brethren, the Truth that you too may JOIN in the JOY of ONENESS, the "lighted" brotherhood within GOD's HOLY KINGDOM of LIGHT, TRUTH, BEAUTY AND WISDOM.

First, we would like to give careful clarification of our use of terms to represent God/Aton. You will find that we often say "Father within" or refer to Aton as a "HE" signaling "male" gender. This way we term our Creator in your language is NOT meant as a sexual GENDER as you recognize same. Our Creator God/Aton represents BOTH male/female "principles," if you will. There is no "sexual" gender differential. The SPIRIT of LIFE is what you may understand, in limited language, male/female energy representation. AS ARE ALL OF YOU! You each have chosen a body, male or female, for your experience, only BOTH energies are represented within each of you. Also, you will find examples used in which we will say "he" which we mean as a general hu-man term for humanity, NOT specific sexual gender. This we explain so that the ones who are in "female" physical form do not feel "slighted" or that we honor them less. And so also, ones in "male" physical form do not feel more or less than equal to female humans. ALL fragments of CREATOR/CREATION are equal in reflection regardless of what "color" or "gender" of physical form is taken. In your own minds, if you prefer to call and refer to GOD/ATON/CREATION as Mother/Father Creator/Creation... then so be it.

Now, we would like to bring "light" and understanding unto that question ALL of you have struggled with, and that is, "What is Evil?" But before you can have understanding of "What is Evil," we must help you to understand, "What is God?" Since The Laws of God and Creation given forth have described God as the "ruler" of the human races and the "King of Wisdom," then this, in itself, implies that God is a GREAT BEING of spiritual wisdom and perfection within THE CREATION. But to confine what God IS to limits of 3rd dimensional human language and perception alone is a mistake. Because of the "limited" boundaries of your plane, you have not yet developed the capability of defining a "limitless" being or "state of being."

Since our God Creator has "created" us, what this means is that He has "fragmented" Himself, as The Creation fragmented itself in the Creation of God, in order to expand and experience more of THE TOTALITY OF THE ONE. This is why God's Laws, the Laws of Nature, the Laws of Balance and the Laws of The Creation all exist as the same UNIVERSAL laws of cohesive harmony and ONENESS. Universal laws are the COSMIC CODES of unlimited creative unfoldment which allows the greatest degree of EXPANSION and of EXPRESSION of THE TOTALITY OF ALL THAT IS. Each fragment exists as a part of CREATOR God and thus as a part of THE CREATION as well. The Cosmic Codes or "laws" are the keys of LOGIC which maintain the balanced coalescence of CREATIVE unfolding EXPANSION of the ONE ALL THAT IS. So, by learning to recognize that which "limits" your expanding creative potential, you will identify that which keeps you "bound" to your "illusion" of separation from THE ONE. And by gaining the wisdom of KNOWLEDGE of what is Evil, Sin, and Adversary to God and Creation, you will then be able to wisely move your awareness to what is your personal responsibility in the Co-creation of the LOVE of LIFE which is the JOY of WHOLENESS and ONENESS of the LIMITLESS CREATION.

So then now, "What is Evil?" Evil, also called "satan" or "adversary," is all thought and the energy it creates which is allowed or is chosen (through Free-Will) to exist, which "confines" and "limits" the expan-

sion and expression of creative unfoldment of the totality of ONENESS. It is that which "swims" against the flow of Cosmic Creation in order to FEEL itself in separation and thus it exists only within boundaries or limits of THE WHOLE. It is self-consuming in that it seeks to dominate the WHOLE and because it can only dominate within ITS own self-imposed boundaries, it finally is consumed ITSELF by the rushing waters of the expanding ONE.

Now many ones in their exuberance of "finally" grasping the concept that ALL IS ONE, will oftentimes believe that they must now be ALL-allowing since all are choosing experience as part of The One. We will hear ones say things such as, "There is no "good" and "bad," all is just experience; it just is. Therefore, how can I judge something such as a behavior or action to be "bad" or "good" for another when it is not my experience or "right to judge another." What we say to this is: you can "allow" yourselves into perpetuity, but if you do not recognize those thoughts, words and deeds which are CONTRARY to LIFE AND GODNESS, how you think will reach HIS UNLIMITED kingdom of CONSCIOUS IMMORTALITY?

Does this mean that by recognizing the Anti-Christ or adversaries, that you must make YOURSELF the enforcer of God's Laws? NOT AT ALL. God needs No enforcers, HE needs only examples be set forth so that ones can see a "brighter," balanced and "more loving" way of BEING. Each must begin that journey within self, and as each ignites his flame of TRUTH and Godly understanding, so, too, will he CHOOSE to change his thinking, behavior and actions in order to BE IN BALANCE WITH GOD IN ONENESS. This does not mean that you will "allow" others to maliciously cause you harm. You must always honor self and God and defend yourself, if necessary, to protect your self from abuse or damage by another. You do not have to choose VICTIMHOOD, ever, and you must NOT tolerate or "allow" behavior directed AGAINST you or your brethren which you KNOW is contrary to the Laws of GOD and Creation!

Do you see what your gift of FREE-will is, dear ones? It is through your experiences of learning what GOD is NOT that you will, therefore,

KNOW what GOD IS. We have observed, as many ones will say smugly, "But God created EVERYTHING including EVIL, so it just IS a part of our experience." REMEMBER THIS CAREFULLY: GOD/ATON created Hu-man in his IMAGE OF PERFECTION; He gave you FREE-WILL and with YOUR FREE-WILL YOU have CHOSEN to BE the ADVERSARY AND BREAK EVERY LAW OF BALANCE, so don't any of you ever think you can shirk your **personal responsibility** because you **believe** God created EVIL — MAN CREATED EVIL WITH HIS OWN FREE-WILL! And with the DIVINE MERCY of his Creator, ATON, HE WILL FIND his way BACK to GODLY BALANCE or he will continue to remain bound in his DARK CAGE of SELF-service and SEPARATION FROM the CREATIVE SPIRIT OF LIFE!

You see, friends, YOUR free-will is really YOUR choice to make your will GOD'S WILL, OR to live according to the will of your "altered" ego which seeks always to "limit" your spiritual understanding and, therefore, to disrupt and destroy YOUR creative potential, harmony and balance of ONENESS. Ultimately you will recognize that the ONLY free-will you have is that which is GOD'S will, because you will have gained the wisdom of knowing that the logical balance of GOD'S WAY is really THE ONLY WAY to the JOY of TRULY **balanced** spiritual freedom.

Now, we will be defining and discussing what are the "deadliest" sins, or errors, made in your experience which keep you "swimming" up stream against the flow of the balance of the COSMIC CREATIVE UNFOLDMENT. These "sins" are the tools of "satan" or the "adversary" to keep you bound in your "illusion" of separation from God and The Creation. Also, you are kept under this dominance, through the ignorance of false "belief" and "superstition," of a "false" power which keeps you locked within the spiritual starvation of "limited" manifested reality.

1. PRIDE

PRIDE as defined in your dictionary: "1. An undue sense of one's own superiority; arrogance; conceit. 2. A proper sense of personal dignity and

worth. 3. That of which one is justly proud." As you see by this definition there seems to be two diametrically opposed "types" of pride. The one which is our focus as "sin" or "error" to the Spirit Within is what is also termed as "False" pride. False pride in itself refers to feelings of haughty superiority and "rightness" versus the feeling of self-respect and honor for achieving an understanding or act which one has diligently and honestly "worked" for.

Now Sananda discusses at great length what is "evil." The one who is possessed of "evil" or that which is Anti-God, is most self-willful.

We will quote, "**Healthy individuals submit themselves to the demands of their own conscience. Not so the evil ones, for in the conflict between their guilt and their will, it is the guilt that must go and the will that must win. Evil people are extraordinarily willful, determined to always have their own way and they have a most remarkable power in the manner in which they attempt to control others and yet, a characteristic of all "great" people is that they are extremely strong-willed—whether their greatness be for good or for evil. I, Jesus, as you called me, was unbending and strong-willed; ah, but so was one named Hitler—could it be the difference in "willingness" and "willfulness"? Mine willfulness was that of our Father's—Hitler's was that of his own....It becomes evident, doesn't it that the one whose will is of his own is threatened greatly by GOODNESS? It therefore leads to the need of (evil) destruction of the goodness or that one which represents such. Thus MURDER is born. It is better, of course, if the evil one can cause the one of goodness into the hands of evil.**"

"I think your psychiatrists might label this type of behavior of self-demand, *narcissism* (defined as, 1. Excessive admiration for or fascination with oneself. 2. *Psychoanal.* Erotic interest in one's own body.) It is not strong enough a term for evil so let us call evil a disease of cancerous, or malignant, narcissism. Your church authorities have generally considered PRIDE first among the "sins." "Pride

goeth before the fall,” and so it is. Pride is actually the same as cancerous narcissism, but I want you to realize I can also speak your “hidden” languages.” (End Quote).

So if one is “**proud**,” defined as: “1. Actuated by; possessing, or manifesting “pride;” arrogant; also self-respecting. 2. Sense of honor and personal elation; generally followed by a verb in the infinitive,” one is either fooling himself by “false” feelings of superiority over another or others, or he is simply being “self” respecting by validating a worthy achievement of his own or of another. Since one can also be “proud” of another’s achievement or action, this “pride” in another many times is simply the judgment that the action accomplished by the other is one which **THEY** themselves would be proud to accomplish as well. It is supporting one’s **OWN** conviction of Truth, whether it truly be Truth or not.

For example, many parents believe that when their children are sent off to WAR ostensibly for protecting and defending “their country,” that even though war involves the murder of others, they (the parents) must feel “proud” of their sons for doing “their” duty for their country. Now are they truly proud or are they simply hiding behind **their own** “false” pride because they are terrified that their child may die, and if that were to happen “for no good honorable reason” they could not forgive themselves for being “wrong” and supporting their sons in the lie of War? Do you see? At some level the “false” prideful one **KNOWS** he is wrong but is afraid to face the perceived consequences of being discovered as mistaken, uninformed or ignorant. He would rather hide behind the superiority feelings of “false” pride than live with the consequences of believing and supporting a “lie” which could cause the “death” or “dishonor” of his child and make him “wrong” in his belief as well.

When ones are continually molded as to what “popular” opinion must be, though not based on the facts, they become powerless puppets of evil. They no longer are able to “reason” for themselves because they have become apathetic and lazy and would prefer to “believe” all they are told from those they perceive are “in the know.” Thinking for them-

selves is an effort **they** choose not to take precious time from their television sports and soap operas to accomplish. They watch their TV and take every opinion at face value by the human images presented to them who continually form and reinforce what “their” opinions must be. They adopt these “opinions” as their own, and will fight “tooth and nail” any who oppose “their” view. This control of their minds is known at deep soul level, and the soul is in agony from this deception. “False” pride can only be released when one is pried from his **TRANCE** of “believing” and seeks to **KNOW** the Truth and no longer fears, because he feels helpless and powerless, the consequences of his personal responsibility, which **KNOWING** Truth acknowledges and accepts.

So when you say to yourself or another, “I am proud of this job well done,” or “I am proud of you for a job well done” are you hiding behind the lie of a “false” belief and self-righteous superiority? Or are you acknowledging honest “pride” of self-worth and accomplishment of a truly worthy deed or action? You each must learn to **KNOW** the difference, otherwise you will continually perpetuate an “illusion” of truth and create for yourself the “victimhood” which you allow to manifest because of your own “stubborn” ignorance.

Such is the case with the **TRUTH** which we are. Many can’t “believe” that this much Evil has permeated your world and exists now right before your very eyes. **WE** are **NOT** asking you to blindly **BELIEVE** these truths about your circumstances set forth. We are “waving a warning flag” and asking you to read carefully and reason within **YOURSELVES** with the gifts of reasoning intelligence given you, **WITH GOD WITHIN YOU**, so that **YOU** can get off your “Couch Potato” assets and find the “proof” you need to **KNOW** the Truth **WITHIN YOU** and then **TAKE BACK YOUR GOD-GIVEN POWER** and **DO SOMETHING TO CHANGE** that which you find reprehensible **AND** against God. We are simply presenting the facts to you as our service to God, for **HE** promised that in the End/Beginning Time Cycle, **THE WORD OF TRUTH WOULD GO FORTH** to all who have ears to hear and eyes to see and it is going forth. And if you are “prideful” and think yourself so

intelligent, wise and ALL-knowing (ALL-believing) that YOU could not be duped, because in your "opinion" space aliens don't exist and YOUR government couldn't be involved in an evil conspiracy, or this...or that...then you are a fool and tool for the Anti-Christ, and may OUR FATHER GOD/ATON have mercy upon you!

It is best to truly understand that it is the nature of your "illusion" that most everyone is exposed to and wrapped within someone else's "false" illusion of truth. If you wisely learn and understand the logic behind the "Cosmic" Laws of Balance given of God and The Creation, you will unwrap these "false" illusions and claim your true "God" power and connection. So too will you each learn to reason out the Truth within you and as ye ask for the Truth and Wisdom of God and Creation to be given you in all circumstances set before you, so shall you receive and claim the proof and the understanding as TRUE KNOWLEDGE within you, and not as BELIEF in what is the "opinion" of another.

2. AVARICE

Avarice is basically another term for GREED, defined as: "Selfish and grasping desire for possession especially of wealth; avarice; covetousness." Now one who is GREEDY or filled with AVARICE is then possessed with feelings of EXCESSIVE eagerness for acquisition or gain of some form of material object or wealth. They, therefore, are selfishly and excessively covetous and desirous of GAINING something, not because they need it, but because they must have it to BE worthy, or be a winner, OR ACHIEVE "superior" status in their "image" of what is worthy, what is a "winner" and what is "superior" status. It is the selfish covetousness of desiring MORE than one really needs of some material object, and in this time upon your placement, it is usually MORE money. One who is, therefore, possessed by his excessive greed will have many unfulfilled physical desires and will thus wish to fulfill them at whatever "cost" (physically or emotionally) to another or even self the acquiring of same, may be.

The seeds of greed are usually planted by at first the overwhelming feelings of "self-failure" for not "measuring up" to the "images" of **success** and **winning** which are constantly promoted within your various forms of MEDIA. It then becomes a feeling of "deserving" something without having done anything, or putting in the least amount of effort personally to earn or create same. It is this desire created by your Media programming that one can receive "something for nothing" through what is called "good luck" which again implies that it is random LUCK and NOT personal power and responsibility which allows you to create that which you need. It also often means ones refuse to take personal responsibility for creating their own perceived "lack" or "loss" of material goods. It is in this time frame of your history which greed is blatantly and expressly created, encouraged and nurtured primarily by those within your Justice system. Many ones who have become frustrated at perceiving themselves as the "have-nots" of society and who have also become the "victims" of their own lack of self-worth, are the easy prey of the attorneys who promote greed and no self-responsibility. It is no accident, dear ones, that your "Western" society has become the most litigious, meaning: "Inclined to engage in a lawsuit against another because of real or perceived damages to self," in your entire world. Your system of true justice is nearly gone, and those who nearly always benefit in every case are the attorneys from ALL sides of a lawsuit. It is through this now created system of INjustice that lying, cheating and stealing from others is par for the course and expected behavior for ones who wish to "win" EVEN if it involves the total financial and physical ruin of the one/ones being sued.

How do you KNOW what YOUR true intent is when you consider suing another? You will first need to recognize what is your true MOTIVATION in your desire to sue. Have you truly been, whether it be unintentional or intentional, damaged? Have you recognized that YOU too have participated in the creation of this experience? You must confer with self and GOD within to determine WHY you chose the experience and what must be accomplished or learned by you in making your decision to enter litigation with another. If you KNOW that another has wronged

you because of their own greed and selfish disregard for your feelings or property, then you, upon conferring with GOD within, may decide to restore to balance the WRONG committed willfully against you. With the true integrity of your intent firmly established within, then GOD will ASSIST to bring you the JUSTICE which you deserve and have earned. Do you need to lie to assist GOD? Not at all, if you have truly been intentionally wronged, THE FACTS WILL STAND ON THEIR OWN MERIT OF THE EVIL PERPETRATED AGAINST YOU. There are still a handful of attorneys who truly desire to serve their brothers and intelligently utilize the "system" to bring justice when THEY know it is merited. YOU must trust GOD to bring you the assistance which you need to bring the balance of justice which you have earned.

Sadly enough, on the other side of the "coin" there are actually MANY ones who find themselves truly "the innocent victims" of being sued, will discover that, EVEN though they KNOW they have been willfully wronged and falsely accused, it is "cheaper" both financially and emotionally "to settle" with the accuser, than FIGHT for the justice they deserve. They, the lawyers and judges trained and controlled through your ABA (American Bar Association) have created these tidy little shortcuts for you friends. They call it a "business" decision to allow the least amount of "loss" to the accused. Well, of course the attorneys on both sides are PAID in full, the one wrongfully suing WINS, and the wronged one pays, one way or another. It is set up this way. It saves time for the attorney, he gets a tidy sum and he "saves" his client money. RIGHT? WRONG! The accused finds himself "guilty" of something he is not and his only other "choice" is financial and emotional devastation by continuing his case which could go on FOR YEARS AND YEARS AND YEARS! Integrity? TRUTH? We are sorry, dear ones, only WINNING (stealing) material assets at the expense of another, and striving to save self from excessive loss of such assets are the criterion for the LITIGATION game as set up by the ANTI-Christ.

Do you see that it is this idea that ones adopt, that they must be perceived as a WINNER in the "eyes" of your society, and they are encour-

aged to do so by WHATEVER MEANS at their disposal with total disregard for honesty, integrity and personal responsibility. Winning is the GOAL, and it is defined in a way through "competitive" molding that one must always strive to WIN at all costs because the only other choice is being a LOSER which is now defined as really being a WORTHLESS human being!

Dear ones, in God's Kingdom, there exist **ONLY WINNERS** as each contains a fragment of the DIVINE PERFECTION OF GOD CREATOR/CREATION. Remember, you are not in competition with ANY other fragment, for each has unique and individual abilities and talents given of OUR FATHER. None is more or less in reflection of importance unto GOD/ATON. Each has unique creative potential for expanding the awareness and beauty of the constant unfoldment of GOD AND THE CREATION. You must recognize that when you feel "competitive" against another, that which is behind the illusion of "competition" is that you fear being unworthy in COMPARISON to the abilities of another. How can you COMPARE one expression of GOD with another? ALL expressions add to the unfolding discovery of THE ONE DIVINE SELF!

We would now like to discuss an activity which you ones call "gambling." **Gambling** as defined in your dictionary, "1. To RISK or bet something of value on the outcome of a game of chance, etc. 2. To take a risk to obtain a result." We, your brothers of God's Cosmic Council, would like to point out to you, that for many of you, the biggest and most adventurous RISK or gamble you make is when you choose to experience within "the veil of forgetting" here on 3rd dimensional Earth Plane. All other risks you may take in physical form PALE considerably next to this one, when you truly understand that you "risk" your soul becoming lost in the eternity of the "illusion" of matter, and thus also you risk the spiritual freedom and SALVATION of your soul when you choose to experience here. What is the "gain" you are gambling for? The challenge of the opportunity through manifested experience to conquer and RISE above the "illusion" you have created of what is GOD and what is

ANTI-GOD or "Adversary" to gain true unlimited GOD POWER and WISDOM. You have the challenge to SELF and to THE ONE ALL THAT IS of incarnating without memory of your DIVINITY and CONNECTION with GOD WITHIN YOU. You live in the "illusion" of separation to journey again unto the discovery of the GLORY of your SOUL connection to THE DIVINE HOLY ONE ALL THAT IS...CREATOR/CREATION.

You must know, dear ones, that GOD/ATON AND THE ENTIRE COSMIC LIGHTED BROTHERHOOD REJOICES when ONE of HIS OWN finds his way back HOME, through the muck and mire of "illusion," to HIS FOLD OF ONENESS WITH ALL THAT IS!! This means, dear ones, that through the desire to KNOW self comes the recognition of GOD, then the recognition of UNITY with all, and then when the recognition of the FOLLY of ANTI-Christ is understood, then you can RECLAIM YOUR GOD-POWER and the Anti-Christ **no longer** can seduce and take away from you THE TRUTH OF YOUR CONNECTION WITH GOD AND YOUR DIVINITY WITHIN. You have reclaimed YOURSELF as THE SPARK OF GODNESS which YOU ARE and always have BEEN! OH, WHAT JOY THERE IS IN THE KINGDOM OF GOD!!

So all you "gamblers" out there may by now be wondering about whether it be "right" or "wrong" in God's Kingdom to gamble your physical assets, such as money, for the opportunity of higher gain. What be your motivation, dear one? Is it the fun of challenge to self of the playing of the game? Is it desire to Win? Is it desire to Lose? Is it greed or desire for MORE than you need of physical assets which motivates you? Is it desire for "status" or recognition among your peers you seek? You see, gambling or taking risk, in itself is not "right" or "wrong;" it is the motivation and true intent of the one who gambles or takes a risk which defines the "rightness" or "wrongness" of the activity. And true intent can only be KNOWN by GOD within EACH one. We would say that every move or decision you make, whether it be in your relationships, in your business, home or whatever, is in essence a "gamble,"

since you can only weigh the outcome of gain upon what is your TRUE INTENT AND DESIRE within the choice or decision. Every choice is a "risk" if you do not KNOW what it is you truly desire to create.

If you are fulfilled by the fun and challenge to self of simply playing the game and it does not become obsessive need to win or lose, then enjoy yourself. If you truly learn to monitor the intent of WHY you play the game of risk whether it be business or horse-racing, then you will also learn how to monitor and balance the level of success you need to manifest, to keep in the playing, against the degree of "losses" which you can "afford."

3. GLUTTONY

We will first define Gluttony by defining what is a **Glutton**: "One who eats to excess. 2. One who has a great excessive appetite or capacity for something." The key to understanding what is Gluttony is that it is the act of having EXCESSIVE, beyond reasonable need, appetite or desire for anything of the physical state of being. It could be food or one could be what is termed a glutton for "punishment" by self or another. One could be a glutton for sex, for war or for power over others meaning he is hoarding unto himself, by expanding his capacity, a "perceived" physical pleasure because he feels UNWORTHY and, therefore, HE FEARS there will not be "enough" of whatever is the object of his excessive appetite.

Gluttony is a form of self-punishment because ANY excessive "intake," such as of food, sex, or power, often proves to be the very thing which leads to the destruction of the Glutton. It is this EXCESS, beyond reasonable need, which is not assimilated within the being, but is actually STORED, which then produces the EFFECT (remember the law of "Cause and Effect?") of actually devouring and destroying its HOST. It is this HOARDING of ENERGY beyond the ability to ASSIMILATE and INTEGRATE it within his being, which the glutton has "trapped" and which, as is the nature of ALL energy, will seek to free itself from

its "static" state in order to MOVE and remain ALIVE, even if it means the destruction of its HOST.

Yes, this excessive trapped energy becomes much as a "parasite" upon the glutton. You see, chelas, the INTEGRITY of the energy deteriorates if it is accumulated, stored and kept STAGNANT OR STATIC for an inordinate period of time. Just as it is the nature of stored FOOD or ENERGY, such as FUEL, to deteriorate, if it is not somehow preserved. And even though the life of the food or fuel energy is extended by your various preservation processes, the quality or integrity, because of the stagnation or dormancy state of the food or fuel, is still usually lessened.

If you KNOW GOD/ATON your Father will provide ALL that you ever need to sustain in HIS service, why would you need to excessively HOARD any energy WITHIN YOU which is a part of the SPIRIT OF LIFE? The correct answer, precious ones, is that you do not need to over-consume the needs of your spirit or being to sustain you, IF the FATHER WITHIN is acknowledged and accepted as YOUR TRUE UNLIMITED POWER. You must KNOW within your very being that you will ALWAYS have what you need to sustain in HIS service!

Now let's please make this clear to you ones who may be now in a panic wondering if your "body," which you "perceive" carries more weight upon it than you would desire, is the result of gluttony. First of all, many of you under-estimate what is YOUR IDEAL weight. The image constantly fed to you of "thin, thin, thin is in" has caused many of you much unnecessary pre-occupation with this desire for a "thinner" you. This is VANITY which we will discuss in depth later within your "deadly" sins. Each ONE of you is gifted with a different skeletal frame for your body. If you are small-boned and petite in stature, then naturally you will need to carry less weight than one who is large-boned and petite in stature. When not tampered with, most of you were born with excellent natural functioning metabolic-mechanisms for maintaining an "Ideal" weight FOR YOU. Many of you simply eat MUCH more than your body needs to sustain in healthy harmony. Gluttony, then is EXCESSIVE appetite

and desire for the hoarding of MUCH more OF ANYTHING which is a form of energy, than what one can properly assimilate in his experience. YOU each must learn to recognize whether your transgression against self is because of vanity or gluttony, BOTH or NEITHER.

For example, when one is a "glutton for punishment," this means he hoards upon himself, because of lack of SELF-honor and SELF-worth, continuous, excessive and consecutive experiences which cause him undue stress and unhappiness. He becomes a "glutton" of the excessive repeat of his own self-created experience of VICTIMHOOD.

Gluttony really becomes a "mindless" behavior in that the glutton experiences a state of trance or transfixation upon whatever is the object of his gluttony. He is hiding from his pain of feeling unworthy, and by the mindless hoarding he becomes numb to his feelings. This, as you may now see, is much the same desire to "hide" from one's feelings of being inadequate, unlovable or otherwise undeserving of life of one who is addicted to drugs or alcohol. You now within your society have MANY young men and women who feel so UNWORTHY that they will repeatedly "mindlessly" gorge themselves and then in disgust with themselves, they will vomit it all away. Ones have termed this "addiction" behavior "bulimia." It has become the "new" disease of your young people who strive to be, and can never "measure up" to SOME physical or other image of "false" perfection that either they have been given or that they themselves have adopted. What is the difference between one who is bulimic and one who eats more than he/she needs and retains the excessive weight upon the body? Both are eating to FILL an emptiness within, often of feeling unloved by self or others. The bulimic though can hide his/her food addiction from "the world" by maintaining a "sleander" physique, thereby experiencing both gluttony and vanity. The one who overeats and gains excessive stored weight is experiencing an addiction to food for a variety of reasons, but most often the reasons revolve around "filling" the emptiness within and/or to give a protective "shield" (of excess weight) against emotional "attack" by self or others. This one too can feel vain, and get on a treadmill of overeating and

thereby trying various "programs" of dieting formulas, diets, exercise, subliminal tapes and other so-called "miracle" programs to lose the weight. Until both (food addicted "types") are able to recognize and come to terms with WHY they USE food to "fill" a need, and also learn that "need" actually is, the one addicted will not be able to CURE his/her addiction.

Do you see, dearest ones, these "sins" we are defining for you are really the "symptoms" of the ANTI-Christ cancer within you, devouring, confining and limiting your creative SPIRIT OF LIFE. Your spirit is fighting the absolute AGONY of your self-created CHAINS of creative limitation. You must **NOW** recognize these symptoms and ASK the FATHER WITHIN YOU to give you HIS POWER, HIS WISDOM, AND HIS LOVE to help you cast off these chains of LIMITATION upon your creative spiritual unfoldment!

4. LUST

Lo and behold, precious ones, it has been this one "sin" upon yourselves and upon THE FATHER WITHIN which has brought your species to near destruction by the unmerciful ANTI-Christ. This one corruption of THE FATHER'S LOVE, WHICH IS THE LOVE OF THE SPIRIT OF LIFE WITHIN ALL OF CREATION, has brought to you disease of your bodies and emptiness and unfulfillment upon your souls.

Let us define LUST: "1. Bodily sexual appetite. 2. Excessive sexual appetite, especially that seeking of immediate or ruthless satisfaction. 3. An OVERwhelming desire: a *lust* for power. 4. To have passionate or inordinate desire." Again, we are defining a behavior which is not only excessive and overwhelming but also depleting to the SPIRIT OF LIFE OF GOD WITHIN YOU. Lust is "adversarial" to THE GOD/ATON within you because it is an unnatural, excessive DESIRE allowed experience only upon your 3rd dimensional physical plane. The poison seeds of the feelings of LUST have been cleverly planted, molded, encouraged and harvested by the ANTI-Christ to replace and destroy what is true GODLY unconditional LOVE of THE SPIRIT OF ALL LIFE.

You ones have become so confused by what is your DESIRE for SEXUAL activities that you believe it now to be YOUR EXPRESSION of LOVE for your mate. Even those who know they LUST and it is not LOVE, still eventually confuse their lusty desire as a part of their LOVE for one with whom they enjoy sharing companionship. LUST, for physical sexual release, IS LUST, dear ones, whether it be for a "ONE night stand" (oh my!) or done with one who you consider to be your "LOVE" MATE. For a more thorough description of the corruption of your spiritual creative potential through the abuse of "sexual" behavior, please READ OR REREAD "THE SPIRITUAL LAWS AND LESSONS OF THE UNIVERSE" already set forth to print.

So then, the term "Lust" represents unnatural, excessive physical DESIRE, usually for "sexual" union, but also one can lust for POWER or MONEY or other "things" of your material "illusion." By holding unto yourself these unnatural (to spirit) desires you will simply become heavily attached to your "illusion" of reality and will therefore remain HEAVY from the darkness of your ignorance. If there is ONE thing that we might encourage you to DESIRE, and it need not be unnatural or excessive, that would be YOUR DESIRE TO KNOW AND SERVE THE LIGHT OF TRUE GODNESS WITHIN YOU AND ALL THAT IS!

5. WRATH

WRATH is defined in your dictionary as: "1. Extreme or violent rage. 2. Intense anger; rage; fury. 3. Any action of vengeance." AND Vengeance/revenge means: "1. To inflict punishment, injury, or loss in return for the same. 2. A means of avenging oneself or another."

Now to understand the difference between what is *wrath* and what is *anger* because the two are often linked, rightfully so, EXCEPT that WRATH represents a MUCH more intense emotional state of rage, and one who is WRATHFUL seeks to actively AVENGE his rage, in some way, against the one/ones who he perceives maliciously "wronged" him or ones he loves. So let us define ANGER: "A feeling of strong displeasure and antagonism

directed against the cause of an assumed wrong or injury." So you see, anger itself directed at self or another is an emotion of displeasure because of witnessing, experiencing or being the object of a real or perceived "wrong."

To feel anger at self for actions taken (or not taken) against self or another, more often than not begins with simple **impatience** which, if not resolved or released, then becomes **frustration**, and finally will turn to **anger** and then possibly **wrath** if recognition of truth is not achieved through the Knowledge of Wisdom of THE FATHER GOD/ATON WITHIN.

For example, many of you ones become most impatient when you perceive YOUR time is being wasted by actions or delays caused, in your perception, by another. You oftentimes are so busy rushing around with self-importance, with the idea, "time is money" or some such thought, that any unplanned infringement upon your perceived "valuable" time causes you great distress and impatience. Many of you have become so caught up in your self-importance that you just find it hard "to patiently wait" for anything or anyone. Are there times when ones deliberately MAKE you wait on them because of THEIR perceived self-importance? Of course. But you see you must learn to know the difference and, in any case, you are the one who suffers when you allow yourself to feel impatient, because the longer you hold it, the more uncomfortable you become by getting frustrated and eventually ANGRY and possibly even wrathful.

If for example, one is continuously "late" when he makes appointments of time with you, or others, recognize first that HE has the problem, whether it be just inability to plan his time properly or deliberate infringement on another because of "perceived" self-importance. By understanding what the actual problem or circumstance is with the other, through accessing the knowledge and wisdom of the FATHER within you, YOU then can respond with INTEGRITY by bringing your observations about the circumstances of the delay directly up with the one

who is excessively "late." You may actually be surprised to find that they are most apologetic and thankful for the truth, and you may have assisted the beginning of their recovery from what is THEIR problem. This is also what is termed actual "constructive criticism" in that you wisely recognize a "problem" and instead of internalizing it within or condemning the other, you offer them the truth about the circumstances, and perhaps even suggestions of how to correct the problem.

Criticism, on the other hand, is one of the most common "negative" offshoots of holding to self feelings of impatience, frustration and anger. By being critical of another, one is essentially condemning THEM and the behavior, action or performance based solely on arrogant "opinion" of what is perfection, to elevate their own feelings of inferiority, and NOT to HELP correct a problem whether "real" or perceived. Also, many of you ones are YOUR OWN worst enemies by being entirely too SELF-critical about ALL you are and do, condemning self always to feeling inferior and "worthless." STOP it, dear ones, YOU ARE EACH carrying within you THE SPIRIT OF LIFE, GOD/ATON/CREATION! If you are not pleased with how you handled a particular situation, whatever it may be, then DON'T condemn yourself, BLESS the experience, learn the LESSON, HONOR yourself and your courage, and MAKE the adjustments necessary TO CONTINUE IN JOY the discovery and utilization of your spiritual creative potential within.

Now, to feel angry because of a TRUE injustice perpetrated against you or one you love is a "signal" to THE FATHER within that you feel helpless (during those moments of anger), and perhaps you actually are, to set to right an action already committed against you or one you love. You must first release your anger to God/Atton within before it either internalizes and festers within you OR it turns up in DEGREE to what is WRATH. What you must do to "release" your anger is to recognize that the act against you or another is done, and that YOU participated in the manifestation of this act or crime against you for some LESSON you needed. So the quicker you are able to come to understanding about what is DONE, you can begin to confer with THE FATHER WITHIN to

gain the knowledge and wisdom of truth to find out WHY you have chosen be a "victim" and WHAT must justfully and logically be done with the perpetrator against you. Whatever the degree of crime against the Laws of God and The Creation then, so too must the "punishment" be given ALSO within the Laws of God and Creation. If one murders or rapes another, then the verdict of punishment must be given in level-headed logic and wisdom according to THE LAW OF GOD AND CREATION, NOT wrathful VENGEANCE according to your will of fury or wrath.

For example, within the Pleiades star system, there are several planets occupied by your Pleiadian brothers and sisters. Although crimes against the Laws of God and Creation are now quite rare in The Pleiades, when they do occur, the ones committing same are actually sent to a "prison" planet of sorts, in separation from the GOD-LAW abiding ones, and also segregated by sex so that reproduction is not possible. This is the logical punishment given by GOD's directive to his beloved children of Pleiades. The rest of Pleiades society is thereby kept in relative peace, balance and, harmony. The ones on the "prison" planet have freedom upon only the planet and must earn their survival without the more "modern" conveniences of Pleiadian society. Most spend the rest of that lifetime upon the prison planet, but a few are occasionally returned to society depending on the nature of their crime and how well they have recognized their "sin" and are willing to offer compensatory retribution to the "victims" of their crime or to Pleiadian society in general. Following is a quote from, *"The Talmud of Immanuel."*

"You have heard it been said: 'An eye for an eye and a tooth for a tooth.' But I tell you, exercise justice according to the natural Law of Creation, so that you find the verdict in logic and wisdom. Exercise love where it is warranted, and punish where the Law of Nature demands punishment. Ye shall, further, remain within the Laws of The Creation in deciding justice for ye may not impinge upon the Laws of The Creation in that which has already been laid down for thy judgment in wisdom.

"Give unto him who asks of you, if the request is made sincerely, and turn thee away from him who asks of you in dishonesty to deprive you of that which is yours in order to elevate his own comfort and status.

"You have also heard that it has been said: 'You shall love thy neighbor and hate your enemy.' But I tell you: Exercise love and understanding according to the natural Law of The Creation, so that you act and feel rightly, according to justice and logic. Exercise love where it is warranted, and despise (behavior) where the Law of Nature demands punishment." (End Quote).

Does this mean it is "wrong" to feel angry and disgusted at the lies, deception and injustice which you may now recognize, witness and/or experience on your manifested illusion? NOT necessarily, IF the anger MOVES You to DO SOMETHING TO CHANGE IT. What will you do first? Confer and commune WITH MOTHER/FATHER GOD WITHIN YOU to find out just exactly what YOU have ability to do. Does this take days or weeks to know? YOU CAN KNOW IN AN INSTANT WHAT YOU MUST DO...IF YOU HAVE THE DESIRE AND NEED TO MOVE QUICKLY. Or it may take longer depending on your willingness to listen and intent to take action. Always it is your choice that which you are given of SPIRIT WITHIN, whether you are willing to accept and act upon it or not. You KNOW within that things are not right upon your place and you hear about and are angry and disgusted at the hideous lies and deceptions shared with you; in an instance of recognition that there is Truth here YOUR SPIRIT WILL MOVE YOU to learn more by reading. That is your first step, become informed with Truth. Then what you do with it will be totally your decision. Hopefully you would be MOVED BY YOUR SPIRIT WITHIN by what you found to at least share with all who would listen...Whatever else you are given by SPIRIT to begin the change within self and upon your plane will be inspired within YOU by the gifts of talent given by CREATOR/CREATION!

Herein we would like to also repeat a truth as was wisely put, **"There are NO Victims, there are only volunteers. Ponder it." AMEN!**

6. ENVY

We have already discussed what is ENVY under the Laws of God and The Creation previously set forth in this book. It does bear repeating, though, for thorough understanding for that which makes it one of the "Deadly" sins of hu-man. Remember envy is a feeling of resentment or discontent over another's superior attainments, endowments or possessions.

When one feels envious he actually feels INFERIOR because he has judged that the actions or attainments of another are, first of all, desirous for self, and secondly, BEYOND the ability of self to attain or manifest. Dear ones, you can spend your entire lives (and have) searching outside yourself for what is "BETTER" than the lot you have created, but searching outside yourself for self-worth which exists within will only confine you to feelings of critical frustration for the lack of accessing your own spiritual creative potential. YOU MUST KNOW that ALL you "have" and "are" within your experience is what YOU have chosen to have and be. Why need you feel envy, instead of honor and reverence for, another of what is your "perception" of outstanding achievement? Why, not instead define what is "outstanding" achievement for self, by the degree of JOY and SPIRITUAL KNOWLEDGE AND WISDOM it offers you? How will you do this? Take back your GOD-given power by taking personal responsibility for ALL experiences within your manifested "illusion." Ask THE FATHER GOD/ATON within you TO SHOW you that which YOU need to FULFILL HIS WILL in HONOR, BALANCE, HARMONY, JOY, INTEGRITY, and TRUTH. Then WAIT UPON GOD/ATON WITHIN to show you what are your unique contributions to the joyous, creative unfoldment of THE ONE ALL THAT IS!

7. SLOTH

Let us begin by first defining what is SLOTH: "Indolence; (which means: Adverse to exertion; lazy) idleness; laziness; disinclination to work or exert oneself."

What we have witnessed most upon your plane is the sloth of your God-given reasoning MINDS. This MIND-SLOTH is what has made you easy target for lies and disinformation. The reason is that you have fallen into the habit of letting others THINK and REASON FOR YOU, and by this mind-laziness have found it easier to BELIEVE another's projection or opinion of what is Truth rather than properly researching, by engaging your OWN logical reasoning mind with THE FATHER WITHIN, TO achieve KNOWLEDGE AND WISDOM of what is TRUTH. You see, in this way do you also shirk YOUR personal responsibility by not recognizing your responsibility to SEEK AND KNOW THE TRUTH WITHIN. You ones then further your "sin" by complaining and criticizing bitterly and thus casting BLAME outside yourself when the "lie" or "deception" is later discovered by you.

You ones still believe IGNORANCE IS BLISS? GODLY KNOWLEDGE AND WISDOM ACCOMPLISHED AND EARNED WITHIN IS TRUE BLISS, PRECIOUS ONES! Ignorance of Truth is an illusion that keeps you trapped within the living of a lie. You are NOT free and the truly sad thing is YOU DO NOT KNOW you are duped and trapped so then the chains can be brought about thee ever so tightly, and by the time recognition of Truth literally "slaps" your awareness awake, it is often most traumatic and too late for you to extricate yourself until finally the death of the body releases your self-allowed anguish and horror.

Is your true ignorance forgiven? ALWAYS! But NOW that you are becoming armed with knowledge and wisdom within of what is the Truth, WHAT WILL YOU DO TO CHANGE OF THE EVIL CIRCUMSTANCES PERPETRATED BY, OR AGAINST, YOU? WILL YOUR MIND-SLOTH BECOME APATHETIC WHICH IS INDIFFERENCE? AND THEN WILL YOU BE OVERCOME WITH THE PARALYZING HOPELESSNESS OF DESPAIR AND DEPRESSION WHICH IS GIVING YOUR GOD-POWER TO THE ANTI-CHRIST? WE, YOUR BROTHERS, YOUR HOSTS OF THE WORD OF TRUTH AND LIGHT AND WISDOM WHICH IS GOD/ATON AND THE CREATION, CERTAINLY INTEND TO LESSEN THE ODDS

AGAINST YOU! CHELAS, WILL YOU HEAR? WILL YOU SEE? WILL YOU ACCEPT GOD'S HAND OF TRUTH, OF MERCY, OF LOVE AND OF WISDOM? WE OFFER YOU THE CHOICE, PRECIOUS ONES, AND THE CHOICE IS YOURS TO MAKE. MAY THE TRUTH, WISDOM AND FREEDOM OF WHAT IS HOLY GOD'S LIGHT WITHIN YOU BE IGNITED IN JOY BY YOUR WILL, YOUR CHOICE, TO SERVE THE UNLIMITED WILL OF GOD/ATON AND THE CREATION. SO BE IT!

There is also what is physical sloth or laziness. This simply is often counterpart to Mind-sloth. If you cannot move your mind into awareness most likely your body will not be motivated either. It is simply inability to LIVE or take in LIFE. It is also unwillingness to take responsibility by taking action for making changes which would "better" your lot in life. Ones who are slothful would rather sit in quiet (or not so quiet) self-pity and blame ALL "out there" and therefore not take self-responsibility for his "perceived" lack.

8. FEAR

We have also spoken of the "deadly" sin of feeling unnatural and excessive fear in the previous pages under, "*How to Recognize the Anti-Christ Within*." We discussed that the Anti-Christ traps you in the illusion of what is FUTURE-FEAR ORIENTATION.

Let us define FEAR: "1. An agitated feeling aroused by awareness of danger trouble, etc. 2. An uneasy feeling that something may happen contrary to one's desires. 3. A feeling of deep awe and dread." And for fun, let us define what is AWE: "Reverential fear; dread mingles with veneration (respect or deference) and now we will define DEFERENCE which is yielding to the will or opinions of another OR respectful regard." By keeping you locked in constant agitation or uneasiness about what could happen — you are robbed of the present moment of life which is the NOW of eternity. Generally speaking, one who is fearful of future possibilities/probabilities occupies much "time" in

WORRY about possible consequences of a decision or an action and will also often *procrastinate* (delay) making the final choice. Let us define WORRY: "1. To be uneasy in the mind; fret. 2. To pull or tear at something with the teeth. 3. To cause to feel uneasy in the mind; trouble. 4. To bother or pester 5. Worries — something that causes anxiety." So many of you have expressed or heard the phrase, "I was worried sick!" It is true that fear and its handmaiden "worry" can and will literally make you physically ill. Simply by imaging in your mind a picture, idea or "horrid" consequence, you actually manifest the "realness" of that which you fear upon yourself. Whether the ACTUAL physical manifested outcome occurs according to your worst fears, or not" YOU have suffered in your moments of fear and worry as though it HAD occurred. Do you see? You are creating the worst even if it be only in your "mind" through the emotional REACTION of fear.

Often the question is asked in earnest, "Well, if we are told, for example, that the probabilities are high that we could soon experience a devastating earthquake in San Francisco and/or Los Angeles, are we not "feeding" the negative probability by believing it and thus insuring that it will occur?" We will answer in two-fold manner. First, you must recognize the facts of truth of your "present" circumstances that the planet, Mother Earth, is a being, who has been poisoned by YOU, HER GUARDIANS. She will need to cleanse herself, so this means massive earth changes will occur as a part of the process of bringing to the surface the poisons of nuclear detonations, pesticides etc. which have been festering within her. Also, you have the "mighty" powers of Russian cosmospheres which unnaturally control the weather patterns, and which are able to detonate bombs already in place along your "fault" lines. So you have the agenda of your beloved planet who wishes only to be cleansed, and the agenda of the Dark brotherhood working through the "ELITE" few to control your planet and that means to ultimately destroy much of the population in order to manage THEIR domination more easily. Is **information** about lies, deception, and cover-ups perpetrated against you by these ones of THE ELITE, which is coming forth "negative" and therefore not worth your time to consider because you

fear "feeding" the perhaps undesirable (to you) outcome of perceived "negative" probabilities? **THIS MATERIAL IS INFORMATION GIVEN TRUTH, BE IT PERCEIVED "NEGATIVE" OR "POSITIVE" IN MANIFESTED REALITY. UNFORTUNATELY MOST INFORMATION PRESENTED SO FAR IS A RESULT OF GOD'S PROMISE TO EXPOSE THE "SATANS" OR "ADVERSARIES" WHO HAVE MANAGED BY FORCE AND ALLOWANCE TO HOLD YOU HOSTAGE IN "ILLUSION" OF SEPARATION AGAINST YOUR CREATOR WITHIN YOU BY DECEPTION OF TRUTH OF YOUR POWER OF ONENESS. WHEN IT BECOMES "NEGATIVE" UPON SELF IS WHEN YOU ARE NO LONGER IGNORANT OF TRUTH AND YOU STILL DO NOTHING TO CHANGE YOUR CIRCUMSTANCES BECAUSE YOU WOULD INSTEAD RATHER HIDE BEHIND YOUR FEAR AND SELF-PERCEIVED HELPLESSNESS!**

Is it wrong to make "plans" for your future in your now? Not if it corresponds to the "positive" creative unfoldment of self-improvement and self-expansion of your knowledge and wisdom of Truth in your NOW. You see YOUR DESIRE **TO KNOW AND SERVE GOD** will itself propel you ever forward in knowledge and wisdom of Truth. AND so too, (your desire) will demand the discipline of self to remain focused on your goal. Let us define **discipline**, "1. Training of the mental, moral and physical powers by instruction, control and exercise. 2. The state or condition resulting from such training. 3. Punishment or corrective action for the sake of training. 4. A branch of knowledge." We would further add herein that there need not ever be PUNISHMENT of self or another to achieve discipline. Simple integrity of focused attention in gaining wisdom of Truth and recognizing and understanding consequences of thoughts and actions given in "error" are what is necessary to take corrective measures of **action** for successful training IN GODLY TRUTH take place.

This scribe has recently heard it said, "In order to be a 'winner' (given in reference to a "karate" competition) you must develop the three

D's...**DESIRE...DEVOTION...AND DISCIPLINE.**" Well, we will ask you each to apply the beautiful simplicity of this statement to yourselves in your goal to overcome the false "illusions" of the Anti-Christ and become the "winners" of attaining your UNLIMITED SPIRITUAL FREEDOM by recognizing and reconnecting with THE FATHER/MOTHER Creator/Creation WITHIN YOU. Remember, we discussed earlier how the "Anti-Christ" rules you by your desires — meaning for "things" or "attachments" of physical illusion. If your ONLY true desire is TO KNOW AND SERVE GOD/ATON, then where does that leave the Anti-Christ? out the "door" of YOUR space on his behind!

Remember this too, precious ones, when you truly ASK the Father/Mother God/Aton within you FOR Truth, YOU RECEIVE TRUTH. This does not mean you will necessarily like or enjoy what you find, but as long as you remain devoted to the discipline of emotional detachment, such as from feeling paralyzing fear, you will become EMPOWERED by THE WISDOM of the GOD/GODDESS within you. Does this mean you will never feel fear again? Not necessarily, but you will by your desire, devotion and discipline learn to overcome your fear and take the necessary actions to bring about GODLY changes, whether it be within self or in "situations" or experiences put before you.

Here is another aspect of understanding fear which you must also recognize. You ones also can experience fear or alarm as a "warning" mechanism of clear or unclear present danger to you. Fear became the manifestation of your desire for "survival" on the physical plane. It was created by you because of the limitation brought about by your "veil" of forgetfulness about your soul immortality. And it was thus encouraged by the "deceivers" or "satans" in order to terrorize, control and enslave you through your fear of death of the body. Actually, even those of you who now KNOW your soul is immortal will still feel fear if you or your family is threatened in some way. You must overcome the fear by acknowledging the "warning" and seeking protection, counsel and guidance with THE FATHER WITHIN, so that you will be given instructions

about how to best respond to the situation, whether it be defense of self and family or something other. Many ones simply fear physical pain and suffering more than death itself. So you must overcome the initial "fear" warning, and gain the counsel within to ACT in order to protect yourself or others. It is only when YOU are overcome and paralyzed by your fear that you will not listen to YOUR inner guidance and thus lose your power to **change** the outcome of the situation.

So in summation, when we say "you must conquer your fear," we are speaking of future fear/worry orientation and that fear which paralyzes you into INACTION or feelings of HELPLESSNESS. Remember YOU are **NEVER HELPLESS WITH GOD!** You must learn to TRUST; you will ALWAYS be given whatever you need in ALL circumstances put before you. **WHEN YOU SINCERELY ASK THE FATHER/MOTHER WITHIN, IT IS DONE!!**

9. GUILT

Now, we will also discuss in further detail that which is guilt. Earlier, we talked about how the Anti-Christ traps you in PAST-GUILT ORIENTATION as a way in which to rob you of the NOW or present Moment of LIFE. We will first define **guilt**: "1. The fact or condition of having committed a legal or moral offense. 2. A feeling of remorse arising from a real or imagined commission of an offense. 3. Guilty conduct. **GUILTY** defined as, "1. Deserving of blame for some offense. 2. Convicted of some offense 3. Involving, pertaining to, or showing guilt."

The first thing you must realize is that to **FEEL** guilt about some past thought, word or deed does not always necessarily mean you are **GUILTY** of a "wrong" against YOUR SPIRIT WITHIN. The "wrong" to the Spirit Within occurs when you assume unworthiness or blame upon self and thus punish self by self-condemning thoughts and actions. You must always ask yourselves: do you feel "guilt" because someone else has offered it or imposed it upon you and you have accepted or allowed them to blame you for some action or occurrence which you

KNOW you are really not "guilty" of? Let us give you an example of a response of "false" guilt which many of you ones will relate with in experience within your "modern" western civilization.

Let us say you are a girl child of eleven-years-old. Up to this age you have enjoyed relative childhood security, love and dependence with your Mother and Father. Then, suddenly, you are told by your parents that THEY no longer love one another and cannot live together and will become **DIVORCED**. Please understand this carefully, precious ones; **IN MOST ALL CASES** of separation of parents, the child or children **BLAME THEMSELVES**. You see, the child often believes that, "If mommy and daddy can stop loving each other, they can stop loving me, too." We would suggest to you ones that if a couple says they **STOPPED** loving one another, they most likely **NEVER** truly loved. Do you see how confusing this sort of drastic change and separation is to a child? Now in our hypothetical case, let us continue with the story in which similar circumstances have occurred with many. The Mother retains "custody" of the little girl. The father leaves town, he says, for other work challenges and opportunities. The child seldom sees him anymore; he is always so busy. The child's Mother must go to work, let us say for the first time since she became married to the child's Father.

Do you begin to see what this looks and feels like to the little girl? She feels she has been rejected, she begins to feel unloved and unworthy because she blames herself for her parent's divorce by perhaps not being a "good" enough little girl. Her mother works and comes home irritable, resentful and angry at the little girl's father, which only adds to the little girl's soul-anguish and feelings of unworthiness. The two people she loved, trusted and even idolized the most no longer exist for her. She is alone. Do you ones realize that **ALL** most of you truly want is to be sincerely always **LOVED** exactly the way you are without conditions?

So the little girl begins to punish herself. She begins to seek **LOVE** and acceptance outside herself which she feels she no longer has at home. Throughout her teen years she walks the path of victim by self-destruct-

tive actions and by continuous rejection by others. You see, like so many of you even now in adult state, she only wants to BE LOVED, but because she feels UNWORTHY of the true LOVE she pines for, she continues to sabotage herself by choosing relationships which dishonor her as she dishonors herself. She may become angry toward "male" humans, because she is angry with her Father "for leaving her." She may not only punish self but also seek to punish all "men" who represent her Father. Eventually her heart is so hardened she feels nothing, no joy, no love, no caring. It is her against the world and she feels alone and bitter. Now God, our Father, is most distressed when one of HIS becomes lost in "negative" response to his/her manifested experience. HE in his mercy will send help to the child or young woman to help her recognize that there are those WHO do love and care for her. He will send her "signs" of HIS LOVE so that she may forgive and heal the dis-ease within self. Will she recognize THE LOVE OF OUR FATHER presented to her? It is her choice, for God will never force any. He will, though, wisely choose the one/ones who will manifest HIS LOVE FOR HER, which he deems will be most acceptable to her. It will then depend upon her soul integrity how well she will recognize, forgive and overcome her self-imposed "guilt."

Many of you ones who NOW serve faithfully within HIS service, have manifested for yourselves very difficult circumstances in your growing years in which you had to ultimately understand, forgive and overcome in order to serve HIS WILL as willingly as you do now. WHY? Mostly you ones have simply asked for difficult "testing" in order to gain the compassion and understanding of how and why your brethren have been so crippled, deceived and so lost for so long, so that you can "relate" with the circumstances of the deceived and thereby be the most effective in helping them see "THE LIGHT" of GODLY TRUTH WITHIN THEM! Be most grateful for the lessons offered, learned and overcome, chelas; you are spiritually MUCH stronger because of them.

Now we will discuss Past-Guilt orientation a bit more. If you feel guilty for some past deed, you must determine WHY the guilt is felt. If you rec-

ognize an error against another, then by understanding and learning the lesson and then self-forgiveness, you will have released GUILT. Many of you instead wallow around in the "horrible" situation and wish only to feel sorry for yourselves so that you think you are not responsible for the "error." Recognize your responsibility, learn the lesson, forgive AND RELEASE it. IT is done and you further the transgression against your SPIRIT by "reliving" the "dastardly" deed in your mind and not LIVING your moment NOW in fullness. This is PUNISHMENT of self and is not of GOD, but of the ANTI-Christ. Do you see? You walk around saying, "I SHOULD have"...well, you DIDN'T and it is over. The next time a similar situation presents itself, and it will, you will know how best to respond with GODLY integrity, right?

10. HYPOCRISY

Remember **Hypocrisy** is "The pretense (pretending to) of having feelings or characteristics one does NOT possess such as virtue or piety. We discussed under THE LAWS, number 17, that one of the biggest "signs" carried by ones possessed of "evil" is their Hypocrisy.

We will first discuss the Hypocrites of your "religious" Institutions who will carefully cultivate the "appearance" of Godly piety and high virtuous standards. And they will speak with "conviction" about the virtues of what they, in all their magnanimous goodness or godliness, possess in order to LEAD you into the Righteousness of God's kingdom, where they themselves "reside." So, while you deceived ones are crying tears of joy for being "allowed" the opportunity to be in the presence of one so great, you gladly fill the "hat" of this false one with all the "gold" you can spare, just so, perhaps, you too may be found "worthy" and allowed entrance into God's Kingdom. But the hypocrite has you now. He will pass the "hat" again and again until you have no more to give...then he will abandon you and call you "unworthy," and mostly many of you ones have believed yourselves unworthy and thus deserving of poverty. All the while he is seducing you and making you his "slave," the hypocrite sits "mockingly" and smugly in his "false" splendor of hatred and

manipulation, drooling lasciviously and covetously over the hoards of "wealth" he has **STOLEN** from you, the blind and ignorant sheeple.

After the "religious" Hypocrite has **TOLD** you what you must **NOT** do and what you **MUST** do to reach **GOD'S** kingdom, and he knows you believe him, he knows you now **BELONG** to him and he will make you pay dearly. All along while the hypocrite is leading you into his slaughter house of deception, he will quite systematically, behind the doors of "secrecy," himself break **EVERY** rule of Godly behavior which he has instructed you to follow. The Hypocrite's motivation? **POWER** and **CONTROL** over others at **ANY COST**. He always believes himself superior in all things, particularly "intelligence," when he is able to **DUPE** and **DECEIVE** others and also garner their **GOLD** for his **OWN** selfish interests. This one is under the spell of evil as is called false "pride" or also cancerous **narcissism** which we discussed earlier under **PRIDE**.

You, precious blind ones, now have allowed infiltration within most of your **WORLD** government systems and the "agencies" set up therein, of the evil narcissist **HYPOCRITES** at the lead or head, positioning themselves for the destruction of all goodness and freedom and ultimately **YOUR** enslavement to **THEIR** self-will of **EVIL** control. They are the ones, now without conscience, who will **TELL** you all you **WISH** to hear and **THEN DO THAT WHICH THEY PLEASE** to control you and render you "powerless" against **THEM**. The "bastard" seed of evil is now so insidious, it has infiltrated and possessed nearly **ALL** who would call themselves your "leaders," and most of you ones know it not. That is how the narcissistic Hypocrite "satan" or "adversary" against **GOD** has come to now rule you; quietly, secretly and with extraordinary cunning. They have nearly accomplished your enslavement without most of you **EVEN** knowing the crimes of power-manipulation which have occurred before your very beings! Is it hopeless? **NEVER!** God **WINS** in the final confrontation with **EVIL**, but each fragment must choose **GOD'S** will by understanding and following **THE LAWS OF BALANCE** given in order to be allowed entrance into **HIS HOLY KINGDOM OF LOVE**,

OF TRUTH, WISDOM and LIFE! What will **YOU DO** to **EARN** entrance into **GOD'S** kingdom of **LIGHT**? **GOD/ATON** waits for your decision. **ATON'S LOVE** and **PROTECTION** and **GUIDANCE** is a breath away, precious chelas. **HE** awaits your sincere petition. Will **YOU NOW** take **GOD'S** hand of **LIFE** or will you fall into the trap of "illusion," of darkness, destruction, ignorance and separation which is **Evil**?

We shall now briefly address hypocritical behavior practiced by you "common" folk. Are you kind and friendly with ones to their face and then because of jealousy, envy or prejudice denounce and criticize **THEM** in private behind their backs? This is commonly practiced among you ones, mostly without your "awareness" of same. We will set you to "awareness" now. You must not judge another human fragment as less or greater than you in God's reflection; only judge their behavior which you know goes contrary to the **Laws of Balance of God/Creation** given forth. You honor ones when you extend your hand in honest love and friendship. But if you extend your hand giving the "impression" of love and friendship and secretly despise this human because he/she is black or brown or white or poor or rich or fat or thin, or, or, or...then you too, are a hypocrite. We will discuss more in detail on bigotry and prejudice lastly within your "deadly" sins.

So to discover or recognize the narcissistic hypocrite, you will need not **BELIEVE** what he **SAYS** he is or does or represents, but find out **WHAT HE DOES** in secrecy. Remember, "By their fruits, ye shall know them."

II. VANITY

First we will define **vanity** "1. The condition or character of being vain; conceit. (arrogant self-esteem) 2. Ambitious display; ostentation. 3. The quality or state of being fruitless, useless, etc. 4. That which is vain or unsubstantial." Now we will define vain "1. Filled with or showing undue admiration for oneself, ones appearance, etc.; conceited. 2. Unproductive; fruitless. 3. Having no real basis; empty; *vain* hopes. 4. Ostentatious; showy. In **VAIN** — to no purpose; without effect."

Vanity, then, is the preoccupation with admiring, changing or altering and displaying one's physical appearance, image or form because the vain one feels unworthy or **INFERIOR WITHIN** and often hides behind an Ostentatious (pretentious excessive exhibition) display of self or of "superior" arrogance. Narcissism, then, is one who unduly (excessively, unjustly) admires self inside and outside in self-elevated status and separation from others because he feels **SUPERIOR** to others in appearance, in intelligence and in importance.

Evidence of the obsession for "appearing" beautiful physically according to self-accepted or adopted societal standards is most prominent with both male and females primarily within your Western "civilization." Many ones have become ruled by and preoccupied with their physical "appearance" which to them most often means being "acceptable" to others. **WHY?** Because the **ANTI-CHRIST** has told **YOU** and given precise limitations of what is "beauty." For example, within your controlled advertising media you have lovely ones who "model" for products. This, to give you desire for these products by creating "images" for better acceptance value by appealing to your innate drive within, which they have corrupted and erroneously redefined as "**SEX**" drive, (remember "libido?") and thus cause you to **WANT** the product which gives the false "promise" of beauty, "sex" appeal, health, youth, wealth, status, etc., according TO **THEIR LIMITED STANDARDS** of what **YOU** must desire of what is beauty, sex appeal, health, youth, wealth, status, etc., which these "models" (you are taught) represent because they "**LOOK**" good.

With all of the attention given from childhood on only to "physical" appearance, the spirit within shrivels and pines for allowance and acceptance and freedom. This, because the **Anti-GOD**, which they have now allowed within, slowly crushes and all but destroys the beauty and divineness within which is **THE SPIRIT OF LIFE OF GOD/PERFECTION**. Very rare it is indeed, this day in "time," that ones who have become **FIRMLY** trapped in the "**VANITY**" game of the adversary, are able to recognize their folly, and thus seek to release this "false" unworthiness and limitation brought about by the superficial preoccupation of

physical "image." You must accept self regardless of physical form. If you recognize that you wear too much weight upon your frame and it is not "healthy" for you, then you must decide to change of it and then **DO** it. Until then, need you love yourself (God within) less because you look or don't look a certain way? **NO!** Commune with your **SPIRIT** within and find out **WHY** you consume more than you are able to use. Learn to understand why you do something and then you can work for positive adjustment within. Your physical health represents your "inner" health. Dis-ease of the body is the physical manifestation of what began as **DIS-ease** in the mind. Clean up your thoughts and your body will be healthy and vibrant as well; it is really so simple, but most of you miss it. You need not miss it anymore now, **RIGHT?**

We would also like to speak a bit about what is termed "cosmetic" surgery (butchery). Your own statistics show that many women feel less feminine or less attractive if they have "small" breasts. **WHY** does this happen? Because the images of **BIGGER BREASTS** and **VOLUPTUOUS** women are thrust before them beginning when they are children in nearly all of the "controlled" media. These young girls/women feel if they had "bigger" breasts that somehow they will be more acceptable to **MEN** and thus also be envied by **WOMEN**. You ones often, on the one hand, do not wish to be considered "sex" objects, yet you desire to fit what you are taught (programmed) is **THE "sexually"** physically attractive female figure. Don't you see, beloved ones, you allow doctors to cut upon your bodies and cause you pain and suffering, and often later complications, just to fit an acceptable (to you) physical "image?" Again mankind (adversary) has corrupted the purity of the woman's "breasts" by making them into hideous "sexual" objects of **LUSTFUL** desire. The beautiful grace of the feminine body which was created in beautiful perfection of **GOD**, has been cut into "pieces"... breasts, vagina, mouth, neck, legs, buttocks etc. of **PHYSICAL LUSTFUL DESIRE**. Do you know **WHY** the breasts were given unto **WOMAN**? Not as sexual "objects," but for the suckling and nurturing of her **BABE**, a New Creature of **GOD**. Remember this, women, the next time you think to make yourself bigger breasts! You dishonor **GOD** within by despising

your GIVEN physical form, and wishing to cut it up to make it into some image of what is "appealing." TO WHO? WHY need you allow imposed images of perfection thrust down your throat? THE answer, precious ones, is YOU MUST NOT ALLOW other's opinions and "images" to make you feel self-unworthy. Here is a test for you, women. Upon awakening in the morning next, go to your "full-length" vanity mirror and look upon you self naked. What do you see? Can you look within the vanity mirror WITHOUT your makeup and hairdo, your girdles and padded brassier and fine garments and SEE GOD? If not, then recognize and UNDERSTAND your transgression, commune with God within, forgive self and do not look again into the mirror until you DO see and know THE LOVE AND BEAUTY OF GOD reflected back!

And the same goes for you ones who are of "male" form of human. You experience vanity somewhat differently than women, but most of you still suffer feelings of inferior unworthiness when you gaze upon your nude body and face. We have seen you! God has listened to you! The dialogue within goes something like this: "IF ONLY I was taller, had bigger shoulders, a larger penis, hair upon my chest and/or face, had a flatter stomach, a thinner frame, more muscles, more hair, blue eyes, brown eyes, whiter teeth, tan skin, light skin, and, and...I would be accepted." Then the dialogue goes something like this, "IF ONLY I had more money, a new car, a better job position, and, and...I would be accepted." Do you recognize anyone here... you of the male species? Do you see, precious ones, you set yourselves up, by believing the lie of "images," to always fail in some way or another. ACCEPT your SELF WITHIN, HONOR your physical body which has been loaned to you. For this is the wondrous, beautiful vehicle, given of THE FATHER for YOUR SPIRIT WITHIN OF GOD to experience the wonders of creative spiritual unfoldment upon 3rd dimension physical illusion!

Now, within your Western civilization, nearly every little girl and boy want to "look" like someone else they have seen in a movie, on the "street" or in an advertisement. They are taught, through the programmed media and advertising, not to accept themselves as a beautiful

individual reflection of GOD, because their physical features, they are told, do not measure up to the "ideal" presented of what is acceptable "beauty." It is no wonder that the cosmetic and related industries make billions of "dollars" off of you ones, because they (the Anti-God) create the "image" and feed the vanity which is the result of ones feeling "they" never quite "measure-up" and will thus seek to improve what is now THEIR perceptions of physical imperfection. Even many of the ones your society defines as "beautiful" while they are young are most often cast aside when they begin to show signs of "aging." And those who depend **ONLY** upon their "looks" while they are young, will find themselves **FRIGHTENED OF AGING** and will thus become **EMPTY INSIDE** and **BITTER** because of the rejection by the very ones who "molded" and "accepted" them while they were physically "young" in appearance.

WHAT can you do, parents, to help positively guide your child toward the path of **INNER BEAUTY** and **SPIRITUAL** freedom and away from societal imposed "limitations" of acceptance? You must encourage the child first to understand his/her **ONENESS WITH ALL...GOD/ATON**, other humans, the planet, the mineral, plant and animal kingdoms, other planets, **ALL OF LIFE AND ALL OF CREATION**. Teach the child about GOD and HIS LOVE for ALL of HIS fragments of self. Teach the child about the Natural Laws of Balance given forth to maintain order upon CREATION and WITHIN CREATION. Teach the child about the nature of God's gift of Free-will and the **PERSONAL RESPONSIBILITY EACH ONE HAS** to honor GOD within and to **SERVE ONLY HIS WILL** because He is our JUST and Wise Spiritual Creator/Ruler and KING OF WISDOM. Teach them about the **ADVERSARY** and HOW IT has fooled many of God's children. Teach the child that what they may perceive as separation, is only "ILLUSION" of separation and that many other ones they will meet, will not understand this TRUTH because they are spiritually ignorant and duped by the "adversary" of Godness and so then not yet spiritually aware. Teach the child to honor and be tolerant of ALL other human fragments as fragments of THE ONESELF of GOD and THE CREATION. And yet teach the child that

he/she must ALSO recognize and not tolerate THE BEHAVIOR (ignorant, prejudiced opinions, misperceptions, and actions) which blatantly break THE LAWS OF Balance of God and Creation. So, teach the child he must defend self within honor of God's Laws if one of these ignorant/spiritually weak ones wishes to cause harm (in thought, word or deed) to him or another. Teach the child about HIS power to co-create with GOD, and why he must monitor his thoughts, words and deeds in order to recognize his transgressions so that he can create a GODLY world in service to GOD'S WILL. Then you must teach the child to always see, develop and honor the spiritual and loving BEAUTY WITHIN SELF and ALL OTHERS, — which is the BIRTHRIGHT of ALL of GOD's children. Teach the child the truth that Spiritual oneness, Beauty, Power, Wisdom and Love WITHIN can never age or die or be taken away from anyone because THE SPIRIT IS WHAT IS REAL, IT IS THE SPIRIT OF LIFE THAT EXISTS WITHIN ALL OF THE CREATION in the continual unfolding blossom of JOY and LOVE.

And so, you beloved parents of GOD, must also then LIVE in accordance TO THE LAWS and WILL OF GOD which you have taught the child, to set GOD/ATON's example of balance and truth which the child will surely follow. So when you have done your duty for GOD/ATON as Parent and have given (to the best of your understanding and awareness) the child the Love and Discipline of GOD'S WILL and THE LAWS OF BALANCE and you yourself, too, have set the example by your actions and behavior, THEN you must release the child to God, that he may choose with his own free-will his experiences and learn about his personal responsibility in the manifestation of LIFE.

Is it wrong to want to look YOUR best? Not at all. You must simply and honestly understand WHAT truly motivates you. To be neat and clean in your "dress" and appearance gives honor to self and to GOD as long as you don't secretly despise and are not ashamed of your appearance and seek to alter it or hide its reflection of beauty. If you are acceptable and give honor to self as YOU ARE in physical form, whether it be male, female, black, white, tall, petite, red hair or grey hair, you will be accept-

able and give honor to GOD/ATON. All others? They are individual reflections of God/Aton as well; whatever their limited "human" prejudices and opinions are matters NOT at all to you. Remember, in the "big" picture YOU are not your physical body, YOU are GOD'S fragment occupying physical manifested form of your choosing to allow experience upon this wondrous creation. ALL are beauteous creatures of GOD/ATON, each is different. Isn't that WONDERFUL?!? God, too, enjoys variety of His creatures within The Creation. Why think you there be so many types of lifeforms on just your tiny planet? Do you not enjoy the varieties and uniqueness of all the creatures and creations within THIS Creation such as of each type of flower, each color of the rainbow, each season of climate, each insect, each animal and each human being?

Are we saying it is "wrong" to wear your "make-up" and have your stylish hairdos and wear upon your bodies fine and beauteous garments? Not at all. You simply must recognize WHY you do these things. If you LOVE WHO and WHAT you are WITHIN and WITHOUT in your nakedness, then enjoy playing your games of make-up and dress-up because YOU enjoy it, it is FUN, you can afford to and it gives you happiness to do so, not because you despise your body and countenance for its "perceived imperfections!" or because you wish to "impress" others as to the finery of your jewels and garments, that somehow you are "finer" too. For example, you ones have "designer" everything now. (Such as, cars, furniture, appliances, clothing, cosmetics). Well, some "designers" have generated more "prestige" and admiration than others.

Do you know many simply copy other designs? And many of your more celebrated and prestigious designers, use the creative designs of their apprentices? Yes, and they place their own name upon the garment. A bit of "stealing," we would say. What is the point? If it is a garment, enjoy the beauty, fine quality and fit of the garment, because you enjoy the garment, not because you want the prestige and snobbery, not to mention vanity, of the designer label to be noticed by and somehow make you "better than" or socially accepted by "others." Do you see the difference

we are pointing out, dear ones? You blindly run about seeking approval from any but yourselves. We simply want you to recognize your folly in the things you do and desire and correct of it FOR YOU and FOR GOD/ATON our FATHER WITHIN YOU! Free yourselves from the bondage of vanity and you will be one LARGE step closer to reaching GOD'S KINGDOM!

Are we saying it is "wrong" to return color to the grey hair upon your heads, and to otherwise cosmetically "hide" from view what you consider "signs" of aging? Not necessarily "wrong," just simply fact that you create, but are unable to accept certain changes of body deterioration and MOST ALL OF YOU ONES are horrified of aging or being OLD in your physical form. Why? Because, you've been taught again by the adversary that somehow you are less a HUMAN Being and less "attractive" when you are "old" and you will be rejected (and often are) as unable to contribute to humanity. DO YOU KNOW, DEAR CHELAS, THAT IT IS THAT VERY FEAR (planted by satan) IN YOUR MINDS WHICH STARTS "THE CLOCK" OF AGING TICKING WITHIN YOUR VERY BEINGS? YOU ONES, BY BELIEVING YOU WILL LIVE ONLY UP TO 100 YEARS OR SO, BEGIN YOUR OWN AGING PROCESS WITHIN YOU when you are small CHILDREN. And because of the now created, by the adversary through you ones, harshness, pollution and poisons upon your plane you really have no desire within to stay longer, so your body starts its deterioration process. Why are some more vibrant and healthy than others throughout their lifetime? The ones who are vibrant and healthy are IN LOVE WITH LIFE AND HONOR THEIR SPIRIT OF LIFE WITHIN. Their bodies simply age because they, too, perceive limit of life-span from early indoctrination, only they age perhaps with more dignity and grace because of the degree of spiritual purity of JOY and LOVE which they have recognized and cultivated within themselves and have GIVEN graciously to OTHERS.

Do you know that you could create a body which would LIVE for a nearly endless number of years in your counting, IF YOU BUT KNEW

IT INSIDE YOUR MIND TO BE TRUE? Our brothers of physical form upon Pleiades live more than some 1000 years in your counting in their physical form. At one time in your ancient civilizations of Atlantis and MU (Lemuria), your ancestors also lived to be over 1000 years of age in your counting. REMEMBER, YOUR IMMORTAL SOUL NEVER AGES, CHELAS. Most "physical" manifested bodies, though, eventually deteriorate, not always because of FEAR, but often because ones simply tire and become bored with having the "same" form, so they create deterioration of the form and move on to "new" realms and forms within CREATION. In the "higher" realms of GOD's kingdom, your form becomes high concentration of cellular "light" and you can change it at will since it is ONE with your SPIRIT WITHIN.

It has often been said, "Beauty is in the eye of the beholder." So BE-HOLD, through the "eyes" of GOD/ATON the beauty of ALL of the glorious, wondrous varieties of creatures and creations within THE CREATION. Only the Anti-God, or Adversary, through cancerous "prideful" Narcissism, seeks to bring illusion of "ugliness" and define, limit and confine what is "beauteous" so as to impose upon you boundaries of SEPARATION from FATHER/MOTHER ATON and THE CREATION. The adversary cannot do this if YOU DO NOT ALLOW it to let you dishonor yourself by buying its LIE of standard "beauty."

So, in closing on Vanity we will share a form of vanity which is most interesting and somewhat humorous to us. We observe many ones who even choose their pets, in accordance to acceptable "beauty" standards set by the adversary. For example, ones often choose the breed of cat, such as Persian or Himalayan, not because they love the animal, but because they desire the "expensive" socially-defined "beauty" to match their carpet and/or their self-imposed "image" of themselves which they wish to "project" upon their "admiring" friends and associates. Ah well...it shows just to what ends you ones will go in your desire to give the impression you are something OTHER than who you are!

12. PREJUDICE

First we will define **prejudice** (to PRE-JUDGE), "A Judgment or opinion formed BEFORE the facts are known; especially an unfavorable, irrational opinion. 2. Hatred or dislike for a particular group, race, religion, etc. 3. Injury or damage to a person arising from a hasty and unfair judgement by others." Now one who is prejudiced is usually also referred to as a **bigot**, defined as, "An intolerant, prejudiced person."

So one who is prejudiced pronounces judgment based solely on their own OPINION which has very little or NO basis in truth or fact. For example, in your current society, when truth brings up and exposes THE TRUTH about what are THE PROTOCOLS OF ZION, what is the true motivation of the ONES behind ZIONISM, how the term "jew" was created and is henceforth revealed as a misnomer or incorrect "made-up" word, he and the publishers are called ANTI-SEMITIC. Well, this word anti-Semitic is also USED by the ONES who are NOT Judean, but come from the Nordic and Mongol tribes of Russia, who were then called KHAZARS who adopted Judaism as their religion, to allow shield from "identity" and thus CAUSE confusion and dissension to FURTHER their OWN ANTI-SEMITIC, ANTI-LIFE or ANTI-CHRIST means. The word, as you have learned, "SEMITIC" comes from the lineage of one of the sons of the one called "Noah." His name was SEM (SHEM), whose ancestor was ADAM, the father of the white human race, who was conceived by union of the Heavenly son and guardian angel, SEMJASA and an "earth" woman. Sem (Shem) and his line wherefrom came Joseph, "earth" father to Immanuel, were seeded of HOLY GOD from HIS celestial SONS. So to call one an ANTI-Semite does not mean anti-"jew" or anti-other races, it means **ANTI-GOD!**

Yet, you ones, including the truly GODLY Judeans, have been programmed by "opinion-molders" created by THE EVIL ONES of satan who now call themselves ZIONIST JEWS, to falsely believe that those who openly expose and oppose the ANTI-GOD activities of ZIONISM, THEIR AGENCIES, SUCH AS THE ADL, THE MOSSAD and the

state of ISRAEL are ANTI-SEMITES and, therefore, TO BE SILENCED! Clever indeed have been the ones who wish only to DESTROY GODNESS and control your world. So you see, dear ones, if you believe the lies of the "opinion molders," you too are then PREJUDICED, and by your IGNORANCE you become a tool of EVIL and allow destruction of SELF and OTHERS who follow you willingly down the road to HELL. You've heard it said, "The road to hell is paved with 'good' intentions." Make sure your "good" intentions are GOD'S intentions backed BY TRUTH and KNOWLEDGE, not by OPINIONS designed to allow YOU to HANG YOURSELF.

The evil ones are possessed by irrational prejudgment, hatred and dislike for others which makes them intolerant or bigoted toward those who oppose THEIR self-will OPINIONS of how things are or should be. As was discussed under the first "deadly" sin of PRIDE, if the one possessed of evil first cannot seduce others into believing what is THEIR DESTRUCTIVE and manipulative false VIEW of things, they will then desire and seek to DESTROY the ones of "goodness" and "integrity" because of THEIR (the evil ones) own intolerant bigoted will.

Now back to our precious brother whom we will call "A." You asked these ones, "Are you saying then, that the "blacks" volunteered for slavery?" (because there are no victims, only volunteers).

Yes, precious one, because they CHOSE to play the part of "VICTIM" by being born or cast into slavery by the white ones. Is slavery wrong? OF COURSE! As you have read, it breaks the 18th Law OF GOD and CREATION. NOW in order to see and understand from the standpoint of ONENESS OF SPIRIT, you must not see yourself as of black or white or male or female but as a fragment OF GOD/ATON. ALL of you, regardless of the body you now inhabit, have played (or are playing) the part of VICTIM or VICTIMIZER throughout your life-times of experience. WHY DID YOU VOLUNTEER FOR VICTIMHOOD? OR TO BE VICTIMIZER? Because you became lost in your illusion, and many have repeated, through cause and effect of continual PREJUDICED

behavior and NOT understanding or remembering YOUR GOD-POWER AND THE TRUTH OF ONENESS, the same lessons over and over again. You become victims as a result of being "false" PRIDEFUL and PREJUDICED and you volunteer as VICTIMIZERS because you are "false" PRIDEFUL and PREJUDICED. Are you not tired of this illusion of separation from source, precious chelas? We hope so! Because many of you have been and still are playing the part of victim or victimizer BY CHOICE TO REMAIN IGNORANT OF TRUTH! So what will you have left to volunteer for? SERVICE TO what is GOD's WILL in Love, Harmony, Balance and Freedom. We offer you choice by offering you truth of your folly so that you may leave your "illusion" forever and come HOME to ONENESS of GOD/ATON once again!

The one who feels superior to others because he is white, black or brown, male or female, is prejudiced. The one who feels "CHOSEN" of specialness to God because he follows Christian or Judean or Hindu or Muslim or Buddhist RELIGIONS is prejudiced. Do you see, precious ones, it MATTERS NOT to GOD what color be your skin, what sex be your form or what religious doctrine you follow. Those are labels of manifested illusion. WHAT IS REAL IS THE SPIRIT OF FATHER/MOTHER GOD AND THE CREATION WHICH EXISTS IN ALL OF YOU! It matters not to God if you call yourself Muslim or Christian or Atheist, what matters is HOW YOU THINK AND yourself and your brethren, regardless of what THEY label themselves. Do YOU SEEK the harmony and balance of LOVE AND UNITY? Do you live your life in accordance to the natural Laws of Balance given forth? **OR** do you seek to feel yourself SEPARATE and SUPERIOR OR INFERIOR to others, such as, by class, by color or by religion? That is PREJUDICE, friends. Do you openly disregard THE LAWS given forth as "outdated" or "false" which means you are PREJUDICED because you "don't know" or refuse to understand THE FACTS of LOGIC which is the FOUNDATION of THESE LAWS GIVEN FORTH FOR BALANCE? You see, chelas, to be an "israeli" meaning CHOSEN of GOD, is to LIVE IN ACCORDANCE TO GOD'S WILL in light, unity, love, wisdom, truth, balance and harmony. Israel is NOT A PLACE, it is a

STATE OF BEING (I AM) OF ONENESS AND BALANCE OF HOLY DIVINE GOD AND THE CREATION. The other question asked by my beloved brother, A. was along this line, "I was taught that Jesus was dark-skinned and curly haired, yet, there is a picture which depicts him as fair-skinned with dark hair? WHY?" First beloved A., do not become distracted by images of appearance. I, Sananda, who you ones called "Jesus" was "born" of Judean parents of fair skin. My seed was of the lineage of Rasiel, a descendant of the Sons of Heaven. The guardian angel, Gabriel, then brought my seed and inseminated Mary. IT MATTERS NOT WHAT FORM I TOOK! Your concern from the confusion of images presented to you of my being, precious one, is that you fear you will not recognize me when I return in manifested format. FEAR NOT, BELOVED A., YOU OF MINE BROTHERS WILL KNOW ME! Not by my image, necessarily, but by MY BEING, MY ENERGY, MY ONENESS WITH MINE FATHER ATON!

Blessings be unto this precious one who asks in sincere intent that Truth be given unto him, for his questions were asked in behalf of the many and when ye ask of GOD/ATON, ye shall receive your answer in the TRUTH and WISDOM of THE ONE ALL THAT IS. I AM.

We will now close this document that you precious chelas, our brothers and sisters, will have before you the wondrous tools of recognition of that which is LIFE OF GOD/ATON and that which is SEPARATION, DARKNESS, IGNORANCE AND DEATH OF SPIRIT WITHIN, the Anti-Christ, Anti-God, satan, adversary. May you NOW, from this MOMENT OF ETERNITY, wisely understand and follow the laws laid forth herein, that you may witness and participate in the UNLIMITED SPIRITUAL co-creation and freedom which is YOURS, if you but align yourself IN the BALANCE of ONENESS which is HARMONY, LOVE, POWER, WISDOM AND TRUTH...THE WILL OF OUR FATHER GOD/ATON. So be it.

We are Sananda, Lord Michael, St. Germain and Druthea, your HOSTS sent of HOLY GOD/ATON, in HIS service and in YOUR service of

LIGHT AND OF TRUTH. We come, along with our MANY cosmic brothers/angels of LIGHT, because WE ALL LOVE YOU as is THE WILL of our FATHER AND SPIRITUAL RULER, GOD/ATON, FOR WE ARE ALL BUT ONE WITHIN THE CREATION.

PART 2

THE LESSONS OF THE UNIVERSE

LESSON 1

TESTING

I am Sananda, I come in service of our Holy Divine Father Aton and in service to you, my brethren. The subject matter I will discuss is that of TESTING. Each of you ones have lessons and each create the tests of spiritual fortitude and integrity yourselves. God/Aton will and does guide if asked, but ultimately the choices and decisions one makes are his own to account for. Each fragment is held responsible for *every* choice and *every* decision he is presented with. This places accountability (cause and effect) with each one. Soon ones begin to Recognize *their* own consequences of thoughts, actions and behaviors. This recognition of personal responsibility begins the path home to understanding ONENESS and what is termed *The Law of One*.

For example, it seems that many ones who read of "*The Spiritual Laws and Lessons of the Universe*" find exception to various aspects of the laws. You may choose to DO whatever YOU like, but please understand this carefully, precious chelas, these instructions given forth are YOUR ticket to graduation to a higher level of awareness most of you have not had access to on your plane. It is completely up to each to come to terms with those thoughts, actions and behaviors which keep you bound to the material 3rd dimensional plane. You simply have no conception of the EXTREME limitation you have become accustomed and attached to on your plane. God and we of His Hosts come to bring you the lessons which will allow those WHO CHOOSE to move onward in their path toward ONENESS, to make that choice. Do you see? Your free-will is not infringed upon, (except by the Anti-Christ) and you are given to see a more LIGHTED path than the one you have dwelled within. How does the Anti-Christ infringe upon your free-will? By seducing you into the

lies and deceptions of limitation; by encouraging you to defy THE LAWS of Balance for the sake of selfish pleasure and by tricking you to believe in its illusion of separation from your Creator God/Aton. Remember as you journey earnestly toward ONENESS, you will find that the only TRUE and WISE free-will you have is GOD'S WILL entirely.

I and my Father Aton have seen the chagrin of ones when they read of the laws regarding "sexual" behaviors. Most all seem to wish to find *exception* in *their* own circumstance of relationship situation. How many times and ways can we say it? You ones are PROGRAMMED into ADDICTION to sexual behaviors. It may seem like a wonderful way to express LOVE, but very simply, physical sexual pleasure has NOTHING to do with what is LOVE. Until you ones can grasp the limitation of this addiction upon your spirit, you will feel "deprived" of something you BELIEVE is necessary for your health and happiness. By your response to The laws, you will be presented with the areas of "attachment" you have, and where you must work with God/Aton for clarification, understanding and ultimately DETachment from the physical, material world. It seems many of you have attachment to physical sexual practices, even those of you who truly have harmonious, loving relationships with your mates. Many of you wonder HOW you will express your feelings of intimacy and closeness with the ONE whom you love. Some of you even wonder what will "replace" sexual "pleasure" sharing.

Nothing will be REPLACED, for your sexual behaviors as now practiced are not "natural" or "necessary" to the SPIRIT WITHIN. What will occur, is that as you release attachment to sexual desire, the BLOCK to your spiritual CREATIVE potential of GODLINESS will be lifted from you as if it were a great weight of rocks tied about you...and then released.

What you, precious ones must understand completely is that you cannot hang onto the "luggage" of physical density and "lighten" up your vibration to reach 4th dimension or higher. You will perhaps tease yourself

with “glimpses” of what HIGHER awareness is and what it FEELS like, but it cannot be YOURS until you’ve truly 100% DETACHED from all things of physical 3rd dimensional frequency, THAT includes emotional, sexual attachments, chelas.

Will it help you when we tell you that YOU take GOD wherever your thoughts are, whatever you DO, and wherever you take your body. Are you happy with and proud of your thoughts, words and deeds which you present to GOD/ATON your Creator?

This is why the TESTING is great for ALL who aspire to reach God’s Holy Kingdom of ONENESS. It has been said, “The roughest seas are given unto the toughest navigators” and so it is. YOU will be testing YOURSELVES throughout your unfoldment, and either the lesson is learned and the test is “passed” or the lesson is repeated until such time as understanding is reached and released. The testing represents the CHALLENGE of GOD for knowing, accepting and, therefore, adhering to The Laws of Balance of God and The Creation. So welcome the tests, chelas, you are “honoring” your spiritual perfection through recognition of TRUTH and understanding YOUR personal responsibility. The perceived “inconveniences” and “frustrations” are a part of your growing “pains” of your own doing. Recognize you are the hardest on yourself, especially when you become impatient with the flow of life in relationship to your personal understanding of your lessons. ASK our FATHER God/Aton WITHIN you for illumination and clarification about any given circumstance. You WILL receive instructions and understanding if you have asked in true intent of same. God hears you...do YOU hear Him?

Bless you, precious brothers and sisters of mine for searching and asking for clarification. Thank you, little sister Dru, for receiving this message for our brethren. Our Father holds thee ever closely within His wings of Love, Protection and Guidance. So be it. I AM Sananda. Salu.

LESSON 2

THE CREATION

I AM Sananda. I come in service to our Holy Father of LIGHT, God/Aton and to you, my brethren. Greetings little sister Druthea. Druthea has asked our Father to please bring understanding and clarification on what is THE CREATION Our Father God/Aton of Light has sent me to answer this challenge.

I call this a challenge because your language of communication has not the “words” for describing this concept of Creation. So in order not to put upon you, my precious chelas, MORE limitation, I will ask that you close your eyes, call forth THIS GREAT SPIRIT OF ONE WITHIN YOU, “listen” and continue reading with The Presence of The Holy Divine ONE WITHIN.

Now imagine a GREAT CIRCLE OF INFINITY, with no ending and no beginning in front of you. This will “represent” The Creation. Now imagine that this circle is a great movie film without ending and without beginning, but moving ever creatively on, constantly unfolding the unlimited potential of the creative “will.” What we will do now is PAUSE a frame in the sequence of this ongoing “film” of no-time and no-space, no-ending and no-beginning...

The Creation represents fulfilled and yet unfulfilled Creative Potential. Creation is the Totality of ALL THAT IS; which in your human perspective is ALL THAT HAS BEEN and ALL THAT IS TO BE. Now, keep in mind, the Laws of Balance, of Nature, of God and of The Creation are THE SAME Universal Laws of Order and Logic.

So then HOW is the Creative Potential **REALIZED** and **FULFILLED** Through the Great Spiritually Perfected Being, God/Aton, who is the Great MIND and INTELLIGENCE which brings THE POTENTIAL of that which represents The Creation into coalescence of matter, such as planets, stars, animals, plants and minerals. Now, you have **ONE GREAT SPIRITUALLY PERFECTED BEING** which is THE **MIND INTELLIGENCE OF YOUR GALAXY**...that **ONE** which we call OUR FATHER/MOTHER CREATOR GOD/ATON. The reason that WE are **ONE** with, and therefore, called the "children" of God/Aton is that this Great Being has **FRAGMENTED** Himself, His Great Spirit, to allow HIS **UNFOLDING CREATIVE POTENTIAL UNLIMITED** varieties of experience. Thus each human, each Angel, each **BEING** which is created and fragmented of HIM, is a unique creative-potential filled reflection or aspect of THE **ONE GREAT MIND INTELLIGENCE, GOD/ATON**.

So, we have The Creation, which represents the Great Sacred Circle of Infinity, without end or beginning, which holds the fulfilled and unfilled Creative Potential of the Totality of ALL that is. Then we have God/Aton, which represents the **MIND INTELLIGENCE OF THE CREATION FOR THIS GALAXY**. God/Aton is as much a **PART** of The Creation as WE EACH are a **PART** of God/Aton. Hence the truth...**WE ARE ALL ONE**.

I, Sananda, have now reached my state of **ONENESS** with Our Father, which is the meaning of my name, "One With God." What does this mean to you, my brethren? This means that I am in the state of Grace of **ONE WILL**, that of My Father, God/Aton's will. I am sent now, along with His Hosts of Light, of Our Father to reclaim YOU of his fragments who choose to move into higher realms of Creative Spiritual Awareness. Eventually, many of YOU ones will **EARN**, as have I, the state of Grace, of Oneness with Our Father of Light/Life Aton. I, and my Brothers of Light come to show the **WAY** toward **ONENESS**, which is the Love, the Peace, the Balance, and the Harmony of THE **TOTALITY OF ALL THAT IS; THE CREATION**. Why come we? Because we, the Hosts of God of Light, **LOVE** you as our brothers who are also precious beings

created of Our Father. Since my will is **HIS WILL**, it is **HIS WILL** to bring you **HOME** and I am come to show you the way.

Now what does it mean to be "Sananda," One With God? Much Responsibility, chelas! Only, it is quite a **JOYFUL** responsibility in that I am **AWARE** of my Co-Creation with Our Father. I recognize that even the word "responsibility" makes many of you a bit uncomfortable inside, mostly because it is a symbol of discipline, and seriousness and ones even perceive it as "limiting" to their perceived "enjoyment" of life. Eventually, precious ones, "responsibility" will not pose a "threat" to you because you will have developed the **INTEGRITY** of YOUR **SPIRIT WITHIN** to the point that you will **WELCOME** the creative challenges of **SELF-Responsibility**.

You see, since most of you (especially those of you who have *believed* various **HUMAN** doctrines in your "religious" institutions) have been "programmed" to be dependent and not take responsibility; and since you have also been programmed that you are somehow separate from your Creator, learning to take Personal Responsibility seems "unnatural" and "frightening" to you. **WHY?** Well, when you recognize the truth that YOU have created **ALL** within this manifested "illusion," it can be a bit overwhelming to your consciousness to realize that you have also contributed to the **DIS-ease** upon your plane and upon yourselves. There is **NO ONE** else to blame anymore.

Personal Responsibility means **taking action** to balance the unbalance, to bring love where there is hatred, to bring harmony where there is chaos, to bring discipline where there is disorder and to bring peace where there is war. Each **ONE** of you will open your own door to the **SPIRITUAL POWER OF LOVE WITHIN YOU WHEN** you start taking Responsibility for **ALL** of your manifested reality, including your thoughts, words and deeds. Each **ONE** who harmonizes and balances within brings the **LIGHT** of Balance and Harmony to your "pool" of mass consciousness, so that it eventually will no longer be the "cesspool" of darkness and despair which it is now.

Ah well, our subject is The Creation and ITS relationship to God/Aton and to YOU. Please recognize, please remember, my precious ones, YOU each represent WITHIN YOU GOD/ATON'S MIND INTELLIGENCE for UNLIMITED SPIRITUAL CREATIVE POTENTIAL. THERE IS SO MUCH JOY TO BE A PART OF. LET GO of your ILLUSIONS of separation from THE ONE and attachment to the "physical" and "emotional" aspects of this LIMITED plane. BE responsible for what is YOUR JOB of clean-up before you SPREAD THE WORD OF TRUTH written about your Earthly circumstances and spread the JOY that GOD WINS in this final confrontation with evil. Will you JOIN GOD, MINESELF and MINE Brothers of LIGHT in this confrontation of evil? **OR**, will you remain ignorant and apathetic, and therefore, a PART OF THE EVIL ENERGY DESTRUCTIVE "WILL" upon this plane? In Love and Peace, I humbly request that YOU take MINE hand to the path of GOD and ONENESS...the ONLY logical choice is the choice of GOD'S WILL, and MAY GOD'S WILL BE DONE! So Be It.

I AM Sananda, One With God, in service to HIS HOLY PRESENCE, ATON and THE CREATION. Peace be with you.

LESSON 3

SANTA (SATAN) CLAUS AND THE ANTI-CHRIST

I AM Sananda. I come in service to Our Holy Father of Light God/Aton and The Creation. Greetings, precious chela Druthea. Let us begin.

Many of you may wonder what Santa Claus has to do with the Anti-Christ. Everything! The Adversary to God in its wish to place bondage and limitation upon God's Human Creatures upon this plane knows that to garner the greatest degree of deception it must begin with the human in its childhood state.

You see, the adversary, in order to maintain deceptive "control" over you ones, must support its "illusion" of attachment to "physical" matter. The being that so-called Christians have called Santa Claus represents the "god" (of the adversary) to your little children. For example: According to the "myth" (defined as, "An **imaginary** or fictitious person, thing, event or story.") Santa Claus can BE everywhere around this planet within a short 8-hour-or-so period. He will bring "gifts" to all the "good" children around the planet. These "gifts" are physical toys and objects of desire of the young and "good" child. If the child is really "good," he/she receives many gifts of which he/she has asked for. This begins the human's attachment to having "things" of material plane versus desiring the "spiritual" gifts of our Creator, God/Aton.

Now the parents, of course, support this Santa Claus "image," only it is not necessarily based upon the "goodness" of the child, but more directly based upon the pocket-book abilities of the parent. Since there is NO such being called Santa Claus as described in the "myth," it is THE

PARENTS who perpetuate the lie of the adversary, by themselves continuously allowing, encouraging and fulfilling the "I want..." list of their children. Essentially, regardless of the "good" intentions of the parents, they themselves are planting the seed of, encouraging and sustaining "materialism" within their child. Those children whose parents cannot "afford" many gifts for their children most often feel "guilty." The child senses this and unless the parent explains HONESTLY where the gifts come from, so that the child understands that it is not based upon his "goodness" or "badness" but that any "gifts" given are based upon the LOVE sharing of his parents (or whoever gives), he will begin "comparing" himself by that which he has not received, against what his "perceived" more abundant friends and peers receive. The child will most often begin to harbor feelings of unworthiness and eventually he may become quite ANGRY with his parents for allowing and supporting a LIE.

Am I saying it is "wrong" to give gifts of material matter? Not at all. Parents, you must FIRST simply nurture and encourage the spiritual "gifts" of Our Creator, God/Aton; especially the spiritual creative potential within, personal responsibility, integrity of spirit within, Love and Joy of life and ONENESS with all. If Christmas represents a "time" when family and friends can be close in communion and sharing of LOVE, and a "time" of thankful appreciation for the gifts of LIFE of God and a "time" of remembering and giving back dignity to those who are less fortunate in physical manifestation, then God blesses you. Only, God, Our Father, and We of HIS HOSTS OF LIGHT would encourage you to not save this "time" of sharing for ONLY societal designated "times" such as Christmas. EVERY DAY IS HOLY AND BLESSED OF GOD! MAKE EVERY MOMENT A DIVINE, HOLY CHRISTED CELEBRATION WITHIN!

I AM suggesting, though, that the "image" of "roly poly," Santa Claus who is "everywhere" ("like" God) is really the ANTI-GOD's attempt at a very POOR copy of GOD. Santa Claus represents in his image figure, **gluttony** and his perceived "jolliness" and "benevolence" is really the

ANTI-GOD laughing AT YOU because you parents play his game of seducing your own children into MATERIALISM and away from true **SPIRITUALITY**. The "myth" says, "Santa Claus" goes "everywhere" where the "good" children are. Do you think perhaps those starving ones, such as in Ethiopia and HERE within your own United States, are loved LESS by God/Aton? Well, **Satan** Claus only gives "gifts" to children who are "good" according to material desire **AND ABILITY OF PARENTS TO PAY! Ponder this carefully.**

Parents, many of you have given "EVERYTHING" you could of material "desires" to your children, and when they are grown and still depend upon you in their adult years and then even resent you, you are baffled. Don't you see? When you give your child TRUTH and LOVE and GUIDANCE of **SPIRITUAL INTEGRITY** and **ONENESS**, THEY WILL HAVE GAINED ACCESS TO THE TOOLS **WITHIN THEM TO BE RESPONSIBLE CREATIVE HUMANS OF THIS PLANE. YOU MUST GIVE THEM TRUE "GIFTS" OF SPIRITUAL KNOWLEDGE AND POWER WITHIN THEM** that they may move forward IN JOY AND INNER PEACE and FEAR NOT the challenges put before them, but instead **WELCOME THEM** as OPPORTUNITIES TO GAIN KNOWLEDGE AND UNDERSTANDING OF TRUTH OF **THEIR HOLY, DIVINE SPIRITUAL HERITAGE WITHIN!**

So what am I suggesting? Very plainly, that the "myth" of Santa Claus be presented HONESTLY to your children from the beginning. You need not continue to FEED THE LIE OF ANTI-GOD and thus, cripple your children by feeding the limitation and bondage to "material" objects. They must learn and KNOW that THEY create ALL within this experience, including any perceived "lack." You must teach your children RESPONSIBILITY for their thoughts, words and actions and DISCIPLINE of their "minds" by ALWAYS monitoring their own thoughts. For those of you parents who have **already** taught your children the "myth" of "Santa Claus," NOW is the time to "pop" the phony, gluttonous belly of Santa Claus to release the "hot air" existing within this deceptive "satanic myth." You see, "Satan" Claus is NOT an image of

TRUE Christians. TRUE Christians are those who understand and adhere to CHRIST consciousness teachings of THE LAWS OF GOD AND THE CREATION, **NOT** so-called ones who label themselves "Christian" based on their "belief" in what they are told are the "teachings" of Christ as presented erroneously within your various Bibles.

SEE Santa Claus for that which this image truly represents: a ridiculous, gluttonous image to perpetuate COMMERCIALISM of material "goods" and "services." Face it, precious ones, MANY businesses DEPEND upon your CHRISTMAS season for a major portion of their business. Just as the ANTI-GOD DEPENDS upon your IGNORANCE of Truth to perpetuate its EVIL FOLLY upon you. YOU feed the BEAST by your choice to remain spiritually ignorant.

Many of you now may be concerned about YOUR BUSINESS, especially if yours is one which rides the MASS consciousness tide of Christmas giving. IF that be your FIRST concern and NOT about the integrity and necessity of YOUR product, then YOU need to PONDER YOUR priorities of concern more carefully. If your business is truly one which serves your human brethren by truly SERVING GOD, then you need not concern over its success...GOD'S WILL WILL BE DONE! But if your business rides upon MEDIA molded and created desires, additions and "social" traditions...it may be time to carefully consider YOUR PERSONAL RESPONSIBILITY to GOD, SELF and YOUR BRETHREN, and therefore, CHANGE your business! IMPOSSIBLE, YOU SAY?! **NOTHING** IS IMPOSSIBLE WHEN YOU MAKE YOUR FIRM COMMITMENT TO SERVE IN BALANCE **WHICH IS** OF GOD/ATON AND THE CREATION. "Will it be easy to change?" you ask. THAT depends upon YOU! Meaning it depends upon the degree of resistance and dependence upon the "material" plane offered and accepted by your "altered" ego which, of course, is fed by the Anti-God which YOU have allowed within YOUR TEMPLE OF GOD. Whether it is easy or not does NOT matter **WHEN** your commitment to GOD IS MADE AT SOUL LEVEL, YOUR SOUL WITHIN WILL BRING THE LESSONS TO STRENGTHEN YOUR SPIRITUAL

CONNECTION AND COMMITMENT TO GOD. IT WILL BE ENTIRELY UP TO THE SELF-DEVELOPED INTEGRITY WITHIN as to whether or not YOU are successful in YOUR TESTING to allow YOU entrance within GOD'S HOLY KINGDOM OF LIGHT. So Be It.

I AM Sananda, ONE with GOD, in Service to God/Aton and The Creation. Thank you precious chelas for this communion. May you receive the clarity and understanding OF GOD, given herein. Bless you little sister, Druthea, for your service. Peace be with you. Salu.

LESSON 4

WELFARE (SICK-FARE) AND THE ANTI-CHRIST

Greetings Precious chela, Druthea. I AM Sananda in service to God/Aton of LIGHT and The Creation. Our subject this day is that which you ones call "Welfare" and which is actually that which is not for the welfare of ones, but instead binds ones ever into crippled bondage of NO DIGNITY and social separation.

Welfare defined as, 1. "The condition of faring well. 2. Aid, as money, food, or clothing given to those in need. **On Welfare**, defined as, Receiving aid from the Government because of need."

You ones NOW have within your United States of America the system of functioning called **WELFARE STATE**, defined as, "A government that assumes a large measure of responsibility for the social welfare of its citizens." Your government, meaning you tax-payers who have taken responsibility for your own welfare, are assuming financial responsibility for those and their families who find themselves "unable" to care financially for themselves.

Do you realize that you have WHOLE generations of families WHO exist in self-perceived helplessness and attachment to your SOCIAL WELFARE system? They are trained parasites of your system because they KNOW no other way except through crime, drugs, weapons, etc., to care for themselves. The parents are dependent, they teach their children this same dependency, as well as lack of dignity and personal responsibility. These ones HAVE NOT HOPE because they do not KNOW that THEY have the power within to change their circumstance. They choose instead to remain as outcasts, angry and blaming of the system which robs them

of their human dignity, yet helpless, they feel, to change it. Most of these ones, feel NO ONE cares about them, and rightly so.

A government which operates on a "social welfare" system assumes responsibility where it has NO business assuming same. You are being programmed for helpless, non-thinking slavery and that is why I call your welfare SICK-FARE because it spreads a cancer of helpless apathy that destroys the dignity of the human and of your ONCE great and FREE nation.

This thread is woven into a web of paralyzing apathy by many in your so-called CHRISTIAN churches. You undoubtedly have heard the phrase, "God will Provide" spoken quite loosely from the mouths of those so-called Christian ones. The so-called. Christian leaders most often say this in a VERY patronizing way to one who has social and financial "misfortune." And soon this follower of what is Human-Religious deceptive doctrine will soon tell himself "God will Provide" as he waits in line for his welfare check or asks for assistance from his family or friends.

I say this, GOD DOES PROVIDE and the catch is this: GOD HELPS THOSE WHO HELP THEMSELVES! This means, precious ones, that YOU must use your GOD-GIVEN reasoning minds, ASK for guidance, TAKE personal responsibility and DO something to WEAN yourself OFF of the POISONED breast of WELFARE (SICK-FARE). God/Aton has gifted EACH ONE of YOU with abilities to care for yourselves when you take personal responsibility and are in HIS SERVICE. So whose service are you in when you become a victim of SOCIAL WELFARE, "Big Brother take care of me, I cannot take care of myself" MENTALITY?

I hear the protests now, "How can we expect ones who only know the system of welfare to just break free of it?" Is it not wiser to break from this "illusion" of bondage to the system of SICK-FARE while it is still YOUR choice to do so? What I am preparing you for, precious ones, is that there will be a time coming, sooner than you think, in which YOUR GOVERNMENT will NOT have the funds for WELFARE recipients of

any and all kinds. Your government is **BANKRUPT** financially and it has been planned this way. The Beast which operates and controls YOUR government and YOUR media has conditioned you ones to **DEPENDENCY**... You make more compliant slaves, that way.

MOST of you would not know how to feed yourselves if you did not have functioning and operational grocery stores! It is time that each **ONE** of you, whether you are a **WELFARE** recipient or simply a person working for some company within the system, really **THINK** about where YOUR personal weaknesses are as far as true **AUTONOMOUS** (self-governing) **INDEPENDENCE** and **SELF-SUFFICIENCY** goes. YOU will each need to consider YOUR own weaknesses, that YOU may then **STRENGTHEN YOURSELVES** in those areas which keep you in bondage of what is in actuality blatant communism which the "elite" are now calling **Democracy**, defined as, "1. A form of government in which political power resides in all the people and is exercised by them directly or is given to representatives. 2. A State so governed. 3. The spirit or practice of political, legal or social equality." The problem with this term, Democracy as **THEY** mean it, is that it is equality of the elite to maintain tight **CONTROL** over the masses for their own **MEANS**. And Equality of all **YOU SLAVES** to have **NO** rights except those **THEY**, the tyrants wish to grant you.

What you actually want to be able to call your government as **FREE** and autonomous individuals is a **REPUBLIC** defined as "A state in which the **sovereignty** resides in the people and the legislative and administrative powers are lodged in the officers elected by them." Your government **NOW** is a ridiculous joke in that **YOU** the **PEOPLE** elect **NO ONE** and the **POWERS** of operation are currently **OUT OF YOUR CONTROL**...unless, of course, **ENOUGH** of you are willing to demand adherence to YOUR Constitution and Bill of Rights and take **BACK YOUR POWER** of autonomous sovereignty as a **REPUBLIC FOR** and **BY THE PEOPLE...A NATION UNDER GOD**.

I, Sananda and my brothers of **LIGHT** who are with me, Lord Michael,

St. Germain, and **ALL** the others who serve unnamed **AND OUR** Divine Father Aton wish only to impress upon you that although your self-created circumstances are quite serious, **YOU CAN STILL CHANGE IF ONLY** you will **RECOGNIZE YOUR** personal responsibility and **POWER** that rests **WITHIN YOU...EACH OF YOU!**

I honor one, **WB**, who has struggled as a true **PATRIOT** of freedom and one who serves our Father God/Aton. He has thought of an excellent idea for successfully reaching your so-called elected political representatives. He calls his plan, "Adopt a Legislator." Most ingenious this plan is. Ones will more or less "adopt" one or more of the Congressmen, Senator, and other Representatives of their State and literally **MAKE THEIR VOICES HEARD, LOUDLY and FREQUENTLY**. You see, **NOT ALL** are evil within the system. If ones have a ounce of conscience of duty left within them, they can be turned about and out of the hands of evil **IF** they know **YOU THE PEOPLE CARE ENOUGH AND WILL SUPPORT THEM ALL THE WAY!** God Blesses you precious, **WB**, and **HIS** light shines ever with thee.

Now many of you by now may be wondering if I am telling you, not to support those ones who have become self-trapped, through ignorance and apathy within the system of what is termed Welfare and which is actually Sick-fare. I am telling you that **YOU** support **THEIR** bondage by continually supporting, through your illegal taxes, **social welfare**. Will you help a homeless person or family when the "opportunity" is before you? **OF COURSE YOU WILL!** But **NOT BY TAKING AWAY THEIR DIGNITY AND FEEDING THEIR PERCEIVED "HELPLESS" BELIEF**. You will instead practice something along the lines of **WORK-FARE**, wherein after you fill their hungry tummies, you help these self-unfortunate ones **HELP THEMSELVES**. This is not a **NEW** term, **WORK-FARE**, many have tried to adopt this type of program within your current bloated and corrupted system, mostly without success.

Those of you who have been prudent and have done your homework in establishing autonomous self-sufficiency have not done so **ONLY** for

yourselves and your families. Many of you, who have the ability, have provided for MORE than the needs of your family. Your best "SURVIVAL" in the probable times ahead of Financial dispersion and uncertainty will be in COMMUNITY effort, neighbor assisting neighbor, barter and sharing of resources, skills and duties. This is WHY many others on your plane have stressed the importance of SMALL TOWN LOCATION of living circumstance. With fewer people, and developed self-sufficiency of the most of these, you will be able to function in **relative** comfort compared to those who find themselves on the streets of large metropolitan cities.

It is time that you ones begin to learn about and PRACTICE TRUE COMMUNITY that you will develop a BOND of commitment to EACH OTHER and therefore TO GOD. **Community**, defined as, "1. A group of people living together in the same locality and having common customs, interests, etc. 2. The district in which they live. 3. People having specified interests in common: the scientific **community**; The German-American **community**. 4. The public; society in general. 5. Common ownership or participation." A community should be formed in establishing business with integrity which is directly in SERVICE to GOD. Many other such communities are beginning and will form to be the models to represent a balanced circle of sovereign, self-sufficient individuals who co-operate and operate as a team of those who SUPPORT AND LIVE according to THE LAWS OF GOD AND THE CREATION. A **commune**, on the other hand, is defined as, "A group of persons, not forming a single family, having a home or land in common." This usually means, home, land and BED in common as well. THIS IS WHY THESE ONES, THESE SOVEREIGN INDIVIDUALS WORKING TO "GET THE WORD OUT" ARE NOT CALLED A GROUP OR A COMMUNE...they are individual ones with a COMMON interest in TRUTH who work together as a GOD-team to assist YOU, their brethren, through dissemination of THE WORD, back into GODLY balance and behavior. I do trust this is clear. So be it.

I AM Sananda, One With God. I bless you ones and honor your courage to stand for truth. Thank you, precious Druthea, for your humble service and dedication. God is ever with thee, chela. Peace BE with you. Salu.

LESSON 5

INSURANCE (NON-ASSURANCE) AND THE ANTI-CHRIST

Greetings, precious chela Druthea. I AM Sananda. I come in service with my brothers of LIGHT, in service to God/Aton Our Holy Divine Creator and The Creation.

Our little sister has inquired about why I am discussing such things as Santa Claus, Welfare, and Insurance and what these things have to do with "Spiritual" teachings. She no longer has the question for herself, but I will now give further clarity to you ones who have questioned in a similar way.

Do you remember we have spent the contents of "Part 1" defining what is THE ANTI-CHRIST **WITHIN**, The DEADLY SINS and most importantly THE LAWS OF GOD AND CREATION that ALL must adhere to in order to bring BACK and MAINTAIN balance? Where think you this OUTWARD manifestation of EVIL has come from and been allowed to continue as an insidious DIS-ease of rapidly destructive CANCER upon your plane? IT (THIS OUTWARD CORRUPTION) EXISTS **WITHIN** YOU ONES FIRST IN ORDER TO BE CREATED IN PERCEPTION OUTSIDE OF YOUR BEINGS! YOU ONES HAVE ALLOWED AND NURTURED THE BEAST WITHIN YOU, SO THAT YOU HAVE NOW MANIFESTED THE NEAR DESTRUCTION OF YOUR SPECIES AND YOUR BELOVED PLANET!

My intention as it has been requested of GOD/ATON OUR CREATOR by YOU ONES, (Ask and it is GIVEN) is to ONE by ONE SHOW the EVIL that exists within MOST of your cultural INSTITUTIONS which you simply have taken for granted as acceptable WITHOUT thinking

about it carefully. Well, NOW is the time that ALL that does not work in accordance and balance WITHIN THE COSMIC LAWS OF GOD AND THE CREATION will be exposed for the evil fraud of material bondage IT supports. ALL EVIL will FALL into THE ASHES OF SELF-DESTRUCTION AND BE RECOGNIZED FOR THE ILLUSION OF DECEPTIVE LIES AND "SMOKE-SCREEN" THEY ARE. This is why God's return has as His symbol THE PHOENIX, which represents the evil being consumed by itself and the REBIRTH OF GODLINESS upon your plane! For You ones who are determined to conquer EVIL within and without, I and MY brothers of LIGHT, are come to PEEL away the illusions which have kept you GAGGED AND BOUND in separation from YOUR DIVINE HOLY HERITAGE OF ONENESS WITH ALL. What will be left when you are ALL peeled of EVIL ILLUSIONS? GOD, precious ones, your immortal soul as a fragment of THE ONE IS THE ONLY REAL AND SACRED TREASURE OF TRUTH and by THE WILL OF GOD WITHIN YOU, IT WILL BE FREED FROM THE BONDAGE OF THIS THE MATERIAL PLANE!

Now I will return to our subject at hand, *Insurance (Non - Assurance) and The Anti-Christ*. First let us define *insurance*, "1. Financial protection against risk, loss, or ruin, guaranteed by a person or company in return for the payment of premiums; also, the business of providing this protection. 2. Any safeguard against risk or harm." Let us also define, *Assure and Assurance*, "1. To make sure or secure; establish firmly. 2. To make (something) certain; guarantee. 3. To cause to feel certain; convince. 4. To promise. 5. To insure, as against loss." *Assurance*, "1. The act of assuring, or the state of being assured. 2. Self-confidence; boldness."

Well, well, it seems that you ones have done quite a thorough job in covering up your FEARS of POSSIBLE FUTURE "PHYSICAL" manifested disasters. You just PAY someone, called an "Insurance Company" a fee which they calculate to insure THEM the LEAST loss and the HIGHEST possible profit and THEY will arrest your fear of LOSS. Of course, first you have set up THE COSTS of replacement of those material items, such as home or care, or of Medical CARE to such

EXTREME that MOST could not afford to tend of themselves WITHOUT an Insurance Policy.

Am I saying it is wrong within the structure of your current society to NOT have insurance if you are able to afford same? NOT AT ALL. What I am suggesting to you ones though is that this "system" of insurance is supporting FEAR and YOUR PERCEIVED INABILITY TO MANIFEST POSITIVE BALANCE ON YOUR OWN, so as with WELFARE from your government, INSURANCE companies are FAILING as well, and there is coming, in probability, a time when YOUR insurance company will NOT have the FUNDS to pay YOUR claim.

The whole theory structure of "Insurance" is based on a group or company offering a *guarantee* through a pool of what is termed *Premiums* paid by a large number of participants, **against** possible loss from possible FUTURE circumstances, which in itself ASSUMES they are *possible* circumstances which **YOU** have no control over. The Insurance company or group has created, through mathematic statistics it has gathered, what is termed ACTUARY tables which are designed specifically to LIMIT RISK to the Insurance company, by defining and categorizing risk, such as in Life Insurance, the age and sex of the individual, as well as such details as where he lives and works is computed into the "risk" factor. Now up until a few years ago, most of the major Insurance Companies, especially those selling "Whole LIFE" insurance policies with Cash Value, rather than "TERM" insurance policies which are generally less expensive to the consumer, were QUITE profitable. Why? Because they received MUCH more in premiums from many individuals, families and businesses than they were required to pay back for claims. Now, because most of the Insurance companies INVESTED their profits in things such as real estate and the stock market, most of these have incurred tremendous LOSSES because of investments which went "bad" for a variety of reasons primarily involving the failing of MANY businesses, decline in real estate values and sales, your tremendous government and general loss of confidence within your business and government structure, of which most of you are aware. So what this obviously means is that, as I said earlier, YOU will, in all proba-

bility, NOT be able to collect on any claims because your insurance company most likely will fail and therefore not have the funds to pay you.

What is really wrong with this human institution called Insurance as it relates to YOU ones who wish only to reclaim YOUR God of LIGHT POWER and FREEDOM? Simply this, it supports your FEAR of what you perceive as THE UNKNOWN possibilities which COULD occur, which would cause you some sort of LOSS, usually of **material** objects. Do you remember what we have discussed about how FUTURE-FEAR ORIENTATION of focus ROBS you of POSITIVE MANIFESTING IN YOUR NOW TIME? And also about HOW YOU EACH have within you the RESPONSIBILITY of creating ALL within YOUR illusion? PLEASE RE-READ THAT SECTION IF YOU ARE NOW STILL CONFUSED! Insurance which offers human guarantee against possible LOSS which YOU create yourself, is a *guarantee* to keep you powerless and irresponsible for your manifested creations and experiences. THE ONLY INSURANCE OR ASSURANCE YOU HAVE IS THAT, THROUGH THE GRACE OF OUR CREATOR GOD/ATON, YOU HAVE BEEN GIFTED WITH A WONDROUS IMMORTAL SOUL AND REASONING ABILITY WHICH CONTAINS ALL KEY "INGREDIENTS" FOR UNLIMITED SPIRITUAL CREATIVE POTENTIAL AND WHICH EXISTS AS A FRAGMENT OF GOD/ATON AND THE ONE ALL THAT IS!...Precious chelas, what more "guarantee" do YOU need? When you feel you must have insurance, say in case of fire in your house, are you not supporting your own fear of this possibility? And your belief that YOU cannot create more balanced circumstances for yourself? You create it ALL, every circumstance! What do you think happens when you are able to PLACE YOUR WILL INTO GOD'S WILL? Your Unlimited Creative Potential begins to FLY within the realms of REALIZATION and FULFILLMENT within you. YOU BECOME A CONSCIOUS CO-CREATOR WITHIN THE UNIVERSE! YOUR INSURANCE IS GOD'S GRACE AND SPIRIT OF WHICH IS WITHIN YOU!

Am I suggesting that you today cancel ALL insurance. Of course Not. In fact you would likely have extreme difficulty because many types of

insurance, such as what is termed "Title Insurance" on a home, and "Liability Insurance" on your car, is built into your system as MANDATORY insurance by either the U.S. Government or the state in which you reside. Really the intent of some of the ones who have legislated in mandatory enforcement of such types of insurance as Liability, did so because of what they observed as the refusal of MANY ones to be responsible **on their own** for what you term "accidents" occurring by the drivers of these vehicles. Of course, by now, you know there are **NO** accidents. All parties create the circumstance and have responsibility for the lessons and accountability for any errors in Judgment.

What I am suggesting is that you really THINK now WHY you do the things you do. Why, for example, do you feel the need to buy insurance (when it is your choice) for a future possibility of loss? I know, "Peace of Mind," right? Why do you fear so much any material loss? Are you still so "attached" to your material possessions? Can you not re-create ALL that you need by the Power of God Within YOU? Of course you can! You have simply forgotten how.

So let us call human insurance a "limitation" which may give you "Peace of Mind" while you are attached to THIS plane, but is NOT necessary when you graduate to 4th dimension or HIGHER realms of Godly existence.

There, of course, are several ways to think of insurance besides that which you formally purchase through an insurance company. For example, you have been guided to do various forms of preparations for protection against the probable and **known** changes involving the transformation of yourselves and your planet. This is what I will call INTELLIGENT insurance, in that you ones who have made preparations, such as for food and clothing, are doing so to REMAIN relatively comfortable WITHIN YOUR SERVICE TO GOD upon this physical plane as you assist THE TRANSFORMATION process. You are still "physical" beings existing within the perceived limitations of your plane. Your bodies, you perceive, need nurturing with "physical" food and clothing while we of the HOSTS give nurturing of your spiritual knowledge and power within and documentation of

your already created physical circumstances. We must, therefore, work with you, our brethren who are committed to serve God, in a balance of recognizing and respecting the limitations of your plane, and yet still stretching your awareness **above** that which is your perceived created physical limitations. This is one of our most important challenges, and one which I constantly endeavor for to reach and spark that awakening within the most of you in the quickest and most effective way possible.

Now, what is the difference between positive, **Intelligent** Insurance and limited FEAR-supporting insurance? Intelligent insurance means taking responsibility for that **WHICH YOU HAVE ALREADY** manifested and **KNOWN** probable occurrences. **AND** also recognition of **YOUR** and **YOUR PLANETS** transformation process and **YOUR** role in **SERVICE TO GOD** in assisting this process of transformation by taking **ACTION** to **EXPOSE** and cast out the evil and then also create the balance which is of **GOD**, by adhering to His Laws and those of The Creation. Now limited FEAR-supporting Insurance **DENIES** your positive creating abilities and supports apathy toward taking responsibility for **ALL** you create. **IT** also is based upon **YOUR FEAR OF LOSS** of some "material" object, your life, or fear of possible illness and inability to pay for treatment. Do you now understand the difference?

Now I recognize that at first, when the knowledge of the truth of your mostly created "evil" circumstances are presented to you and have made an "impact" upon you, that for a time, you ones most often respond with **FEAR**. Many of you even remain fearful for a period of time until assimilation of the material and recognition and activation of responsibility and personal power occurs. You will find, though, that as you begin to make your sincere efforts to connect in **SERVICE** to **GOD** and thus, receive guidance for your purpose, and make the necessary changes and preparations within and without, your fear will fade and eventually will vanish as you further your spiritual awakening within.

Now let us discuss Life insurance a bit more. Generally, ones, such as the "head of household," "bread-winner," or financial supporter of the

family is the one who feels inclined to buy insurance in case he is unexpectedly killed, then his family will receive a sum to care for their expenses of day-to-day living. For many in your times, this is a most noble effort in that the financial supporting one knows that, most likely, hardship would befall his family if he were suddenly no longer "there" for the support of them. But, let us just say that instead of buying Life Insurance, this one and his family made themselves **SELF-SUFFICIENT** and paid for all "possessions," including their home completely **AS** they had resources available to do so. Also, this one set aside funds for any such emergencies, enough until the others left in the household could reestablish financial independence. In addition, these ones wisely followed the suggestions for protection of their "unencumbered" assets and privacy. Let us say, in addition, these ones chose a community in which, their neighbors, friends and possibly other family members "pitched in" to care for ones when "disaster" or "loss of life" occurred.

For example, you have ones, deeply "religious," and (in spite of this) very much a "community" in brotherhood of commitment to each other. They set a fine example in this respect. They call themselves, Amish, (Protestant Christian) named after founder Jacob Ammann and which is a sect of the ones called Mennonites. Have you heard of these precious ones who dwell in your North-Eastern States, primarily Pennsylvania? There are also the ones who call themselves Mennonites (From where the Amish sect came) named after one called Menno Simons, a leader of this sect, who lived from 1492 until 1559. Both of these religious "sects" oppose the taking of oaths, the holding of public office, and military service. They are primarily farmers and they (especially the Amish) use very few of your modern conveniences such as autos, washing machines and dishwashers and even telephones. They are ones, who as a whole, within **YOUR** country, live the most in balance with nature at the current time in your history. They have established themselves, as a whole, essentially as a **SELF-sufficient**, autonomous and sovereign **COMMUNITY** in the true sense of what **COMMUNITY** represents. By this commitment to "Brother assisting Brother" they themselves have reaped the benefits of a "built in" **SECURITY** of the individuals within their community as a part of the **WHOLE**. Now I make

no projection about there being spiritual "perfection," because their "beliefs" are as fraught with limitation as MOST ALL of the other so-called "Christian" and "other" faiths. Remember it is not HOW you label yourself religiously in human belief structure, IT IS HOW YOU THINK AND ARE IN YOUR HEART AND WHAT YOU DO which is judged by self when you stand naked before GOD/ATON. Very simply, you ones could learn MUCH about COMMUNITY by observing the living style of these precious ones, who for the most part strictly observe THE LAWS OF GOD as they have BEEN INDOCTRINATED about them. They, like many other "Christian" sects, still see God as OUTSIDE of their beings and they also have other "perceived" limitations within their "belief" structure. I trust I have made my POINT(S) CLEAR regarding the benefits of understanding and thus living within the DIVINE structure of what is TRUE COMMUNITY...WITHIN THE LAWS OF GOD AND THE CREATION. So Be it.

Now, we will discuss a bit about what is termed MEDICAL and DENTAL types of insurance. You have what is termed a Government (tax-payer) supported medical insurance program for those who cannot afford insurance, as well as, the elderly—I believe it is called Medicaid. Again, there is in all probability coming a time when there will be NO funds to support these "give-away" programs. Yet do you notice that MEDICAL and DENTAL expenses charged by Doctors, Dentists, and Hospitals KEEPS RISING? These expenses are ALREADY beyond the reach of the average American who does not have INSURANCE. So what do you do in the meantime? With the knowledge that YOUR insurance company may go **bankrupt**, this leaves many of you ones in a quandary. Many of you are yet learning about YOUR POWER to keep yourselves HEALTHY and when in service to God, most of you will avoid MAJOR illnesses or "accidents." Many of you are exploring ALTERNATIVE, "natural," and what is termed "**H**omeopathic" (A system of therapy using minute doses of medicines that produce the symptoms of the disease treated) forms of treatment, as well as, exploring and practicing more PREVENTATIVE types of self-treatments, such as healthier diet, exercise and nourishing supplements. These are **wonderful** things YOU can DO in physical format to take responsibility for

maintaining YOUR health. Always keep in mind, though, precious ones, that YOU create your dis-ease and illness, and the POWER of PREVENTION and even CURES thereof rests PRIMARILY WITHIN YOUR WONDERFUL GOD-CREATED MINDS!

I would say that logically, while your system is in the process of rumbling, that you ones will discover "NEW" ways which are relatively inexpensive for treatment of various illnesses and ailments. In the mean time YOU each, who can still afford Medical and/or Dental insurance must decide FOR YOURSELVES how much longer you are willing to risk your premiums within the "false" security which is still supported by Insurance Companies who may soon cease to be. Eventually all of you will find that you no longer NEED any form of Human Medical Insurance because you will BECOME firmly sustained in your POWER of your SPIRIT within OF GOD/ATON to maintain your wellness and provide you any and ALL assistance necessary for your self-created "physical" care "needs." As for the "other" types of insurance which are *Mandatory*, such as, Auto-liability and Title Insurance for home purchases, you ones really haven't got any choice if you wish to have the "privilege" of owning a home and car. (Unless you change your laws governing same) Your system has these "built in" laws now, such as is the case with "property" taxes, which really have "limited" your freedoms and rights which were carefully stipulated within your original Constitution and Bill of Rights. Such is the nature of the created and allowed BEAST, the Anti-Christ, as it weaves its insidious web of destructive CONTROL OVER YOU ONES every more tightly in its desire to suffocate THE SPIRIT OF LIFE OF GOD/ATON within you.

I trust that you ones now have plenty more to PONDER carefully concerning your individual circumstance. May the power of the LIGHT and TRUTH which is of God/Aton within The Creation rest easily within your beings. Bless you, precious ones, as I am come to bring you, the faithful and true, home to GOD/ATON in ONENESS WITH ALL. So Be it.

I AM Sananda, ONE with GOD. Salu.

LESSON 6

WHAT IS "WORK-FARE?"

Greetings Precious chela, Druthea. We are Sananda, Lord Michael and St. Germain. We come in the service of our Holy, Divine Father, God/Aton and in service, therefore, to you, our brethren.

We are most grateful for the inquiry of one, DK. We are beginning to see the flicker from the spark of awakening which is occurring within you ones. We now wish to gently but firmly kindle this spark of understanding before the "winds" of the adversary extinguish this growing flame. DK's question was this. "Are there any books in print that work out that idea of Work-Fare?"

Well, precious one, perhaps it will be you who will write it? I, Sananda, had said previously within the document, "*Welfare (Sick-fare) and the Anti-Christ*" that the concept of what I termed "Work-Fare" is not a new one. There are individuals and some "groups" who have attempted to accomplish this sort of program and some practice it to some extent, although, they may not label it such. Let me give a simple definition of what "Work-Fare" means but will first define "welfare." Welfare is money and food given to those who profess "need" because of "inability" or more commonly "unwillingness" to take responsibility for the care of themselves. They need not DO anything to earn same, except apply with their local welfare office, and "have" no assets, or at least a limitation as to what assets they have, such as a car. Now we will explain the concept of "Work-fare" that you ones can begin your OWN research and use your OWN GOD-given ingenuity to develop and implement "work-fare" when the opportunity comes.

Work-fare works something like this. Ones have no job or food and come to you, who have a farm and do need assistance. You would offer them food and a place to stay IN EXCHANGE for their WORK assisting you where you need it. If you are able to pay something in addition, you will do so. You do not just support irresponsible behavior patterns by giving away that which YOU have worked for to ones who are unwilling to DO for themselves. I will give you a couple of hints. Inquire of your grandparents and others who "lived" through the depression of the 1930's and the war following. You will find that at that time, what is termed "work" ethic was taught as necessary for survival. In small towns, neighbor helped neighbor, there was true relative "community" effort so that most who were physically able participated in helping the whole maintain survival. There was cohesion of unity that existed which has since faded with the programming of the self-centered "ME" generations which have followed. Also, check with your local government. Inquire about whether such a program has ever been introduced within the "Social Services" office, for example. If so, find out if they will allow you to have access to the information for "research" purposes. This will give you ones a start.

Now you will notice I did not say ones will go to the government for welfare handouts. WHY? BECAUSE, IT IS SIMPLY TIME YOU ONES UNDERSTAND THAT VERY SOON, YOU WILL LIKELY NOT HAVE ENOUGH GOVERNMENT HAND-OUTS FOR ALL WHO COME BEGGING!! AND FOR THOSE OF YOU WHO SIT AS "MUGWUMPS" UPON THE FENCE OF INDECISION, WHO STILL REMAIN FIRMLY TIED WITHIN THE SYSTEM AS IT IS NOW, YOU WILL NOT HAVE TO WORRY ABOUT THE "APPLICATION" OF "WORK-FARE" FOR OTHERS, BECAUSE YOU WILL BE ONE OF THE ONES OUT ON THE STREETS OF DESPERATION AND DESPAIR!!

Precious chelas, WE of the HOSTS, are preparing you for a time when you will be needing to apply "alternatives" to that which you have been taught. YOUR SYSTEM, YOUR CULTURAL INSTITUTIONS AS YOU NOW KNOW THEM ARE FALLING INTO THE ASHES AND YOU WHO HANG ON TO THE OLD...WILL "FALL" AS WELL. The

Anti-Christ which now exists within nearly all human "systems" upon your plane, is trying to pull as many of you into perceived "helpless" apathy, and eventually desperation, that you will REMAIN a slave to and fall with IT into the void of ignorant, unconscious darkness and during the same "time," GOD RECLAIMS THOSE WHO ARE OR HAVE CHOSEN TO BECOME HIS FAITHFUL AND TRUE!

We would ask of YOU ones, what possibilities can YOU create within GOD's LAWS which implement this concept of WORK- FARE? WE WELCOME THE SHARING OF IDEAS. Do you see? We do a disservice to you ones IF we **DO ALL** your THINKING FOR YOU. HAVEN'T YOU ALREADY HAD QUITE ENOUGH OF BEING TOLD BY THOSE OF "HUMAN" FORMAT HOW YOU MUST THINK OR NOT **THINK AS THE CASE MAY ACTUALLY BE!** You MUST GROW-UP, CHELAS, IT IS GRADUATION/LIBERATION TIME, REMEMBER?!? THE SPIRIT OF GOD KNOWLEDGE RESTS WITHIN EACH ONE WHO CHOOSES TO PUT HIS HUMAN "ALTERED EGO" WILL INTO WHAT IS **GOD'S WILL ONLY.** THEREFORE, IT STANDS TO REASON, THAT THE ANSWERS EXIST **WITHIN** EACH ONE OF YOU WHO WISHES ONLY TO SERVE IN HONOR AND IN BALANCE, THE WILL OF GOD/ATON. ASK, GOD/ATON WITHIN YOU TO SHOW YOU THAT WHICH YOU NEED IN ORDER TO SERVE HIS WILL. Ask and you will receive your guidance and your answers. Then, of course, it is up to YOU to DO what you are guided to DO. So be it.

We will suggest, though, that the first thing each and every one of you must DO, is free yourselves from any and all dependency upon the "system." We cannot stress this enough! You either do so now by choice or you will be **FORCED**, by your addiction to dependency and the fall of your system, into inability to survive. You won't need to consider things such as WORK-FARE if you do not have SOVEREIGNTY and AUTONOMY very soon! We trust that we have adequately explained the severity of your circumstances and the necessity to ACT NOW in preparation to maintain yourselves within GOD'S LIGHT and SERVICE.

LEISURE, RETIREMENT AND THE ANTI-CHRIST

Now while we have your attention let us discuss what is termed on your place as **LEISURE**, defined as: "1. Freedom from the demands of work or duty. 2. Time available for recreation or relaxation. **At leisure**, 1. Free from pressing obligation. 2. Unoccupied; not employed." Now we will define **RETIREMENT**: "**To Retire**, 1. To go away or withdraw, as for privacy, shelter, or rest. 2. To go to bed. 3. To withdraw oneself from business, public life, or active service. **Retired**, 1. Withdrawn from public view; solitary; secluded: a retired life. 2. Withdrawn from active service, business, office etc."

Both of these terms imply a chosen state of NON-ACTIVITY in regard to that which you ones have termed as WORK or PRODUCTION orientation. Now there are of course various ways in which you ones define and utilize your "leisure" time. Some of you consider that playing a game or sport, such as bridge, baseball or golf is how you will spend your NON-productive "work" time. This would be termed "active" leisure, in that you are doing something either physically and/or mentally "stimulating" which you do for "fun" or "enjoyment." Others of you will consider "leisure" to be watching television or going to a movie, taking a nap, or lying in the sun, which we would term "passive" leisure in that you are seeking entertainment or relaxation in which you need DO nothing except be entertained or sleep. Ones who are addicted to DOING nothing, or NON-THINKING we will call, "Leisure Lizards." (No offense to the beauteous creatures called lizards, of course.)

Now we are not saying that these leisure activities on non-activities are necessarily evil. The point we are making is that most of you have stifled your creative potential within by choosing work which you can't wait to be done with so that you can go leisure yourselves in self-indulgent apathy and pleasure-seeking. Now, are we saying it is wrong to do things besides "work" which you enjoy or to simply relax when you are

tired and stressed? NOT AT ALL. But you ones have been programmed to become addicted to NON-PRODUCTIVE LEISURE because many of you choose work which is unfulfilling simply because you wish to MAKE MORE MONEY so that you can hopefully RETIRE early and WITHDRAW from societal PRODUCTIVITY. Of course the "ELITE" have definitely encouraged this sort of NON-thinking, leisure, retirement orientation. Ones who become retired will say such things as, "I'VE worked hard to have this freedom to play." Or "I'VE paid my dues and I'VE earned this retirement." Alright, precious ones, ONLY HOW CAN YOU continue to play golf and travel while your world crumbles around your feet? "Having FUN" has become the great American pastime. This is a MULTI-BILLION dollar "DISTRACTION" business of KEEPING YOU APATHETIC TOWARD ILLEGAL AND TREASONIST GOVERNMENT POLICIES, TOTALLY PREOCCUPIED WITH SELF-CENTERED PLEASURE-SEEKING and FAST ASLEEP while your freedom is slowly STOLEN from you. You ones who are NOW working to enjoy "leisure" and toward "your" retirement, will have quite a RUDE awakening when your CONSTITUTION is GONE and THE NEW WORLD ORDER is completely in place. The only work you (who survive physically) will be doing for your bare survival will be for the ANTI-GOD which rules your governments. And the terms "leisure" and "retirement" will remain only in your "dreams" as you agonizingly long for your freedom...and it is lost! Ponder this carefully, precious ones!

The time is NOW to bring back and maintain your freedoms under your ORIGINAL CONSTITUTION! You ones no longer have "time" to "play" and BE NON-PRODUCTIVE. YOUR BROTHERS AND SISTERS WHO ALREADY ARE IN SERVICE TO GOD and TO HUMANITY NEED YOUR HELP TO CHANGE THIS CIRCUMSTANCE NOW FALLING IN UPON YOU! **WAKE-UP RETIRED PEOPLE OF AMERICA!** YOUR GRANDCHILDREN NEED YOUR SUPPORT IF THEY ARE TO HAVE LIFE AND FREEDOM! WILL YOU ASSIST THEM, THEIR FUTURE AND GOD? OR will you simply close your eyes, think only of YOUR "earned" retirement and go back go your golf game? GOD/ATON awaits your decision!

When you unfold those gifts of God which you each have WITHIN to serve HIS WILL which involves serving your brethren, you will write "retirement" out of your vocabulary. You will have accessed BY YOUR DESIRE TO SERVE GOD, YOUR SPIRITUAL CREATIVE POTENTIAL WITHIN. You will become most fulfilled in your service, and although you may require leisure time for communion and enjoyment of GOD'S gifts upon this creation, you will return to your "work" or "service" with JOY. We know for many of you this seems as only an ideal. Now it may seem so, only REMEMBER THIS: WHEN you align your being IN SERVICE TO GOD/ATON, not only do you become creatively fulfilled, you become a responsible, conscious Co-CREATOR OF LIFE OF GOD! That is FACT, precious ones. You need only remember...and then will LIFE BEGIN for you.

One more thought. Many ones when they begin their "service" find that they are surprised by or not satisfied with that which they are given to DO initially. GOD often first tests that which you are WILLING TO DO FOR HIS SERVICE. **EVERY JOB OF ASSISTING GOD'S WILL, FOR EXAMPLE, IN GETTING THE WORD OUT, IS IMPORTANT!** You who are able to volunteer and do so willingly, without expectation, are most blessed indeed. And you who willingly DO the daily tasks which must be done, without complaining, and seeking a "greener" pasture are too most blessed. But you who are given a task and serve "grudgingly" until something BETTER comes "up" need to carefully ponder WHOSE WILL YOU are serving. We suggest YOU NOT limit that which GOD WITHIN is unfolding FOR YOU. YOU ONES MUST STAND UPON YOUR OWN TWO FEET WITH HONOR AND INTEGRITY AND UNITY and STOP the petty games and hypocritical words and actions...OR YOU WILL CAST YOURSELF OUT OF GOD'S SERVICE, AND THEREFORE, OUT OF GOD'S KINGDOM! So Be it.

May these words bring clarity and understanding of TRUTH to you, precious chelas, that you become each empowered with WISDOM and KNOWLEDGE of that which is YOUR GIFTS OF GOD FOR

HUMANITY. WE HONOR YOU AND GOD BLESSES YOU EACH ONE! Thank you, precious Druthea, for your service. God holds you safely within HIS wings of LOVE and TRUTH and PROTECTION. We are Sananda, Lord Michael and St. Germain, YOUR HOSTS, sent of and in service to God/Aton and The Creation. Salu.

LESSON 7

ACCESSING GOD/ATON WITHIN TO SUCCESSFULLY ACHIEVE GUIDANCE FOR COSMIC WISDOM, BALANCE AND TRUTH

Greetings precious chelas. WE are Sananda, Lord Michael and St. Germain. We come in the service of the LIGHT of our Most Radiant ONE, and thus to you, our brethren. We give honor to Druthea for receiving this message in behalf of GOD WITHIN ALL. Let us begin.

We, of the HOSTS of God, within HIS Cosmic Council are most pleased to present an opportunity of self-understanding this day. Druthea's "counterpart" has given permission (albeit somewhat reluctantly) to allow herself and her life to be shared as it relates to a current life "circumstance" which she has before herself to face and make decisions about and which she has found to be most difficult and uncomfortable. Now, one reason we have asked her to share this circumstance is because it is one which many of you ones can "relate" to in your similar day-to-day challenges. The other reason is that SHE has asked for GOD within to guide her actions and decisions that she may act with balanced "integrity" and honor toward self and GOD. We would like to outline the circumstance, her guidance, her decisions and where all of this has brought her awareness to. Now you might say that we are "Feeding two birds with ONE worm" (a more loving cliché, don't you think?) in that by walking you ones through a process of creative unfoldment towards personal responsibility and understanding, you will have an example to assist your understanding as you begin YOUR OWN accessing abilities within you.

Now the reason Druthea's counterpart is somewhat reluctant to show her circumstance as example is that she perceives herself and her "personal life" to be very private, and she is one who deals with and solves her own "problems" without "talking" about them with, but one or two most trusted human "others." MANY of you feel the same way. It is because parts of the process of the unfolding of this circumstance are most painful and frightening to her and she doesn't want anyone to know that she feels most vulnerable that therefore she might be JUDGED in some way lesser or unworthy. Our point is that YOU ALL have had and still do have your moments when the circumstances set before you seem quite like insurmountable mountains of impossibility, or they feel like unfair amounts of burden that you are not "prepared" for. There are two items I will share and suggest for you ones before we "tell the story." First, remember that YOU create EVERY circumstance that is set before you. They are OPPORTUNITIES for you to exercise RESPONSIBILITY in your spiritual creative unfoldment and to also bring forth into the light the "demons" from the dark corners of your own minds. God does not give you more than you agree to "handle." Secondly, while we tell the story, call forth your GOD-self within to walk in the shoes of Druthea's counterpart, who we will call Drew, that you may experience WITH her, in UNITY of understanding the process of CONSCIOUS SELF-DISCOVERY.

We will begin now by explaining that this beloved child of God experienced a relatively happy and somewhat adventurous childhood until she reached the age of eleven-years. She was quite active, curious, independent and one who loved nature, animals and creatures of most all kinds. She had two younger sisters whom she often avoided in that she preferred to play and be alone or with certain friends of her choosing. Her mother stayed at home and was quite the loner herself, spending most of her time reading and doing household chores. Her father traveled frequently for his business, but was generally home on weekends. They moved frequently while she was very young but then settled for several years in a small, quiet, lower middle class community.

When she was eleven-years of age, her parents announced to all of the girls that they were going to get a DIVORCE. This is the time when many severe emotional, psychological and physical challenges were most abruptly put before little Drew and her family. Her mother maintained custody and within a period of roughly eighteen months Drew's father applied for and received a transfer completely out of the United States, was remarried to a much younger woman and had started a "new" family. Meanwhile within that same period, Drew's mother sold their once "happy" home, moved to an apartment in a new and bigger town and her mother began working for the first time in her life. Within three years of the divorce, her mother had developed a severe alcohol problem and sought the "company" of many men, most of whom she met in bars. Their "quality" of life fell considerably and little Drew who was now fourteen-years-old began for the first time to lose interest in school, which prior to this time she enjoyed and achieved above average ability. She, sought the company of "older" friends and began her own self-destructive pattern of behavior. Their father visited quite occasionally and mostly he would write letters and occasionally call. As you are beginning to see, the consequences of feelings of extreme rejection by mother and all three children became most destructive.

We would like to add herein that both of Drew's parents were "only" children. Both came from divorced households. Drew's mother is a most fragile and highly creative soul. She had a domineering alcoholic mother and she found it very difficult to integrate within this "harsh" world. Drew's father is a man who is a master at hiding from his feelings and running from his responsibilities. He has grown more in understanding his responsibilities but is generally quite consciously unaware and ignorant of the emotional turmoil to his "first" family caused by his actions early in his marriage and thereafter.

When Drew was barely fifteen-years of age, she met and fell "in love" with a much older man than she. When she came home 30 minutes late one night from a date with this one, her mother, who was drunk and with a man, told her that she would have to leave if she would not adhere to

the curfew rules. So Drew left and the next day while her mother was at work she went and gathered her belongings and "moved in" with her boyfriend and his mother.

Now we will move forward in time. Drew eventually broke-up with this one and had several boyfriends after, but managed to still attend and graduate from high school six months before her class. She worked at various jobs, took care of herself and spent several years occasionally dating, but mostly alone. Then she met a most special, loving and generous man who would later become her husband. She began, with his love, allowance and support, her "healing" and "forgiveness" process. She saw very little of either of her parents. But she did remain in contact with one of her sisters. Finally after over five years of no contact with either parent she agreed to come to her sister's wedding where her father and his family were invited. Shortly thereafter she and her sister went to visit their mother who now lived in another state with her own step-mother and worked as a bookkeeper.

Drew and her sister were most distressed to witness the deterioration of their once beautiful mother. She had been diagnosed as having emphysema from years of heavy cigarette smoking and high blood pressure. Although she was only 47-years-old, her hair had gone completely grey. She was perhaps 50-60 pounds overweight, and found it most difficult to walk even a few steps without stopping to try and "breathe."

Now this visit was over four-years-ago. Since that time her mother has deteriorated to the point that she now must use oxygen nearly all the time. For Drew and her sisters, there had been acceptance and understanding, but no real urge to do anything other than maintain contact by phone or letter and visit when they felt they could.

It is interesting to note that in spite of the apparent adversity of their "growing up" situation, two of the three daughters have found for themselves relative happiness, secure marriages, and financial independence.

The third and youngest daughter now lives on welfare, is separated from her husband, and has three children to care for.

Now begins the current challenge for Drew. Three weeks ago or thereabouts, Drew called her mother to chat. Well she (her mother) was quite depressed because of her physical deterioration and was afraid that she may not be able to work much longer. Also, she felt uncomfortable around her step-mother who seemed to view Drew's mother and her condition with much inconvenience to her "life-style" as a swinging single grandmother. Well, Drew has not ever been able to really speak openly about her feelings to her mother. So after listening to her mother, they hung up.

After much pondering and asking GOD for assistance, Drew decided to discuss her concerns about her mother first with her sisters. Her middle sister said outright that she was not willing to take care of their mother in any physical capacity, but she, would contribute financially if necessary. The youngest one, of course, had not the resources to do either. So Drew decided to discuss with her husband the possibility of bringing her mother to their town, getting her an apartment (so all maintained privacy) and someone to care for her. Her husband most generously agreed to help in this way. All is well so far.

Now Drew is guided by GOD within to write her mother a letter and express her feelings. Drew agreed and asked God's assistance because she truly wished to express her feelings of forgiveness, understanding and compassion to her mother and wanted it be as she requested, "The way YOU would speak to her Father God/Aton." Well she wrote a most wondrous letter expressing her knowledge of the Power of God within, her feelings of love and forgiveness toward her mother, her knowledge about dis-ease and how she could offer help if her mother wished to heal herself. Lastly in the letter she told her mother that she is welcome to come and live close by and that she would be cared for by and be closer to her three daughters and grandchildren. With much concern that the letter would be received by her mother with the same understanding and love that she hoped was projected, she sent it off.

For over two weeks, Drew wondered how her mother would respond to the letter, and hoped that she (her mother) would not make it another reason to flagellate herself. Finally after nearly three weeks, Drew received a response from her mother in the mail. With great anticipation she opened the letter. The first line read. *"I apologize for not responding sooner to your MARVELOUS letter."* Drew breathed a sigh of relief (after first mis-reading the word "marvelous" as "malicious.") As she continued reading she was filled with JOY for finally being able to communicate her feelings and have her mother respond in kind. At the end of the letter her mother said, *"Your generous offer of a home, a stepping stone on the troubled waters of my life is... Well I can't begin to find words to describe my gratitude to you, all of you. I really don't want to be a burden, ruin marriages or cause heart ache to anyone in my family. Your offer does make me feel safer and better and I would like to be closer to all of you so I guess we will cross that bridge when we get to it...In the meantime please know how much I appreciate your incredible offer, your forgiving nature is a real tribute to your strong character. I am very proud of you and love you very much. Love, Mother."*

Well, I can see that we have a variety of responses from you readers. I will tell you what Drew's response was. Relief mixed with feelings of *"oh gee, I could actually become responsible for her care!"* You see, she wrote the letter to her mother exactly the way GOD WITHIN guided her to do so. She was actually quite *emotionally* detached and removed from the letter she wrote. At the time she TRUSTED God that it was the right and responsible action to take. Now she finds herself somewhat in a quandary about whether or not she "can handle" the responsibility. She knows that what she now must do is TRUST the outcome of this situation to happen according to the WILL of GOD whose will she entrusted this decision with in the first place. She carefully explored as many options as she could think of and with God's guidance she decided that FOR HER MOTHER the decision to offer her assistance and a place close by was the best one.

What you ones must keep in mind is that WHEN you put YOUR WILL into GOD'S WILL, your life proceeds along on the path of BALANCE and INTEGRITY. It is only your "altered" ego consciousness that questions, worries, fears and feels "burdened" beyond desire or capability. The POINT is that it is NOW up to her MOTHER as to what SHE will decide to do. The whole reason that GOD WITHIN suggested Drew write the letter was so Drew could RELEASE and OFFER FORGIVENESS which she had truly felt only had been unable to "verbalize" before.

You ones can only imagine what it was like for Drew's mother to receive that letter from her daughter. Her "guilt" was so extreme for her perceived heinous "errors" that she could not live with herself, thus the slow and painful self-destruction of her body...and her life. Well GOD's forgiving hand was present within that letter and HE spoke to HER spirit, and the RELEASE was incredible to watch in that dear beloved being. Will she choose to heal and live on here? That is between her and God. Just know that when you offer the sincere hand of forgiveness, and it is accepted that the release works for both the forgiver and the forgiven. Even if the forgiveness is not accepted, the forgiver is always released by the power of GOD, The SPIRIT OF LIFE WITHIN. You ones who read this letter will note that there is NO BLAME placed against the mother. You ones must really learn to LET GO of your crippling attachments to the destructive emotions of resentment, hatred, self-criticism, fear and blame.

Druthea, precious beloved chela, you have been most courageous and we have seen your tremendous growth beyond your self-centered, self-perceived limitation of emotional protective shield. It is a most blessed JOY to witness this blossoming and to share this with your brethren. She finds it most difficult to accept this honor publicly...She feels as though she is in "group" therapy! GOD KNOWS that she once again KNOWS and FEELS THE POWER of HIS LOVE WITHIN HER...it has been a long, difficult journey, chela, to overcome this self-challenge. Are you ready for the next? (She laughs).

Now for you ones reading and sharing. Are YOU ready to overcome your emotional attachments of the "altered" ego Adversary? Are you ready to BE responsible for YOUR lessons and NOT CONTINUE to BLAME ANOTHER for PAST DEEDS which YOU created and also allowed to cause you pain? ARE YOU WILLING TO STOP choosing to sabotage yourself by continually re-creating and/or re-living the circumstance because YOU have been unwilling to LEARN the lesson and RELEASE IT? What memories have been stirred, chelas? Are there emotional feelings or detached observation? We suggest you each commune with OUR Father WITHIN and perhaps, you will find it beneficial to WRITE down your feelings to yourself and to those whom you perceive have caused you "pain." For many simply being able to verbalize your feelings completely without interruption is most therapeutic even if you do not send the letter to anyone. Are you ready for freedom from your emotional crutches? Are YOU ready to HEAL THE INNER CHILD and TRUST GOD'S WILL AND BECOME COMMITTED IN HIS SERVICE ONLY? MAY THE POWER OF GOD WITHIN EACH OF YOU BE ALLOWED FULFILLMENT IN HONOR TO SELF IN TRUTH AND BALANCE THAT YOU EACH FIND THE TRUE FREEDOM OF INNER PEACE AND JOY WHICH IS GOD'S WILL AND THUS, ONCE AND FOR ALL, FILL THE "VOID" OF ILLUSION OF SEPARATION...FOR WE ARE ALL ONE! SO BE IT AND AMEN.

Now we hope that you ones choose to see this opportunity by example for healthy change within. THIS inner "therapy" must not be made into an excuse to wallow around in self-pity and self-flagellation for past "errors." You must ask God's direction, DO what HE advises, and MOVE ON. Consider this a sort of "psychic" surgery which leaves NO scars. You are learning to ACCESS consciously, the POWER WITHIN OF GOD'S assistance removing what does not BELONG to the SPIRIT OF LIFE OF GODLINESS. Nothing more and certainly nothing less.

Druthea has given permission to share where it is "needed." "Drew," of

course, wants to be like the "ostrich" and hide her head in a hole. Precious one, you can hide your head but the rest of you is still well exposed! Why not instead stand tall with your beautiful head above ground attached to your body in wholeness so that you are available for others to share in the gifts of tremendous LIGHT of GOD which you carry within! So be it.

Before we close, we wish to give honor and tribute to one, Kathleen Brook who recently made her transition from this plane. She was a beloved friend of many years, to Druthea and her husband. On the yesterday they received a beautiful card with her picture in the front, a memorial from a friend of hers. It read, "*Dear Friend, I thought you might want a remembrance of Kathleen. Her words are very special and she would want to share them with you. Sincerely, E.H., Kathleen's Gentleman Who Loves Her Very Much!*" Within the card are two beautiful quotes from this special and perceptive one, Kathleen, which we will share herein:

"Problems are opportunities to stir up God's gifts within us. A vehicle to draft forth our innate potential into action."

"Learning how to live in the greatest peace, partnership and brotherhood with all men and women of whatever description, is a moving and fascinating adventure." — Kathleen Brook.

Kathleen was 43-years-old at her passing. She was a beautiful, gentle soul who experienced and overcame much emotional heartache. Druthea remembers her as one who all she ever really wanted was a man in her life who LOVED her unconditionally and without restrictions to her spiritual growth and independence. Druthea regrets that she had not spoken to Kathleen for some months and did not know she had a friend, E.H., "*A gentleman who loves her very much!*" No regrets, chela, for it is true that Kathleen finally received the love that she so deserved, yet denied for herself for much of her life. Kathleen is greatly loved by many upon your place and she will be missed by those of you who

remain. She is WITH GOD, chelas, for she was of purity in spirit. Thank you MR. E.H. for loving her as she so deserved!

With gratitude and appreciation to ALL of you, precious ones, we move to stand by. We are your HOSTS of GOD, Sananda, Lord Michael and St. Germain. We come from within the Cosmic Council of GOD OF LIGHT, ATON, to bring you, THE FAITHFUL AND TRUE, HOME TO GOD'S KINGDOMS. We humbly await your decision. Know that WE LOVE YOU GREATLY and BEYOND WORDS TO DESCRIBE. You need only ASK GOD, DESIRE TRUTH, WISDOM AND BALANCE AND TO SERVE ONLY WITHIN HIS WILL AND IT IS GIVEN! With "time," with the use of your own logic and reason, EACH of YOU WILL KNOW AND LIVE THIS TRUTH! SO BE IT! Salu.

LESSON 8

THE HEALING POWER OF FORGIVENESS

Greetings precious Druthea. I AM Sananda. I come in the service of Holy God/Aton of Light, and to you, my brethren.

We, of God's Hosts, are most pleased to see that many of you ones are beginning to understand your power, your power to forgive self and others...to release the pain you hold within. The path of forgiveness often seems most difficult...at first. When you begin to see yourselves in Unity, in Brotherhood, you will find that ALL of you have made similar errors and have attached to yourselves many uncomfortable regrets for past circumstances. All of you have punished yourselves, often without mercy. It is time to HEAL, precious ones. Heal yourselves and this wondrous and beautiful planet which has allowed you to play your games of folly upon her skin and within her atmosphere. It begins within YOU, each ONE.

Druthea finds herself most exhausted from her emotional turmoil of these past days of being able to come to understanding about and release some of her fears. This is what living in fear will do to you, exhaust you, and eventually, **if it is not faced and released**, it will drain the life-force of GODLINESS right out of you. What I would like her to know is that her HEALING has begun with a "big bang" and still she fears that her allowing of the sharing of her life circumstance will not make a difference for others. Her feelings are common among you who read this. You often wonder IF you can really make a difference. I will tell you most emphatically, YES!! Remember that you must follow through and trust GOD'S WILL will BE DONE! Your "perceived" exhaustion, precious, is also a part of your healing process right now, you are releasing many

inner dragons and they fight a losing battle to stay in power of your being. Fear not, little one, GOD'S Golden wings surround your being and you are protected and guided by HIS hand and HIS love. It will not be much longer that you hold fear and doubt within you, for these are emotions of "altered" ego, the adversary to GOD. Remember this, as each one of you increase your integrity of spirit through your thoughts, words and actions and begin to fully recognize your responsibility and creative abilities, so too will your power of GOD within you become an ever BRIGHTER LIGHT UNTO THE WORLD. Know this Truth, my precious brethren, for I speak most heartily to ALL of you who partake of this document.

To **forgive**, "1. To grant pardon for or remission of (something). 2. To cease to blame or feel resentment against." Now that the definition is clear, perhaps your understanding of the power of this action within you, **forgiveness**, will also become clear to you ones. If you can see the other, the perceived "perpetrator" against you as a part OF YOU, there to show you something, teach you something that as yet you have not understood, then perhaps you will more readily seek the understanding of that which the actions of the "other" offers you. Even if the lesson is simply self-forgiveness, and rather than blatantly punishing yourself, you instead create the self-punishment to come from another who lives your same drama of punishment. You ones have become most ingenious at masking your perceived unworthiness within. We, of your hosts of God, feel it is high time that you recognize and understand that which you do to remain in denial of yourselves and your responsibilities and separation from your Creator. Do you agree?

Now, the power of forgiveness leaves no "substance" upon which fear and doubt can breed itself. Destructive fear and doubt emotions will starve within your being and then return to their source until the source of the adversary "thought" is devoured by itself. It will no longer have a comfortable "home" within your realm!

Perhaps it helps to have a "vision" or a "glimpse" of where you wish to

be in your understanding. And since for many of you it is difficult to imagine what life will be like when you attain Conscious Immortality within the realms of God, you often are uncertain of what your GOALS need be and it may also cause you to feel fear of that which you perceive as the UNKNOWN factors. It becomes much easier to remain attached to the old, addictions behaviors, lifestyles in that they are much like a comfortable old chair which you may not want to venture out of to see if perhaps you might experience a different chair, or maybe life without a chair at all. Even though the chair eventually becomes most tattered and worn and less comfortable, you ones often choose to remain in discomfort in that which you feel SURE about in your conscious reality. If only you will just examine that old chair carefully, and really see that you are attached to it because of your fear and then decide to let it go in your mind as "need," then the new can be allowed entrance into your reality. This is what is meant when we discuss placing your trust and faith into that which is GOD'S WILL of BALANCE and HARMONY. You are ALLOWING your true HERITAGE of GODLINESS WITHIN to UNFOLD your creative potential and opportunities, KNOWING that when YOUR will intent is GOD's will that ALL experiences will unfold in the perfection and JOY of discovery!

This is why, when ones ask what THEY are to do, we must most often decline to give FUTURE interpretation of YOUR life because GOD is unfolding it for each and each makes the choices of whether or not he will accept those opportunities which God Within presents in order to fulfill his divine potential in service to GOD. Often ones resist unfamiliar CHANGE and so circumstances change for GOD WITHIN continues to offer opportunities, and most often the case is that when "push comes to shove," ones refuse to see the opportunities presented them by GOD WITHIN and so deny the experience its fruition of unfoldment. Remember the statement that has been made often is "Many are called; FEW are chosen." Who chooses? YOU DO! What are you choosing? SERVICE TO GOD AS A PORTION OF HIS CREATIVE UNFOLDMENT AND EXPERIENCE as opposed to service to self and therefore adversary since adversary seeks only to feel itself SUPERIOR to GOD

and thus DESTROY that WHICH IS of GODLINESS. To be in self-centered adversarial "reality," ones must deny that GOD essence which exists within and live in a perception of individual separation, as an island of will, HIS OWN "altered" ego will. By the denial of ONENESS, the adversary becomes like the errant child who denies responsibility so that he can DO things HIS way, even though his way eventually destroys ALL of his toys which GOD has given him in the first place.

Do you see, precious chelas, when YOU deny the power of GOD's existence WITHIN you, you LIMIT your scope of experience because YOUR DIVINE SPARK of creative potential is DENIED its full inheritance. And as you will discover, limitation of that which you ARE becomes quite painful to your inner spirit which pines for freedom from its chains of limited perception. This is why when ones are examined who are considered very EVIL by their actions, you will often find that this one's spirit has shriveled to near non-existence in order to allow room for EVIL adversary self-nurtured energy to control the body vehicle. Now, of course, you are finding that the adversary has used and is using synthetics, clones and robotoids to do its evil. What better subject than one who has NO spirit of LIFE breathed into it by Creator! Adversary essentially has puppets with which to program its will to do its total bidding, NO SOUL CONSCIOUSNESS exists within these "puppets" to change its mind later!

So then is it wrong to "dream" and "vision" the way it could be to be in harmony and balance? Of course not. Simply recognize, precious ones, that you cannot place limits upon yourselves through your visions because you are yet unfolding that which YOU will create to be in harmony and balance. And much of the JOY and FULFILLMENT comes when your purpose and creative abilities, for example, are unfolded in GOD'S divine "time" through the power of GOD within you! This is why we suggest that you not spend so much time in worry and concern over your FUTURE. In order to keep yourself in THE NOW unfolding before you, we have suggested that you, as a part of your daily communion with God say simply, "Please show me and tell me, Father/Mother

God/Aton, that which I need to know at this time in order to sustain myself ONLY within YOUR service. And in ALL things and circumstances brought before me, Father, NOT MY WILL BUT LET THINE WILL BE DONE! With your intent true to that which you of the Father, THAT WHICH YOU NEED IS ALWAYS GIVEN. Then of course you must maintain the TRUST and FAITH IN GOD WITHIN YOU to unfold ALL for you in perfection and so too give you the strength and tools you need to fulfill HIS WILL WITHIN THE DIVINE PLAN. Let us define Trust, "1. Confident reliance on the integrity, honesty, or justice of another; faith. 2. Something committed to one's care; a charge; responsibility." Faith, "1. Confidence in or dependence on a person or thing as trustworthy. 2. Belief without need of certain proof." We would most humbly suggest that the only being you need put your complete faith and trust in is GOD who exists WITHIN you. You ones will certainly need to learn to access and recognize GOD'S POWER AND ENERGY WITHIN and those of HIS HOSTS whenever GUIDANCE IS GIVEN! This is why we often explain the necessity of CLEARING YOUR SPACE OF ALL DARK FRAGMENTS AND DEMANDING IDENTIFICATION IN THE NAME OF HOLY GOD! It becomes easier to do in time when you make it a part of your daily communion. This brings us to our next subject of assistance and reminding.

Remember we discussed the three D's? DESIRE, DEVOTION and DISCIPLINE. To heal the INNER CHILD, one must understand and apply the principles of the three D's, ON A DAILY BASIS! Not just every so often when you happen to feel like it. What is your goal? ARE YOU NOT IN TRAINING FOR CONSCIOUS CO-CREATION AND SELF-RESPONSIBILITY IN GOD'S REALMS! If this is your intent of goal to achieve it is a very serious commitment which you must work towards in every conscious moment of your existence here. EVERY moment counts; EVERY circumstance offers an opportunity to bring you closer to GOD. Please remember this, precious ones. This IS YOUR moment to act with integrity towards self and all others. If you error, you must first recognize it as error before you can make the necessary CHANGE within to correct the error. And then, you can depend on this truth...you will be given another

similar opportunity to TEST your level of understanding and of integrity of Spirit. The testing will be constant, chelas, that you may earn your way, rightfully, within the realms of GOD. There is no short-cut except through understanding the knowledge and wisdom which the circumstances of each of your "lifetimes" has offered you. Remember, I, Sananda, have been given this label by My Father because I have EARNED it through MY initiations of opportunities presented to me. Be thankful for the lessons, bless each one which is granted to you for they are opportunities for SELF understanding and for KNOWING GOD within.

I will share with you a little secret. Although The Red Road of Truth may seem difficult at first, as you continue in YOUR DESIRE, DEVOTION and DISCIPLINE towards reaching GOD's realms, you will find that although there will still be obstacles before you, you will find them to be much less bothersome or distracting to you. They will no longer have power OVER YOU. You will simply step over them or walk around them or make them vanish before your eyes! THE OBSTACLES WILL NO LONGER HAVE THE POWER TO PARALYZE YOU IN FEAR. They will simply not concern you or will, instead, offer you a healthy challenge which YOU have asked for and welcome. So be it.

I trust that I have brought further understanding and clarification to you ones that you may be closer to the INNER PEACE which TRUSTING IN GOD allows you to have. Thank you, precious chelas, for your attention. Thank you, Druthea for your service. I AM Sananda, ONE WITH GOD Within The Creation. Salu.

LESSON 9

ALL DAYS ARE HOLY, THEREFORE, MAKE EVERYDAY AN "EARTH" DAY

Greetings Druthea. I AM Sananda. I come in the service of Holy God/Aton and The Creation. Thank you for your attention.

Sometime during your middle 1960's, there was started something you ones called EARTH DAY. One day was chosen that ones would honor Mother Earth and awareness was encouraged about the destructive actions of humans toward Earth, such as the use of fossil fuels which contributed to various forms of pollution, disposal of garbage and polluting industries. This one, Druthea, remembers that in her school it was organized that ones who so chose, would not take the busses but instead would walk to school to show their support of Mother Earth.

This one lived some ten miles from her school but she and several others were most anxious to help Mother Earth by walking together. It was a small seed planted toward encouraging awareness and responsibility of self-centered human toward the rest of this Creation in which also sustains physical human life.

Now you have many so called "green movements" which claim concern about the planet. Some of them are quite militant, some concern themselves with education. Most all are controlled by the Puppet Master, the Anti-Christ, in which behind the facade of goodness and concern for Mother, the adversary weaves his destructive web. You see, the adversary USES the goodness and concern which exists within the ones who become involved in these organized structures because they truly wish to HELP and take responsibility. Most do not know that they are used to

bring more support to the adversary that he may gain ever more control of you ones. We have explained to you ones that you discern your enemy against life which exists now most blatantly within most all government and other organized structures of your cultures. The "green movements" are NO exception.

So now what can you do? The first thing to remember is that EVERY DAY is HOLY in God's Kingdom, therefore make EVERY day one in which you HONOR and BLESS and express your gratitude to Mother Earth for sustaining your physical life and, also, you must consider her needs. Just as EVERY DAY you HONOR and Bless and express gratitude to GOD/ATON for breathing the spirit of LIFE within you that you may give THE ONE more opportunities for WONDROUS Creative Unfoldment and JOY in LIFE. How do you assess the "needs" of Mother? Realize first that healing of Mother Earth BEGINS with the healing OF YOU. Each ONE of you who chooses service to God's Will must release all illusions that bring disease upon your beings and separation from your source. You cannot heal for another; you can assist the healing of another by taking his hand in brotherhood and extending the love and gentleness of the Father/Mother God within you. Most who now suffer in the body physical are simply so very STARVED for love and they know not that the power to change and heal exists within them. The most difficult action for all of you to take is one of acknowledging your fears and facing the mirror of truth within you. You will find that as you forgive and release your "negative" illusions of self that you will be unable to support "negative" behaviors of self-deception in others. This does not mean that you must walk about in self-righteous indignation and FORCE another to see himself the way YOU perceive is truth, even if it may be truthful perception. Realize that what you witness in the behavior of another you have been or still are. So it is also true that that which you admire most within another exists, perhaps yet unblossomed, within yourself. So what must you do to not support the adversary in yourself and in another? Ask GOD to show you that which you need to know for understanding. Ask God how you must "handle" every circumstance which comes before you. Then you must be WILLING to TRUST HIS WILL and LISTEN carefully to that which He tells you.

For example, many of you ones scream within for attention and acknowledgement from your human brothers who exist within or even beyond your circle of experience. The inner child most often suffers from rejection of self and unworthiness in one who constantly seeks approval outside of God within him/her. How do YOU respond to one who walks about in a dither in perceived self-hurt and rejection? Do you ignore this one? Do you become irritated or angry with this one? Or do you see YOURSELF in this one and become afraid? We have observed all of these as well as similar responses. Now "ignoring" and becoming angry with the troubled one are often simple responses of FEAR and DENIAL OF SAME, although ignoring the troubled one may simply be preoccupation at the time of observation of behavior and desire to ponder the situation more fully at a more convenient "time" frame.

Now another choice of response (the choice we would recommend in most cases) would be to (as soon as is possible within the circumstance) gently confront this one privately about your observation of the behavior exhibited and offer to listen to that which is troubling this one. In other words, LOVE that little hurt CHILD that it feels safe and comforted. Now if the one chooses to DENY his/her feelings and not trust you to share, then know that that one is most fearful and attached thereof to his fear and feelings of vulnerability, perhaps from past "perceived" betrayal of trust, by another. You can do no more than offer your hand of caring friendship and understanding in honor and integrity. You cannot force one to release of his fear and share his feelings.

Then, in either case, you must, gently but firmly, let that one know that which you have observed about their behavior, that they may have the opportunity to hear the truth within their own troubled being...and perhaps begin to face self and release the denial they hold tightly onto.

If ones continue to use **their denial** as a form of emotional manipulation and even emotional tyranny of blame, punishment and "poor me" mentality, then they will either sabotage themselves so that you ask them out of

your presence until they come to terms with that which they do, or they will leave upon their own accord if continually confronted with the truth about their "self-centered, manipulative and blame-oriented" behavior and still find themselves **unwilling** to confront and release the behavior.

The same sort of analogy can be made for this Earth transition which is now occurring. All human souls will ultimately make a choice about whether or not they are willing to move with grace and integrity toward ONENESS with God. Those fragments of the ONE who **choose** to play the self-deceptive games of the adversary and also break the Cosmic Laws of Balance of God and The Creation will eliminate themselves from "graduation" class to God's higher realms of experience. Perhaps this helps you understand why we of The Hosts have often stressed the importance of self-confrontation, as well as monitoring thoughts, words and deeds that you learn to recognize those thoughts and behaviors that hinder or even obstruct your path to God, so that you can release them. At the same time, you ones can truly assist one another **when** you act with integrity and pure intent to actually **ASSIST** understanding by communicating honestly with a "perceived" troubled one and not instead condemn this one for reasons often involving "altered" ego self-righteous superiority. As you practice with each new circumstance your positive communication skills, you will find yourselves lifted within a whole "new" level of human/spiritual compassion and understanding which will reward you with a sense of **INNER PEACE** and **BALANCE** which has often eluded you ones in your daily interrelationships with one another.

May The Truth of GOD be accepted by YOU of His Fragments that you find the doors of inspiring possibilities opened easily within you. I give honor to you of my brethren who truly **DESIRE** and thus find fulfillment in serving **GOD'S WILL**. Your rewards in His service are limitless and beyond your conscious comprehension. Thank you, precious little sister Druthea, for your service. I AM Sananda, ONE with GOD, in service to the **HOLY Divine God/Aton** and The Creation. Adonai and Salu. I love you ones greatly and am humbled to be of service to Our Father and to YOU, my brethren. Walk in Peace.

LESSON 10

FRIENDSHIP AND THE PATH TO ONENESS

Greetings, precious Druthea. I AM Sananda. I come in the service of Holy GOD/Aton of **LIGHT** and to you, my brethren.

Often ones, including your Hosts of God speak about the concept of "friendship." For many of you friendship brings to mind various meanings and experiences. This term often holds special meaning which may be very different with each of you, considering your experience of understanding relating to this label.

First let us define the term **friend** as it is given within your own dictionary: "1. A favored companion; intimate. 2. A valued associate or acquaintance. 3. One with whom one is united in some purpose, cause, etc. 4. A patron or supporter." You can see that by your own definition friendship is defined loosely to mean casual and informal acquaintance or supporter who you share interests or business with. It can also mean a very "intimate" companion which one could imagine as either a "sweetheart" or marriage partner or even a close personal "**platonic**" (purely spiritual, or devoid of sensual feeling) companion.

Generally, you ones like to classify and comprehend most everything into levels or degrees, including friendship. This is usually reasonable as long as it is done within self to allow focused understanding about your self-created limitations and as long as it also allows positive focus on what are YOUR priorities, and commitments in service to GOD, THE ONE. Ideally, ALL "friends" or "associates" within your circle of experience must contribute to THE SAME priorities and focused intent, most **ESPECIALLY** when the priorities and focused intent are **CLEARLY**

INTENDED TO BE IN SERVICE TO GOD, to receive maximum benefit of successful achievement of defined "goals." If even ONE fragment demands an inordinate amount of energy from the WHOLE to achieve self-centered acknowledgment and attention from THE WHOLE, then THE WHOLE becomes much lessened in its ability to achieve GOD'S will in balanced harmony. The balance must be made for the integrity of purpose to be allowed the most fulfillment for ALL. We will suggest that ones who continually find themselves unhappy and unfulfilled within a focused unit of beings most often display behavior of what is termed "emotional" manipulation. This means one who, because of intense "negative" perceptions and emotional attachments, often seeks to control or "manage" others for one's Own profit or purposes.

For example, by continuously complaining about what is THEIR own problem(s), blaming another or others as the "cause" and then often seeking sympathy from another or others to support **their** opinion and self-created "victimhood" to "make it better" for them these "emotional" manipulating ones ultimately seek to cause division of the whole. Verbal communication of true INTENT and clarification for these ones is not easy, and often they perceive themselves to be "used" or "victim" of other's abuse or misunderstanding directed against them. So in frustration, because often ones in their circle of experience begin to avoid them so that THEY can accomplish their own work in service, the emotional manipulator will vent his frustrations in indirect, but often effective ways.

Ones in the circle are most often confused by the "passive-resistant" or even what is perceived as "lack of emotional control" behavior exhibited and strive "to make it better" for the troubled one. This one has then, of course, accomplished what he "needs" and that is often to be accommodated in his often desperate need to "be appreciated" and/or to be "center" of attention and importance, thus diminishing the needs and effectiveness of THE WHOLE. Ultimately, the ones who find overall fulfillment within their circle, must, to preserve the integrity of focus of the whole in service to GOD, confront the emotional manipulator hon-

estly about the behavior and possibly suggest the departure of this one to "work it out" on his own. It is seldom easy to, first of all, identify accurately the problem. But once it is accomplished with reasonable understanding, face the inevitable and that is to decide to instigate the change necessary to bring back balance to the whole. Remember, you can offer your hand of communication and understanding, only YOU cannot successfully spend energy to "make it better" for another who is unwilling to face SELF in RESPONSIBILITY. These ones most often wish only to DUMP upon another self-created "negative" emotional attachments which THEY still continually feed, that **they** not face and BE responsible for the CHANGE within themselves. The best and responsible action you can do is be direct about YOUR observations to this one and let them know that you will no longer allow the behavior to interfere with the integrity of the work of the the whole.

This is much like your current world situation, and as you can see lack of integrity, denial of truth and "allowing" of unbalanced and unacceptable behavior happens first within your inner circles of experience and then ultimately this dis-ease has expanded to most ALL facets of business and government. You ones have simply allowed the unreasonable and intolerable behavior of a very few to bring down THE WHOLE. This irresponsible "allowing" must STOP, precious ones...do you understand?

Now what I wish to concentrate on is the pure and spiritual UNITY of brotherhood of which even the word "platonic" does not fully define. I will ask and allow you to now envision for a moment what sort of love within friendship I am efforting to describe to you ones...

Now WHAT DO YOU FEEL? If you were able to tap into that **higher** concept within you, you may feel quite warm and tingly within, or perhaps a sense of well-being and serenity. Do you feel closer to GOD? Can you begin to feel the kind of LOVE which GOD holds for you...that kind of love which ones often call Unconditional, meaning NOT limited by conditions or absolute? I think, perhaps that a "new" term such as, **ABSOLUTE LOVE**, is most appropriate because absolute defined

means, "1. Free from restriction; unlimited; unconditional. 2. Complete; perfect. 3. Unadulterated; pure. 4. Not related to anything else; independent. 5. Positive; certain." Yes, indeed, how does learning about ABSOLUTE love set with you ones? Alright then, "Absolute Love," is that sort of LOVE we will envision together.

Now in order to become a valued friend to others, you must first become a valued friend to YOURSELF which GOD within you most wholeheartedly encourages. This you can say is HONORING yourself as GOD with Absolute Love, which then allows you the freedom and the grace to **honor** (high regard, respect or esteem) ALL others with Absolute Love. Sound easy? Well like all Cosmic Awareness, Knowledge and Wisdom worth striving for, it means letting go of limited "altered" ego perceptions to gain understanding. Before you can let these limited perceptions go, though, you must recognize what they are and that they are actually "limited" perception. Well, chelas, this is what makes the "prize" of spiritual creative self-discovery so precious, that challenge to self of attaining realization of Truth!

Now the next "concept" that you must fully understand to enable you to attain ABSOLUTE LOVE within your friendships with humanity, is THE LAW OF ONE. Meaning you are related to ALL fragments, seen and unseen Created of God. RELATED, WE ARE ALL RELATED. Fully understanding this concept and truly LIVING it as well is quite humbling, precious ones, quite humbling and quite wondrous indeed.

So then, learning to fully comprehend, develop and live TRUE cosmic friendship and unity with ALL who choose to accept your hand guarantees you your God-authorized "diploma" of graduation toward ONENESS in the higher realms of God.

Now Druthea has long pondered a line about "love" which was spoken in a movie entitled, "A Love Story" filmed, I believe sometime in your late 1960's. The female character within this "sad" love story told her sweetheart, "Love is never having to say you're sorry." Let us think

about this statement, chelas. Does this confuse you? Do you believe you understand its meaning? We will "break" this statement down in definition that perhaps clarity can be accomplished for all. Let us first give definition of the term love as given in Funk & Wagnal's Dictionary, "1. A deep devotion or affection for another person or persons. 2. A strong sexual passion for another person. 3. Sexual passion in general or the gratification of it." Isn't it interesting that the definition of LOVE you are given begins quite nicely and then erroneously includes SEXUAL activities and feelings. No wonder you ones remain confused about WHAT LOVE IS! Certainly the adversary has "developed" its own definition of that which IT knows little about. And most of you ones have bought this lie going as far as calling sexual intercourse little pet terms such as "making love." "Making" Love? Do you begin to see what a ridiculous statement that is? At the very least this act of physical LUST behavior is "making" AND perpetuating limitation of love expression and in the worst cases it is "making" dis-ease through hateful, manipulative, deviant behavior intent.

Well then if "sexual fulfillment" be the way ones define LOVE within them then certainly ones will find MANY reasons to say, "I'm Sorry!" Let us continue defining that statement. "I'm Sorry" is what is termed an **apology**, which means, "A statement or explanation expressing regret for some error or offense." So then one is making amends for perceived or real error or offense committed against another. First of all, you ones have not quite reached PERFECTION in Love expression and understanding for THIS LESSON is one in which MANY of you are NOW working toward understanding and LIVING during this time sequence of your development. IF one is able to comprehend and adapt his behavior toward ABSOLUTE LOVE, then certainly his "regrets" and "errors" against self and others become gradually inconsequential.

Does this sound perhaps a bit "idealistic" or **ideal**, meaning, "1. A concept of perfection. A person or thing taken as a standard of perfection. 3. A high principle; lofty aim. 4. That which exists only as a concept of the mind." And what think you ones perfection is? Well, is not God/Aton

our Supreme Creator, THE PERFECT IDEAL? We've said it more than a few times, EVERYTHING short of GOD is not yet perfection of GOD. Perfection in the making or unfolding perhaps. And yet each fragment exists expressly as a PART of GOD/Aton PERFECTION. So in a sense, we as fragments of THE ONE have implanted within our beings by our very Creator, the **Design** of Perfection which IS of our Father/Mother God/Aton. This is the "IDEAL" by which we are able to discern and measure our degree of success in our spiritual creative manifestation. So then we might suggest a change to that phrase to read, "ABSOLUTE Love means never having to say you're sorry."

Until you ones return to THE ONE in spiritual perfection, you will make errors and feel the need and find circumstances where it is appropriate to apologize, to God, to yourself, to another so that FORGIVENESS can be allowed to manifest the necessary balanced healing within self. Your God-given CONSCIENCE is your guide within for what is "right" versus "wrong" thoughts and behaviors according to the Cosmic Laws of Balance of God and The Creation. This does not mean that you ones will **not** at times be able to truly demonstrate absolute love within your circumstances and relationships. Simply that you have yet not learned to exist EVERY MOMENT in that space of being of PERFECT, ABSOLUTE LOVE. This is, as I have explained earlier, what MANY of you ones are **now** learning about accomplishing...living Absolute Love in a much more magnificent degree of success than you have previously accomplished.

May you ones recognize with clarity and understanding the importance of balanced friendship with one another for mutual fulfillment and Joy on your path toward ONENESS. I AM Sananda, One With God. Thank you for your attention, chelas. Thank you, precious Druthea, for your service. Salu.

LESSON 11

RECOGNIZING AND FACING DENIAL OF TRUTH WITHIN SELF AND OTHERS: THE "SECRET" INHIBITOR OF TAKING PERSONAL RESPONSIBILITY

Greetings, Precious Druthea. I AM Sananda, One With God. I come in the service to Holy God/Aton of Light and to YOU, my brethren.

This day we have a petition of which we are honored to respond. This one petitions in behalf of ALL and ALL of you have lived within what is termed a state of DENIAL of truth at various times in your lives...and MOST still exist within this bubble of separation from responsibility.

Let us define **denial**, "1. A contradiction, as of a statement. 2. A disowning or disavowal. 3. Refusal to grant, give, or allow." **To deny**, "1. To declare to be untrue; contradict. 2. To refuse to believe, as a doctrine. 3. To refuse to give or grant; withhold. 4. To refuse to acknowledge; disown."

Now to fully understand and thus recognize denial WITHIN yourself or another, you must understand the "negative" emotion which stands guard over denial of truth...and that most often is FEAR. You ones have become ever fearful of making change because it means looking within the mirror of self and **taking responsibility** for those feelings, behaviors and actions which **deny** the power of GOD within you.

One of the most common "feelings" which must be faced in one who denies responsibility is his feeling of unworthiness, because along with unworthiness is fear of rejection of self IF, for example, ones KNEW

how you REALLY feel inside. It feels quite UGLY to feel unworthy and to carry emotionally depleting "parasites" within. Remember, chelas, YOU choose to feel unworthy. It matters NOT what "judgement" any other being wishes to attach to you. You choose to allow or "perceive" another's derogatory opinions as detrimental to you because YOU wish to continue to feed your own unworthiness. Self-Denial allows you to remain in self-centered separation in which all which occurs within your space of experience is responded to PERSONALLY as to HOW you allow it to affect YOU, without consideration of others who share your space and/or experience.

So one way to recognize DENIAL in self and in another is when **self-centered** behavior, meaning, "Concerned chiefly with one's own affairs and interests, often with a lack of consideration for others," is exhibited in ways such as, BLAME, HURT and VICTIMHOOD. Also, look for passive resistant thoughts and actions in self, which means the desire to "get even" for the perceived wrong against you. Only it is done in very indirect, secret or subtle ways, such as through **sabotage** (Any act performed to hamper or obstruct). In many ones, passive resistant behavior may exhibit itself by these ones denying to give assistance when asked, deliberate procrastination of an agreed upon task, "reporting" the grievance to an "authority" without first speaking to the perceived "perpetrator," or even refusing to speak honestly to the ones who their anger is directed at, especially when specifically ASKED to do so.

Another reason ones deny sharing honest feelings with another is that the one who is **afraid** to "tell his opinion of the truth" is **afraid** of what he perceives may be a "negative" painful or angry response by the other. Often ones will not confront another and the reason **they tell themselves** is, **THEY** don't wish to cause pain or rejection to the other. For example, in the case of when a "relationship" is kindled between two and then one decides that he is not compatible with the other and wishes to "break it off." When what he is really **afraid** of is COMMITMENT of responsibility to the other or LOVING the other fully that he may somehow be compromised of freedom. Ones can not be honest with another

if they DENY their true feelings within of SELF. Therefore, the confusion becomes manifested FOR BOTH in that neither understands the behavior or true feelings of the other and both wonder what went wrong. The one rejected becomes resentful and angry. The one rejecting simply ignores the other because he does not know "what to say." This then becomes an "unresolved" conflict of which the "effects" of the "cause" of denial and irresponsible behavior will continue to "challenge" both of these ones in "future" circumstances...that is until the lesson is recognized, UNDERSTOOD, released, and responsible behavior is truly taken.

Here is an example which has and does occur in many so-called love relationships between couples, married or otherwise. The "wife" is angry at her husband because he didn't even notice the new furniture and her new hairstyle and he seldom wants to "talk about and share" his feelings about work or other "things," so she begins to feel neglected and unappreciated. But rather than discussing her feelings with him, she looks for ways to deny HIM that which he "needs," expects or wants. So often she finds herself with a "headache" when he displays "lustful" intent. When he asks her what is wrong, she says, "Nothing," but continues to sabotage their relationship in other ways, such as getting drunk and disorderly at the office party and "forgetting" to pick him up at the airport. Well, the husband does not understand and is confused by her behavior, and he definitely feels the "sting" of her anger which she refuses to acknowledge when he confronts her. He can do nothing to assist solving the problem if his wife denies there is one. So what is SHE really looking for? Perhaps to be rejected "once again" to "prove" HER irrational opinion that "all men are worthless" (and so, she feels, is she). This way she need not face HER responsibility for creating the sabotage of the relationship because of her own crippled self-worth and inability to communicate honestly her feelings and fears. In this instance, you have TWO "poor" communicators, and alas, because of this denial of true feelings within both parties, the crippled behaviors continue for both until each faces truth within self that THEY each are responsible for creating the circumstance through lack of trust, feeling fear and unworthiness, and DENIAL of all true feelings This is why COMMU-

NICATION barriers MUST be acknowledged and confronted within each that the barriers be allowed to open for true understanding to be allowed to blossom.

Some ones are so very frightened to acknowledge perceived "negative" feelings to another, even when confronted directly, because they fear rejection and even punishment. So they may feel "negative" feelings such as resentment, anger or envy and DENY the feelings, often even to themselves. This is why you ones must become MASTERS at identifying "negative" (adversarial) emotions and feelings within SELVES that you can recognize them in others and CONFRONT the behavior that the light of truth be allowed into the space of the denying one even if the denying one be SELF.

It is a very delicate balance to achieve because even when you learn to accomplish confrontation of the adversary within self and others, often the denial of truth remains, especially in one who is **unwilling** to confront self and BE responsible for acknowledging truth and thus communicating and acting with integrity. You cannot FORCE another to confront truth even when it is presented to them in balanced integrity intent. You must though, in a responsible manner, bring your observations up honestly to the one who displays adversarial behavior, most especially if you feel the behavior is detrimental to you and others, for example, within a "work" or "home" circumstance. It is one thing to punish self BY choice, it is quite another to allow one to also PUNISH you and others because they refuse to take responsibility themselves.

You see, precious, chelas, you indirectly SUPPORT unreasonable and adversarial behavior IF You ignore it and, therefore, DO nothing to change it. Which brings us to our next point which is "common" denial of responsibility, most commonly exhibited within belief structures encouraged within your so-called "New Age" community. We of God's Hosts have often heard ones speak and ponder about the terms "negative" and "positive." Often ones believe that they must learn to concentrate their energy ONLY on what they perceive is labeled "positive"

thinking behavior and actions. His spokespersons are often called "gloom and doom" bringers who concentrate upon perceived "negative" information and circumstances. Therefore, **BECAUSE ONES REFUSE TO ACKNOWLEDGE THE TRUTH ABOUT THE "NEGATIVE" (MEANING ADVERSARIAL) CREATED CIRCUMSTANCES WHICH THEY HAVE CONTRIBUTED TO THE CREATION OF, EITHER DIRECTLY OR INDIRECTLY, THROUGH IGNORANCE AND APATHY, THEY THEN DENY THEIR OWN PERSONAL RESPONSIBILITY BY CONDEMNING OR EVEN "KILLING" THE "TRUTH- BRINGER."**

Here is another example to add further clarification. If you go to the doctor and he discovers you have cancer within your body, do you demand that he NOT tell you the truth so that you can then deny responsibility for: 1. The manifestation of the dis-ease and 2. Making the necessary changes of thinking, of behavior, and of actions to facilitate YOUR CURE from this serious dis-ease within you?

Don't you see? The manifestation of cancer is a gift of warning that there exists unbalance within you? Do you wish to HEAL or continue to deny responsibility? Well the choice is yours to make. The rest of God's Hosts are here specifically to show you the ANTI-CHRIST CANCER YOU have manifested as a species within yourselves and upon your planet, which has been "hidden" within your government, business and cultural institutions and organizations. Do you say to yourself, "*Oh my! That is "negative" information and therefore I am not responsible for it. That is someone else's problem; I will practice Ascension or be raptured so I can escape the ugliness of which I do not want to be responsible.*"

I have news for you ones who feel NOT responsible for that WHICH you as a species have contributed to the creation of. YOU will either take responsibility, NOW, for assisting the rest of your committed brothers and sisters to do that which GOD within gives you to do to change and heal the "negative" circumstances and manifestations ALREADY created around you and within you, or you will not be ready for HIGHER

responsibility of Conscious Immortality within God's Holy Realms of experience. There is not much "time" left for you to be in the deciding. And NONE can take your portion of personal responsibility in your place. (Although your given task(s) in service to God CAN be filled by another, if you find yourself unwilling to perform them in balanced integrity.) You are accountable to self and GOD for that which you DO or NOT DO, if that be the case.

So what can you do if you find yourself wanting to "hide" from and not face responsibility of finding truth and taking necessary action? Recognize first that your denial of facing "negative" created circumstances of which your world is full is because of FEAR. You are **afraid** of that which you may have to do in order to BE responsible and change the circumstance. You are **afraid** you have NOT the power to change it. You are **afraid** of what "others" will think of you if you face them honestly. You are **afraid** you will fail to make a difference should you begin changes. And you are **afraid** of the perceived "unknown" risk to yourself when you begin to "rock the boat" of adversarial control. You are **afraid** because you have, in your "past," lived in ignorance of Truth and have successfully run from "uncomfortable" feelings and responsibility, thinking that perhaps you have or can remain innocent of the effects of the evil about your plane, **which through your ignorance** you have ALLOWED and SUPPORTED. I believe you ones have a cliché which is succinctly apropos, "What I don't know can't hurt me." That statement of **false belief** says it all, chelas. **WHAT YOU HAVEN'T KNOWN AND REFUSED TO SEE HAS HURT YOU AND YOUR BELOVED PLANET. IGNORANCE OF TRUTH HAS UNDERMINED GOD WITHIN COSMIC LAWS OF BALANCE SO THAT HIS SPIRIT OF LIGHT, OF LOVE, AND OF HARMONY HAS NO PLACE TO GROW...THE DARKNESS AND SUFFERING CANCEROUS DIS-EASE HAS BEEN AND CONTINUES TO BE SO VERY DEVASTATING TO YOUR SPECIES. THE ADVERSARY HAS COUNTED ON CONTROLLING THAT WHICH YOU "KNOW" AND "BELIEVE" SO THAT HE CAN BIND YOU INTO PERCEIVED HELPLESSNESS AND SLAVERY TO ITS "ILLU-**

SION" OF PHYSICAL MANIFESTED FLESHLY ATTACHMENT. THE ADVERSARY "NEEDS" SLAVES TO CONTROL AND MANIPULATE TO HAVE AND ENFORCE THE "POWER" OF DESTRUCTION WHICH IT DESIRES TO WIELD IN ITS HATRED OF GOD AND ALL THAT IS OF GOODNESS AND GODLY INTENT.

You must ask yourselves, precious chelas, "How do YOU feed the ANTI-CHRIST to give IT power over God WITHIN you?" What is it you truly FEAR which paralyzes you and makes you wish to HIDE and NOT BE responsible? I, hopefully, have given you some ideas where you may begin to unfold the source of your FEAR that you may then release it through TRUSTING GOD OF LIGHT WITHIN TO SHOW YOU THAT WHICH YOU NEED TO KNOW IN ORDER TO SUSTAIN ONLY IN HIS SERVICE. You will be guided and shown that which will bring you knowledge and understanding of truth and through empowerment of gaining WISDOM of Truth you will receive GOD'S blessings of INNER PEACE and **Balanced** Creative Unfoldment. You must first desire to serve GOD and your intent creates THE WAY for you to go and remain in GOD'S WINGS OF LOVE AND PROTECTION.

You must see, precious chelas, that you ones who even deny the existence of the Anti-Christ, Adversary to God, do so so that YOU need not face responsibility WHEN the Anti-Christ is ALLOWED by YOU to control your very being. The destructive results of the Anti-Christ exist all about you; do you deny this truth as well, that your "rosy" view not be disturbed and make you uncomfortable? WELL, HAVE YOU EVER CONSIDERED THE COMFORT OF THIS BELOVED PLANET AS YOU POLLUTE HER WATERS AND SOILS AND ATMOSPHERE WITH IRRESPONSIBLE THOUGHTS AND TECHNOLOGIES OF DEATH AND DESTRUCTION? HOW CAN YOU LIVE IN AN OBVIOUS FACADE OF "SPLENDOR" WHEN MOTHER EARTH SCREAMS IN AGONY OF DESPAIR AT THE EVIL CAUSED HER BY YOUR UNBALANCED, UNGODLY BEHAVIOR TOWARD HER, YOURSELF AND EACH OTHER?

It is time for you each to find the balance of God which exists within you. Those who resist this change to balance, who choose to swim "upstream" against GOD'S WILL will remain in 3rd dimensional experience as a puppet for the adversary...and so, too, remain in self-imposed ignorance for the "time" necessary to recognize the errors of thought and behavior and correct the imbalances caused to self because of them (the errors). God and we of His Hosts offer you **THE WAY HOME** through giving you the opportunity **TO SEE AND KNOW TRUTH ABOUT THE CANCER YOU'VE CREATED AND WHICH YOU CAN HEAL THROUGH RESPONSIBLE THINKING AND BEHAVIOR AND ALIGNING YOURSELVES WITH THE LAWS OF BALANCE OF GOD AND THE CREATION** as given forth.

There is naught to fear **WHEN** you attune your will with that of **GOD'S WILL** for **HE** is **THE WAY, THE TRUTH, THE KNOWLEDGE** and **THE POWER**, and **HE EXISTS WITHIN YOU!** **HE NEVER TURNS FROM THEE, NEVER! WILL YOU TURN FROM HIM? HE ALLOWS YOU TO MAKE THAT CHOICE, PRECIOUS ONES. WHAT WILL YOU DO?** The adversary, on the other hand, **IF** he is allowed and welcomed entrance into **YOUR TEMPLE OF GOD**, is an insatiable parasite of destruction upon **ALL** that is **OF GOD** and **GOODNESS. YOU HAVE THE POWER WITHIN YOU OF GOD TO CAST THE ADVERSARY OUT...FOREVER! SO BE IT AND SELAH!**

Thank you for this opportunity to bring further clarity and understanding to our brethren, precious Druthea. **I AM Sananda. I come in service to HOLY DIVINE GOD/ATON OF LIGHT AND THE CREATION.** May you each find inner peace which wisdom brings. I love you dearly, my brothers and sisters! Ponder your lessons carefully. Walk in peace. Salu.

LESSON 12

SUCCESSFUL COMMUNICATION MEANS RECOGNIZING AND CLEARLY DEFINING "INNER" EXPECTATIONS

Greetings, precious Druthea. We are Sananda, Lord Michael, and St. Germain. We come in the service of Holy God/Aton of Light and The Creation.

We will begin this day with the challenge of peeling away the "barriers" to successful communication in your "human" languages by efforting to show you how you can stretch the limitations of human language to achieve clearer and more succinct communication ability with one another.

Because "Universal Language" has no limiting "words," it is God's perfect language. When beings communicate in Universal language, there is no way to "lie" to yourself or another about your intent, since it is the language which utilizes pure thought from that which is "in the heart/spirit" as...feeling. So the key to more successful communication on your plane is to learn to fully understand **HOW** you feel about a circumstance before you. Now, **emotion** is defined as, "A strong surge of **FEELING**, as of love, hate, or fear." So by understanding and identifying your feeling accurately, you will find that **YOUR** perceptions and beliefs about any given circumstance will bring up certain emotional feelings. First, you must correctly determine which emotion you actually do feel. For example, when you correctly determine that you are **afraid**, then you must determine **WHY** you are afraid in order for you to successfully resolve it. Fear is a feeling one has generally when he feels threatened in some way. Every emotion is **SHOWING** you some-

thing...a lesson to be understood, or a sustaining need we all have, such as absolute/unconditional LOVE. For example, when you are touched by some act or behavior done for you or another in kindness which absolute love expresses, you feel JOY and UNITY.

On the other hand, when you are angry or hurt about something someone said or did "to" you and you fail to identify ACTUALLY WHY you feel this way, then you will be unable to communicate effectively to "clarify" what may perhaps be a misperception on your part. Then most often, your unresolved anger and hurt will actually propel you to respond in a variety of "punishing" behaviors directed toward self, the other who you perceived caused you pain, ALL others with whom you come in contact, or all of the above. One of the common ways ones respond irresponsibly, which we discussed previously, is through "passive-resistant" behavior, in which one is afraid or simply unwilling to confront the person honestly about his anger and/or hurt feelings and therefore seeks indirect ways to punish the perceived perpetrator against him. Others of you ones respond most directly your anger and hurt to the perceived perpetrator, and then, of course, when ones begin arguing about WHO is RIGHT and WHO is WRONG, nothing is solved, and resentment begins to establish itself most firmly, especially when ones stubbornly refuse to search the common ground of cause which allows self-understanding of MUTUAL responsibility of the circumstance. When mutual understanding of each "point of perception" is accomplished for each, then a satisfying resolution, which recognizes joint responsibility of forgiveness and release of the "error," can be reached of course, both must wish to resolve the issue between them; for if one's objective is to deny responsibility and continue to blame and punish, then THEY must deal with what is now their PROBLEM on their own. The others must stand firm with integrity to not allow themselves to be PULLED down or into an emotional drama of one who is unwilling to reasonably resolve their problem.

Now, feeling anger and hurt is definitely a most uncomfortable place to be, in that one will feel isolated, separated and rejected, and so his

"altered" ego will urge him to cast blame outside of self. Many of you have most likely heard the saying or even have personally felt like "It is ME against the World." It is not a comfortable feeling to feel unsupported and "victimized" and so it is up to YOU to learn to set aside "Altered" Ego perceptions so that you can successfully uncover HOW you have contributed to the cause of this "victim" self-separation and/or misunderstanding with another.

One of the challenges you ones have in your interrelationships is responsible communication. In order to communicate responsibly, YOU each must become acutely in touch with WHY you feel these "negative" emotions, such as fear, anger, jealousy and resentment. For example, many of you ones often use, "sarcastic humor" to state your true feelings, let off "steam" and yet still "hide" the feelings. Many of your so-called comedians have successfully used cutting, sarcastic and sardonic jokes to tell the world or even particular others HOW they really feel about them...and then, of course, they call it humor. They behave as if it's okay to call it a "joke" because they assume it is *less painful* to the ones the sarcasm is directed at, only deep inside, THEY KNOW IT IS NOT LESS PAINFUL AT ALL. Ones who USE sarcasm in their communication, whether it be a comedian or not, must recognize they most often harbor intense feelings of unresolved anger and/or unworthiness and they desire to feel superior by causing pain, somewhat indirectly by calling it "humor," to others because of these intense unresolved FEELINGS within.

Let's give you ones a common example of how many of you USE what you call "humor" to express inner hurt and/or superiority/unworthiness. We have often heard you ones make a **sarcastic** (An ironical or scornful utterance; contemptuous and taunting language) remark, such as, "*When God said brains, you thought He said trains, so that's why you have no brains*" and then you'll say, "*No, Just Kidding*" ...ha ha ha. We have heard so many unkind things said by you ones to each other, and then, "*No, I'm just kidding.*" Sorry, chelas, MOSTLY YOU ARE NOT "JUST" KIDDING in these circumstances. This is most often a "dig" and usually

falls under "passive-resistant" behavior. You have a wondrous cliché in this regard. *"Many a TRUTH is said in jest."* So be it.

Now we will discuss **expectations**, to **expect** defined as, "1. To look forward to as a certain or probable. 2. To look for as right, proper, or necessary. 3. **Informal** To presume; suppose."

All of you have expectations, whether you completely understand what they are or not. Of course, for successful communication in your interrelationships, being CLEAR yourself about what are your expectations within any given relationship and/or situation is essential. Now there are what can be termed "reasonable" or "realistic" expectations as well as "unreasonable" and "unrealistic" expectations. For example, there is certainly nothing "wrong" with looking forward to being justly treated, or to making a successful speech. Those are reasonable expectations for one who treats others justly, and one who prepares properly for his speech. But to expect that others will behave AS YOU would in any given circumstance, is most unrealistic. All will behave according to their own inner integrity, or lack thereof, or they will behave according to the dictates of their own individual personality, which may certainly be correct for them, only perhaps not YOUR way. In order to successfully interrelate in harmony and balance, ALL expectations must be acknowledged openly, so that all expectations which are determined reasonable be defined clearly for all. In this way the integrity of your defined common expectations and objectives, such as work objectives, will not be compromised because of unresolved emotions, unrealistic expectations or other allowed misunderstandings.

There are many kinds of what would be termed "social" expectations, such as saying, "Thank you" when someone does something nice for you or serves you in some way. In most all situations, gratitude expressed to another is most reasonable and certainly appreciated, if it is sincere. Now ask yourselves, chelas, when you ones GIVE something to another, whether it be a physical gift or something intangible such as

friendship, love and support, what DO you expect in return? You are NOT honest with yourselves, chelas, if you tell yourselves, "I expect nothing." Because even when you extend YOUR hand in sincere love, kindness and friendship, YOU expect the one you give to LIKE you and **feel** connected to you in return. You want to be a part of their life by letting them know YOU appreciate and support them. You enjoy the inner "rewards" of giving which makes someone feel good and appreciated. If the receiver is ungracious to you, face it, chelas, you are disappointed and often saddened.

Let us give another example of expectations. When you personally make your commitment to serve GOD, what do you expect in return for your service? Well, certainly a "reasonable" expectation is that you expect to be guided and sustained, to be protected and fulfilled within your service, do you not? Or what do YOU expect? Do you expect that you need not be responsible for your own behavior? Do you expect your life to be "problem" free and your lessons easier? Do you expect to be **more** special than your other brothers and sisters? Do you "bargain" with God: you'll give this, IF He gives that? We are asking you to really be HONEST with yourselves, chelas, because your "unreasonable" expectations are NEVER met and so it is best to uncover them NOW so that you can find the true PEACE, JOY and BALANCE in your service to God, which **reasonable** expectations provide for you.

Now, we would like you ones to clearly think about what are your expectations when and if you decide to make your home. Do you expect spiritual perfection of the ones already committed in service? Do you expect the businesses created to financially support you, now or in the future? WHY do you wish to be there? To be closer to God, perhaps? To learn how to be closer to God? Remember YOU are the temple for God. Do you recognize a purpose for you, perhaps, a way to serve GOD where you are able and willing to do so? Do you KNOW what your service is? For we will tell you, of service to GOD/ATON our Father, to assist the growth, transition and cleansing of a sick/unbalanced humanity and this beloved planet, Shan. We have a job, and YOU ones who

choose to serve God are the hands and feet of HIS Brotherhood of LIGHT. The road is often most painful and precarious for you beloved ones of GOD's service, most especially emotionally, until you ones learn to detach from others' often cruel rejection of you and their unwillingness to SEE the truth. God only asks that YOU do your job to the best of your ability. Do you expect that you WILL? Ponder these things, chelas, for in confronting self-expectations in responsibility, you will unlock that door to the inner peace and fulfillment which has often eluded most of you in your "past" experiences.

TRUST

Now we will discuss a very prominent barrier to successful communication within your interrelationships, and that is TRUST, defined as, "1. Confident reliance on the integrity, honesty, or justice of another; faith. 2. Something committed to one's care; a charge or responsibility."

Trust is a most delicate subject in that most all of you have either breached a trust and/or been the "victim" of a breach of trust by others. So as a result, most of you find it difficult to establish complete trust and faith in others whom you share experience with. First of all, many of you now recognize that you as "common people" have blindly trusted your government leaders and many of THEM have breached YOUR trust by lying and deceiving you for their own selfish means. So it stands to reason that you NOT give trust blindly or freely to other HUMAN beings until you KNOW of their integrity and intent. For example, DO YOU DESERVE to be trusted? Are you able to keep the private matters of another who trusts you with sharing them with you, to yourself? Do you respect the privacy of others? Or are you always looking over the fence of others to see what they are doing, which is NONE of your business unless it is harmful to you or impacts you in some way that is not reasonable. Many of you have a very dangerous "habit" of gossiping about and then you wonder WHY you are NOT trusted by others. This is why it is most important that for trust to develop, ones must clearly define what matters are privately shared and a shared commitment of responsi-

ble communication is adopted by both or all parties, so that any possible misunderstandings can be ironed out quickly and completely. In true dedicated friendship and the commitment thereof, ones always have the shared objective of achieving mutual trust, support, loyalty and understanding, especially when differences come up for them to manage together.

There is really little else more painful and disappointing than for one of you, who possesses honest integrity within, to establish and nurture a friendship, give your love, loyalty and trust to another and then find that they do not honor and trust you enough to speak honestly to you about their true feelings and instead they spite you behind your back, or even more disheartening, that they have actually USED you for their own selfish means such as to gain money, prestige, sexual conquest or power and NEVER really thought of you as a cherished friend. How many of you now can say that you have trouble trusting others because you have allowed yourself to be USED by choosing the "wrong" person to develop friendship with because they did not have the same degree of commitment to your friendship as did you? This breach of trust occurs often in so-called "Love" relationships and marriages, often after the "lustful" feelings taper off.

So by now you may be contemplating, HOW do you properly solve a perceived "error" or misunderstanding with integrity with one whom you claim as your friend? First of all, you need to acknowledge your feelings, if they be anger, hurt, frustration or whatever, and then you must set up a time to privately and personally talk to the person you have the problem with. Now you must be very careful how you approach the person, since they may not have any idea of what your problem is or their connection with it. Tell them how you're feeling, "I feel hurt and upset because I wasn't invited to your family dinner, perhaps I have misunderstood or misinterpreted something, so will you help me to understand your position so that we can resolve this together?" In this way, you have not placed any blame and you have shown that you value the other person by asking them to assist the resolution of what may be sim-

ply your own misunderstanding or over-sensitivity, or it may actually be something more than you have understood, from your friend's point of perception perhaps that this one was irritated with you about something you did, or he just simply felt it was **not necessary** for you to be there at that time.

Now, in business, there are MANY expectations which ones have about operating their business with integrity. For example, when you purchase a product by phone or mail, do you not EXPECT to receive it within a reasonable time-frame and in good condition? Many things can happen between the time you order and when you (hopefully) receive your order. Many business owners want to keep your business by insuring customer satisfaction, so they have a policy of "The customer is always right." Well that is not necessarily true, is it? What about ones who purchase items, such as books, from you on agreed upon terms, such as 10 days or 30 days. DO you not expect them to pay you in full within that time frame? Interestingly enough, MANY businesses, even when given and they have agreed to 30 day payment terms, have a policy that THEY do not pay before 60 or even 90 days. Is this operating business with integrity? So it has become not reasonable within your current business society to TRUST ones, especially NEW customers, to pay you for products they purchase. Yet many retail business-persons become indignant when asked to pre-pay for their purchase and often will simply not buy, unless THEY need the items perhaps to fill a special order for one of their customers. And why do many bookstores, for example, balk when asked to pre-pay? Because they do not know whether or not the books will sell within a 30 day time-frame and "need" the time to return the funds from actual sales to the publisher or distributor. Now Bridger House, for example, has perhaps a little over a dozen of their total "open" resale accounts who are responsible and really do pay in full within the agreed time-frame. The rest do not honor their agreement with Bridger House, and several have NEVER paid their balance, so because of this, Bridger House, in order to continue to pay its printing and overhead expenses now ASKS all new resale accounts to pre-pay with no MINIMUM order required and NO returns allowed. Do you blame them? It is interesting to

note that many bookstores and distributors expect to be able to RETURN unsold books, as well as, take 30 days to 6 months to pay for them. So then, or course, the RISK of loss is entirely in the publishers hands. So you ponder this, chelas, IS that reasonable?

Now, how many of you have or know someone who has purchased something, say from a department store, and then a year later ask to RETURN it? How many of you have or know someone who has purchased an expensive dress, for a special occasion, and after wearing it, they return it? This is very common, even with middle class and upper middle class women. who are in the "social" set and can "afford" to pay for the dress. Well, many department stores have "caught on" to this practice and now DO NOT ALLOW returns for certain dressy attire. Do you understand, chelas, what we are efforting to show you here? Many ones simply do not behave with integrity, and it has become ACCEPT-ABLE to many ones to behave this way! Many simply do not KNOW better and even brag about HOW they take advantage of businesses. So ones who do wish to operate with integrity and responsibility must EXPECT a degree of dishonesty from a percentage of business customers. Many businesses have a special term for this expected percentage of loss, theft and damaged products, they call it normal shrinkage. The results, if shrinkage becomes unreasonable, are often higher prices to the consumer, if the business wishes to stay in business. How sad it is that so many have become slaves to this beast of selfish deception and deceit. However, you will find, precious chelas, that as you align yourself in service to GOD, your conscience will not allow you to get away with any sort of unbalanced behavior, without some careful and often difficult contemplation of the consequences thereof. So Be it.

Thank you, precious chelas, for your attention. Druthea, you are most blessed in your loving and giving service unto our Father. Thank you, precious little sister of ours. We are Sananda, Lord Michael and St. Germain. We come in the service of Holy God/Aton of Light and The Creation. May you walk in the peace which true knowledge and understanding brings. Salu

LESSON 13

UNFOLDING THE ROOT CAUSE OF ANY "NEGATIVE" PERCEPTION

Greetings Precious Druthea. I AM Sananda. I come in service to Holy God/Aton of Light and to you my brethren. Thank you for finding your balance, Druthea, and petitioning for clarity on "negative" perceptions that we may share with our brethren. For within each "human" conscious mind there exists many various perceptions and depending upon the experiences of emotional attachment, ones will attach to themselves various "degrees" of misperception and, therefore, respond accordingly.

Let us example the giving forth of The Word: The historical, economic, social, political and spiritual truths. Every single one of you who first reads of the devastating manifested illusion which now exists upon your plane respond in a multitude of different ways, depending upon the level of your spiritual awareness and maturity. When you are told, for example, that you ones in the United States of America are rapidly losing the freedoms which were guaranteed under your Constitution and Bill of Rights, many of you become afraid, mostly because you have taken the freedoms you have had for granted and few of you have any historical, political and/or social-economic knowledge and experience. That which you do have is, as you are finding as you continue to read, are quite limited in truth of the circumstances.

Mostly you ones have concerned yourselves with survival needs, succeeding in your chosen profession, raising families and enjoying your lives through various forms of entertainment as you are able. When your pursuit of the so-called "American Dream" or whatever "dream" you have which requires "freedom" to realize, is threatened, such as by the

truth that the economic system is collapsing and you may lose your once-secure job, many of you feel extremely frightened especially because you feel helpless. The adversary would like you to feel helpless and fearful because often you will become paralyzed by this and refuse to take any action whatsoever, even for your own security and protection. Many will simply try to glue those rose-colored glasses tightly around their eyes, that their world can return (they hope) to the innocence which they once enjoyed. I will venture to say, chelas, that once the stirring of your Spirit within has been accomplished, YOU will never return to your original ignorant state. Your conscience will not allow you to.

Now, many ones of you consider yourselves to be most spiritually attuned especially if you have expanded your awareness beyond the limiting doctrines of your various religious institutions. Many of you have accomplished much of your spiritual progress through what is often called the "New Age" movement and "Metaphysics."

What I would like you ones to please understand carefully is that the adversary has worked just as diligently within the human leaders of the "New Age" philosophies and doctrines in order to deceive and mislead your spiritual understanding, as well as also working through your Fundamental Religious Institutions to accomplish its deception. Because all of you have various degrees of spiritual innocence and gullibility, the aspects of truth about "personal responsibility" and the nature of evil and goodness, God and Adversary, is often twisted and turned about, so that you searchers of spiritual freedom and Truth continue to be bound by the adversary through a more subtle deception and purposeful misinterpretation of the Cosmic Spiritual Laws.

For example, what do the terms "negative" and "positive" mean to you? Let us first define, **negative**: "1. Characterized by or expressing negation, denial, or refusal. 2. Not positive or affirmative: a *negative attitude*. 3. The side that denies or contradicts what the other side affirms, as in a debate." Now we will define **positive**: "1. That is or may be directly

affirmed; actual. 2. Characterized by or expressing affirmation; a *positive attitude*. 3. Openly and plainly expressed: a *positive* denial. 4. Not admitting of doubt and denial."

So the defining of terms often helps assist the understanding of the meaning of your own often used expressions. Most of you when you are given *information* about your world circumstance, for example, will **respond** in some way. If the information is frightening to you or causes you to feel "badly" or threatens your "belief" system in some way then most often you ones will say that it is *negative*. By calling it *negative* you are thereby expressing denial and refusal to accept the information. In this way do you also refuse responsibility to investigate further and DO something to change the circumstance.

I will say that the information SHARED is actually quite positive in that it is OPENLY AND PLAINLY EXPRESSED: *POSITIVE TRUTH*! Now in order to find balance with EVERY circumstance and EVERY bit of information you are given, you must ASK the Spirit WITHIN you what this circumstance and/or information is showing you. **WHAT IS THE LESSON HERE WHICH YOU HAVE ASKED FOR?** You will find that, finally having and knowing the Truth, when you recognize it as such, to actually be most liberating to you spiritually because you will have recognized the enemy, and it is YOU. So then, with your newly discovered personal power and responsibility you will demand the Spirit of God within you to show you YOUR opportunity to serve God and The Creation, and therefore change what you find to be unacceptable/unbalanced consequences/circumstances. And then YOU will KNOW YOU CAN create a more balanced circumstance.

Now here is a little test for you. Think of a profoundly "negative" circumstance in your perception. What emotions do you feel, for example, if you lost your job, or your home burned to the ground. Fear? Loss? Anger? Helplessness? Is the "loss" outside of you? Do you ask yourself, **WHY ME?** And do you feel VICTIMIZED by something OUTSIDE OF YOU? Now think of a profoundly "positive" circumstance in your per-

ception, such as, the birth of a new baby or getting married. How does **simply** thinking about this circumstance make you feel? Love, Joy, fulfillment, Peace? Do you know that YOU choose how you will respond in **every** circumstance and situation put before you? Inner Peace and Joy **are** yours and you will experience them more and more as you take **personal** responsibility and sincerely work to **create** BALANCED circumstances and **correct** UNBALANCED circumstances with the INNER GUIDANCE OF YOUR SPIRIT.

Now when you receive information, such as that produced within and you respond with FEAR in your heart, then what action does this response demand from you? What do you want to do? Denounce the information? Denounce the speaker who presents it? Turn off the flow of any further investigation of the information?

I will suggest that whenever you respond with FEAR when presented with *information*, that Spirit within you is showing you something which YOU need to deal with. Truth is showing itself to you and the Spirit within registers it and the "altered" ego chooses to become fearful, because its belief/security structure is feeling threatened. If you will **simply** see the emotion of fear as a warning of real or imagined danger and/or an illusory block to the opportunity of expanding your knowledge of Truth, discernment and inner understanding, you will be able to rise above the fear and take the necessary action to KNOW THE TRUTH AND RESPOND TO THE CALL WITHIN TO TAKE RESPONSIBLE ACTION.

Now for you ones who call yourselves *skeptics*, defined as: "1. One who doubts, disbelieves, or disagrees with generally accepted ideas. 2. One who questions the doctrines of a religion. *Skeptical*: Doubting, questioning; disbelieving. *Skepticism*: 1. A doubting or disbelieving attitude. 2. Philos. The doctrine that absolute knowledge is unattainable."

Now there is nothing wrong with questioning that information which you are given in order to find Truth. But ones who call themselves *skep-*

tical or a *skeptical* most often hide behind this term so that they can remain on the fence of indecision about a particular matter and, therefore, not take action or responsibility. By the very definition of *skepticism*, these ones hold a doctrine/belief that absolute knowledge is unattainable FOR THEM (or anyone else for that matter), and as long as they continue to sit upon the fence of skepticism, they certainly will continue to find themselves unable to absolutely find the Truth. One who holds tightly to his skepticism is often most fearful and so appears most self-righteous and arrogant about his beliefs, such as his erroneous belief that, *if HE doesn't know Truth then neither can anyone else*.

So for you chelas who are sincerely seeking life's spiritual Truths, you will continue to learn about discernment of all *information* presented to your attention. Often you will feel skeptical about and, therefore, doubt and question a new idea, thought, or bit of information which is given to you. That is perfectly healthy, just don't stop there. Ask The Father WITHIN to please show you the Truth and guide you to that which will allow Truth to unfold for you. Then wait upon Spirit to unfold the Truth in the BEST way for you to understand it clearly. This means TRUSTING your inner guidance to unfold all you need in the correct time-frame for you. So then PATIENCE is necessary as well. Simply because you will feel less stressful if you can trust GOD within to GIVE YOU ALL YOU NEED TO KNOW TO CONTINUE TO GAIN SPIRITUAL WISDOM AND PERFECTION.

Every circumstance you give your attention to is a lesson, perhaps of discernment of Truth or conquering paralyzing fear or even rising beyond skeptical indecision. And more than it being a lesson, every circumstance you give your attention to is also AN OPPORTUNITY for improving on or "sharpening" your spiritual wisdom and perfection.

You see, precious chelas, as you sharpen and perfect your spiritual knowledge, your foundation becomes more solid than any man-made structure or material, because your foundation is aligned with the wisdom of knowledge of TRUTH of your IMMORTAL DIVINITY, COS-

MIC LAWS AND ONENESS WITH GOD AND THE CREATION. NOTHING of physical illusion will be able to tear down your foundation which is built on Truth and spiritual wisdom. This, alas was my final "initiation" upon your plane less than some 2000 years past. I, Sananda, had to pass the final test of spiritual fortitude as a human upon your place. I knew I had to experience the denial of MINESELF AND MINE FATHER WITHIN by you of my brethren and still rise above the human "altered ego" limitations of fear, frustration and pain. Mine crucifixion was mine final TEST of Spiritual commitment to MINE FATHER WITHIN ME, I THEN ATTAINED a higher level of spiritual mastership of which I continued to develop and perfect after my actual physical departure from Shan, which did NOT occur at crucifixion, but many years later as you have read in *"The Talmud of Immanuel"* And, of course the crucifixion of mineself offered MANY lessons to you of my brethren who either witnessed physically, or otherwise, not the least lesson which was totally purposely misinterpreted, and that is THE IMMORTALITY OF THE SPIRIT OR SOUL WITHIN. I then continued my spiritual mastership training in the higher realms of GOD/ATON and have reached mine inherited perfected spiritual state of SANANDA, ONE WITH GOD. I am assisting and monitoring you of mine brothers and sisters who receive and give forth MINE FATHERS WORD. I am available and accessible, **though not yet in physical form**, so that I may bring the spiritual foundation and balance along with the other Heavenly Hosts of God, so that you of my brethren, who so choose, can awaken and remember TRUTH, and receive **earned** graduation to "higher" realms in God's Kingdoms. I come as MINE FATHER GOD/ATON'S representative, to claim you of His Faithful and True children of Light...and bring you HOME.

Now let us clarify more on "negative" perceptions. When our speakers speak before you and they describe the historical, political, socio-economic and spiritual circumstances in Truth, see this as POSITIVE in that you are now given the opportunity through your Spirit within TO KNOW TRUTH AND TO TAKE ACTION TO BRING ABOUT NECESSARY CHANGE TO BRING BACK BALANCE. Chelas, informa-

tion is information. The merit of it is its Truth as it relates to your global and spiritual growth and discernment. Your Spirit within is seeking BALANCE and it will continually show the UNBALANCE that you may choose to HEAL it WITHIN and WITHOUT. This is your measure of responsible spiritual maturity...your ability to absorb Truth and knowledge and become empowered and responsible for creating BALANCED alignment with GOD and The Creation.

Remember chelas, YOU all share the pool of mass consciousness upon this plane, you contribute to the DIS-ease as well as to the LIGHT...it is your choice. You can remain IGNORANT and IRRESPONSIBLE, but you will still suffer the consequences of your ill-thinking and acting behavior. You see, you contribute to the unbalance either **directly** and knowingly if you align yourself with the destructive adversary, or you contribute to the unbalance indirectly through your ignorance of spiritual and global Truth. It is most especially your ignorance of the consequences of your unbalanced "thinking" and doing, and of the Cosmic Laws which has nearly devastated your planet and your species.

So the terms "negative" and "positive" are "New Age" terms and the adversary has encouraged you ones to align all circumstances in either category. Remember the definitions above, these terms do not fit and they cause you to turn from responsibility of a given circumstance because it is identified by you as "negative." **YOU CREATE ALL CIRCUMSTANCES, YOUR SPIRIT IS ALWAYS SHOWING YOU SOMETHING you need to know. YOU DECIDE HOW YOU WILL RESPOND IN EVERY CIRCUMSTANCE PUT BEFORE YOU.** First you will need to recognize unbalance when it is presented to you. Then you will need to further investigate for yourself, with the assistance of your Spirit Within, until you are satisfied with the Truth. Then you will ask God Within to show you how to bring back balance to your portion of the mass consciousness "pie." Then you will do what God within guides you to do.

Here is something for you to think about. That which is "positive" to the adversary...i.e., causing confusion and deception is considered quite "neg-

ative" to a child of Light. That which is "negative" to the adversary, i.e., being exposed as a liar and deceiver, is considered quite "positive" to a child of Light. So you see, those terms are quite relative to the situation encountered and the perceptions retained by opposing personalities.

The absolute surest way, chelas, to compound the problems you face, and, therefore, create ever more devastating consequences to yourself and your planet, is to be led (by your Spirit within) and exposed to THE TRUTH about the circumstances already created, and THEN still doing absolutely NOTHING to change them to bring back balance. So it is the better part of wisdom to HEAR the call of SPIRIT and learn to LISTEN to and accurately decipher your guidance given. All it takes is YOUR COMMITMENT TO SERVE GOD'S WILL and you will be given all you need on your wondrous journey. So be it.

Thank you for your attention. May clarity and understanding be yours that your spiritual foundation may become solid in TRUTH AND WISDOM. I AM Sananda. Thank you little sister, Druthea. Go forth and find your confirmations that they bring you peace and balance in your service to GOD/ATON. Know that I LOVE YOU ALL so GREATLY for you each are a part of ME as I AM a part of YOU. Walk in God's Light of Truth and KNOW therein you always find Peace. Salu.

LESSON 14

UNDERSTANDING YOUR CURRENT SPIRITUAL REVOLUTION

Greetings precious Druthea. I AM Sananda. I come in the service of Holy God/Aton of Light, Truth, Wisdom and Glory. This day I will further clarify and describe that which is occurring upon your plane in this time-frame of history.

Your species and planet Shan (Earth) is experiencing a spiritual REVOLUTION, which means recognizing, challenging, changing and discarding the spiritual false and "archaic" ways, so that you can surmount your stagnant condition and method of adapting to limited ego-separate "belief" indoctrination. The reason for this "revolution" is that you are making room for your Spiritual RENAISSANCE, that is, your *New Birth, Resurrection and Revival* of God-Light Truth gained from personally accessing the Divine Knowledge and Wisdom of your Spirit WITHIN.

Just as the revival of letters and art in Europe marked the *Historical Renaissance* or transition from medieval to modern history representing the *rebirth* of civilization out of archaic creative suppression to a period of time (roughly 14th through 16th century) of relative abundant artistic expression and freedom, so too is your species experiencing a "Spiritual" transition or *Renaissance*.

The Great Creative Movement of Spirit is singing its song of CREATION in the hearts of ALL who choose to hear. Ones who attune themselves to the Holy Vibration of God/Creator/Creation WITHIN and WITHOUT, will experience *consciously* THE BURNING DEATH OF

THE ILLUSION OF SEPARATION FROM God/Aton/Creation. Out of the ashes you ones will be reborn...resurrected from your sleepy semi-conscious state in which you have long existed and that is, the "altered" ego-separation experienced in your physical-dense vibration illusion. Many of you have been in this creative unfoldment *process* for some years already. Many of you notice that TIME as you measure it seems to be *speeding up* and your "lessons" have often been frequent, difficult and stressful especially due to increased intensity of the unfolding, understanding and releasing process.

Be aware, chelas, that the spiritual work you are accomplishing in this time frame IS intensified, magnified and CONSTANT. Many of you no longer have the luxury of "time" and lack of "experience" to claim innocence and ignorance of spiritual Truth and so your CONSCIENCE is moving you as fast as possible to learn and discern QUICKLY that you can shed the physical attachments as well as "altered EGO" illusions. YOU ARE IN TRANSITION. YOU ARE CLAIMING YOUR SPIRITUAL RENAISSANCE. The chosen path of many of you to attain "graduation" involves the releasing of YOUR ADVERSARY WITHIN. This time-frame represents your spiritual-rebirth opportunity and the process in itself is creating your spiritual revolution...your inner battle to resurrect YOUR SPIRIT WITHIN from the self-imposed prison, of which you have forgotten existed. You can remember NOW. Because of God/Aton's INFINITE grace and wisdom, you ones are NOW given the opportunity to AWAKEN to the call of the MIGHTY PRESENCE OF GOD/ATON/CREATION WITHIN YOU!! DO YOU HEAR?!!

Thank you for your attention. I AM Sananda, One With GOD, in service to Light of God/Aton's Holy, Divine PRESENCE, and to you my brethren. Thank you precious little sister, Druthea. Salu.

LESSON 15

WHY PERSONAL INTEGRITY REQUIRES PERSONAL RESPONSIBILITY

Greetings, my brethren. I AM Sananda. I come in the service of God/Aton of Light. Greetings, precious Druthea. Let us begin, please.

This day I will discuss the meaning of *INTEGRITY* and how it relates to and is integrated with responsibility. Let us first define, **integrity**: "1. Uprightness of character; honesty. 2. The condition or quality of being unimpaired or sound. 3. The state of being complete or undivided."

Now we will define, **responsible**: "1. Answerable legally or morally for the discharge of a duty, trust, or debt. 2. Having capacity to distinguish between right and wrong. 3. Involving accountability or obligation."

Responsibility: "1. State of being responsible or accountable; also responsibility. 2. That for which one is answerable; a duty or trust."

Integrity and responsibility are most delicately intertwined. To achieve utmost spiritual integrity, one must fully recognize and understand his responsibilities; first to God/Aton/Creator Within and also to the rest of the life force expression within The Creation. In order to become a spiritually conscious co-creator with God/Aton, one must become ONE with living the Cosmic Laws of God/Creation. One must realize his accountability to the Great Spirit within him. He must become impeccable (free from error, fault, or flaw) regarding adherence to Cosmic Law. And to gain cosmic power, he must become spiritually complete, unimpaired and sound of character, which is the state of being called *integrity*.

Now in order to become impeccable in your integrity, one must BE

responsible by listening to Spirit within about "right" and "wrong"—or as I prefer to call it *balanced* or *unbalanced*—thinking and behavior. Each of you have the KNOWLEDGE within with which to be responsible in every thought, word and deed. You need only LISTEN carefully and ask God/Aton within to help you recognize your error, instantly when you make one. It may not always be pleasant to become *instantly* accountable for your misdeed or mis-thought, but if you pay careful attention, you will find that you will seldom *if ever* repeat the same error. You will find that the careful attention and recognition of your inner guidance, *instantly*, is well worth the temporary inconvenience or discomfort to your "altered" ego.

So by requesting God/Aton within to show you the error, immediately, He will also show you the balanced thought action or deed with which to reclaim your impeccability of spirit. Why can it be seemingly *so easy* to recognize errors? Because, chelas, you ones have made essentially THE SAME errors over and over again. Lifetime after lifetime now you have chosen to be irresponsible and remain spiritually ignorant. You already KNOW and can distinguish between that which is balanced and unbalanced thought and behavior; you simply have forgotten you KNOW.

When you separated yourself from the Great Spirit within you, which fully contained your being as far as perfect guidance and knowledge, you became spiritually powerless. When you worshiped in separateness from THE ONE and therefore sought OUTSIDE your being for guidance, you DENIED the Spirit within YOU its full creative potential. And because you felt no longer responsible for that which you manifested, you became your own slaves to the physical illusion. By your self-denial you created leaders over you who would support your "belief" in separation from Creator, and thus you developed tremendous attachment to physical matter. This accounts for the same developed attachment to EGO separate *illusion*.

To achieve Spiritual integrity you are required to BE responsible and accountable for the effects of your thoughts, words and deeds. In order

to be responsible, you must UNDERSTAND and adhere to The Cosmic Laws of Balance. You must seek ONENESS and see UNITY with all, NOT separation, inferiority or superiority to *anyone or anything*. You must become impeccable in your intent to serve God and The Creation. You must recognize only ONE WILL, the will of THE ONE, Creator/Creation. Then you will gain the Spiritual Integrity of CHRIST perfection and with that your Power within will become Magnificent.

Remember when I Sananda, walked as man upon your place I told you, *"These things I do, YOU will do GREATER."* So be it and and it is coming to pass, chelas.

I would like to requote something for you to ponder from our beloved St. Germain: *"Your personal power is in direct proportion to the integrity of your soul."* This one sentence says it all, chelas. Ponder these things most carefully that you hear Spirit to Spirit and not Spirit to ego illusion. This "time," my brethren, is the "hour" of the dawning of YOUR spiritual awakening. How the Angels of Glory in Heaven REJOICE; for earth human is preparing for the celebration of ONENESS and BROTHERHOOD within GOD'S HOLY Kingdom of LIGHT!

I love you greatly, my precious chelas! I am most honored to serve My Father and therefore you, my brethren. I AM Sananda, One with God. Thank you my precious sister, Druthea. You are most blessed in Our Father's Kingdom. Be at Peace as is the spring time flowering of this time. Enjoy the radiance of Our Father's Creation before you. Salu.

LESSON 16

CHANGE BEGINS WITHIN YOU

Greetings precious Druthea. We are Sananda, Lord Michael and St. Germain. We are pleased to have you back with us to allow "written" sharing of knowledge with our brethren. We come in service to Holy God of Light and The Creation. Let us begin.

It seems that through the sensing compression of your physical manifested illusion that all EFFECTS which you are now witnessing upon your plane exist OUTSIDE of your beings. This precious brothers, is one very important area where you earth humans have erred in perception of understanding. YOU are the CAUSE. Your awareness of the actual EFFECTS of your DESIRES has simply been limited to SENSING perception of motion which you have believed existed "out there" somewhere beyond your control and/or responsibility.

DESIRE

Not one of you would be reading this book had you not had the DESIRE to know Truth. The Spirit of ONE within you is calling you to awaken to your true potential of SERVICE to GOD. If you have been drawn to this book, it is not by "accident" chelas. YOU have answered the call within you. YOU have a most cherished purpose to serve in the assistance of BIRTH of God awareness and knowledge upon your Earth plane. What may that be? Many of you still are asking. YOU only need to DESIRE to know and serve God, our Creator within Creation, and since YOU are his temple, WITHIN you, will your wisdom, knowledge and purpose be revealed. Remember, there is NO separation. You ones

have simply forgotten your Divine Spiritual Heritage, YOUR ONENESS WITH ALL!

It will also be your DESIRE that will propel you toward your oneness and service to God. Your Free-will must be returned, surrendered, released, however you want to think of it, TO GOD. There is only ONE choice ultimately, and that is GOD'S WILL **WILL BE DONE!** Many of you are now facing the choice of aligning your thoughts, words and behaviors with GOD balance or remaining in the "illusion" of ego-separate adversarial games. Ultimately it will be the impeccability of your DESIRE, which is defined as "spiritual maturity" which will propel your being to SERVE the Light, Love and Knowledge which is God.

THE ADVERSARY CHALLENGES YOUR SPIRITUAL INTEGRITY

There is a certain comfort which will develop within you ones as you begin to see the "lessons" which confront you as simply challenges which offer you the chance to become spiritually mature.

Most everything that you will learn on this plane especially, will come from your relationships with other human beings. When many ones speak of "mirrors," meaning that other humans are your mirrors, there is much misperception in the meaning of that statement. It is quite true that every human is related to YOU. You are ONE. So in that sense when you look into the eyes of another, you are seeing yourself in oneness, simply as a fragment of that oneness.

The problem comes when you ones casually call everyone mirrors and thus you tolerate, condone or allow BEHAVIOR towards you because somehow you deserve it because they are mirroring YOU. That is the big LIE! Remember, we spoke of lessons as challenges. Often, YOUR challenge is HOW you will choose to RESPOND to the behavior and words of another.

If, for example, THEY profess unhappiness with their relationship with you, and somehow it is implied, directly or indirectly, that YOU must change to make it better for THEM, what are they really saying to you? How will you respond? Do you immediately feel guilty of error?

Think about this, chelas. WHO is unhappy? WHO must change to bring balance? YOU, who feels unhappy must take responsibility for your own dissatisfaction. But how do you do so without casting outward blame? And how can you think such irresponsible thoughts as "You are my mirror, so I can DUMP my feelings of unhappiness/unworthiness upon you?" This thinking behavior, chelas, is punishment. You who cast blame are seeking a place where your self-punishment will be allowed by another. The lesson to the receiver of blame may simply be to NOT ALLOW blame, guilt, etc., to affect him/her. It may also be a time of improving communication between you. Even if that be to direct the responsibility for positive change to the one who is unhappy. As the receiver, you may offer your assistance, or you may choose to withdraw until such time as attitude has adjusted and even apologies given.

Remember this, chelas, in EVERY circumstance set before you, which YOU set before self, YOU CHOOSE how you will respond. If you feel that you are treated unfairly, then you must learn to communicate with intent to UNDERSTAND the intent of the other. If you choose to define yourself as "sensitive," fine. Does that mean you must wear your emotions upon thy sleeve, waiting to become victim? If you set yourself up to be emotionally fragile and sensitive, you will develop a victimhood circumstance EVERY time.

VICTIMHOOD

Victimhood is also self-punishment. It is a condition developed from extreme insecurity and deep feelings of unworthiness. This is why there is the perception that many ones who are in "victim" condition feel, and that is that *they* are somehow treated differently. Well, in a sense *they* are.

For example, one who is relatively secure and spiritually mature will often simply become irritated with one who is highly insecure because he/she simply does not relate with the condition. He/she will simply avoid confrontation with the condition or feeling of being "sucked" into the emotional trauma/drama which a "victim" often develops by his/her deep-seated and unresolved insecurity.

The victim always seeks ways to be "hurt," usually by others within their circle of experience. Until the victim begins to see HIS/HER CAUSE, which is insecurity and unworthiness, he/she will remain trapped in a very lonely cycle of self-punishment. The change must begin BY HIS/HER DESIRE to serve GOD of LIGHT. When one makes his/her choice to serve ONLY THE WILL OF OUR FATHER, then self-punishment and unworthiness IS IMPOSSIBLE!! DO YOU UNDERSTAND, CHELAS?

Remember when you perceive you are a helpless "victim" of all and everything outside of you, then you serve the adversary who encourages the illusion of punishment and unworthiness of self. You will remain "victim" to self as long as you continue to live in FEAR. Naturally, others will either support and sympathize with your feelings of helpless "victimhood" or they will NOT support your behavior and avoid you until such time as self-responsibility is demonstrated and accepted.

FEAR IS THE POISON APPLE OF THE VICTIM

At the very root of the emotional victim's severe feelings of unworthiness is FEAR. The illusion of separation from God is very strong. The connection of God knowledge is severed...in illusion of course. What do "victims" fear the most? REJECTION OF SELF BY GOD. This illusion of possibility of rejection by God is sustained by tremendous guilt carried by the "victim" for errors perceived or really committed against God. Every time the victim perceives REJECTION by another human, he/she is reminded of his/her fear of rejection by GOD. This cycle of

unbalanced self-punishment continues until the "victim" stops seeking love and acceptance outside of himself/herself, but instead goes within to ask forgiveness and release of unworthiness and guilt. When you petition GOD to show you HIS way and your intent to heal is pure through desire to serve, HE will show you the way home. He will wrap you in his wings of LOVE, of LIGHT and of KNOWLEDGE that NO rejection is possible except by misalignment of "altered" ego self. THE KNOWLEDGE OF TRUTH COMPLETELY UNDERSTOOD AND ACCEPTED WITHIN WILL RELEASE THE VICTIM, AND THE FEAR WILL DISSOLVE AND NO LONGER RENDER HIM/HER HELPLESS!

Remember "*KNOWLEDGE ALLEVIATES FEAR.*" Hold it close to you, chelas. So Be it.

HOW DO YOU MOVE THROUGH AND BEYOND YOUR FEAR?

To dissolve the fear which exists only as an illusion of physical survival, you must DESIRE Truth and knowledge in order to serve the will of GOD. Ask yourself, "What is my feeling of fear showing me?" Is it a warning call? "WAKE UP, WAKE UP, THE TIME OF GLORY OF YOUR SERVICE IS AT HAND!" Fear is felt when you feel threatened in some way. For example, when the socio-economic and political evils perpetrated upon you, and you learn about experiences of corruption in the highest offices of your government, are you afraid? WHY? Because you did not know or because YOU DON'T WANT TO KNOW?

To become aware of the truth about the unbalance developed upon your plane requires change and often you ones are simply afraid to change your perceived comfortable life-styles because you perceive PHYSICAL inconvenience or even suffering IF you were to LOSE those precious assets of which you believe you OWN. You OWN NOTHING save your immortal soul and even your immortal soul belongs to God/Aton THE ONE!

Does this mean you must not have? OF COURSE NOT! Remember GOD IS ABUNDANCE! You will simply let ALL go of physical manifestation when you leave this plane. So it does become wise to gain knowledge of Truth that **YOUR FEAR OF LOSS OF BODY PHYSICAL AND/OR PHYSICAL ASSETS IS PROPERLY ALLEVIATED, DOES IT NOT?**

When you align your free-will choice into service unto God/Aton of Light, Love and Knowledge, YOU will have ALL abundance you need to sustain in His Service ALWAYS!

With that thought, precious chelas, we will close this document. You ones who seek, who desire to KNOW, who seek to gain BLESSED OF OUR FATHER. WE HONOR YOU ALL AND WE ARE SO GRATEFUL TO SERVE YOU OF OUR BROTHERS OF GOD AND THE CREATION. Thank you, little dove of light, Druthea, We LOVE you greatly and God is most pleased with your service, chela. Hold it closely. We are Sananda, Lord Michael and St. Germain. May God's Light shine brightly upon and within you, our brethren. Walk gently and in Peace with one another. Salu.

LESSON 17

GIVING IS EFFORTLESS WHEN YOU TRULY GIVE OF SELF

Greetings precious Druthea. I AM Sananda. I come in service to Holy God/Aton of Light, Love and Knowledge. Thank you for your attention, my precious chelas.

If you will remember of the lessons given forth recently of Germain. Germain spoke of the nature of God. Specifically, I am referring to GIVING and REGIVING which is God. You may see it here upon Earth (Shan) as birth and rebirth such as of the natural seasons which you call Winter, Spring, Summer and Fall. All Creation falls within the cycles of giving and regiving life.

Only Hu-man (Higher Universal Man) is given the choice through his free-will about whether he will cooperate in the co-creation process of giving and regiving, or he will "develop" through his compressed/limited senses of monitoring EFFECTS, ways to manipulate, dominate and conquer Nature to suit his spiritually ignorant means.

Only Man through his adversarial/primitive misdirection chooses to take from nature without regard for balance and harmony of ALL within Creation.

The resounding EFFECTS of Earth Man's adversarial TAKING behavior is clearly represented upon your plane at this time...although Man has only just begun to realize HIMSELF as the CAUSE of this unbalance.

It is always a struggle to take, even if it is only perception of physical "things," simply because the soul is left empty, for your immortal soul is not enriched and replenished through "taking" of life and physical conquering of another or Nature. Only through KNOWLEDGE of giving of self, without emotional strings attached, will your immortal soul be lifted from earth physical attachment and compression.

WHAT IS "NO STRINGS ATTACHED" GIVING?

In order to give effortlessly, the **knowledge** has been gained that it is one's expression of God's Divine LOVE which is ultimately being given. The fulfillment of true ego-selfless giving is immediate and not dependent upon perceived physical acceptance of same by the receiver. Although one who is a selfless giver will also be a most gracious receiver of returned LOVE to himself.

Are you beginning to understand, precious chelas? God working through you will ALWAYS BE FULFILLING YOU through His giving and regiving of LOVE.

Those of us who serve HIS DIVINE LIGHT OF LOVE, could not be very effective "guides" to you, our brethren, if we gave up on our outpouring of LOVE to you simply because so few "accept" what we give. This is the measure of your spiritual maturity, precious ones. That you can give and regive without emotional attachment or suffering to self. Giving and regiving Love is effortless when it is continuous and the measured out come of "success" does not dissuade one from selfless Divine God-GIVING and REGIVING.

The NEED for LOVE giving is great upon your plane and that is why the focus of many ones from the HIGHEST levels of God's Kingdom is upon you. This does not mean that ones of us don't become rather passionate in our concern and compassion for you, our struggling little brothers. We, too, have our lessons of KNOWLEDGE earned through our service to God through our service to Earth Human.

You ones have no idea how often ones of us who work closely with you, want to DO something more than COSMIC LAW will allow us to do. Many ones of us have petitioned to GOD and He clearly has defined that which we may and may not do to remain in His service. The difference between us, of higher experience, and you of Earth physical compression, is that WE KNOW THE LAWS OF GOD AND CREATION and our Spiritual Integrity of SERVICE TO THE HIGHEST ONE will not allow us to break THE LAWS.

Just as a parent with a child who is stumbling and learning to walk feels compassion for his child who he knows must do it on his own with only loving guidance, we too must observe and guide you ones without interfering and DOING it for you, for then we only serve ourselves in our impatience to "hurry" along your growth. The progress of your growth, however "long" it takes, is between YOU and GOD. Interfering in that process is FORCE and FORCE is not of GOD/ATON!

ALLOWING FORCE IS NOT OF GOD

So you may be thinking, "What about the Adversary?" The Adversary definitely seems to "force" his way into domination. DOES THE ADVERSARY REALLY "FORCE?" Think about this, chelas.

The adversary definitely lies, cheats, and intimidates, but does he force his way into existence here. The adversary can kill the body physical to further its means. So where does the adversary get its power? The answer chelas, is from YOU! You have "allowed" the adversary to intimidate you, and when you became "afraid," you gave the adversary your GOD-POWER. He controls you through your perceived "separation" from GOD. And the only reason you are still upon this 3rd dimensional plane is because you have BELIEVED THE LIES AND DECEPTIONS OF THE ADVERSARY WHILE YOUR GOD-GIFTED SOUL HAS PINED AWAY FOR RE-UNIFICATION WITH THE ONE, GOD/ATON.

The question now is to self. "Are you ready to release the adversary?" If so, then **ALL** of your **TRUST** and **FAITH** must be directed toward **GOD** who exists within **YOU**. Therein will your freedom from the bondage of limited-physical adversarial perception be **earned**. Did you read that clearly? **YOU WILL EARN YOUR SPIRITUAL UNITY BY ACCESSING THE KNOWLEDGE OF GOD WITHIN YOU**. And your "proof" will be forthcoming through **FAITH** and the return of your Free-will to **GOD**. For your "proof" of God's existence and coming" will be revealed **WITHIN YOU FOR THERE IS WHERE EXISTS THE KINGDOM OF GOD...WITHIN YOU!!**

SO WHAT ABOUT "GRACE" GIVEN OF GOD?

Grace is the quality of God Giving and Regiving Love. Let us define Grace, "1. Beauty or harmony of motion, form or manner. 2. Any attractive quality. 3. Service freely rendered; good will. 4. The act of showing favor. 5. Clemency; mercy. 6. *Theology*. a. The love of God toward man. b. The divine influence operating in man."

Mine scribe, Druthea, watched with some amusement a "Christian" TV Minister yesterday. He was speaking about his perception of God's "Grace." He said words to the effect, "You need do **NOTHING** to receive God's Blessings and Grace." (Sounds a bit like the "just BE" philosophy of many New Agers, does it not?) "We humans believe we must "work" to earn God's Grace. This is **NOT** true. We must accept **CHRIST** as our Savior. **HE** has taken our burden for us." There is the catch, *Christ* has taken responsibility for **YOU!** Do you see how deceptive the adversary is? "God will take care of you. You need do nothing. You are not responsible. Christ is your Savior..." ad nauseam!

I am not **YOUR** savior. **YOU** are your Savior. And the good news is **YOU** will **EARN** your way into **GOD's** Grace by standing responsible for self and obeying **THE LAWS OF GOD/CREATION**. It is really so simple, chelas. You see, **GRACE** also is a wondrous quality of **EFFORTLESS GIVING AND REGIVING BY GOD!**

WHAT ABOUT "MERCY?"

I will first define **Mercy**, "1. Kind or compassionate treatment of an adversary, prisoner, etc., in one's power. 2. A disposition to be kind, forgiving, or helpful. 3. The power to show mercy and compassion."

Remember this carefully, chelas, GOD is all-compassionate LOVE and MERCY. It is the adversary who seeks punishment and is absolutely merciless! You who have allowed yourselves to be ruled by the adversary WILL PUNISH SELF AND BLAME GOD EVERY TIME!

It is only a spiritually ignorant being who will seek punishment of self for perceived errors. Errors are **EFFECTS** of dis-eased thinking, **NOT** ever are errors caused from **GOD-KNOWLEDGE. ONLY THROUGH THE MISUNDERSTANDING AND MISINTERPRETATION OF THE PHYSICALLY COMPRESSED SENSES AND BLIND DEFIANCE OF THE LAWS OF GOD/CREATION ARE ERRORS CAUSED BY MAN.**

YOU DESIRE GOD'S MERCY AND FORGIVENESS THEN YOU MUST PETITION GOD WITHIN YOU TO GUIDE, PROTECT AND SUSTAIN YOU WITH LOVE AND KNOWLEDGE OF THE POWER OF YOUR WILL AND HIS WILL AS ONE!

God IS ALL-FORGIVING MERCY. So then, chelas, forgiveness and mercy must begin within **SELF** since that is where **GOD** resides.

The adversary will **dissolve** in its power when confronted by the Divine Holy Power of **GOD WITHIN YOU! WHY?** Because **EVIL** is an illusion developed and sustained by **MAN**. God's Love, Light and Knowledge is **ALL** that exists. **YOU** each are fragments of **HIS** divided thinking. **THERE IS NO SEPARATION OF GOD AND WE OF HIS THOUGHT FRAGMENTS, EXCEPT THROUGH THE BELIEF OF SEPARATION EMBRACED BY LIMITED HUMAN SENSING PERCEPTION.** So Be It.

YOU MUST SEEK TO KNOW GOD WITHIN

Only through KNOWING that which is GOD will you KNOW GOD WITHIN ALL. How can you KNOW GOD? BY YOUR DESIRE TO KNOW GOD will his Kingdom be revealed within you. He awaits your sincere petition of recognition and acceptance of HIS WORD within you. Your song of LIGHT resounds within GOD'S KNOWING and you will dance and sing HIS presence in co-creation as ONE WITH GOD AND ALL THAT IS.

"In all that I AM Father, not MY will, only let THINE WILL BE DONE." And so it is.

Thank you, precious Druthea, for your service. I AM Sananda, ONE with GOD within Creation. I am most pleased to be of service to you, my precious brethren of Earth Shan. Walk together in Absolute Love, Unity and Peace and KNOW Always Our Father walks with you. Salu.

LESSON 18

MARTYRDOM IS TELLING GOD WITHIN, "I GIVE UP"

Greetings Precious Druthea. I AM Sananda, One With God. I come in service to God of Light, of Knowledge and of Love.

This day I will discuss the condition of emotion which you call **martyrdom**. Let us define **Martyr** within your human dictionary, "1. One who submits to death rather than renounce his religion. 2. One who dies, suffers, or sacrifices everything for a principle, cause, etc. 3. One who suffers much, as from health or misfortune."

One who believes that he must suffer and *die* for that which he believes in, or for God, is most mistaken as to the nature of GOD. God does not require suffering and death for soul salvation. He ONLY gives forth life to his human imaginings as well as ALL of Creation. It is the adversary who has "fooled" the devoted and developing human into believing that he must "die" for God and that suffering is somehow "good." All I need say to this line of "thinking" is, it is nonsense, since it is not coming from the KNOWING of GOD.

IT IS ONLY A SPIRITUALLY IGNORANT BEING WHO WILL SEEK PUNISHMENT OF SELF FOR PERCEIVED ERRORS OR IMPERFECTION

Why is this so? Well, the difference is that a spiritually MATURE being will seek understanding of CAUSE of his error so that the KNOWL-

EDGE is gained from the experience that the error NOT be repeated. He will not seek continuous self-punishment for experiencing an EFFECT from an error in his thinking of which he KNOWS NOT THE CAUSE in self.

It bears repeating herein, that GOD needs LIVING devoted human beings upon physical 3rd dimension of Earth (Shan) to do His Work. He does not demand, require or even imply that HIS children need suffer and die in His behalf! GOD IS LIFE GIVING AND REGIVING LOVE!

If you martyr yourself, then it is human misperception influenced by the adversary that develops this desire to suffer and die. You become unable to truly serve God when you develop suffering of great pain and agony upon either physical or emotional self. For then most of your focus is on self in the suffering thereof. And when you die in physical form after suffering intensely, there is much healing that must occur even in the next place of your experience after your so-called "death" transition.

WHO SAYS PAIN IS YOUR TEACHER?

We have heard this said by many ones, especially within the "New Age" and even so-called "Christian" community. Now please do not misunderstand, every painful experience *can* teach you something from the "information of EFFECTS of motion" standpoint. *Pain is a symptom*, an EFFECT of dis-ease in one's thinking/behavior, it is most certainly NOT the cause. Most often, when it is viewed from the EFFECTS standpoint, what you learn is that feeling pain is a pain and certainly NO fun. But UNTIL ones who suffer pain actually search CAUSE within THEIR creating experience and THEN GAIN KNOWLEDGE FROM GOD as to WHY one is punishing SELF, one will have learned nothing of absolute CURE.

Now think about this, chelas. How many of you have felt great KNOWLEDGE flow forth to you when you are in tremendous physical or emotional agony? Many of you have simply run to your nearest phys-

ical/emotional pain-killer, such as Alcohol and/or Drugs. Did you find your CAUSE in those drinks or those pills? Not only did you avoid the discovery of your CAUSE, many of you found yourselves addicted to the unbalanced EFFECT! The CAUSE must become KNOWN within, understood completely and released to allow a CURE of the diseased CAUSE and, therefore, the dis-eased EFFECT.

For example, you Mothers who have given birth to a wondrous child. IF you suffered great physical pain which we observe MOST of you do, were you not beside yourself thinking HOW to relieve the pain? DO YOU KNOW, PRECIOUS MOTHERS OF GOD, that child-birth NEED NOT be physical agony? YOU SIMPLY EXPECT THAT IT WILL BE AND SO IT IS. Could it be in your thinking that somehow the pain makes you a more worthy Mother? And is the Joy of the gift of the child more wondrous when you have suffered to give birth? Ponder these questions within God-Knowing, chelas. There is no Pain required to be "Worthy" and "Joyous" ...ONLY LOVE. So Be It.

Very simply put, chelas, PAIN is EFFECT of YOUR desire to suffer. WHY would any CHOOSE to suffer? Mostly because you have been taught and have BELIEVED the lie that suffering somehow makes you worthy in "the eyes of God." For most of you feel so unworthy and guilty in SELF that you seek SELF-punishment to somehow "even" the score with God.

All you are really doing, chelas, is punishing self and invalidating your LIFE. You are telling GOD, "*I give up on life. All I deserve is suffering because I am worthless. So I will gain my immortality and acceptance by GOD by suffering FOR him.*" This thinking behavior is so ludicrous! Do you see? GOD DOES NOT PUNISH; YOU PUNISH SELVES, ALWAYS. YOU REAP THE EFFECTS OF THAT WHICH YOU SOW IN EVERY CIRCUMSTANCE. WHEN YOU DEGRADE YOUR SPIRIT BY BREAKING THE LAWS OF BALANCE OF NATURE, YOU REAP THE EFFECTS OF THAT UNBALANCED BEHAVIOR, NO MORE AND NO LESS!

SUFFERING IS A VERY SELF-CENTERED ENDEAVOR

As I said earlier, when you suffer great emotional and/or physical pain and agony, you most often are not thinking about HOW to serve GOD, or how to assist your neighbor. You are too "busy" in self-suffering and usually garnering much needed "attention" from others around you. One who suffers "continuously" is most often STARVING for LOVE, attention and acknowledgement from others of friends and family.

YOU are in NEED when you suffer. Only most often, you ones seek OUTSIDE selves for nurturing and LOVE, instead of inquiring WITHIN of GOD for nurturing and UNDERSTANDING of SELF-CAUSE of the suffering. IN A MOMENT GOD WITHIN CAN ALLEVIATE ALL SUFFERING IF KNOWLEDGE OF SELF-CAUSE WAS ACCEPTED AND UNDERSTOOD.

In the first case of seeking from outside self, one is NOT taking responsibility for self, so KNOWLEDGE of CURE cannot be attained. In the second case of GOING WITHIN WITH PURE INTENT/DESIRE TO KNOW, one is most definitely TAKING responsibility for SELF-healing IN his MIND-THINKING diseased CAUSE. One has then ACCESSED and ACCEPTED the power of knowledge gained by GOD WITHIN.

IS ASSURANCE AND REASSURANCE REALLY NECESSARY AND FOR SPIRITUAL GROWTH?

There is absolutely nothing "wrong" with GIVING assurance and support to another for the work they are doing, especially if it has been beneficial for you. Often ones in service, such as mine scribes, work in blindness about the effectiveness of our work together in helping mankind attain inner KNOWLEDGE. The human still yet has very little ability to monitor EFFECTS of his efforts in other humans. And often you ones are much quicker to "criticize" another's work from human

"ego" perception than do you offer praise and support from receiving of SPIRITUAL benefit. So the sincere and supportive "feedback" is most heartening and reassuring to our scribes and other workers as well.

Druthea's greatest concern, as well as most all of GOD'S scribes, is that she is translating our messages accurately. She often, most especially in the beginning of her receiving, really needed My reassurance that all is coming out as We intend it to. She is coming into comfort with Us, and working with us WITHOUT her human ego perception input interfering.

You see, for Druthea, the intent to serve GOD only is so very pure, and the commitment so very strong within, that the "letting go" of ego perception for purpose of GOD receiving has not been difficult for her. She may see it differently, only in reality of Truth. I am sure she would admit that ALL of the TESTING she has endured has simply made her STRONGER in her intent and commitment to serve God of Light.

Does that mean that she does not feel "hurt" or "angered" by sharp criticism and inconsideration by others who read THE WORD and yet do not see Truth? Of course not. She is impacted by perceived "negative" attack by others. And although I know, in the beginning when the threats and criticism and hatred were thrust at her, Dru wondered about the value of her service, today SHE within herself certainly has NO doubt about the importance and value of her contribution.

What is so beautiful to behold from where I sit, is that Druthea, has only become MORE humbled and spiritually mature because of her work for God. Well, I've nearly brought Druthea to tears...

So you see, my precious chelas, when your integrity of service has become impeccable in intent, and you have truly given back your will to God's will, then your desire is to ONLY serve Him. Your inner thought will be, "Please Father, I only wish to sustain in YOUR service, do YOUR will and BE an HONORABLE reflection of YOU." Within you YOU WILL KNOW you are, doing His will and the "right" deed, and

then from human perception, occasional sincere assurance given from without is most appreciated. Inside you KNOW and will continue your service IN KNOWLEDGE ANYWAY, with or without outside reassurance.

YOU HONOR GOD WHEN YOU HONOR YOUR BRETHREN

When you give appreciation to SPIRIT within another, and not just false accolades to the EGO, then you lift them as well self into GOD'S LOVE VIBRATION. You are demonstrating HIS giving and regiving quality. And LOVE given in honor of intent is ALWAYS returned in abundance to SELF. You are then HIS grace in motion co-creating His Harmony of LOVE within Creation. A most splendid place to be...ONE WITH GOD'S MIND! !

Giving LOVE is becoming ONE with the Breath of GOD CREATING.

With that thought let us take a rest, Druthea, and ponder these things more carefully. Thank you, my precious little sister, for your service. I AM ever with thee, to lift and comfort thee. Walk with Me, my precious brothers, and I WILL bring you home. I AM Sananda. One WITH GOD, Within Creation. I LOVE you greatly, my brothers. Be at Peace. Salu.

LESSON 19 WHAT IS PAIN?

Greetings, precious Druthea. I AM Sananda, One with God. I come in service to Holy Divine God of Light and to The Creation. Druthea has petitioned for clarification regarding "pain" and "illusion" and how it relates to one who serves God upon 3rd Dimensional Earth Plane.

Druthea's "confusion" came when she read a statement in which said. *"Peace" does not mean "absence of pain"— it means exactly what it says — "at peace with that which you are — within." The Masters before you have had total Peace within — and abundant earthly agony and pain without — do not confuse the two.*

What is the "confusion," little sister? Did you think that you would serve God here and then ALL would be painless and fearless within you? Come now, chela. Let me do some "reminding" about this place and the nature of your "agreement" when you serve upon "physical" illusion.

PAIN AND FEAR ARE OBSTACLES OF THE ADVERSARY

When you ones of God petition God to serve in 3rd Dimensional "physical" illusion, you KNOW in advance that part of your service involves MANY challenges to THAT service by the adversary upon this place. The adversary "rules" this place through the developed illusions, which we call "obstacles" of FEAR and PAIN, as well as a host of other "human physical" emotions.

Chelas, let us give you an example with which to ponder. Most any well-meaning spiritual seeker can and will serve God when all receive him in Love, and there is NO criticism, NO pain, NO doubt and NO Fear thrust back at him. But how many of you WILL endure the DISCIPLINE of physical and emotional obstacles, such as fear and pain, and continue in your service to God? It seems, few indeed.

SPIRITUAL DISCIPLINE IS YOUR CHALLENGE TO SELF IN SERVICE TO GOD

Do you see precious, that you who have agreed to assist this developing humanity must jump in completely and function in this illusion as ANY human does, that includes experiencing the adversarial challenges to your INNER KNOWING.

You have a saying which applies herein, "When in Rome you do as the Romans do." When on Earth Physical, you experience as Earth Human at the same level which the "Mass" Consciousness of the WHOLE is experiencing at. This is how you gain "understanding" of the workings and hardships of this "illusion" that hopefully you "remember" and "rise above" the obstacles set before you in true spiritual discipline. SO THAT YOU BECOME AN EXAMPLE FOR HUMANITY to see that perhaps they TOO can overcome the compression of this illusion and find the JOY within of KNOWLEDGE to sustain them in God's service.

It is easy to be upon a higher plane and observe Earth functioning and say, "Father, please let me serve my little brothers on Earth." It is quite another thing to find yourself in earth physical bombarded by the actual illusion and perceived separation from Creator source, and through the experience then begin to truly comprehend the difficult nature of your commitment to serve.

MIND OVER MATTER

Germain and myself can speak of the true nature of "Reality" which is ALL KNOWING, LIGHT, LOVE of MIND of Creator, but it does not mean that YOU experience in physical form only within MIND OF GOD. The suffering and pain of Earth is tremendous, and as a human working here, you most certainly be impacted by it.

The question to self and God is, "Will you continue in your service to God IN SPITE of the adversary's evil projections and painful bombardment?" We feel YOU WILL DO SO. That is why we work so closely with you ones to remind you and assist you in keeping you "on track." The discipline of self in commitment is extraordinary upon this plane. Frankly, that is the CHALLENGE you ones desired and you certainly felt at the time that you agreed to serve here that you could handle it. We KNOW you can. Do you?

Experience on Earth is really quite a test of MIND over MATTER (illusion). I came as did you ones and endured pain and agony, fear and rejection. If you think I and the Masters before me were somehow "above" human emotion and pain, you are sadly mistaken. I experienced as human, as part of MY testing and spiritual development in service to OUR Father God/Aton. I developed such compassion for you ones because of my experience upon Earth. This is why I promised to return and bring you who choose to go HOME to our Father's Kingdoms.

You see, I could not serve you NOW in my inherited capacity as SANANDA had I NOT experienced physically upon the Earth plane. I made the choice and my rewards from MY Father Aton have been incredible. You ones have yet to remember HIS LOVE, Light and Perfection of KNOWING. I and my brothers serving with me hope to bring MANY of you home to His place of remembering within you. God has prepared a place for YOUR return. And WE are come to bring THE WORD that you ones may choose GOD within you to return to. So be it.

YOU WILL "RISE ABOVE" YOUR PAIN, SUFFERING AND FEAR

It is true, chelas, that pain and fear are symptoms, EFFECTS of dis-ease in one's thinking or "believing" patterns. They are tools of the adversary. Pain and fear also exist as development of physical manifestation ILLUSION. You will either fall into feeling "helpless despair" or you will recognize CAUSE in self, and continue your commitment of service.

For example, many of you ones of earth, are "sharpening" your spiritual discipline within by enduring the challenges without. It is really that simple. Is it easy? God NEVER said it is easy to experience here, BUT the rewards are tremendous, especially in regard to the gaining of KNOWLEDGE and Spiritual Perfection.

YOU ARE GIVING "BIRTH" TO GOD WITHIN YOU

You ARE giving birth to God perfection, Love, Light and Knowledge within. This does not mean that birth is easy and pain free always. You are creating your birth HOW YOU DESIRE IT TO BE. Some of you choose pain in order that you can practice "Mind over Matter." The point I have been efforting to make is that YOU CHOOSE ALL in your experience, including adversarial challenges or obstacles to self. I simply want you to know that in REALITY OF GOD LOVE and MIND KNOWING, you are not REQUIRED to suffer continuously unless you choose to do so for some understanding...or punishment within.

Do you know that when you DECIDE to, you can RELEASE your pain to our Father and it will dissolve by the strength of your intent and DESIRE? It is so. I suffered tremendous physical pain as a test of discipline to myself before and during my crucifixion. I did not suffer as long as I could have though, because I surrendered MY WILL TO MY FATHER and HE released me. That is why I was comatose and "appeared" to be physically dead. I was NOT killed at my crucifixion,

as it was the WILL of MY Father that I continue in service elsewhere. I was NOT a Martyr who suffered and "died" for YOUR sins. I RELEASED MY WILL TO GOD, WHO IS WITHIN AND HE RELEASED ME FROM MY PAIN THAT I COULD CONTINUE HIS WORK.

Perhaps now you will understand why I have recently written about Martyrdom. It is because YOU ones MADE me a Martyr so that somehow you could justify YOUR evil behavior simply a product of your IGNORANCE, and NOT be responsible for selves when you error. If I had DIED, perhaps I would have Martyred myself, but I certainly would not have "passed" my initiation toward "Sanandahood," now would I have? I would have GIVEN UP PHYSICAL LIFE on earth and therefore, been unable to continue with my commitment of service to GOD/ATON on earth.

YOU ARE RESPONSIBLE FOR YOUR SINS (ERRORS). I know we keep repeating this statement, but it bears repeating and repeating that you ones who call yourselves "so called" Christians who believe I died upon the cross FOR YOUR SINS, KNOW THAT YOU WILL STAND NAKED BEFORE GOD AND SELF IN RESPONSIBILITY FOR YOUR OWN SINS. I don't care if you claim you accept JESUS CHRIST as your savior. YOU will "save" your own soul and assets or they will not be "saved."

And what about your soul? YOU will choose to GROW INTO KNOWLEDGE OF SELF-RESPONSIBILITY and abide within the LAWS OF GOD AND NATURE, or you will choose physical destruction of self and thus remain in a place in keeping with your IGNORANCE.

What is even more disturbing to those of us assisting Earth human, is that you ones even seem bent on destroying your very beloved planet! YOUR life-blood of survival as a species is at stake, and YOU SEEM TO CARE NOT ABOUT IT!

This is why WE of YOUR HOSTS most certainly hope that you ones will take heed of the WARNINGS about HOW NATURE WORKS, especially those given by Germain at this time within the book, "Atomic Suicide." and that is that Atomic Radiation is BURNING YOU UP, EXPANDING YOUR CELLS OF LIFE AND CREATING DEATH WITHIN YOU AND ALL ABOUT YOU. You MUST stop this madness of developing Nuclear Atomic Plants, because it is coming back upon you; and you think there is suffering now? Oh, MAY GOD HAVE MERCY UPON YOUR SPECIES IN YOUR IGNORANCE OF THAT WHICH YOU DO! YOU WILL REAP BITTERLY THAT WHICH YOU HAVE SOWN UPON MOTHER AND MOST OF YOU KNOW IT NOT!

THE NATURE OF THE UNIVERSE

Please read ALL of the "Atomic Suicide" and "Secret of Light" by Walter Russell, and I expect more volumes as this is the information which will hopefully SHOCK enough of you into action for self-preservation, if no other motivation arouses you. Send these books to the officials in EVERY city which supports a NUCLEAR PLANT or ones who PLAN to build one. GIVE THEM QUICK REFERENCES ABOUT HOW RADIATION TRULY WORKS AND THE DANGERS OF MINING AND SEPARATING MINERALS FROM THEIR NATURAL STATE WITHIN YOUR ROCKS AND EARTH. THE MADNESS MUST STOP, CHELAS!

We hope that with this knowledge now coming to you via Germain you and your officials and statesmen will SEE THE LIGHT OF TRUTH and put an end to what WILL be the complete destruction of your Earth Species, as well as the Earth as you know it now! You can avert further damage, only you MUST act NOW!

Now I will quote from one of Germain's recent writings that you may further understand the seriousness of your circumstances upon earth:

...*"Nature has a tremendously balanced rhythmic normalcy in her orderly processes of creation. It is all of it good for Man and animal alike when they observe that normalcy. When they defy it, or violate it through ignorance of it, Nature (or GOD) does not punish them for that violation. Ignorance punishes them. The discovery of atomic energy as a means of obtaining greater heat than an orderly and normal way suitable to environment, is as much a breach of Nature's orderly processes as it would be if Man violated the law of gravity by discovering that he could get to the bottom of the canyon in a much quicker than the normal way. No man would do that because he knows better. Atomic energy for industry is as great a violation of Nature's way as a defiance of gravity would be (realizing that even gravity is not that which is accepted). And it is as sure a death for the violator of one as the other.*

"We know that Man is not intentionally defying God's law. There is but one other reason why he is doing it, which is that he does not know what he is doing. Do not, however, for one minute believe that, as time has elapsed, the Elite have not seen the possibilities and now utilize same for their own greedy purposes. Man admittedly does not know what he is doing. The law works just as irrevocably, and inevitably, however, against him who defies it, as it does for the one who does not know. For long ages he has sought for the life principle in germ or ultimate unit of matter. He has never found it there and never will. Likewise, he has sought for the principle of death. This he has now found, but does not know it." ...So be it and Thank you, Germain.

I am very sorry that we must show you these things, these consequences of your errors and your ignorance. I know that you do not like much what you see and especially what you hear, only you must KNOW THE TRUTH OF YOUR CAUSE, even if it is through ignorance that you caused this destruction upon yourselves. Because you see as it was so beautifully explained by Germain, the law works irrevocably and inevitably against you if you defy it **knowingly or unknowingly.**

THE HIGHEST COMMAND OF THE CREATION

Now you may have a better grasp at why the Highest COMMAND of The Creation is: "Gain ALL knowledge inasmuch as this will enable you to **wisely** follow the Laws of Creation." Ignorance WILL kill you, and although your soul is IMMORTAL, your REMAINING in ignorance can and will cause you much unnecessary pain and suffering. And in this time-frame of your evolution, not only can your ignorance of Nuclear Atomic Energy cause you great pain and suffering, IT can also DAMAGE soul essence and "THAT IS A NO-NO!"

So here is THE WORD and THE WORD will go forth as promised by God/Creator of LIGHT, LOVE and KNOWLEDGE. YOU will choose that which YOU will do, and the CHANGE must BEGIN WITHIN EACH ONE. You will each stand responsible for self. And those of you in God's service will become most disciplined in ability to WALK through the destruction of the physical illusion all about you to assist the bringing home of YOUR brothers who choose GOD in ONENESS.

May God's light shine brightly within and without you that you remember WHO YOU ARE AND FROM WHERE YOU COME IN ONENESS.

I honor and salute you of our physical crew members, who although not all of you remember yet your complete commitment, yet you serve responsibly within the INNER KNOWING, ever enduring and surmounting the outer darkness, discomfort and distraction of this illusion. KNOW, precious ones, that GOD'S radiant light IS WITHIN YOU ALWAYS to guide and comfort you. I love you greatly, precious ones.

Let us close this document. I trust that I have clarified sufficiently to bring Peace Within about that which is. Thank you precious Druthea, my little dove, for inquiring on behalf of self and your brethren for clarifi-

cation. I never leave thy side, chela, and Michael and Germain are always with thee as well. Hold this close to your "heart," precious. Your "worthiness" is absolute, you just don't "believe" from human ego perception that this be true. Release that false "perception" to YOU KNOWING within, precious. You will endure. KNOW THIS FOR THIS IS YOUR DESIRE...TO SERVE GOD. I AM Sananda, ONE WITH GOD, in service to His Light of Knowledge, of Love and of Light, and therefore to YOU, my brethren. Thank you for your attention. Salu.

LESSON 20

WHAT ARE THE CONSEQUENCES OF SUICIDE?

Greetings, precious Druthea. I Am Sananda, returned in service to God of Light to answer some inquires of me of a personal nature for one called "Laurie." I will answer in general format that those of you with similar concerns may be given understanding as well.

Precious Laurie, you ask questions from within which cause you great unrest and feelings of "guilt." Such is the nature of human perception when one does not understand the effects one witnesses with his senses and not his KNOWING.

First, chela, let me begin by saying that it is not necessary that you send your inquiry anywhere except to God WITHIN you. When, for example, you petition to Myself, Sananda, I HEAR YOU WITHIN, precious, it is simply you do not yet HEAR ME. You must learn to seek your answers WITHIN, child, that your power be acknowledged and recognized and therefore accessed WITHIN you.

Does this mean we expect you ones to not inquire or ask for clarification? Of course not. Often your questions belong to many ones and so we are most eager to offer clarification and further understanding to you.

Now, it is most important, chelas, that you read this book for in-depth clarification on the Laws of God and Creation. Therein we speak of murder, suicide and abortion clearly as defiance of God's Laws. Suicide is self-murder. So then, you must understand that it is not the decision of any human to end his/her life before its natural cycle is finished. WHY? Because God/Aton has graced you with LIFE upon Physical dimension

to GROW in your spiritual perfection back to ONENESS. When you purposefully END that life you reap a sort of "set-back" caused by the confusion of premature death at the hands of self.

Although you never go backwards in your spiritual evolution, YOU certainly can become stagnant, or lost in confusion for a time. Suicide is an interruption with YOUR WILL against the WILL of GOD of your lifestream evolution. What happens to one who ends his life will vary with each individual circumstance. One thing is certain though, you will not GO to a better place of fulfillment until you've completed your lessons. You will need to return and FINISH lessons which you may have thought you escaped and you may find that the second journey may be less pleasant than the first in human experience.

DEATH DOES NOT CONQUER LIFE

Just as it says, chelas, because you die physically does not mean you are now perfection and have no more lessons to reach God perfection. The difference is that "on the other side" you will be made, often painfully, aware of your errors made against God and Nature through self-misbehavior.

ONLY LIFE IS ETERNAL and physical death is just that, death of a body. THE SOUL IS IMMORTAL and continues on at whatever its level of KNOWINGNESS WITHIN GOD/MIND. Only through LIFE and LIVING in balance within The Laws of God and Creation will you conquer your fear of DEATH. For then you will KNOW that physical death is only a step, a change of experience...NOT the end of LIFE eternal!

Murder, Abortion, Suicide are all attempts by Man's will to end life given of our Creator against HIS WILL. The one thing I wish you ALL to remember clearly is this. You are responsible to SELF and TO GOD WITHIN for your actions and behaviors which defy Nature and the laws thereof. INHERENTLY WITHIN YOU, YOU ARE GIVEN ALL THE LAWS AND MORAL RULES OF CONDUCT AND BEHAVIOR. So

within you must come into understanding of WHY you are distressed and feeling unworthy in your being.

WHEN YOU UNDERSTAND YOUR CAUSE YOU CAN CHANGE your behavior that the cause not be repeated by the lesson or error being understood in KNOWLEDGE within you. Forgive yourself for that which is done and cannot be changed...it is a gift IF you recognize the error and can release the punishment of self or of another. Or the error can be turned by you into a tool of punishment of self or another, leaving the lesson unlearned and the error planted indelibly within you to be repeated and repeated until you choose to KNOW by asking GOD within for guidance and Truth.

YOU CANNOT "CHANGE" THE MIND-SET OF ANOTHER, ONLY SELF

We have said repeatedly that if ones do not wish to hear the truth that Abortion is murder of life and against God's laws, that suicide is murder of life and against God's laws, or that you are in BIG trouble upon your plane because of the defiance and ignorance of THE LAWS OF GOD AND THE CREATION, then let it go. THEY will not change until THEY so choose to do so. You pestering them and pleading with them will only cause YOU more anguish and they will pull away from you completely. LET IT GO, chelas. Give and do what you can to offer assistance and understanding and if the information you give is rejected, leave them alone. Each must live with the consequences of his behavior and his ignorance. If he chooses to remain in ignorance then that is HIS choice, not yours.

These ones, especially friends and family members will remember YOU when this illusion comes bearing down upon them and they are terrified and know not what to do. At that time you may extend your hand, if that is what GOD WITHIN requires of you; until then release them to themselves and pray that they are given something from elsewhere to confirm

what you have shared that they may act before the clock runs out for them in this illusion.

WHAT TO DO WITH A "STRONG-WILLED" CHILD

Well, chelas, this is a time of remembering your Divine Spiritual Heritage of ONENESS with ALL and of graduation. Many of the children entering during this time-frame especially of My people, come with child body and SPIRITUALLY MATURE SOUL. It is best not to DOMINATE the child. The child needs LOVING, FIRM DISCIPLINE for its own protection. Yes, patience is most important with children. That does not mean that the child walk all over you and others in inconsiderate behavior. Explain the "WHYS" as best you can. Do not LIE, ever, to the child. If you do not know something, tell the child you do not know. The more spiritually aware children will question and be curious about EVERYTHING and therein is where your patience will be most important.

My suggestion is that when you feel your patience running out, stop and clear your space of ALL dark fragments and then ask GOD within to help guide you with how best to respond to the child in any and all circumstances. You who have chosen the challenge of parenthood during this time-frame indeed have your work cut out for you. KNOW that you are worthy. You cannot RUIN a child by a few harsh words occasionally. Learn to apologize to the child when YOU feel your temper was lost. He will learn that even his parents, in their humanness, are not always perfect and an apology is important at times and soothing to the soul of both giver and receiver of an apology.

The Light of the child's KNOWINGNESS will shine above the physical impact he endures. As a parent, though, you have the opportunity to guide him and give him the security of your ABSOLUTE LOVE that he finds himself worthy in his own BEINGNESS. He, therefore, will not be emotionally crippled from childhood neglect or abuse, which would simply become another obstacle which would challenge his growth.

You parents who concern the most are most thoughtful and aware of the tremendous responsibility you hold for raising a child for GOD. Many of you ones have had emotional and/or physical "abuse" yourselves in your growing up years which you have worked to overcome and you "fear" that you somehow "repeat" the errors in behavior of YOUR parents. I will suggest that if you are thinking about it carefully, YOU KNOW YOU WILL NOT KNOWINGLY TREAT YOUR CHILD IN ANY EMOTIONALLY INHUMANE WAY.

If you were treated in ways which caused you pain, YOU KNOW THAT WHICH CAUSED YOU PAIN. So if you recognize behavior in yourself which is unbalanced and belongs to your past, THEN CHANGE IT. ASK GOD WITHIN TO SHOW YOU YOUR ERROR THAT YOU UNDERSTAND AND NOT REPEAT THE OFFENSE.

Yes, a strong willed child is a challenge. Know that YOU can handle that which God gave you as His charge or you would not have His child. Make sure you take time for self, by yourself even if it is only when the child naps, to commune with God. This will bring you the peace within which you are asking for, for HE will show you the "right" way to respond and to be. You only need learn to LISTEN. So be it.

Druthea, let us take a rest. You have written twice this day. I am well pleased. Thank you, Laurie, for your inquiries which have been within the hearts of many. May you find the PEACE WITHIN which you so deserve. I love you greatly. Walk gently with one another, my brethren. I AM Sananda. Salu.

LESSON 21

CHILDREN ARE THE PRECIOUS "JEWELS" OF YOUR SPECIES

Greetings, precious Druthea. I AM Sananda. I come in the service of Holy God/Aton of Light and to you my brethren upon Earth Shan.

This day we will discuss the importance of the children of your species. There are now birthed and being birthed many whom are destined to become the "leaders" of your Spiritual Transformation and Alignment in the 4th and 5th dimensional experience which Earth is moving into.

You as a species must regard ALL children as the potential for creative and spiritual upliftment for your evolving species. There must be a universal and common interest paid to ALL children, whether YOU are a parent or not.

During this time of Kali (chaos), there exists the tremendous opportunity for CHANGE toward "higher" spiritual KNOWING and many HIGHER Spiritually developed beings are coming physically, now as your babies and children, to assist the birth of YOU within the ONE. Will you give them a "place" upon which to blossom within GOD's knowingness? Or will you continue towards the "suicide" of your species? This uncertain answer remains to be played out upon your plane.

HOW DO I TEACH MY CHILD ABOUT GOD AND CREATION

There is a feeling of sincere and serious responsibility being felt by you

young parents at this time of change. Inherently YOU KNOW of the importance of YOUR mission in raising an emotionally stable and mature child into his/her adult state of independence and responsibility.

One of the most important "jobs" you have as a parent is how you explain and share your perception of God and Creation. In order for you to express with integrity and KNOWING, you must possess the integrity and KNOWING within YOU. It is crucial that you explain God FROM YOUR PERCEPTION always, that the child be allowed to come into his/her own KNOWING within, without strict rules and unwavering projections of "THIS IS HOW IT IS, SO DON'T ASK ME ANY MORE."

The most important bit of information which you can give the child is that GOD EXISTS WITHIN HIM/HER, NOT WITHOUT. You must tell the child that which YOU KNOW from soul KNOWLEDGE. God is Light, Love and Knowledge and WE ARE ALL RELATED FRAGMENTS OF HIS THINKING MIND KNOWING.

Remember, THE SPIRITUAL TRUTH, such as of DIVINE SPIRITUAL ONENESS, will not confuse or upset the child at all. HE KNOWS inside. You are simply reminding him of that which HE KNOWS. You will be giving him his spiritual stability in preparation for the probable human instability which will confront him from other "humans" whom he will undoubtedly encounter.

You are preparing the child for his LIFE'S WORK upon Earth. Are you not honored and humbled by YOUR commitment to GOD?

YOUR ACTIONS AND BEHAVIOR ARE THAT WHICH THE CHILD WILL "FOLLOW"

Do you live your life in balance with the Laws of God and Nature? If not, how can you expect the child to do so? YOU are setting an example, not by that which YOU SAY, but by that which you DO.

I do suggest that your copy of this book become most worn from your study of same so that as you teach your child of THE LAWS, you live accordingly in balance with them yourself IN KNOWLEDGE. If you are not responsible in your behavior, how can you expect the same of your child?

Become an honorable reflection of GOD, and your child will desire the same within self, for he will see the example of TRUTH and BALANCE and LOVE which you are expressing.

The child must also be shown how powerful are his thoughts, and that HE is responsible for that which he sows. Encourage him to ASK questions when he does not understand.

Encourage him to seek TO KNOW CAUSE of that which he witnesses or participates within. If he asks you WHY the water is dirty and the sky is brown, tell him the truth that mankind is not very KNOWLEDGEABLE about the NATURE OF GOD AND CREATION and because of his ignorance, he is slowly destroying our planet.

Tell him not to FEAR that which he witnesses as unbalance and suffering. Show him that HE can offer assistance to CHANGE that which he sees into balance again.

Teach him about GOD'S DIVINE LIGHT of protection and guidance. And that if he truly wishes to understand something which you are unable to offer an answer for, that he can ask GOD within him to show him THE TRUTH and return to him HIS knowledge.

Show him that ALL answers and KNOWLEDGE exist within him; therein lies his power. Teach him to give honor and appreciation to God, to Earth and to ALL within Creation every day for the LIFE experience, beauty and sustenance graced upon him.

Teach him about absolute LOVE and His connection to all. That he exists as a product of God's LOVE giving and regiving principle.

Teach him to respect all of Nature and that nature and God only gives and regives. Human has the choice to give or to take, and taking is that which creates the unbalance.

SHOW him that HIS will and God's Will are ONE.

Tell him about the nature of the adversary, and how the adversary fools him through fear, pain and other human emotions into thinking he is separate from God and powerless to control "reality"

Remind your child that ONLY GOD IS REAL. WE ARE ALL ONE.

Teach him about the universal law of CAUSE AND EFFECT And that only through petitioning within for GOD KNOWING will he understand CAUSE and not be fooled by his senses of what is the EFFECT.

Remind your child of the IMMORTALITY of his soul and that "reincarnation" is a natural cycle of rebirth and one of the most important "facts of life."

BABIES AND CHILDREN ARE NATURALLY "SELF-CENTERED" OR "SELF-ORIENTED" FOR A TIME

This is most natural since the baby and young child are solely dependent upon its parents for its food, clothing, home, nurturing and love. The awareness of the child is centered on the needs and wants of self, until he learns about "respect" of and "regard" for others and that "others" have needs and wants as well.

Most of you have heard the disgruntled exclamation of complaint made in regard to a particularly inconsiderate child or adult. "He/She thinks the world revolves around him/herself!"

These ones are often referred to as "spoiled," which is quite an unpleasant term to refer to someone who is excessively selfish or self-centered.

I must tell you honestly that it is up to you parents to SHOW the child what CONSIDERATE behavior is versus self-centered inconsiderate behavior. You must show the child that there are others to consider in his world and that as parents you will not give him everything he asks for, such as material goods. He must know that he ALWAYS can count on your love, not your pocketbook.

If your child becomes demanding of more, more, more things, then parents, YOU have contributed to this ungracious behavior ONLY you can set it right with SELF and, therefore, child.

I am sorry to inform you of the fact that in MOST all cases of "spoiled" demanding and unruly children, you have as examples, one or both parents behaving in the same way. REMEMBER, the child follows YOUR EXAMPLE OF BEHAVIOR, parents.

GIVE THE CHILD RESPONSIBILITY THAT HE MAY DEVELOP INDEPENDENCE AND SELF ASSURANCE FROM HIS HELPFUL DEEDS

It is most beneficial to the child when you parents give the child duties, such as household chores, and responsibilities. There is no strict set age to begin. I would suggest that you use your GOD given intuition to guide you in each child's case. Often a child will ask to help you in some way and so that is the perfect opportunity to begin teaching about responsibility.

I would suggest that in order to help the child develop and maintain discipline in his responsibilities that you are somewhat flexible and alternate duties when you have more than one child. Also it is most important that the consequences of ignoring duties is made VERY CLEAR in advance and adhered to every time so that the consistency of the consequence is well understood by the child.

You must instill in the child that as with Nature, when her "laws" are broken there are consequences to be had, so too, when he does not do his chores, there are consequences. Always explain WHY you give him duties and WHY it is important that he DO them as agreed. IF, for example, he "forgot" to feed his dog, what would happen to the dog? He would be the CAUSE of hunger for his pet, and that is not acceptable. Or IF he forgets to take out the trash or clean his room, then how will it get done?

An extremely beneficial and fun way to teach a child about responsibility is when you have "pets," household or farm, to tend. Most children are naturally interested in nature's creatures and by giving them responsibility for the care and feeding of animals, they will learn responsibility AND love and respect for God's creatures as well.

Many of you Mothers, especially, get into the habit of just DOING everything, such as laundry, dishes, cleaning for your children and then wonder why they are so irresponsible and demanding of MORE. When they are old enough and big enough let them learn to cook, clean, feed the pets, do the laundry, so that they do not expect all to be done for them. And they then, in turn, learn to care for themselves and be neat and orderly in their functioning.

More than anything else, your child must be secure in the KNOWLEDGE that YOU, his Mother and Father love him absolutely.

Let us take a rest, Druthea. Thank you, precious little sister, for your service. I trust that my suggestions are beneficial for you struggling parents. We will continue in guidance on the subject of children as needed or requested. I AM Sananda, in service to God/Aton of Light and to you, my brethren. Walk gently with one another in Peace and Love. Salu.

LESSON 22

KNOWING THE TRUTH WILL SET YOU FREE FROM THE CONSEQUENCES OF YOUR IGNORANCE

Greetings, precious Druthea. I AM Sananda. I come in the service of our Holy Divine Father God of Light, and to you my brethren.

COMING TO TERMS WITH IMPENDING EARTH UPHEAVAL

This day is a most uncomfortable day for my scribe and for many of you who feel a tremendous tide of uncertainty about your tomorrows. We sit on the eve of a projected day (by evil) of a possible major earthquake upheaval along the San Andreas faultline in California. And even if the quakes are not triggered tomorrow, it is long past due to occur ANYWAY; if not tomorrow then sometime in your near future.

Your agitation is real, chelas, for you concern for many things other than the possible loss of your own life. Many of you have friends and relatives in these areas of impending danger. Many of you simply concern over the tremendous suffering and horror that this sort of physical catastrophe inevitably brings to many millions of people.

Druthea ponders how she will respond in the worst of circumstances which she can imagine...and yet the uncertainty remains. She feels quite helpless in respect to the humans she loves in these locations since she KNOWS that they will and have chosen their own path and their reasons remain between them and God.

WHAT CAN YOU DO ABOUT IT?

What can you DO? You can ask for protection in their behalf. You can speak to them personally and ask that they make some extra preparations, or even leave the area. Then you MUST let it go! You cannot hang your emotions upon their decisions, if you do, YOU will not be able to function in your service. These sorts of circumstances are the ones where emotional detachment becomes so important to attain. Yes Druthea, it is a sort of grieving process you are going through...a letting go. It is best that you do this now since you have a little bit of time to feel saddened and helpless. Tomorrow you may not have the time, nor inclination for spending time evaluating your personal emotional responses. YOU will just DO what you must and you WILL cope much better than you think!

I speak to all of you who read this document. I simply share Druthea's feelings as example which MANY of you can identify with. You ALL have been well-prepared on higher levels for this service and that includes disaster preparation. And certainly, by now, most of you will be prepared for physical survival as well. Trust and LISTEN to your own inner guidance for you will be given instructions.

KNOWING TRUTH CAN SET YOU FREE?

You may be asking yourselves how KNOWING this truth can set you free. Remember this, The Truth may not always be pleasant to KNOW, most especially in THESE TIMES you are participating in. Once you KNOW you can prepare yourselves and REMEMBER how to allow God's co-creative MIND to assist you in making strategic plans of action for returning balance to ALL unbalanced circumstances.

On the other hand, when you exist in ignorance of Truth, such as is the state of affairs for MOST upon your planet, then you will not have benefit of preparation to make the necessary balanced changes. You will simply suffer the consequences of your inaction or unbalanced action

which is a result of your ignorance, especially when in your ignorance you defy the natural laws of God and Creation.

WHO WINS?

It is really not a question of whether or not God wins in the end of this cycle. He already has. The question remains, will YOU be on the winning side of God or not?

Can you deny The Truth? Most certainly you can and many, many ones will chose to deny rather than stand in responsible co-creation with God. But alas, chelas, YOU cannot force nor change the choice of another, for they alone will choose and reap the consequences or rewards of their choices and limitations. This is the process of soul-growth evolution for all human fragments of God. "All will return to God eventually, only yours is the agony of waiting."

INTRODUCTION: WHO WE ARE AND WHY WE COME

Since we now write, I will discuss a bit about WHO I AM and give a bit of introduction. I AM called Esu, Jesus Christ, Immanuel, Emmanuel, The Pale Prophet, etc. I AM now called SANANDA, which means "One with God." This is my inherited name given of Our Father God/Aton. Druthea means Teacher, One who brings Strength and Gift of God. She is one of my beloved human scribes to bring you THE WORD. I and my brother, Lord Michael, are the Spiritual Guardians of this planet as well as many other planets in this galaxy. I come with God's Hosts to bring His children of Light home to higher realms of awareness beyond Earth 3rd dimensional physical. It is graduation time/opportunity when you ones will have either learned your lessons for abiding with-in balance of the Cosmic Laws of Creation, or not. We bring The Word as was promised by Our Creator in the ending/beginning cycle time of which you are now in the midst of. We force none. We offer our Hand

of Truth, Knowledge and Love. You may choose to turn away and God will allow YOU each the choice for He gifted you ones with Free-will to choose on your own.

THE ADVERSARY

God's adversary, whom you may call Satan or Lucifer, has worked most cleverly and diligently to KEEP you in ignorance of Truth. We of God's Hosts have unfolded to mankind on Earth the Who, What, When, Where and HOW of the deceptions perpetrated upon you by your adversary. Encompassing religious, historical, political, socio-economic, technical and geo-physical areas...no stone has been left unturned in this massive deception by the Dark Ones.

CHRIST TEACHINGS VERSUS THE ADVERSARY'S LIES

The greatest tool of the adversary has been the religious/spiritual, deceptive teachings. For by tampering with God's Truth within your so-called Holy books, the adversary has caused mankind to develop a personal God in man's imperfect Human Image, which has stripped many millions of their personal power by not KNOWING communion with GOD who dwells within. And yet what truth remains in your Bible is totally misinterpreted by mankind. For example, when I speak of THE ONE as follows:

John 14:6-21: "...Father who dwells with me and I in the Father" "*The words I speak to you I speak not of myself but the Father that dwells in me, He doeth the works.*" and "*These things I do You will do greater.*"

I spoke of THE ONE and the Father who dwells within me, NOT only about ME. THE FATHER DWELLS WITHIN ALL...ALL...ALL. For

we each exist by His Grace, His Mind, His Thought! When you each recognize and commune with Our Father who dwells within you, His Wisdom and Knowledge and Power are manifested through you, when your intent is to serve His Will only. And through the Christ WAY OF KNOWLEDGE OF GOD WORKING WITHIN will you do the miracles I've done and greater. Can you begin to see how my words have been twisted and corrupted?

So the adversary developed many of you into God-Fearing people with God out there somewhere ready to punish you for all your sins. And then the adversary really pulled a clever trick, he claimed through the gospel of Paul (Saul of Tarsus) that Jesus Christ died on the cross and shed his blood for YOUR sins (errors). All that is necessary is you BELIEVE Christ is your savior and here are all the other little rules for entry into "Heaven." Nowhere does it say KNOW God or the Christ WAY, simply believe what we write as truth because this so-called apostle or that king decided it was so.

One other misconception I would like to rectify regarding the adversary. The adversary is now the ruler of the physical world, because he's been allowed by man to rule man through fear, physical desire and dependency. The adversary DOES NOT have MORE power than GOD, HIS CREATOR. Only hu-man gives the adversary control by remaining ignorant of his own God-power and knowledge. The adversary WILL ALWAYS WITHER in the face of YOUR GOD-LIGHT for he fears THE LIGHT and is a coward. A reminder to all to KEEP YOUR GOD-LIGHT SHIELDS INTACT AND LISTEN TO YOUR INSTRUCTIONS!

My words have been butchered, deleted and tampered with throughout all the various versions of YOUR so-called Holy Bible which is the ONE document which exists that has so completely buffaloed MILLIONS of people and kept them in spiritual poverty and ignorance. There is so much superstition and dogma rewritten in those pages, it is mind-boggling that so many still buy the lie as truth!

WHO PUNISHES OUR SINS?

So WHO punishes you and why all this evil and corruption? YOU punish yourselves through ignorance of Truth about the ways of God and Creation and the Laws governing all. You have developed the evil and allowed the corruption also because of ignorance. Don't you see, GOD never limits your opportunities to gain KNOWLEDGE. YOU limit yourselves through the embracing of fear, greed, hatred, guilt, envy, intolerance, arrogance and a host of other spiritually limiting human, emotions.

God has not left His children without the knowledge of HOW to recognize the adversary and HOW to turn around and reclaim balance within His Laws. With the knowledge of why and how mankind has erred in his ignorance YOU can assist the reclaiming of Earth by Our Father. If you choose NOT to serve Our Father and instead, directly or indirectly serve the adversary, this kingdom called earth Shan will NOT be reclaimed, only the individual fragments of God who serve His Will faithfully will be allowed to exit while evil devours itself and all in its path.

WHAT ABOUT IMMORTALITY AND THE KINGDOM OF HEAVEN?

What happened to immortality? Birth and rebirth? All in Creation experience expansion and compression. Life and Death and Rebirth. Even man in his ignorance of truth continues life SOMEWHERE when he departs this planet in "death" transition. My teachings about immortality were mostly deleted by the adversary. In this way could he (the adversary) bind man in fear of death and therefore control his LIFE on earth.

I urge each one of you who read this document to read ALL of Walter Russell's works, which beautifully and explicitly reveal and explain the mysteries of the nature and workings of God and Creation as transmitted by my beloved brother Germain.

I also urge you to re-read "THE LAWS and DEADLY SINS" as transmitted by myself, Lord Michael and Germain in this book. These above mentioned books exist now as THE MOST IMPORTANT BOOKS FOR MANKIND on the planet!

WHERE AND WHAT IS HEAVEN?

The Kingdom of Heaven exists within God-KNOWING man. What is "heaven?" Your dictionary describes it as *firmament, the regions around or above the earth; sky, any condition of great happiness and of course, the abode of God and His angels where virtuous souls are received*. I again say to you that "The Kingdom of Heaven" exists within God-KNOWING man. It is a "place" which exists within the ALL-Knowing Omnipotent Mind of God and where ones go by seeking communion with and KNOWING GOD-Awareness WITHIN, instead of physical sensing awareness without which recognizes ONLY physical ego consciousness.

When I say *within* I mean beyond your ego consciousness and subconsciousness. The subconscious itself only functions as it is programmed to function. What you must do is tap into your Super-consciousness or also called God-consciousness. Therein will you find ALL knowledge revealed to you by our Creator according to your ability to accept, comprehend and take active responsibility for it. Heaven is a place within GOD's Knowing mind, where CAUSE of all Creation is born. And physical manifested worlds and beings come from ALL-knowing God's divided thinking of equal sexed pairs (male-female) in motion. This represents EFFECT. God's thinking in MOTION.

ARE YOU A THOUGHT OF GOD?

So what is human in relationship to GOD? As with all creatures, each individual is a thought-fragment of THE ONE Creator. Does God

destroy His Creations? NEVER! He can UNTHINK you though! God only GIVES AND REGIVES LOVE; Love which is the seed of ALL Creation. Nature Gives and regives. It is only man (who has free-will choice) who TAKES and TAKES and TAKES, which brings the unbalance upon the planet which you can no longer ignore. You are all now witnessing the consequences of spiritual ignorance which has resulted in the unbalanced (intolerant, hateful, greedy) thinking, sensing behavior by the masses of mankind on earth. The question is, will enough of you recognize your errors and turn the tide of physical destruction of your species? The play is not over yet and we are proceeding along as if YOU WILL CHANGE IT!

WHAT IS THE ROLE OF HU-MAN?

As Hu-man, our souls exist in the image of perfection of our Creator with unlimited co-creative potential. Your physical bodies and physical earth plane exist, of course, in the degree of imperfection in direct relation to the spiritual imperfection or ignorance upon which mankind conducts his thinking and action behavior. The seed potential of our ALL-Knowing, Omnipotent and Omnipresent ONE exists within each soul fragment called hu-man. Essentially what that means is that YOU each will become the hands and feet of our Creator, gradually remembering and thus co-creating in balance His Creation.

Currently many ones of you use God's hands and feet to serve evil, unbalanced thinking and behavior. Most know it not, but will still reap what they sow in their ignorance. It is Cosmic Law. Cause and Effect. As you sow, so shall you reap. I must tell you chelas that you cannot change the laws one iota and the consequences of defying them abound upon your plane. Even your so-called Christian Bible has 10 basic rules to live by, most of which are pretty accurate; although you have received the true untampered meanings in this book.

WHERE IS HELL?

I must say that Hell exists right upon your planet. It exists as a by-product of greedy attachment to the material world which has resulted in loss of moral character through spiritual misdirection and ignorance. Mankind who continue to *exist* with awareness of only his five physical SENSES will thus deny his co-creative spark of God which dwells within his Higher consciousness and remain bound to the limits of human physical dimensions. Remember there are MANY MANSIONS IN GOD'S KINGDOM. Physical 3rd dimension is only one dimension of experience and exists for the spiritual growth of spiritually PRIMITIVE hu-man (higher universal man) species, such as yours.

You, my precious brethren, may argue with, deny and resent the truth-bringers, the messengers of God, but that will not change THE TRUTH to fit your opinions. If you find yourself threatened and angered by these words or any words in this book, I say GOOD! Welcome the challenge to your "belief structures" because the challenge, if accepted in humility and in God's Light, will allow you the opportunity TO KNOW the Truth instead of *believing* a lie which does not serve you or GOD. Always, chelas (students of life), the choice is YOURS. I will end this document with a quote of the Highest Law of Creation as written.

"Achieve the wisdom of knowledge inasmuch as this will enable you to wisely follow the Laws of Creation." So be it.

I AM Sananda, One With God, within Creation. I come to bring you home. Will you take mine hand of Love and Truth? Or will you deny Me and God? I humbly await YOUR decision. May the blessings of our Father's Light rain gently upon you that KNOWING AND SERVING GOD WITHIN you become your only desire. I honor you, precious Druthea, and all of God's Hosts incarnate upon Earth and in "Heaven" (*The Cosmos*). Our service in this time of Kali (chaos) is not easy, but the spiritual rewards are *tremendous*. Salu. Salu. Salu.

LESSON 23

THE POWER OF UNITY

Greetings my precious little sister, Druthea. I AM Sananda. You may refer to me as Jesus Christ, Esu, or Immanuel. You are the children, lost and found, of Our Father, whom we THE Hosts call Aton (The One Light) and whom you may call God. I come in the service and glory of God/Aton, THE ONE Creator, the Mind-Cause of all Creation. I AM sent to reclaim His lambs who so desire to move "closer" through KNOWING within the I AM presence of The ONE.

We of God's Hosts are many who come to bring you The Word. We come from many dimensions, both "seen" and "unseen" by Earth physical human. We come to show you the way out of the dark abyss of "illusion" of separation called "physical" and in the glory and power of UNITY of purpose and desire.

Unity: 1. The state or fact of being one. 2. Something that is wholly united and complete within itself. 3. A state or quality of mutual understanding and harmony. 4. The harmonious agreement of parts or elements into one united whole.

Can you attain this "quality of mutual understanding and harmony" on earth physical? Most certainly you can and with much emphasis I say YOU MUST in order to conquer your adversaries who plan to murder and/or enslave you humans on Earth.

UNITED WE STAND, DIVIDED WE FALL...

Remember this statement? If not, I suggest you go find it and read it

completely. You must understand HOW your adversaries have diligently worked to develop DIVISION among YOU, The People. There are so many separate factions of self-interested groups and organizations that you have now a nation of people who cannot agree on ANYTHING, and then individuals who could CARE less as long as their own "needs" are met.

THE WAR BETWEEN "THE SEXES"

You have division between males and females, which in itself has nearly destroyed your species because of the disharmony and unbalance which disunited sexed pairs in Creation will ALWAYS cause. Many ones of you are plainly and simply confused about your own sex identity and how it relates to its equal end opposite sex-mate pair.

Homosexuality is not a "natural" nor is it a balanced paired relationship when the physical sexual act is practiced. God did not create male-male sexed pairs in His divided thinking; nor did He create female-female sexed pairs in His divided thinking. He created by His KNOWING through His One desire of Creation in motion, MALE-FEMALE sexed pairs in ALL of His Creation. My beloved Germain discusses much more thoroughly about the workings of sexed-pairs (charge and discharge) in the book "Secrets of Light." I strongly suggest that you carefully study it as well as the rest of Germain's work. I quote there-from:

"...All of the work of the universe is performed as a result of that desire in unbalanced matter to seek rest in a balanced condition.

This is a sexed electric universe in every effect of motion, whether it be in the heart of a giant sun or in the petal of a meadow violet. Every action of motion in the universe is a result of sex desire for motion from a state of rest, or for rest from a state of motion.

These two sex desires of electric action and reaction are the result of the two desires of the Father to manifest His One Light through the extend-

ed father/mother lights which interweave His idea of Creation into the multiple forms of that idea and void them periodically for the purpose of repeating them.

The desire for two-way motion is equal action and reaction as reflected in the dual electric desire to give for regiving, and to unfold for refolding."

The point I am making is that the male-female pairs are EQUAL OPPOSITES, charge and discharge. Without this division of thought by MIND of Creator, there would be no Creation. Creation is EFFECT caused by the opposition of male-female mate-pairs seeking balance again which only occurs when UNITY is achieved in GOD ONENESS.

Until men and women completely understand and respect their differences and co-creative responsibilities as sex-paired equal opposites, your species will not create the balance it needs to survive physically and spiritually in harmony.

DOMINANCE AND SURRENDER

You cannot continue as you are in the roles of conqueror and conquered and succeed in achieving balanced co-creation with God. You cannot continue to have a war between the sexes, a war between races and creeds, and a war between cultures and religions and find peace, which only UNITY with a COMMON (shared equally) purpose can bring. You must rise above the need to dominate and conquer or surrender and be conquered for in this manner of existence, no balance will be found. When God is shut out by the harboring of feelings such as hatred, greed and intolerance, your opportunity to receive God-knowledge and power is quite diminished.

God cannot regive unto man who only takes from His Creation and gives nothing back to God. For man who is dominated by his physical senses, who remains God-unaware feels like he is in quicksand, helpless and powerless to control his destiny. And so he is.

CREATING UNITY MEANS ESTABLISHING A COMMON PURPOSE AND A COMMON GOAL

So as a nation and a planet with two sexes, thousands of religious doctrines and dozens of races, creeds and cultures, how do you create unity?

First there must be created by each participating human THE DESIRE for UNITY with UNITY representing a shared vision of EQUAL giving and regiving in all transactions and relationships with one another. Only those with a well-defined shared vision can accomplish their objective.

Next you must define your objective. Let us say that your defined OBJECTIVE is: Total freedom from tyranny (*dominance and surrender* existence) and global and individual inner peace, balance and harmony.

Now how do you go about creating your above objective?

First, you must locate the tools and talents you already possess. For example, The Republic of The United States still has The U.S. Constitution and Bill of Rights which were documents designed to prevent TYRANNY within the government and guarantee the individual the opportunity to pursue happiness. Your adversaries cannot conquer you completely until they do away with these documents and the freedoms guaranteed under them.

Every human in this land called America, whether they be a she, or a Christian, Buddhist, Judean or Atheist; or whether they be a Native Indian, White, Asian, Hispanic or Black person will all reap the horrendous consequences of *allowing* the LOSS of the United States Constitution and Bill of Rights. You will become a nation of slaves ruled by tyrants and so, too, will the rest of your world become slaves.

Secondly, You must ALL become knowledgeable about your freedoms granted under the Constitution so that you have achieved UNITY OF MIND understanding about what you must work to reclaim exactly.

Thirdly, you must plan and agree upon a course of action, with each sharing responsibility for actions which work to achieve your shared objective of reclaiming and preserving this, your Constitution of the United States.

Fourthly, in order to truly BE SUCCESSFUL, there must be an understanding outlined in which ALL operate under High Moral Integrity which, of course, involves a basic inner understanding and knowledge of THE LAWS OF GOD governing Human. For if you seek to ruthlessly fight fire with fire in ways which defy BALANCE, you will die by fire and gain nothing but sorrow for your objective will be blown away as a feather in the wind.

ALL ARE ONE

In order to achieve your first objective as a Nation Created Under GOD, you must first DESIRE UNITY between ALL peoples. In order to do this you can no longer see yourselves as male versus female, Christian versus Buddhist, Black versus White, Republican versus Democrat. For you are ALL related and there is ONLY ONE CREATOR.

Only men and women who remain superstitiously attached to their ignorance of God-truth and God-knowledge will continue to develop intolerance and disunity and remain as tools of the adversary. It is your choice, my chelas.

Can you give love to ALL your brethren as God does? Do you think your SOUL essence is more or less important to God? There is a saying, "*God is 'color' blind.*" I say, GOD CREATED ALL "ILLUSIONS" OF COLOR. Do you think that he cares one whit more or less about the color of YOUR skin? He only cares about the REAL you (your soul-essence) which is a part of Him as He is a part of you.

It is written in the "so-called" Holy Bible that I, Immanuel, Sananda said, "I and My Father Are One." I ask that you meditate upon that state-

ment in THE LIGHT of HOLY God's presence and you WILL be given TO KNOW the meaning as it relates to YOU, IF that truly be your soul desire.

GOD'S CHOSEN PEOPLE, GOD'S CHOSEN LAND

The term "Israel" is used frequently and erroneously in your "so called" Holy Bible. Why do I say this? Because in your Bible it refers to a specific race or "so-called" race of people. They call themselves "Jews." This term was created by your adversary in the 1700's. There actually exist two very different groupings under this title. They are Hebrew Judeans and Khazar Zionists. Most Hebrew Judeans believe in and worship God. Most Khazar Zionists are satanic atheists as is often demonstrated by their amoral and evil actions and behaviors. This subject of the Khazars is in a book entitled, "The Thirteenth Tribe," so I will not comment further, except to say this: God would never CHOOSE an entire race or human-developed religion above another. For EACH individual's soul-growth is judged based upon THE WORKS he or she accomplishes—balanced or unbalanced.

The term "israel" spelled with the "i" in lowercase is the correct term meaning "God's chosen." It does not signify a place of tyranny and corruption taken BY FORCE from another group of people which is now called "Israel," located in your Middle East.

The REPUBLIC of the United States of America represents the true "israel" because of the document which was created to have a government run FOR THE PEOPLE, BY THE PEOPLE. NO other country on your globe was given the opportunity for divine freedom and the pursuit of happiness such as was outlined in your Constitution and Bill of Rights. Your country is a nation created UNDER GOD, with many cultures, races and religions experiencing and sharing these God-given opportunities together.

You were also given **RESPONSIBILITY** for maintaining the checks and balances of your sovereignty. It was **NEVER** designed to be **TAKEN FOR GRANTED**. Your forefathers knew the nature of their adversary who would enslave them. They **WARNED** "you, the people" endlessly about the threats which were and would be made to the freedoms and instructions for government operation and state sovereignty which they outlaid. **HAVE YOU LISTENED?** It is apparent that **MOST** of you have not even had an inkling of the evil tyranny perpetrated against you by your would-be enslavers. The question remains: **WILL YOU LISTEN NOW AND TAKE THE NECESSARY ACTION IN BEHALF OF YOURSELVES AND YOUR COUNTRY?**

THE KEYS TO CREATING UNITY: LOVE, KNOWLEDGE, RESPECT, TOLERANCE AND CHARITY

LOVE: This I define as absolute, unconditional God-love, equal giving and regiving. For hu-man (higher universal man) it is the required component of co-creation with **GOD**. Love one another as God Loves you all. This has **NOTHING** whatsoever to do with the "sexual" act. When you manifest God-love giving and regiving you **WILL** create balanced transactions.

KNOWLEDGE: This I define as *GOD-Knowledge* and a subheading called, *Human Circumstance Knowledge*. *GOD-Knowledge:* Desire is the key. Desire to **KNOW** and **SERVE** God who dwells **WITHIN** you. Learn to listen to His whispers and shouts. Your success can be measured according to the level and intensity of your desire. "The call compels the answer," so **KNOW** your desires. They are felt as **SOUL** awareness. You ones may refer to it as, "My Heart says this...", or my "Intuition is telling me that..." or "My conscience tells me this is wrong." **TUNE IN. SEEK TO KNOW THE WHY-CAUSE.** Then you must wait upon God to reveal it to you. It is best not to have **PRE-conceptions** about where and how the answers will come. **KNOW THEY WILL COME AND BE READY TO RECEIVE THEM.**

Human Circumstance Knowledge: There is much information you must have in order to conduct and plan your service to God and Country. For example, you must **KNOW** who your adversaries are and what they plan and plot in order to control, enslave and destroy you. Besides this source you can find truth from a **FEW** other brave souls. We bring truth which you can validate if you so choose. Each of you will need to become investigators on your own in your areas of interest to verify that which we give. Some info will be difficult, but not impossible to verify. Always you must measure information you receive within the presence of God's Light so that you will **KNOW** instantly what the appropriate next step must be, if for example there is the probability of an earthquake near your home, you must make necessary decisions of preparations as you are guided to do so within.

RESPECT: I will explain what I explicitly mean by this term. To have high regard for and appreciation of worth. And also to honor each being, creature and creation as the equal fragment or portion of God's divided thinking, which has been created from the still Light of His Knowing. To create **UNITY**, you individuals must respect and honor your differences, as long as they (your differences) do not defy the Laws of God and Creation. Does this mean you will always agree or do things in the same way or see things from the same point of perception? Certainly not...(until of course, you attain spiritual perfection and become One With God in your **KNOWING**). Remember this: Your deepest and most profound spiritual challenges come from your inter-actions with your fellow brethren on physical earth incarnations.

TOLERANCE: As with **RESPECT**, you must exercise **TOLERANCE** when you encounter differences in regard to how another thinks, perceives, looks, responds and behaves. That is, as long as their behavior does not defy God's Laws or infringe upon your freedom of development of your co-creative potential. In no manner do I use this term to imply **BLIND TOLERANCE** to allow all to **DO** and **SAY** whatever they choose and call it "freedom of expression" or as so often referred to

"rights" which blatantly disregard the Laws of God. Also, never must you sanction behavior which is evil when you KNOW it to be evil. Never either must you turn your back on your adversary! Face evil within God's presence and evil will cower and fall away...unless you turn the other cheek and allow evil to intimidate you! It will, if YOU allow it!

Can you force another to NOT defy God's laws? No. You can, however, encourage them to not do something and explain WHY you do not sanction their choice or behavior. Ultimately they will DO what they will do, and unless they attempt to do something against you or your family, you cannot use force to stop them, for example, from having an abortion (which is murder).

CHARITY: What I mean by charity is sharing brotherly LOVE. Giving and sharing Good Will with your brethren. Generosity given to the deserving by allowing God within to measure/judge how and to whom He will regive. Doing unto others as you would have them do unto you. Treat the sick and poor and spiritually ignorant people with dignity, generosity, patience and compassion that they may feel worthy and are given an example of how to, perhaps, create the desire to move their awareness beyond their suffering and neediness. Always be generous with The Light which YOU carry to assist another. You see, my precious chelas, generosity often really has little to do with money or physical "things," although sharing with others and giving food and other items *when* needed is most commendable when it is truly done for LOVE and not obligation, social recognition or expectation.

All you need ever do is ask Our Father who dwells within you: "What is the Highest and best response to this situation?" or "Please show me the right and balanced response to this circumstance. Not my will, Father, let thine will be done." In this way can you raise your spiritual character to the heights of some 8000 years past when in Egypt, for a time, the Egyptians lived with the Highest Moral Character of your recent civilization, and put their fellow men and women before self, with the desire

to love and be loved in all their interchanges. My beloved brother, Walter Russell, wrote of this way of life, as has Germain. We call it RHYTHMIC BALANCED INTERCHANGE. So be it.

I will close this document. Thank you Druthea, for your service. You have done well this day. Be at peace, chela, for I am always with thee. I AM SANANDA, One With God. Walk gently with one another in Peace and Love. Salu.

LESSON 24

LESSONS, LESSONS AND MORE LESSONS

Greetings precious Druthea. I AM Jesus, Esu, Immanuel, now called Sananda. I come in service to Our Holy Divine Creator, Aton.

Thank you precious, for sharing your thoughts and feelings with your brethren who work within this small circle to bring forth THE WORD. No, it is not easy to open self and bare all inside for others to see. Many other ones here within your circle also have extreme difficulty with this type of expression sharing. Perhaps your sharing will allow it to be "easier" for the thoughtful silent ones to come forth and share as well.

These interactions which you are participants within ARE your lessons. Do you see, chelas? The lessons never end... until, of course, we return to Oneness with God and no longer express as individual fragments in "perceived" separation.

Thank you for recognizing We of The Hosts of God in your thoughts, precious, for in this recognition and honor which you give us, you also must be honored for "taking your medicine" so graciously.

Simply behold the growth and knowledge you have garnered now which NOTHING can take from you. You've climbed one more mountain in your road to self-discovery which leads you on to God-knowing. YOU cannot DO all and BE all for everyone! And isn't it a relief to finally acknowledge that you ones NEED each other to accomplish our goal to get out THE WORD of Truth to humankind on earth Shan?

Do you recognize that WE of God's Hosts NEED you as well? That if

you ones "fail" it is our "failure" as well? This does not mean that YOUR job cannot be replaced, simply that time is running out for your brethren and each of you is so precious. WE too, cannot bear to lose ANY of you ones who are among God's finest servants and projections for His task. And yet you each have free-will and we cannot interfere with your choices made.

Hold it close to you, chelas. The value of your service is so immense that you must ALWAYS see the WHOLENESS of the picture to complete this Job in honor. Please do not lose sight of our shared GOAL and COMMITMENT TO GOD, Our Father. It is most easy, in your humanness, to forget why you are here, and how valuable is your contribution, however small it may seem to you. The adversary enjoys NOTHING MORE than to cause you ones to bicker and resent one another. Remember that the next time you begin to harbor anger or resentment for some real or perceived attack or miscommunication by another in your circle.

Some of you are just WAITING to be victimized, often completely misperceiving the intent of another or others. Please do not HOLD these hurt feelings. And at the same time give each other the benefit of the doubt and calmly ask them to explain what *they* mean by whatever it is they said or did to offend you.

Effective communication does take tremendous work in your illusion simply because you can speak one thing and mean some thing entirely different. Whereas God's "universal language of light" does not leave room for misinterpretation or miscommunication. It comes directly from soul consciousness level, or as you may know it "the heart."

But on this dimension, one of YOUR lessons as human is KNOWING what is in your "heart" place and then being able to communicate it accurately and effectively. That is one reason why illuminates of your past have said, "KNOW THYSELF." For it is easy to "lie" to self and it truly takes the desire and courage to really be honest with self in order to come into KNOWLEDGE and understanding.

I must relieve Druthea to rest. Be at peace, precious. The lessons and testing seem to be worse for you, but remember God never gives more burden than any can handle and He will carry you if need be. Each one of you feels inadequate at times. This too is a lesson. I love you greatly, precious chelas.

Druthea, thank you for your service, for though you know it not, you truly are a "Gift of God." So be it. I AM Sananda, One with God. Walk in the love and peace of friendship and God will show you the way. Salu.

LESSON 25

KNOWING YOUR PRIORITIES

Greetings my precious little sister, Druthea. I AM Sananda. I am also known by many ones as Jesus Christ, Esu, Immanuel, etc. I come in service to Our Holy Divine ONE Creator, God/Aton.

EXPLANATION REGARDING THE TERM "ATON"

Aton is the term used many thousands of years ago by ones called "Egyptians." The term means "The ONE Light." The sun was their symbol of the ONE light. You may use the term God to describe our ONE Creator. It matters not, except that the intent within your soul consciousness be to connect in communion with The Great Spirit, The Great CAUSE of ALL within Creation, whom We of the Hosts often refer to as Aton.

Now, I have titled this document as *Knowing Your Priorities*, since many of you ones, including my scribe, will at one time or another find yourselves FORGETTING your true priorities. The 3rd dimensional physical frequency in which you on earth experience can at times certainly become most confusing. There are many distractions and many "things" which demand your attention. So it is imperative that you recognize YOUR FIRST PRIORITY in all circumstances.

For as in the example of Druthea, who found herself buried in physical tasks and perceived "responsibilities" and worries which caused her to nearly eliminate her FIRST priority of writing and serving God in the ways which she has committed to.

Many, many of God's children have become lost in the muck and mire of this physical "illusion," often unwittingly becoming tools for your adversary.

Yes, Druthea did ask GOD for help in her dilemma. The problem was, as is often the case for ALL of you, she did not listen for her answers. I, Sananda, could not reach her for in her weakness, the adversary was allowed control and was slowly strangling her to death. Fortunately, she finally recognized she was in trouble and screamed in desperation for God's protection and guidance in order to overcome the control exercised by the adversary.

I was sent to confront the adversary. After it was "over," Druthea was free once again to listen to her instructions for recovery. And just so you ones don't become too smug, ALL of you were and are fighting the same battle, in different ways, that she is. I was sent for ALL of you. Druthea played the part of example in this drama for she had agreed to do that THIS time.

You must understand that often times the greatest lessons you ones will ever receive are offered in just these sort of circumstances. Would she have "fallen?" That, chelas, is between HER and GOD. Please be thankful she offered herself as example that the lessons not be hers alone, and now belong to all of you.

GOD WORKS IN MYSTERIOUS WAYS

While you are experiencing the awakening process into GOD-KNOWLEDGING, it will not be possible to always KNOW from ego consciousness standpoint WHY this or that happened. You may not even completely understand the value of such a circumstance as occurred recently within this circle. I will share with you this fact though; the growth incurred and accepted at soul level by ALL of the individuals in this small circle of devoted God-fragments in the last week, is TREMENDOUS. Most of

you will find yourselves, your perceptions, your attitudes changed in ways you may not consciously understand right now. Please KNOW that God is WELL PLEASED with you ones!

WHO WILL BECOME THE FINEST EXAMPLES OF GODLINESS?

All who so DESIRE in full intent to assist mankind, with love and compassion, through the direction of Holy God's will. Many of you (through you know it not) already are among His finest co-creators, experiencing now in human physical form that you relate most effectively to your brethren. This is so you too, may discern and rise above the imperfections, evil and confusion offered by your adversary. This in order to again become examples of people who create a planet in balance by co-existing and co-creating within God's Laws.

Soon, precious ones, many of God's mysteries will fall away as you each come into KNOWING. Remember, as has often been said by my brother; *God is not mystical. He is only a mystery until you come into God-knowing, and thus, unfold those perceived mysteries.* So be it.

I will close for now. Thank you, precious Druthea, for your service and for again listening to me. I am always a breath away from thee, chela. I am here to work with you, but not for you. And I do wrap you in wings of love, protection and guidance that you are, in your service, an honorable reflection of God, as is YOUR desire. I love you dearly, my precious brethren on earth. Please walk in peace and love and God will show you His way. I Am Sananda. Salu.

LESSON 26

HUMAN OPINION VERSUS GOD-KNOWING

Greetings, my little dove, Druthea. I AM Sananda. Many of you may know me by the labels of Jesus Christ, Esu, Issa, Immanuel, The Pale Prophet, etc. These labels are mostly of human input for ones desiring to “define” mineself, who came as a man upon your place over some 2000 years past in your counting.

I was actually born and given the label, Immanuel, also spelled Immanuel and Emmanuel. The term means, “God with us.” My inherited name, given of our Father, God/Aton is SANANDA, meaning “One With God.” The one you call in your so-called Holy Bible, Paul the Apostle, who was actually Saul of Tarsus, changed my name to Jesus Christ, which means “The Anointed.” This one was not of my disciples. He was most confused and completely misunderstood mine teachings of God and Creation. And so because of his confusion, he has passed along mixed teachings in what many of you precious ones believe to be MY name, (Jesus Christ) which was NEVER my name in reality.

I AM now come, along with many of Our Father’s Hosts, to set the record straight. You may continue to believe the lies of your adversary, also called “Satan,” if you so choose, for Our Father Creator, whom I call Aton, meaning “The One Light,” gave you each of His children FREE WILL, to choose for yourself.

I have not returned in physical compression TO YOUR PLACE at this time. I know not the time of my return. Only our One Creator Aton knows. I AM Spiritual Guardian along with my brother, Archangel Michael, of developing earth-human species. You, dear ones, are not our

only “charge.” We have many other planets and the humans thereon within our charge of responsibility.

The degree of God-knowing accomplished upon your plane will determine the level of my accomplishment as well, for this is mine final “testing” upon these dimensions. You are my little brothers and I desire to bring you into God’s Mansions, that you may experience the Glory of LIFE beyond the often painful and confusing limitations granted by earth physical incarnations.

Today, our subject is Human opinion versus God-Knowing. You see, precious ones, “opinions” are simply conclusions drawn by you ones through your physical sensing experience. You ones form opinions most often from the EFFECTS you experience or observe. An opinion is not drawn from KNOWLEDGE. Let us see what your dictionary says:

Opinion: 1. A conclusion or judgment held with confidence, but falling short of positive knowledge. 2. An expert judgment given formally.

So you see, chelas (students of life), everyone can have a differing opinion about let’s say, what happened at MINE crucifixion and why, but the reality is that very, very few of you who were there remember. You all can have an opinion about me and what you believe my intentions to be, but you cannot KNOW until the fruits of my work become obvious. And even then, many will deny THE TRUTH for sake of PRIDEFUL opinion.

You all form opinions about one another constantly in your inter-relationships. In every circumstance you experience, you form an opinion. That is, until you desire TO KNOW God within you. Then your human opinions will fall aside along with human ego limitations, to make room for GOD-KNOWLEDGE to unfold.

Also, realize, chelas, most human judgments are reached by hanging tightly onto opinions you’ve formed, without forming the desire TO

KNOW. Often it takes work to discover The Truth about any circumstance. And many generations have experienced passing on their formed opinions from one generation to the next within the family structure.

If you were born, for example, in a Southern Baptist household and were constantly indoctrinated as to HOW you should think and believe, you will most likely have had difficulty questioning the belief structure, especially when your questions were not appreciated nor accepted by your elders.

Many of you ones have escaped the chains of a "belief" structure which was imposed upon you to find Self and God within you. Also many ones of you even went to an extreme of rebellion and became "so called" Atheists, having become completely disheartened by the "faith" of your parents.

I repeat what I told you ones when I was human those many years past, "I and My Father are One. Know Our Father within you for there lies the Kingdom of Heaven." You will experience in your ignorance and continue to form your human opinions and judgments until the DESIRE is great within you to KNOW The Truth and Father Within. Then you will not longer ask, in ignorance and superstition, what God can give you and what God can DO for you, but instead you will say to Our Father, "Please show me Father, what I must do to sustain in only YOUR service that I may be an honorable reflection of YOUR every thought, word and deed. Not MY will Father, only let THINE will be done."

In this way you will give back unto God so that He can regive unto you. You then, precious ones, are well on your road to responsible co-creation with God-Knowing.

ONE TRUTH, MANY EXPRESSIONS THEREOF

I am repeating the words of wisdom expressed recently. There are not MANY truths, only ONE. You each will express and manifest life to the

degree of understanding and comprehension of The Truth. You will respond to circumstances and other humans based upon your adherence and comprehension of God's ONE law which is BALANCE in all transactions. Also called RHYTHMIC BALANCED INTER-CHANGE

All the laws written by our Father and explicitly expressed within this book allow focus and choice of adherence to God's One Law of BALANCE. When you defy any of those laws you create unbalanced circumstances of which you will reap the consequences. This is why we effort to encourage you to find and KNOW Cosmic Spiritual Truth and remember The Laws given forth for Human experience, because ignorance will not prevent or excuse you from the consequences of defying Cosmic Law.

I say REMEMBER the Laws because YOU are born KNOWING them. That is, of course, as long as you have the gift of soul conscience from our ONE Creator.

So you see, you have freedom of loving balanced expression in co-creation with God as long as His ONE LAW of Balance is not defied.

For example, I will discuss The One Truth about immortality. Immortality means no end to existence and therefore on-going life somewhere within the ONE MIND of God. It is simply birth and rebirth.

Death as you observe it is simply a transition of the soul. The soul does not end or die. Although it can return to or be refolded back into the one Mind of Our Creator. There may be many opposing opinions of that truth, but it matters not, for it is THE TRUTH and it is best to KNOW it than to deny it by self-delusion and opinion.

WHAT ABOUT LOVE?

God IS LOVE. The Father/Mother sex conditioned divided lights of His thinking come from His Knowing. From His Knowing comes His One

Desire, Love expressed in Motion of which his divided thinking CAUSED. And then, of course, a return to the rest or voidance within God's mind. This simply means no illusion of separation is experienced. Only God-Knowing and God-Love.

For those of you of mine precious ones who truly DESIRE to know THE ONE Truth, we give forth the information to allow for your unfolding. You must understand that your unfolding will occur in direct relationship to the degree of your DESIRE to KNOW God within you. YOU, therefore, will determine by comprehension of THE LAW of Balance and the Level of LOVE you hold within, through God-Knowing, the degree of responsibility for co-creation which you will express.

PREFERENCE VERSUS OPINION

I wish to further clarify the difference between what you ones might call "preference" and opinion.

Preference involves choice of expression for enjoyment, comfort or beauty. It does not mean that if you prefer the color blue that red is evil or bad or lesser. Or if you prefer to grow roses, that carnations are less beauteous. If you decide carnations are less beauteous or that red is ugly, that then is your opinion, for in God-knowing, you would know the unique beauty of each flower in His Creation, as well as the unique beauty of each color in His spectrum coming from the ONE Light. In other words, you may have preference and still appreciate the equal beauty of ALL expressions which may seem different or unusual.

Now we come to "preference" which does involve defiance of Cosmic Laws of Balance. You have ones who have coined a term called "sexual" preference which is a label given to qualify sexual behavior practiced by same sex individuals. I don't care how you qualify your behavior, or what you prefer regarding it, THE TRUTH is that Homosexual SEXUAL behavior is SERIOUS defiance of COSMIC Law. Sexual behavior

has NOTHING to do with giving LOVE. And to choose behavior which degrades and damages the human body, as well as calling it love, which degrades the human soul, will cause inner torment and painful demise of the ones who practice same.

We, of God's Hosts, will not sanction behavior which defies His Laws! The quicker you ones KNOW and live the Truth, the quicker you will free yourselves from the adversary of physical illusion!

Can you LOVE a person of same sex? Of course. We speak of sexual exchange PHYSICAL behavior. LOVE is not at all related to sexual behavior as many of you have come to believe.

Even in your heterosexual unions there is almost No sexual expression practiced with GOD-LOVE! What happened to RESPONSIBILITY? It is amazing that for ten minutes of "pleasure" responsibility is seldom even considered. And then when a child is conceived, "oh my," says the couple, "We don't want this child." WHY DID YOU NOT THINK OF THIS BEFORE YOU JUMPED IN BETWEEN THE SHEETS TOGETHER? Instead you ones often choose or "prefer" to KILL, yes MURDER, the unborn babe. You ones can deny The TRUTH throughout eternity, but until you stand responsible for self and choices and until you start including GOD in your decisions, you will struggle with the consequences of your choices made in ignorance of God's LAWS.

So in closing on "preference," let me say that you may prefer to listen to Mozart, or grow roses today, but don't leave out the option of listening to Beethoven or growing carnations tomorrow. Learn to enjoy and APPRECIATE ALL the variety of beauty given of our Creator God—from the tropical rain forest to desert—and you will find much enjoyment and peace in your LIFE journey, whether it be physical or non-physical.

And of course, make sure ALL of your preferences include GOD and adherence to His Laws of Balance. In this way do many more doors

open into the experience of the Kingdom of Heaven within you, instead of being shut into limitation and disharmony by the self-imposed intolerance, which comes from ignorance of NOT KNOWING and NOT SERVING GOD who exists WITHIN you. So be it.

I AM Sananda, One With God, in His service within Creation. May these words give you CAUSE to ponder your journey more fully and awaken within you GOD-KNOWING to replace the old and worn-out opinions which serve none save the adversary who would keep you from YOUR Divine Spiritual Inheritance. Walk together, one with the other, all "races" and "religions" in Knowledge, Peace, Tolerance and Love that balance can be restored through UNITY of common values in GODLI-NESS. Thank you for your service, my precious little dove, Druthea. I love you dearly and am so very pleased to have you as one of my blessed scribes. Salu.

LESSON 27

THE ADVERSARY GAINS MOMENTUM... AH! SO TOO, GOD'S PEOPLE!

Greetings precious Druthea! I AM Sananda. I come in the service of Holy, Divine God of Light, Our Creator.

Oh my precious, precious little brothers, the human impact seems unbearable to many ones in our direct crew. KNOW that it is NOT more than you can bear, for it is the adversary who would have you believe otherwise. Your tempers are rising and still you must not allow yourselves to lose focus of WHY you are here and for whom you have come to serve.

Each of you must look at self when you perceive "lack of communication" and effort to correct your own miscommunication or misunderstandings in communication. Be gentle with self and with each other. WE NEED NO MARTYRS!

Remember, it takes Two or more to miscommunicate or misunderstand the other. And if YOU are the one who perceives the problem, then it is YOU who must make the first effort to rectify it. You may actually find that YOUR perception or opinion about a situation was not accurate. We call this RESPONSIBLE communication.

It is easy to sit and speculate about, blame, condemn and criticize the actions or decisions of another, but chelas WHO do you think you serve when you conspire against others of YOUR own beloved brothers without discussing your confusion with the one you disagree with. You guessed it!

We have told you MANY times that the pressures upon you ones would increase as THE WORD makes its progress. Do you not see the adversary diligently at work within you ones? And yet, I honor ALL of you for even in the face of the worst bombardment of this core circle to date, you are still getting THE WORD out, albeit, without much joy.

Now this is not to say you ones of the crew are somehow less important or have had it "easy." For if you see it not, I will tell you that you of the core group have been and will continue to be targeted more vehemently in the days ahead! We warned you of this!

Never forget, precious ones of mine, that ALL jobs can be replaced and filled by another. And since the adversary HOPES to cause inner mutiny and confusion, rebellion and disunity. JUST LOOK AT YOUR WORLD, PEOPLE!!

Druthea thinks she must go and fix it all for you ones. NO! NO!..NO! You ones WILL NOW take individual responsibility for communicating your ideas and needs, OR IT WON'T HAPPEN FOR YOU! If you are intimidated THEN THAT IS YOUR PROBLEM TO SOLVE! We cannot ask to hold your hands and beg you to "please tell me how you feel." If you have skills or abilities we might need, it is up to each of you to communicate this to ones who have been entrusted to make these sorts of decisions.

Are ones of your leadership perfect? Of course not. They, too, are tired and become short tempered and/or impatient. You ones must be easier on one another and not wear the emotions of ego upon thy sleeves waiting to be hurt or ignored. Again, I repeat, many of you ones play the part of VICTIM constantly. You are playing right into the hands and control of the adversary and most of you see it not!

LOOK FIRST AT SELF

I request that you EACH look at self, at perhaps how you can make

adjustments here or there in order to create the UNITY you MUST have in order to continue in this crucial work TOGETHER.

Remember I said not to look for the splinter in your brothers eye. FIRST pull the splinter from your OWN! In order for you all to accomplish your work, **which will increase in the days ahead**, you must COMMUNICATE and offer suggestions from own experience to be considered. This means that all suggestions are welcome, only not all will be implemented so please keep ego attachment out of your offers of assistance, or I ask you what is YOUR intent? If it is to be the genius with the great ideas, then you may find your ego in your toes, waiting to be stepped upon. When help is offered by you WITH LOVE, there is NO expectation for ego-fulfillment. You will not be attached to the opinions of others, you will learn to allow for your individual differences of opinion as long as YOUR COMMON GOAL is accomplished! That of course is to GET THE WORD OUT!

THERE IS NO COMPROMISE WHEN IT COMES TO TELLING TRUTH!

Did you read that carefully? I, too, honor Dru for not allowing the opinions of one whom she greatly respects and admires to deter her from HER commitment in introducing the messages we bring. She has struggled with "how" to give her presentations to please so-called fundamentalist Christians for almost two months now. She has efforted to read portions of the Bible, two versions which she has and is frankly quite appalled at the deceptions she has found contained within. She only recently has understood that she cannot "couch" the Truth as she understands it. Most especially, she is presenting the very Soul essence of God and Creation at THIS time when mankind is screaming for Truth and connection with God! Yes you can help them to relate to you and at least gain enough curiosity to check for themselves, but chelas, **THEY WILL DO IT AND FIND TRUTH FOR THEMSELVES OR IT WON'T BE DONE FOR THEM!**

THE BIBLE-FOLLOWING CHRISTIANS, AS WELL AS ALL ONES UPON EARTH SHAN WILL BE GIVEN THE OPPORTUNITY TO HEAR **THE TRUTH** ABOUT GOD AND THE DECEPTIONS CONTAINED WITHIN THEIR SO CALLED "HOLY" BOOKS.

If ones deny the Truth, then so be it. God allows choice through His gift of free-will. None will choose for another and it is **NONE** of your business what they think of **ANY** of you of our messengers or of the message. It is not the job of God's messengers to make the people take the medicine for their salvation and soul-evolution.

GROWING PAINS

Please know, We of God's Hosts are pleased, very pleased as we witness the growth of you ones of our workers! As you each overcome each new obstacle put in your path, you will find the inner fulfillment which comes from **KNOWING** you are serving well. No it is not easy, and often it is painful and confusing. Please **NEVER** forget, each of you precious ones, that you are **NOT** alone and when the adversary is attacking you more viciously than ever, well then, you must be posing quite a threat to "him!"

The adversary knows **YOUR** "weaknesses," for example, in self-esteem, often before you are truly aware of them. Honor the adversary for challenging these "weak" areas in ego, for when you recognize and pull the sliver of wood from your own eye, you **WILL BECOME** stronger. And although the bombardment will **NOT** lessen in these days ahead, it will bother you less as you keep first in mind, commitment and service to God. And secondly, honor and **LOVE** each other as brothers and sisters, whom need each other to fulfill the tasks as a team of individuals called "God's hands and feet" to get **HIS** Word out to a spiritually desperate and physically dying mankind on earth.

I will close this document and allow my scribe to attend to other duties. Precious Druthea, thank you for sitting for me this day, in spite of other

earthly concerns. I know it was difficult for you. May these words help bring understanding and peace within mine precious workers that they find **UNITY** and the joy which comes from same. Walk gently, little dove, Dru, in peace and love. I am ever with thee. Each of you who call, will receive the answer without compromise that you need, **NOT** necessarily what you may **WANT** to hear. Please listen to your instructions. We will accomplish our task together, as long as each one's intent is directed to **GOD's** service!

I AM Sananda. Salu.

LESSON 28

EMOTIONAL SHAKEUP

I AM SANANDA. I come in service to Holy Divine God of Light and Love. Greetings precious Druthea. I hear your petition for understanding and truth. Will you hear me now, precious one of Mine?

It matters not WHO was author of that document. The lesson lies in response of ones to same. You, chela, must not jump to conclusions about intent of the writer, only intent of self. This is what I ask you to ponder.

I ask you not to condemn self and feel as a failure. You must become aware of that which you do and why you do it. This is a part of your growth, not punishment or condemnation.

Let us begin by asking how you feel. For you cannot understand the lesson until you remove the emotions which cloud with opinion and NOT knowing. Alright, you admit to being angry and resentful, unappreciated and confused.

Who are you truly angry with, chela. I'll tell you if you are not correct in perception. Do not be afraid. Yes, you are angry with self first and that is why you lash out to feel resentment, unappreciation and then comes the confusion.

You blame self for inadequate communication skills. For not properly supporting your supporting cast as you perceive it "should" have been done. For "failing" in proper communication of accounting of business losses. You feel most inadequate with "people" management. And chela,

you can just join the crowd with that one. For it takes time and work and MUTUAL commitment of all to accomplish all that YOU feel responsible for.

And then come all the opinions of the supporting cast of what is WRONG and nothing is said by these ones who complain the most about what is RIGHT! So it is natural, chela that you feel confused and inadequate. For the blame is being DUMPED upon you and YOUR response has been to ALLOW it! YOU are being asked to change everything and very few of the rest of this group are efforting to take any responsibility for making NECESSARY changes in themselves. I am very sorry if this offends ones. It is time that these ones be HELPED in the restructuring and offered GENUINE and viable suggestions for doing same for they are now left floundering with many reluctant workers and volunteers who REFUSE TO OFFER POSITIVE COMMUNICATION. EGO-TRIPPING? You ones certainly are not perfect and have and continue to have constant attack upon ego perceptions and constantly are facing rebalancing decisions as if walking upon a tight rope. AND MANY OF YOU ONES ARE SHAKING THE ROPE HOPING THEY FALL! SO BE IT!

Dru has pleaded for guidance and what she must do and change to make this right with everyone. SHE CANNOT DO THIS ALONE. And I will not ask them to continue as it is. IS THAT WHAT YOU WANT? BE VERY CAREFUL WHAT YOU SAY FOR GOD HEARS YOUR HEART! DO YOU WANT TO OVERTHROW YOUR "LEADERSHIP?" FOR YOU PERCEIVE YOU CAN DO IT BETTER?

I WILL CERTAINLY HOPE THAT YOU CHOOSE TO REPAIR THIS SHIP YOU ARE ON FOR THE CONSEQUENCES OF NOT JOINTLY DOING SO WILL PROVE TO BE UNBEARABLE FOR MOST OF YOU. GUILT TRIP, I NEED NOT PLAY SILLY HUMAN GAMES. I SIMPLY SHOW YOU HOW I SEE IT HAS COME TO BE. AND MY FATHER ATON HAS ENTRUSTED ME WITH THE HU-MANS UPON THIS ENTIRE PLANET AND I CANNOT

ALLOW MY SELF/GOD-CHOSEN HANDS AND FEET TO CONTINUE WITH THIS EMOTIONAL ROLLER COASTER OF SELFISHNESS AND IRRESPONSIBILITY!

I ASK ALL OF YOU TO BE RESPONSIBLE FOR EGO BALANCING IN SELF.

GOSSIP, GOSSIP, GOSSIP... THE ADVERSARY'S GAME

ALL of you ones gossip about one another. Do you think We of God's Hosts don't KNOW how you feel and think. When you ask us in. WE KNOW. If you throw God out in ego-tantrum. So be it.

Did Dru make an incorrect decision regarding Office Manager? They picked the person THEY felt could best handle the job and SHE offered to HELP IN ANY WAY SHE COULD. How about the rest of you? Oh yes YOU work only for ATON, not for or with Dru. And now there are ones of you WHO REFUSE to give her a chance to do a job she has done (managing people) for MANY years. Is she perfect? Of course not. She is willing to do ALL she knows and is receiving to solve these problems. To bridge these gaps. Do rectify these miscommunication and personality differences. How about YOU? And this is NOT even the job she has come to do.

But she sees that Dru needs this help and she is WILLING to work with them and with YOU. Will you give this a chance? What will YOU do to bring about positive change?

"Volunteers" and this includes Dru, do you KNOW why you volunteer? What do YOU expect to gain? You ones who "work beyond reasonable expectation," WHY do you beat yourselves to death and then expect human accolades?

These are difficult times, my precious ones, most difficult indeed. And

my "heart" is heavy from seeing ALL of your pain and self-abuse and abuse of one another for pettiness, ego pettiness. You must each decide now what YOU are willing to do FOR God, not just for self, to be martyr and "better" or lessor than another. Do you say to GOD. "Oh God look what I do for you and no one appreciates ALL that I do. Woe is me." I must say, MOST of you do. You have no trust between you ones and the envy makes some of you look like the "green" martians depicted in your media.

Please know that you are all so very precious to me. I honor each and every one for his/her contributions, even in the face of full emotional human bombardment by your adversary. You WILL learn. And We of God's Hosts will walk with you and guide you so that you can chose to move self beyond the blind limitations you set for yourselves. All of you have been pushed beyond human limitations and it is often most painful indeed. Your pain is MY pain as well.

So please, my brethren be gentle in your thoughts and words and deeds with self and one another. You can and will pull yourself from the quicksand of human impact IF you make your lifeline, GOD. For His way is the only way to spiritual freedom and peace within. So be it. I AM Sananda, One with God, in His service. Thank you for listening my precious dove, Druthea. You are of me as I am of you. I love you ones beyond human words. Go in Peace. Salu.

LESSON 29

HYPOCRISY REARS ITS UGLY HEAD

Greetings my precious little sister, Druthea. I AM Sananda, One with God, in service to His Holy Light and Divine Presence. Many ones know me as Jesus the Christ, Immanuel, Esu, Esa and The Pale Prophet. It matters not what I am called, for I hear thine petitions directed to my being. And so, too, do I hear the curses given in MY name and that of Our Father God.

My scribe, called Druthea, is most saddened this day for what she perceives as intentional pain thrust at her and the ones she holds dear to her heart. I denounced the hypocrites of mine time of life upon Earth. These were the Pharisees and other ones of "false" religions. You ones now face the same challenge and the hypocrisy exists and is allowed among even my most devoted workers.

I ask you each one to look in the mirror and confront that hypocrite. "Not I!" You exclaim. Look more closely, chelas, for ALL of you have been hypocritical in your behavior at one time or another and MANY of you STILL are, this very day, spreading little rumors and gossip about one another about things that are so ridiculous and petty that I wish you could see yourselves IN ACTION upon a video screen, for most of you DENY it and when confronted continue to deny responsibility.

When you speak kindly directly to the face of another and then form opinions behind their back which are contrary and reveal your true feelings of personal inferiority and then voice them publicly to others, YOU ARE A HYPOCRITE in your behavior. If you ones listen to another's opinion about this or that person and do not bother to first consult with

the person in question to find the truth, then you are behaving as a gossip hypocrite.

If you are in the presence of one who openly proclaims opinions and judgments and/or complains about others of your acquaintance, what do you DO about it? Do you ignore them? Do you agree and conspire with them? Do you confront the gossip hypocrite directly to STOP the behavior in your presence? Do you let the ones know what is said about them? Do you turn the other cheek? WHAT DO YOU DO? That is the lesson, precious chelas. HOW MUCH LONGER WILL YOU ALLOW, ALLOW AND ALLOW THIS INTENTIONAL DERISION BETWEEN YOU ONES? Oh, are you AFRAID to confront the adversarial behavior? Join the most of humanity then. For that is why you remain as SHEEPLE and not as the LIGHT of leadership. For you have ALLOWED the adversary to bully you around and steal your dignity. The adversary will WALK RIGHT OVER THE TOP OF YOU AND SMASH THE LIFELOOD OF ALL GODLINESS FROM YOU IF YOU ALLOW IT! IF YOU ONES OF MINE HERE IN THE United States of America DO NOT STOP THIS MADNESS, YOU WILL BE DEVoured COMPLETELY BY EVIL, AND SO TOO THE REST OF YOUR PLANET! ! !

Was I gentle in my confrontations with my adversaries here? HARDLY! I was direct and to the point. I acted with the AUTHORITY GIVEN OF MY FATHER WITHIN ME AND EXPRESSED HIS POWER AND UNBENDING JUSTICE AND GRACE AND LOVE THROUGH ME. I was denounced, discredited, slandered and finally CRUCIFIED by EVIL, but that did NOT stop my work on this planet; for our Father sent me to serve and bring His presence into action for all to witness and learn from. He never promised it would be easy and I came KNOWING what I had to face.

WHEN YOU ARE CENTERED BY GOD

IF YOU ARE AFRAID, then you are not centered by the Power of GODLINESS within you for you deny your power and so become help-

less in the degree of denial in self. FEAR is an emotional HUMAN response. **YOU CHOOSE TO FEAR. NO ONE MAKES YOU AFRAID. LIKE ALL EMOTIONAL RESPONSES, YOU CHOOSE HOW YOU WILL RESPOND!**

This is one of your challenges, chelas; can you conquer your fear and continue in service to God? Don't expect not to feel it. See it simply as a warning flag. "Here is where I lack trust and faith and knowledge of the protection and guidance of MY Holy Creator, God working within me." Do you begin to see, precious ones of mine? **YOU CHOOSE** and so **YOU MUST LIVE WITH THE CONSEQUENCES OF YOUR CHOICES!** If you become paralyzed by fear to the point you allow evil to occur and you ignore it or feed it, you have, therefore, denied the presence and power of GOD within you to change the situation. And just look at your world, people. This corruption exists because those involved turned away and **ALLOWED** it to continue for they were more afraid of the perceived power of the adversary to harm them than they were trusting and in knowledge about GOD's **POWER** who exists within self! You deny God and **YOU ARE POWERLESS, HELPLESS PAWNS**, and so it has become.

We, of His Hosts, come to remind you of **THIS** power. You need not **BELIEVE ONE WORD. YOU MUST KNOW, KNOW, KNOW.** And you will never know anything of Truth until **YOU DESIRE TO KNOW TRUTH AND SERVE THE WILL OF OUR CREATOR IN CALLING THE BLUFF OF THE ADVERSARY EVERY TIME YOU RECOGNIZE IT TO REAR ITS UGLY HEAD!!!** We will not force you, nor can we force you to come into **KNOWLEDGE**. You will choose to **KNOW** or you will choose to **BELIEVE** the lies thrust at you and **ALLOW** evil behavior to destroy you. **WHICH WILL IT BE, CHELAS?** There is no inbetween! Do you have the courage to **CAST** out the adversary from your presence? For remember this, when God within shows you there is a problem here in front of you and you do nothing to change it yourself, you become a part of the problem.

WHY DO THE SCRIBES HAVE "PEN" NAMES?

This is the question of mine one, Druthea, who writes for me and other representatives directly from our Lighted Source whom we often call **ATON**, meaning the **ONE Light** or **Cause**.

I will explain this to all since many have questioned the intent and why this is done.

I will speak only in the case of Druthea who is, in her own mind, a fairly "new" receiver, but in fact has been guided and protected since she agreed to come to Earth in service. She is human, like all the rest of you. She is unsure of how she does this for she perceives no separation from mineself and Lord Michael, St. Germain and Aton. There is **NO** separation, chelas, except in the energy expression of knowledge. This scribe's confusion comes because most of what we give, **SHE KNOWS** already. The way it is expressed is simply somewhat different than her own "personality." She feels as if she is given information from **ONE MIND** and so it is. Knowledge of truth of spiritual connection is the **SAME** knowledge. It is simply communicated in different ways and styles. It is the same Truth. Do we all think alike? We **KNOW** alike. When knowledge is acquired and put into action and works, yes we are in agreement and enjoy the creative ways we work together to express this knowledge.

Is Druthea inspired? Often, as are many of you who know you "receive" knowledge from something beyond your ego perception. This scribe is instructed to use the label or pen name for the time being **BY HER AT ATON'S REQUEST**. She does not desire personal ego acknowledgment for this work. She does not wish to be treated as a special guru of some kind and really wants to keep her ego self separate from the teachings. She wants all of you to know that you need not have illusions of some "perfect" person here, for she does occasionally feel most inadequate, fearful, angry and saddened, as any human does who witnesses and participates within this drama upon your sick planet. She is a human being

filling a role she agreed and was trained to fill. The message is what is important for you to ponder. And we honor the messenger for her devotion and commitment in spite of the unkindness thrust at her. So be it.

Druthea has been sent for other important work besides this work and the shoes seem much bigger than her feet at this time. So while she grows into her responsibility here, she desires privacy and no notoriety, for even I as Immanuel said, when I lived as human upon earth, "These things I do YOU CAN DO AND GREATER." She also feels badly if ones are critical of the message so until she achieves a certain degree of balanced detachment from ego self and ego opinions of others, we agree to allow the use of her "pen" name.

The name itself means "bringer of strength, teacher and Gift of God" and is the "higher" name We of the Hosts know her by. So in reality it is her "real" name. So be it. I trust that this serves as adequate explanation, precious chelas. You will know when to come forward in identity as receiver; it is not necessary at this time so do not worry or fret about it, beloved little sister. And remember, it matters not what ones think of YOU or the MESSAGE. You have agreed to bring it as I Jesus, Immanuel did when I was in physical format. I will hold you closely within mine light, precious, for you are a part of mineself, of my very family, and I cannot and will not ever leave you alone.

To you of my brethren on Earth, please be gentle with yourselves and one another, love each other and love your "enemies" for you will find even they are a part of you and offer you lessons which will lead you home, if you only recognize your power and knowledge which has existed WITHIN you and will never separate from you. We are all related for we all come from our ONE Divine Holy Creator, God/Aton. "That which you do to the least of mine you do to me." So be it.

I AM Sananda, which simply means One with God, my inherited label or earned awareness. No more and no less. All of you will join me. **When** it will be is your choice. I love you so greatly. When you will sim-

ply know the love of Our Father within you, you could not utter one unkind word about another, you would not have the need to create such a word called "hypocrite," for the behavior would not exist. Ponder it, precious ones, Ponder that which you do or DO NOT DO. God will show you that which you must do. Will you listen to the still quiet voice of God within you? Thank you, my little dove, Druthea, for your service. Do not remain long in sadness, precious, for your light is much needed and your brothers are depending upon your help in service. Be at peace within and KNOW. Salu.

LESSON 30

FEAR, FEAR, FEAR

Greetings precious little sister Druthea. I AM SANANDA. The term simply means "One With God" in earned awareness. You may know me as Jesus Christ, Immanuel, Esu, Pale Prophet, and etc.

I AM the one who walked your place some 2000 years past in your counting. I am not returned in the physical at this time. I promised to go and prepare a place for you, each of you of God's children. This I have done with the assistance of His Hosts. The time is coming for my return upon your place to bring you ones of God's home to His places in the higher dimensions than this one you journey upon. This final return will also mark the time My Father sends me for the FINAL confrontation upon this place with the Evil Ones that we may reclaim His Kingdom upon this place with the Evil Ones that we may reclaim His Kingdom now possessed by and run by evil.

You ones have lost your way and we of God's Hosts are come to show you the way home. It works not by grace or belief or faith alone. You earn your way into "graduation" through knowledge, awareness and adherence to Cosmic Law, put simply: BALANCE in all transactions and interactions with life.

You as spiritually primitive developing humans are now being tested greatly as to your commitment TO KNOW TRUTH and KNOWINGLY balance within God's Laws. This is called serving THE ONE CREATOR as His Co-creator within Creation. You earn your ability to Co-create, and many of you ones are learning now very quickly how to discern that which is of GOD and that which is the lie of His Adversary. This is what we bring forth: TRUTH which can be verified. We offer

an open door to Spiritual TRUTH which YOU each are unfolding in this time of awakening, this time of seeking and now finding GOD, who has always been WITHIN you. You need walk through the door we open unto you ones so that you may find your verification through your DESIRE TO KNOW and then TAKING THE NECESSARY ACTION TO KNOW, AND THUS CREATE WITH GOD HIS VISION OF PEACE. This is what we mean when we say, "God works WITH you, not FOR you," and "God has already done His part, YOU must now do YOURS."

In order to DO God's will you must KNOW GOD within you and be like unto Him. God only gives and regives love. All of His Creation has been created through this fundamental principle of love giving and regiving. You must give to God so that He can regive to you. The imbalance you exist within at this time has occurred simply because you have forgotten or ignored this basic fundamental principle of God's Nature and the nature of Creation. This law of life in motion is absolute. Do you see, precious ones, you suffer the consequences of defiance of the Laws whether or not you KNOW or you don't KNOW WHY.

"WHY" SEEKS CAUSE

Many of you parents will notice many "Why" questions coming from your children. A child, unless discouraged, will naturally seek to know CAUSE. And every adult who finds any measure of happiness, harmony and success in his/her life has found the Cause of creating harmony (if it truly be so) through giving love, whether or not it was done knowingly or unknowingly.

Many ones petition God and say, "Please give me more money," "Please give me happiness." When in actuality if these "wishes" delude them, it is simply because the one petitioning God to do His part (which He already has done) has NOT done his part in the creation of that which he says he desires.

These ones might better ask God, *"Please show me what I MUST KNOW and DO in order to create happiness and abundance in my life."*

And even better than that, why not simply say: *"Father please show me that which I NEED to know and DO in order to sustain in YOUR service, that I may BE an honorable reflection of YOU in my every thought, word and deed. Not my will, Father, only let THINE will BE DONE."* In this particular decree, you are setting aside YOUR altered-ego perception of what YOU "think" you need and are, instead, allowing your Creator within you to show you what you actually do need to know and do to remain in HIS service and BE like unto Him, giving and regiving love.

Then, of course, you must be willing to listen for your answers and direction and then ACT upon what you are given to act upon.

Since I have named this document "Fear, Fear, Fear," I will now explain WHY.

Nearly all humans who exist upon earth Shan at this time have experienced FEAR in some way or another. You ones are FEAR motivated and programmed. FEAR is a product of your physical plane and of the appearance of separation from God. Promoting and inducing Fear is a favored method of control used by the evil adversary. You see no one can MAKE you afraid. YOU CHOOSE TO BE AFRAID AS A RESPONSE. Just as you choose to be pleased as a response. Many religions have produced and developed a god of fear and wrath and punishment. I will tell you that Father/Mother Creator is NONE of these emotions. These belong to His Adversary and are acted out upon the physical dimensions. Those who are very attached to the physical body and places and things are often easy to frighten.

You ones will flounder helplessly, dangling by your emotions until, of course, you find GOD of Light and Love within you and have thus committed to His Will in service. Then and only then will your doubts and fears become obscure memories in the motion picture called "you."

I am speaking of an inner peace which mine scribe has tried to describe as "sitting in the hand of God, secure and more than secure, the fear is gone." And yet she knows that even these words do not completely describe her feeling. She is describing *detachment* from earth physical emotions. Does that mean she is now totally unemotional and NEVER afraid. NO. It simply means she now knows the difference and knows it is HER choice as to how she will respond in all circumstances. She has become acutely aware of her responsibility of creating her life. And in her decision to serve GOD OF LIGHT AND LOVE, He has helped her recognize her folly of blame, helplessness and separation from God. In other words, her **lifeline** (God) is secure, strong and solid as SHE has done her part to make it so.

What I have described above is a part of the process of attaining God-Awareness and growing into God-Knowingness. Detachment, both emotional and physical, is a large stepping-stone across the raging river of life in the physical which takes your soul-mind consciousness into the higher light dimensions. Each of you who so choose to "graduate" will in the days ahead (if not already achieved) be tested until you do step upon that stone of detachment and release this illusionary world of duality and limitation and move into the Kingdom of Heaven which is LOVE.

Does this mean you float away into the clouds? Hardly, my precious ones. It simply means you are given MORE responsibility in the reclamation process. You either are or will assist God's Hosts and Me, Sananda, in confronting the evil adversary and reclaiming God's Kingdom here. There is MUCH awakening of the little sleepy lambs to be done. Each of you will be moved, I trust passionately moved, to awaken your brethren and expose the lies of the adversary. You will KNOWINGLY wear the armor of God in His service and you will abide KNOWINGLY within His basic laws of balance. It is really very simple.

We have given you all the tools within to DO just that. If you are unsure about the laws and the nature and structure of God and His Universe and need some clear and concise reminders, please re-read

this book. Do your part and read His reminders and, I assure you, God will make sure you get what YOU need to give back love unto Him so that He may regive it to you. So be it.

Thank you, precious Druthea, for your service. Do not concern over your lack of "time" to write for when I need your hands, I will make sure you know it, chela. You do attend me most of the time, in spite of the distractions. I don't need you to write daily at this time for as long as you hear what God tells you, you are fine. Although I do desire that you remain in good practice of receiving. Please listen for my call and all will remain in balance with you.

It is simply this you must consider, little sister; your lessons are the lessons of many and the sharing of same through this method is more valuable than you know. This is not about competition, precious, this is about the salvation of the very souls of God's children and of this beauteous planet. You offer a precious and wondrous example, even though YOU think it not be a worthwhile example. You occasionally simply indulge yourself in self-depreciation, for you KNOW better, my little dove! Even self-depreciation simply reminds you of the human imperfection of this plane. ALL experience this unworthiness, chela. Remember and recognize that YOU choose the feeling!

This time has been very precious. Thank you, my brethren, for hearing the call. Please be gentle with yourselves and one another, and walk in the Peace of which only Our Father can unfold within you. I AM Sananda, Esu, Jesus, Immanuel. Salu. Salu. Salu.

LESSON 31

UNDERSTANDING AND COPING WITH "RESTLESS" FEELINGS

Greetings precious Druthea. I AM Sananda, Esu, Immanuel. I AM the one many know as "Jesus Christ." I come in service to Holy God of Light and to you my brethren upon Earth Shan. Sananda is my inherited, earned label given of Our Father, God. It simply means "One With God."

My scribe is in process of tremendous change and has been for some years now. This I share because many of you will relate to the feelings which are or have been produced by these "changes," or what I prefer to call "challenges" to facilitate spiritual growth. None of you will escape these "growing" pains which I will speak of.

When this one, Druthea, first became involved with the works she was quite skeptical. It took many months of self-searching and testing for her to find comfort with the fact that, yes indeed, she was in contact with beings not of this planet, called Earth.

When it finally sunk in that what the other Hosts said is, in fact true and that this civilization is in serious trouble, absolute terror set in for her. Then came the denial. "Oh no, DOOM AND GLOOM" and "NO BEING OF THE LIGHT WOULD SPEAK THIS WAY" was constantly put in her mind deliberately by ones whom she thought very near and dear to her. She began to doubt her sanity. She wanted her life the way it was BEFORE she knew the Truth...and there was NO turning back as hard as she tried.

Does this sound like any of you out there reading this? I thought so. It doesn't end yet, my chelas. She then went through a very long period of deep confusion and became very angry. She cried frequently. She spent much time alone in self-pity. She was harsh to her loved ones. She was even embarrassed at her own behavior at times, but she frankly felt most helpless. She asked for everyone's opinion and interpretation of the transmissions presented by even myself, Sananda. All the while God waited patiently for her to listen, mostly she was too terror-stricken and confused to quiet herself enough to do so.

Many ones, including myself, worked with her and kept a constant outpouring of loving light upon her. Many of you ones in the early circle did the same. This child is loved very greatly by many ones and I think she recognizes now the great degree of love given her to assist her during these "difficult" testing times she has gone through. But remember this, chelas, our outpouring is only useful to the degree that the receiver allows it! Otherwise it simply returns to sender.

So what did she finally do to recognize and change the fact that she allowed the adversary (satan) to rule her life for a time? WHEN SHE BECAME SO EXHAUSTED AND DEPRESSED AND HOPELESS, SHE TURNED HER FACE TO GOD AND SAID, "Father, please HELP ME!" The call from the heart-place compels the answer and she was at that moment ready to listen for her instructions and act upon them. From that moment on she has commanded shielding of love, protection and guidance that she may serve God honorably in His reflection. Does she falter and have her "bad" moments? Certainly. The difference is now she **knows** she has a choice in the matter (as she always did and did not know) and so she then can make the necessary "attitude" adjustments.

I will share with you that this child finds it most difficult to "sit still" to listen. She has much what you call "nervous" energy. Which has little to do with nerves as such. Anyway, for those of you who wonder what and how to listen to God, read on. This one "walks" every day for "exercise." This is the "time" early on that we, of the Hosts, found it easiest

to reach her because she actually puts herself in a self-hypnotic trance while walking. She also cleared her space, commanded protection and asked for guidance to sustain in God's service. It is really that simple, chelas! It begins with Desire, Devotion and Self-Discipline. You must DO your part as Co-creator for God already has DONE His.

I will share with you that NO ONE was more surprised at Druthea becoming a "receiver" than was she! You must realize, precious chelas, that receiving from the Lighted Source and Command is something ALL have ability to do and many do it unwittingly. God is WITHIN you and so the still quiet voice of His love and guidance must be accessed within you. It is not mystical, it is only a mystery until YOU KNOW how to do it. Eventually, and hopefully sooner than later, you will all learn to commune with God within you constantly, regardless of the task you may be performing.

Druthea says she thinks there is one down side to knowing you are responsible for all you do and create and how you respond to situations. That is that when you "goof" or make an "error" against God's LOVE principle, YOU KNOW IT and there is no hiding and saying you did not know!

True, precious, you cannot hide behind ignorance when you do know, but I would not say it to be a "down side" for would you not rather KNOW your errors immediately that you bear the consequences quickly? In this way you are less apt to repeat the error. It is only when in ignorance ones defy the law of balance and love and then wonder why they are having "bad" luck or are so very unhappy. Remember even in ignorance of your error will you still reap the consequences. So would you not rather stand responsible and KNOW the error be so and KNOW YOU must change your behavior or thinking accordingly? I trust you see the wisdom in knowing!

WHAT HAPPENS AFTER YOU'VE CONQUERED THE FEAR?

So what became of Druthea after she accomplished communion with God and We of His Hosts? Bliss and Contentment? Not hardly, not even at all. Once the novelty wore off, she began to realize and to remember that SHE herself had a purpose, a commitment to serve God here on Earth. We simply reminded her of this commitment. Yes, she was no longer "afraid" to die. She did begin to have a sense of **inner** peace, although she, I must admit, was not too thrilled to find out about the nature of her responsibilities in service to God. And that is the key word, **RESPONSIBILITY**. It was like one minute she was just responsible for herself and NOW the whole world was included. That is just about how she felt.

It seems to be and it certainly is a **MASSIVE** job to awaken a sleepy humankind, uncover the lies of the adversary, boot him out, and clean up the mess and then hopefully graduate beyond these physical dimensions. We continually remind her as well as all of you that you each **CHOSE** to be here and you will **CHOOSE** to serve **GOD OF LIGHT** or continue in the service of the adversary to God.

ALL ones of you reading this material have made a commitment to serve in some capacity. We are ringing the alarm clock. If some of you are angry, that is good for at least we know you're alive and cooking and perhaps we can help you out of the boiling pot before you are too cooked to escape!

I suggest that you **NOT** be angry at God or the truth-bringers for waking you up, for you will only find yourself in misery and powerlessness. You must be willing to **DO** your part to change the evil circumstances and bring forth **TRUTH** and to do it you must sincerely **DESIRE TO KNOW WHAT IT IS YOU MUST KNOW AND DO TO SUSTAIN IN GOD'S SERVICE**. It is not necessarily easy. It most probably will involve hard work, physically and emotionally. It may not be convenient. But so what! Do you

not enjoy a good worthy challenge? A strong spiritual **BOND**? Inner fulfillment of a commitment accomplished to the best of your ability? Do you **realize** for most of you this is a rare and precious time opportunity to serve? The changing of a cycle of a planet. You proclaimed to God **YOU** would serve. Will you honor your commitment?

WHAT HAPPENS NEXT?

So now that the fear is gone, how do you feel? Druthea found herself being tested in ways which produced forth her "insecurities," for example in her case, money. She does not like this being discussed, and many of you are in the same rut as she. The funny thing is, Druthea has always had more than she needs and yet you would think the child is close to poverty by the way she magnifies "expenses" in her own mind. She has an over developed sense of frugality on one hand and then can be quite frivolous on the other. Many of you share her problem in similar ways.

So what is the root of this insecurity? **FEAR** rears its ugly head again. It's sort of silly when she looks at it. For she no longer fears death, yet she is terrified of losing her "shopping" budget! This fear/insecurity about money is, in her case, related to deep attachment to physical world illusion as she has been comfortable within it. Chelas, the people of this world, save a few, are in the process of losing all of their dollars/wealth. As we say, "The world is being foreclosed upon!" So she, as well as all of you, will need to make some adjustments in perceptions of comfort and "needs." So be it.

Comfort in the days ahead, my friends, will be a warm bed, home, food and clothing. And you will be **HAPPY** to have them. There is no longer room in your minds for excess physical frivolity. If that frightens you, I am sorry for you. For your 30 pairs of designer shoes, and your valuable gold jewelry and gems, and your expensive houses, cars and countless other "luxuries" will not serve your basic survival needs in the times ahead. Nor will **ANYTHING** of the physical leave with you when you

depart this plane in the so-called "death" experience. You will need to release attachment to these things "You think" make you happy, for if you are honest with yourself, you will find that they DO NOT.

Does this mean throw out your furs and abandon your home? Of course not, precious ones! God IS Abundance, only His abundance is NOT LIMITED TO PHYSICAL abundance! Enjoy your "things" which bring you comfort. Although if you have an expensive home with a big mortgage in the city, I would suggest you reconsider that decision. Perhaps it would be wise for you to sell your home (if you can find a buyer) and move to the country, store some food and water and prepare for leaner times ahead. If that sounds negative and doom and gloom perhaps it is your perception which is in error! Perhaps you simply do not understand HOW SERIOUS YOUR CIRCUMSTANCES REALLY ARE!!

IS MY TESTING OVER YET?

This Druthea asks. No. And it does not become OVER until your return to the ONE Creator God is completed! Remember I, Sananda, am also being tested for this grand finale confrontation with our adversary here on Earth Shan. So don't feel alone, chelas.

Now at the current time, Druthea is dealing with the challenge of feeling restless and "let's get on with it, I'm bored with the adversary's games." This feeling occurs when you finally begin to see the light at the end of the tunnel. It is not a freight train. It is God returning. And now that she feels it is happening within her, she's becoming impatient for completion of the job. And she asks why doesn't everyone just wake up and get on with it? Well, it doesn't work that way, chela. Just as you have struggled and continue to struggle in your own way with awakening and serving, ALL will need to go through their testing and process of awakening. This is part of your growing experience upon this beloved orb. My suggestion? Be as patient with those you are reaching as God and His Hosts have been patient with you! (Big Gulp from Druthea).

Perhaps some of you can relate to her feeling if I describe it as like a horse you are riding. Often when the horse you are riding is leaving the stable, it trots along. When you turn back towards "home," the horse can barely contain itself and wishes to run all the way home! Druthea knows she's on the road "home" and wants to run and miss all the scenery. Not only will she miss the scenery, she undoubtedly will become careless and trip in a gopher hole, and make her journey much slower and somewhat painful too! Ponder it carefully, precious ones! There are NO shortcuts to God. ENJOY the journey. Welcome the "challenges" and testing which YOU and God design for you to bring you home in honor.

SO HOW CAN YOU BECOME INSPIRED OR RE-INSPIRED?

Impatience comes with not wanting to go through the "process" of an experience or "repeating" something which seems so obvious to you. For the first reason, I say, trust the process of GOD working within you. Your impatience will subside when that is truly accomplished. For the second, that of repetition of a circumstance, such as how the adversary lies and fools you, or when you are explaining the same to others, I say that you have reached the top of one level of awareness and are anxious for inspiration to move into the next. You may recognize reaching this level by feeling "stuck" and also a feeling of "boredom" and/or "restlessness" may occur. Again, Desire, Devotion, Discipline. Trust the process of God working within you. Be patient for the unfolding WILL occur in the right time for you. And lastly, GOD ALWAYS DOES HIS PART! KNOW AND DO YOURS!

I will close this segment. Thank you, Druthea, for your service and for allowing this sharing of your personal experience. There are many who will benefit from this sharing and you are truly blessed for having it to share! I Thank you, my precious brethren, for taking the time to read this. May it inspire you in your growth process. Walk gently with one

another and Bless our Mother Earth Shan for allowing herself to be your stage of learning.

Thank you, Father, for allowing mine sharing through this scribe. Please hold her gently in your loving light of guidance and protection that she find the peace within which only exists in your KNOWING MIND. So be it and Selah. I AM Sananda. I come in service to Our One HOLY Creator God/Aton. Salu.

LESSON 32

THE PROCESS OF LIFE

Greetings my precious little dove, Druthea. I AM Sananda, Esu, Jesus, Immanuel. I come in service to God/Aton of Light and to you my precious brethren on Earth Shan.

Thank you for attending me this day, Druthea. Allow me to assist you, precious, for it is my honor to do so. You never stand alone in "the wilderness of your mind" as you stated it. You must be willing to ask for and then receive your "help" and guidance in times of despair and depression, chela. A lesson most all of you of mine can improve upon.

It is quite true that there are no "self-made" men and women. For all have received guidance and an occasional boost from the unseen and unacknowledged ones both in physical and etheric dimensions. It is a "team" cooperative effort that works constantly to bring out the best in each one of you, whether YOU recognize the help or not.

Your success in gaining understanding and broader awareness comes as much from allowing and graciously accepting God's guidance and that of His chosen helpers, as it does from your physical actions, whether your actions serve God or the adversary, within your journey on earth Shan.

The process of your lives is designed to bring you ever closer to KNOWING the I AM present within you that you become God in Action, and ultimately co-creator of universes within Creation.

THE ADVANTAGES OF EXPERIENCING LIMITATION

Advantages you ask! Most certainly. For although you design your own limitation, you also are given the tools for reaching beyond it. First, by recognizing and taking responsibility for it. Asking God for assistance to conquer it. And then making the decision followed by the necessary action to overcome and grow beyond your self-imposed limitations. Simple? Rarely. Comfortable? Hardly! Worth the effort ALWAYS!

How does one recognize a limitation? Easy. I will point out some feelings/expressions which all of you will recognize in your experience within your own process of life: How about Resisting change, Impatience, Stubborn inflexibility, Fear, Resentment, Superiority, Inferiority, Insecurity, Bigotry, Greed, Physical lust, Guilt, False pride, Wrath, Vanity, Laziness, Envy and Jealousy? Some of you may recognize these expressions since we wrote in detail about many of these as "*Deadly Sins*" and "*Recognizing the Anti-Christ Within You.*"

All of the above limitations as well as many not named are expressions of the adversary and denial of your own God power within. Expressions of Resisting change, Impatience, and Fear have to do with Not TRUSTING or understanding the process of your life and, therefore, feeling helpless and powerless. These expressions are simply the **symptoms** of your unbalance within. By recognizing the symptom of Resistance, for example, you can then ask God within to show you its CAUSE, which usually involves Fear. Is it bad to feel afraid? No. It is simply a symptom of your ignorance about your own ability to move through the fear with the knowledge that God walks with you when your intentions serve Him. Fear is a selfish response, often concerning loss of something which you think you hold dear.

There is only one concern you each must acknowledge in which the symptom of some Fear may serve you. And even the label Fear does not quite accurately describe this concern. What might that be? "Losing"

your soul to the adversary and becoming a prisoner of his Hell on Earth, in which the absence of God will be prevalent. The eventual absence of God upon your place is a probability. Healthy concern because of understanding the consequences is appropriate here.

For most of you of God's children, there is not this problem for your hearts are pure although your actions may sometimes be somewhat less than pure. Remember we've spoken many times about how YOU push God out. He never leaves you! Most of you have already experienced moments or even lifetimes in Hell with the absence of God's knowing presence within you. Simply because you did not know to accept your inner power. And ALL of you have experienced, at one time or another, His rescue or Hand of Light pulling you from the darkness, when you asked for help. Eventually, and already for many of you, the status of your soul is not even a concern for your only choice can be God of Light. Your lifeline is always God and that is ALL you need to be like unto Him and you will be shown the path out of your self-imposed limitations.

WHAT ABOUT ALL THIS TALK ABOUT DETACHMENT?

Most of the talk is simply more "New Age" nonsense. When mine scribe, Druthea, first heard about it over a year past, she thought like so many of you ones, "Oh, that sounds good." She thought about it. What does it mean? She understood physical detachment, in other words from material "things." But how do you accomplish what is described as "emotional" detachment? Well it took some time for the process of understanding to come to fruition. She finally asked, "WHY would I need to achieve total detachment from emotions and feelings? What would be left?" Good question, chela. The key here is SELECTIVE RELEASE. And I am using the word release in the place of detachment simply because of the mis-use of the term and the confusion surrounding it. Firstly I see revelation in Druthea upon looking up the word, so let us share the definition herein:

Detachment: 1. The act of detaching or the state of being detached (Separated, disconnected). 2. Lack of interest in surroundings or worldly affairs. 3. **Absence of prejudice or partiality.**

Now please, each of you THINK about this carefully. Are you trying to achieve separateness or unity? Disconnection or Oneness? Can you change the world without interest in it? Would you not want to feel care and concern for your surroundings and the fate of your brethren around the globe? Is it possible to be God-human with His soul-life and not FEEL ANYTHING CALLED EMOTIONS? Love is an emotion, a feeling and expression. What actions constitute love? Absence of prejudice (prejudgment) sounds good, but what about lack of partiality? Are you not partial toward God? Or is it the adversary? Does this meaning sound Godly or Satanic in presentation? It depends on how it is presented.

SELECTIVE RELEASE (A.K.A. DETACHMENT)

How about simply releasing or becoming separate from evil? Detachment from fear, resentment, envy, hatred, insecurity. In other words releasing the **limiting** emotions of the adversary and concentrating your mind on awakening the co-creative emotion of brotherly love. And to be effective in your service here, you must have a high degree of compassion for the human condition upon your place.

Now I will give another example of appropriate detachment. When you are sharing The Word, it is none of your business if ones refuse to hear or discount you because of it. That is their choice and privilege and NOT your responsibility.

An example of inappropriate attachment would be material ego status and especially attachment to your OPINIONS about how things are or should be, etc. Always leave yourself room to change your mind from opinion to KNOWING, especially when you are inspired by GOD within to do so. That means being willing to admit to self, or another if appropriate, that you were wrong and you now recognize the "right" or balanced way.

Other areas of inappropriate attachment are attachment to the altered ego's need to dominate and manipulate to achieve ITS needs or desires. Many of you parents are faced with these sorts of challenges as well as ones in the average workplace or anyplace where people gather and interact with one another to achieve similar/same goals. Whether it be friendship and/or getting out The Word.

Look at it this way. You have the choice to offer a positive constructive INFLUENCE or a negative destructive INFLUENCE. EVERY choice, action and decision you make is either increasing or DE-creasing brotherly love and goodwill. It is up to each of you to learn the difference. Most of your processes of life revolve about learning the difference between behavior and actions which bring balance and Godly influence, and behavior and actions which feed the adversary's hunger for destructive manipulation, domination and control of your being and this physical planet.

It is easy to TRUST the process of life when you walk KNOWINGLY in balance in communion with God every moment. How many of you have achieved this so far? VERY, VERY few of you. This is the challenge, precious chelas. MANY, MANY obstacles of testing which are designed to push you off the balanced tightrope of your journey are offered. In time you accept fewer and fewer of the distractions for you learn to recognize them and walk over them or through them because YOU KNOW you have the power and the choice to do it. Meanwhile be gentle on yourselves. For even the most accomplished Masters of knowledge and communion made errors in discernment from time to time, and suffered the consequences thereof, including minself.

I could not serve you now effectively in this capacity had I not experienced many times upon the physical planes as you each have and are doing. The rewards of finally recognizing YOUR power to influence positive constructive change are enormous.

WHY DO I SOMETIMES FEEL INEFFECTIVE AND HELPLESS?

This question Druthea asks and so do many of you. In your case, precious, you are measuring results according to what appears on the surface. And your efforts will seem quite futile and hopeless when you expect quick and obvious results which you think you can measure by this letter or that comment on the work. This again is not your responsibility, precious. For you are not able to measure the change WITHIN a person's soul consciousness whom you've touched.

For example, if your sister appears to hear and see no evil, especially when you bring it to her attention, that is YOUR perception. Because she chooses not to respond to you does not mean that inside her mind and heart are not torn or moved, even if she simply thinks you're nuts. And perhaps she prays for YOUR soul, thinking it is you who is misguided.

God monitors the heart in caring love extended. Yours in sharing Truth and hers in wanting to keep peace and harmony in the few hours you had to share. Your frustration comes in trying to monitor the "silence" and your need to be heard and understood by her. Release that need, for it is your insecurity which moves you to seek acceptance from her. Allow her process to unfold, for she accepts you exactly how you are. Your ideas are quite another thing. With the bond of love between you, know she will reach out to you when she is moved to do so. Be prepared and allow her her own time. That is a true gift of love. Do you understand? Yes, I hear your comprehension. And I trust that all of you in similar circumstances will ponder these lessons well for they apply to ALL who "happen" upon this transmission.

Let us please take a break. Thank you, Druthea, for sitting with me. I know you will write longer, but you are not as strong as you think in your body yet. You need healing time and you have allowed your worry and fretting time to encroach not only upon our time together but also your

own healing. This is not to chastise, but simply to make you aware of what you do to self, precious.

I love you as a very part of my own being and I cherish you and treasure this time we have. You will learn that there is very little of perceived duties worth worry and forfeit of our time to write. There are MANY ones beyond your perception who find sustenance and peace within from this work, including you, my little dove. The inadequacy will pass, for it is part of the illusion of altered ego and has no substance in the Light of GOD and our work together. Be at peace. You serve well. There is always room for improvement and your desire takes you there.

I AM Sananda, One with God. Walk together in Peace and Love and KNOW that GOD walks with you. Salu.

LESSON 33

"NEW AGE" NONSENSE, PART 1

Greetings and good evening, precious Druthea. I AM Sananda. I am also known as Esu, Jesus, Immanuel, Pale Prophet and many "other" labels. I come in service to Holy God of Light, Our Creator, and unto you, my brethren upon Earth Shan.

I call this document "*New Age*" Nonsense for the simple reason that most of you ones who now read have experienced some or much in teachings or doctrines which fall under the genre or category lumped together calling itself "New Age Movement" and/or "Metaphysics."

Firstly, let me correct the term since many of the professed doctrines by so-called great and inspired "New Age" teachers, both seen and unseen, have or will prove in time to be a mixture of inspired truth and the dead-ly lies.

Do you know that many ones who run to and fro searching out this teacher or that doctrine which "sounds" good and "feels" good actually become quite apathetic? I will explain. For my first example of discussion let me rename "New Age Movement" to "New Age Inertia."

Why inertia? Although all ones do not fall into non-action inertia, many have spent so much time "trying" to BE, that they have forgotten how to move, unless it is to seek drugs to get high, or a partner to express sexually with, or myriads of other "physical" ways to please the senses and not add to their Cosmic knowledge.

Did you know, precious ones, that Satanic worship, witchcraft and

Freemasonry also fall under the genre "New Age?" Just go to any so-called "New Age" Bookstore or even many of the general book stores who have a "New Age" section and see for yourselves. How do you nice "New Agers" feel about that? I will now expose some of the false doctrines which have confounded, confused and misled most of you.

LIE #1: "EVERYTHING IS PERFECT"

Yes, everything is perfection WHEN you exist in the UNDIVIDED mind of God of Light. Until that time, precious ones, you will be made often painfully aware, through the divided, male-female conditioned, mixed paired experiences of your soul-fragment journey, of your imperfection in relationship to God. And to the last moment of your soul journey, you will be in the constant seeking of the knowledge which will bring you home to HIS undivided ONENESS. The physical planes offer the most numerous opportunities to experience in imperfection and ignorance of divinity. By design it is so. And as your soul learns the difference between God balance within His laws and the adversary's unbalanced defiance of God's laws, you move from ignorance into KNOWING. From KNOWING you become gradually free from the limitation of material desire because of your desire and achievement of KNOWING God and His ways WITHIN you.

LIE #2: "THERE IS NO BAD OR GOOD, JUST EXPERIENCE"

This sort of statement is one of the most misleading because the most common interpretation is EVERYTHING, every behavior, action, and activity is okay. And at the same time these ones will tell you, "You must not JUDGE another." Well, true. Remember the laws of God we wrote about. We bring balance to the statement "You must not judge another," by adding, "You MUST judge behavior and actions which do defy God's laws."

What's the difference? You are never obligated to **CONDONE** behavior and actions against God's laws of balance. For example, can you stop someone from having an abortion? Not forcefully. You **can**, however, explain to them why it is wrong to murder, knowing full well **THEY** will make and live with their own choice and you cannot choose or act for them.

Know that there are **NO** women, who contain God conscience, who do not know the sin against God and life they have committed after they have chosen abortion. Do they all change their behavior? No. But the remorse and the often accompanying self-punishment remains with them until they are able to see the error in personal responsibility and thus change the attitude and behavior which would compel them to murder an unborn babe.

LIE #3: WALK-INS AND WALK-OUTS

These terms have been mostly popularized by one known as Ruth Montgomery, self-proclaimed "channel," within her books, "STRANGERS AMONG US" and "THRESHOLD TO TOMORROW." This term she uses to describe experiences of tremendous personality change, often through "near-death" experience. I will compare her use of the term with the term "born again" as used by some calling themselves Christians, although these so-called Christians simply refer to the experience of being "born again" as a miraculous, nearly instant change of life characterized by recognition of Christ as their Savior and return to "Christian" values, doctrines and beliefs contained in various versions of the Bible.

She describes, according to her "spirit guides," in her book "THRESHOLD TO TOMORROW." the experiences of over a dozen "New Age" teachers, healers, and workers of various sorts.

Please be aware that it is Montgomery (supposedly by direction of her "spirit guides") who interprets the experiences of ones such as Jason

(Ray) Winters, who heals himself of terminal cancer by developing an herbal tea concoction, as being a "walk-in" experience. She describes this occurrence called "walk-in" as the original "soul" energy desiring to leave the body and allowing another energy from the "spirit" plane to "take over" the life. What is truly interesting is that, according to Montgomery, the one "taking over" is always come to be in service to humanity, although not a perfected being, either.

Now I ask you ones who have read about "clones," "robotoids" and "duplicates," do you truly think God needs remove the original soul to bring about constructive change, enlightenment, healing and other positive changes in attitude in His children? Why would GOD deny the one help when, especially in the case of Winters, HE asked God to help him? Would God need to discard the original soul and replace it with another? Why would GOD let a spirit bypass the normal process of life, birth, childhood growing and simply TAKE an "abandoned" adult body?

The answer, precious ones, is GOD does not work in this manner. He needs no walk-ins to do or accomplish His work. He grants no special favors to spirit energies of light who come into physical manifestation TO LEARN and SERVE for instant avoidance of responsibility (walk-out) and avoidance of the process of life from BIRTH (walk-in). I'm sorry to burst your bubble, you ones who "believe" this nonsense.

Either GOD assists you by your desire and your contract to achieve awakening of purpose and service to Him, even when you drastically change your perceptions and attitude, and you remain humble in service, OR one has allowed possession of dark or several dark energies to confuse and mislead many of God's children.

EVIL cannot create a soul and only lower astral and other dark energies would want possession of another's body, if invited or allowed. That is simply the way it is. Evil can and does "duplicate" physical human (and non-human) appearing bodies, robots without soul-energy, designed to do as Evil demands and programs, just as a computer is programmed.

For much more information on "robotoids, synthetics and duplicates," I will strongly suggest you ones who find this sort of technology "science fiction" and outrageous to go and read released TRUTH about this process, designed and controlled by the evil adversary, information about the who, how, when, where and why of development of robotoids, synthetics and duplicates. I suggest it is well worth your time to investigate with your God-given reason this truth for your world is run by evil through these projections and it behooves you to know how it has come to be and who your enemies are! So be it.

Let us close this document please. Thank you, Druthea, for your service, precious. Let God's hand guide you to that which you seek within. For it is more wondrous than you are able to perceive at this time. Be at peace, precious one. You are far too hard on self at this time. I love you and treasure this time we've had to share.

I AM Sananda, One with God, in His service of Light, Knowledge and Love. Thank you for your attention, my precious brethren. Walk gently with one another and the way will be made clear. Salu.

LESSON 34

"NEW AGE" NONSENSE, PART 2

Greetings precious Druthea. I AM Sananda. I come in service to Holy Divine God/Aton of Light and to you, my brethren on Earth Shan.

I have heard your call, precious. I have requested you read the book (THRESHOLD TO TOMORROW) not to confuse, but to clarify. I am monitoring and you are using reason. I did not say that Ruth Montgomery is a "bad" person. I simply stated that God needs not nor uses not replacement souls for bodies. USE discernment, little one. Could God replace one soul for another who wants to leave? Certainly. Is it as common or as Montgomery writes that MANY walk-in souls from higher vibrations will come to assist mankind through the earth shift, etc? No. I am sorry, chela, if this confuses you.

Is it wrong that so many ones in her book believe themselves to be Walk-ins? Not necessarily. They believe what seems "right" to them until they learn differently. You must understand the common thread in all of these cases, which are beautifully presented. Some traumatic event occurs, in a marriage or other situation, which causes the one great emotional distress and desire for release of life, such as contemplation of suicide, actual near death or coma from an "accident," or even long incarceration of the body.

The ones speak of the moments of their "transition" (which they believe to be walk-out/walk-in occurrence) or inner change, as I refer to it, as a wonderful freeing experience. Each somehow miraculously KNOWS how to correct his/her "problems" and is transformed into one desiring to serve humanity in unconditional love, free from excessive materialism, hatred, resentment and other repressive desires.

Do I discount the experiences of these ones? Not at all. I simply do not support the conclusions "believed" by these ones and Montgomery that the original was allowed escape from responsibility of his/her incarnation. And that somehow the "original" soul could not become "inspired" and "uplifted" by God and thus awakened to purpose. Instead, the original is replaced with a "much more enlightened and humanitarian soul" Come now chelas. Think about this!

Could Albert Einstein be a personal guide who transmitted and transmits information to ones such as Bjorn Ortenheim? Absolutely! Is that your business? NO.

There is a reason God has created Birth to Death and Death to Birth cycles upon the physical manifested planes. IT IS THE PROCESS OF BIRTH AND PHYSICAL EXPERIENCE OF CAUSE AND EFFECT IN ACTION, CALLED THE PROCESS OF YOUR LIFE! GOD WILL NOT RELEASE YOU FROM RESPONSIBILITY SO EASILY, CHELAS. HE WILL ASSIST YOU TO KNOW PURPOSE AND UNDERSTAND HIS WAYS WITHIN CREATION BY KNOWING HIM AND RISING TO YOUR POWER OF CO-CREATION!

Ah so, the "born again" experience is wondrous for the ones who experience same. Does that mean, the original must leave? Of course not! We have told you that MANY enlightened, higher vibration beings have and are currently being incarnated upon this plane AS BABIES to grow into responsibility of mission and purpose in service. Remember, we have told you numerous times this is the reason ABORTION is being encouraged so. To destroy God's little ones before they have their chance.

DO YOU have to "believe" me over Ruth Montgomery? Not at all. I do suggest that those of you who believe yourselves to be "walked-in and out" to think upon my words. It is best to meditate upon the processes and ways of God and His Infinite Wisdom and KNOW **you are you**, the original in awakened form, if yours is truly one of service IN ACTION. Be not afraid to honor and have gratitude for God and YOUR personal guides.

Do not dishonor self with thinking the "original" was too unevolved to have "transformed" in thinking so quickly and miraculously. With God as your "Guiding Light," ALL is possible and reasonable.

Another point. You each have a contract WITH GOD if you come in His service. You are graced with a body of your co-creation for carrying out your mission. God does not NEED YOUR BODY, but YOU DO to serve out your commission on earth!

Are there "other" energies just waiting to pounce in your body because you want no responsibility and know not to protect yourself? Certainly. They are not in service to God! No "higher" energy, 1. NEEDS YOUR BODY, or 2. DESIRES TO COMMANDEER ANOTHER'S PHYSICAL BODY! Remember the law of Non-interference? I trust I have brought clarity upon this subject. So be it.

For those of you who wonder why I seem to belabor this subject, it is because my scribe has sat today upset and confused because the stories "sound" so sincere. Perhaps they are, chela. It is only the conclusions which I take exception to and you deserve to understand why for if you do not, then I know that many others have been confused about this as well.

Thank you for seeking, Druthea. Remember the sincere call compels the answer and I do not leave you, distressed or otherwise. Although you were afraid for the first time at what was written by minself since you yourself have no experience in this area. It is reasonable for you to question, clear your space and again question and know it is I, Sananda, with you. I am NEVER offended by you being sure about identification of MY presence, precious. I expect you to KNOW whom communicates with you and in whose service they come EVERY TIME!

Let us close this document. Please be at peace, my precious brothers, for it is the journey of your life which marks the character with honor or

with disgrace. And honor is yours by design of inner desire and action. Know God within and BE His Honorable reflection. The choice is always yours.

I AM Sananda. I come in Light and Love in service to Divine Holy God/Aton. Thank you for your attention. Salu.

LESSON 35

"NEW AGE" NONSENSE, PART 3

Greetings precious Druthea. I AM Sananda, Jesus, Esu, Immanuel. I come in Light and service to Divine Holy God, Our Radiant One Creator.

I will continue this series on the nonsense and misperceptions which permeate the so-called "New Age" Movement. It is not always necessarily that the cliches and "wise" statements made by ones are not true. It is often that the so-called "New Age" teacher/speaker has the interpretation of opinion which is either not completely understood or not communicated correctly. And there are ones who simply intentionally manipulate the teaching, through false interpretation, to confuse and mislead others.

You each are learning the lessons of discernment, through reason and communion with God within you. The problem for each of you to overcome is allowing someone else to "think" for you and "believing" another because they "sound" like a sincere and wise expert. Remember, belief in God, for example, is not the same as KNOWLEDGE of His Omnipotent and guiding presence within you. Belief is still an opinion, which may or may not be correct. It is not KNOWLEDGE that you have achieved until the proof of His Power and Presence is earned by YOUR DESIRE TO KNOW and YOUR personal efforts and actions which demonstrate or create that desire.

Now I will quote a statement made by many, especially by those studying under Eastern Masters. I want you each to think about it, if you have heard it, what it meant to you, and what it means to you now, then please continue reading:

Whatever you focus your attention on you exchange energy with or draw that energy to you.

Now I will tell how many "New Agers" have interpreted this statement to refuse taking responsibility. If the information which is at first given to them is interpreted by them to be "negative," meaning producing within self emotions of fear, guilt, pain, anger, etc., then they feel that they must not give their attention to it. And somehow, they are then absolved of "negative" thinking, and all will be beautiful and harmonious in their life. NONSENSE.

Now I will explain to you HOW IT IS, not how many of you wish it to be. First of all, in this process or school of learning, you are presented with YOUR lessons in all situations and information that you focus your attention on. Secondly, every moment that you think and live you are exchanging energy with other energy because ALL is light energy carrying various wave-form frequencies. When you have a thought of concern for a loved one, you are exchanging energy by your thought. When you respond to the news that a war has started, you have exchanged energy with that information, for the information carries its own energy, and your response to it is a lesson for you.

If you decide the information about Government Corruption or Robotoids is not true simply because it scares you and you just can't believe it, know that YOUR opinion of belief DOES NOT change the TRUTH of the information. So if you discount or deny without further researching, then you are not facing the FEAR which exists inside you and is up to you to understand and release. IGNORING it only means putting off the lesson WHICH WILL BE REPEATED until resolved.

I will give you a simple bit of wisdom which you can rely on in your attainment of Self-Knowledge and Mastery.

If you are frightened, angered, or guilt ridden about ANY information or situations which come to your attention, you can be sure that you have

hit a "hot" spot problem area in self that you MUST focus your energy on, for the lessons are being presented for you to process and release.

Know too, that if you draw to you anything that frightens you, the fear is INSIDE YOU, not in the person or information which seems to CAUSE the fear. YOU feel threatened in some or many ways and usually your fear is of some sort of LOSS. THAT fear or root of fear is what YOU each need to get in touch with.

Chelas, it is not BAD to feel the fear. It is simply a temporary illusion barrier of growth and a lack of TRUST in GOD within you. The fear, the guilt, the anger are symptoms of the deeper feeling of disconnection with God and the feelings of powerlessness and helplessness that accompany that belief in separateness.

Let the fear be a warning flag to you. Instead of ignoring it and hoping it goes away because you don't focus your attention on it, FACE IT SQUARELY. Ask the Father Within you to show you the root of this fear and what YOU must DO and KNOW to understand and release it. And anger can become a very positive flag as well, if you face it and understand its CAUSE within you and then TRANSMUTE it into ACTION and PASSION to SERVE GOD of LIGHT to bring balance to the circumstance which upsets you.

What do I mean by TRANSMUTE? The dictionary says, "To change in nature, form or quality; transform." YOU each have the POWER within you to transform or change any energy, any emotion, any situation or circumstance to bring balance to self and/or the circumstance. How do you do that? BY YOUR DESIRE TO CHANGE SELF TO BE LIKE UNTO GOD AND KNOW HIM WITHIN YOU. You will be shown the course of action to take to serve GOD in honorable reflection if that is truly your intent. The way will be opened, for the Kingdom of Heaven is WITHIN you. When you truly awaken to your inner spiritual knowledge, YOU CAN AND WILL ACCOMPLISH ANYTHING you set your mind to for that is what you have given your attention to.

No energy controls YOU unless you allow it and you can transmute any thought. Many of you do all the time and just don't know it.

For example, if you were raised to be bigoted against black people, and then YOU learn and KNOW that that bigotry was wrong and why, you have successfully transmuted that energy.

And what about abortion? Haven't many of you, including this beloved scribe, had a dramatic change of understanding regarding abortion? She used to feel it was the right of the woman to do as she chose. Now Druthea knows why abortion is murder. A woman who is truly morally and spiritually responsible would NOT choose to have a selfish, lustful "swing in the sack," which she knows could allow the creation of an "unwanted" child. Very few parents, counselors or teachers even talk about abstinence and personal responsibility to young boys and girls BEFORE they decide to experiment with sex. Well, except of course, to hand them rubbers, and birth control.

Think about attitude, which is your state of mind, behavior, or conduct regarding some or any matter. Are you not each continually working on attitude adjustment? Such as, not becoming depressed and paralyzed by your world circumstances and instead choosing to be MOVED into action to change it. Not becoming personally offended by ones who refuse to understand the Truth and attack you personally for bringing it to their attention.

So is not this kind of attitude adjustment you ones achieve a form of transmutation? Are you not DESIRING to change the form of the original thought in such a way which brings Godly balance to self and/or the circumstance?

Every document that we produce is designed specifically to TRANSMUTE BELIEF IN LIES TO KNOWLEDGE OF TRUTH. The catch is only those who CHOOSE to KNOW the Truth will achieve transmutation of the "negative" lie and become free. Otherwise many, many

ones will become trapped in the web of energy of the lies which the Master Deceiver has so cleverly woven to trap and control God's people in the physical dimensions.

Soon many of you, if not already, will welcome the opportunities to KNOW self and make necessary attitude adjustments. It is not easy, or necessarily convenient or fun. It is a birth of YOU into GOD-KNOWING power and the nature of the labor is the choice of each.

Does this mean that if you focus your attention on something which brings you inner joy that there is no lesson? Of course not. As long as you focus your attention on KNOWING the Truth and you are not just hiding in "New AGE" fantasy and nonsense, the joy is well-earned. You must live your life and seek enjoyment and celebration of love and family and sharing with beloved friends. And when you find inner balance, the understanding and achievement of doing your life's work and mission will bring you as much Joy as well.

Remember your process of growth and self/God discovery as a human will not be easy, painless, or without confusion, depression or despair. It is designed with great illusion of pitfalls and struggle, etc., for you each to learn about and overcome. You are challenging your soul-growth and are in the process of graduating and moving on to a higher stage of spiritual development than that which you left when incarnating here.

You will find that EVERY experience, regardless of your perception of failure or success, is valued tremendously as bringing you closer to GOD. (If that be your goal.) Sometimes even the perceived most negative circumstances or situations you've experienced become the catalyst for the finest and most beneficial lessons of self-mastery. Many of you, if you think back, came from the most difficult of childhood experiences and have developed incredible and impeccable strength of character because of these experiences. Most of you, admittedly, would not change a thing about your past, for you KNOW it has brought you to this point of KNOWING and SERVICE.

Some of you may feel crippled still from your "past" abuse circumstances. Know that you will be crippled as long as YOU choose and you will release the pain and know the lesson just as soon as YOU CHOOSE. Responsibility? Yes, it is yours to transmute the experience into growth of self/God knowledge. When you are ready, the release and knowing "appears" effortless. It is much like "instant" or "overnight" successes. There is not such a thing, for most do not like to speak about the 5000 "failures" they felt and lived before succeeding according to their desire. And so it is.

Let us close this document. I trust that I have left you with much to ponder which will bring you closer to understanding your processes of life. Thank you, precious Druthea, for your service. I treasure this time we have had together. Thank you for your attention. I AM Sananda, One with God, in His service of Love. Be at Peace and walk gently with one another. Salu.

LESSON 36

UNDERSTANDING INSECURITIES AND SELF-ESTEEM

Greetings, Precious Druthea. I AM Sananda. I come in service to Holy God of Light and to you my brethren on Earth Shan. I am pleased you have called me, chela, to write and share with your brethren. It has been a most difficult period of "time" sequence for you, Dru, as well as many of you in this core circle.

(For you readers, Dru's beloved cat has just jumped into her lap which happens nearly always when she sits to write for any of us. This is confirmation for Dru in that kitty is most aware of our presence and Dru's centered quality.)

When I speak of "difficult" time sequence, in this case, I am referring to emotional impact. When each of you find yourselves responding from your emotional aspect, often you will feel quite insecure and filled with doubts and perhaps confusion.

Poor self-esteem is developed when you become stuck in the habit of reacting to circumstances from a point of emotional insecurity which you have not yet been able to resolve or find the cause of. Also poor self-esteem is developed when you **believe** the opinions of others who have made harsh judgments about you.

Self-esteem itself as defined in your dictionary simply means: A **good opinion of oneself**. And when I refer to this term, I am not speaking about EGO self-centered, superiority opinion of self. I speak of **self-respect** and **self-honor** just as you would respect and honor others.

LET'S EXPLORE THE ROOT CAUSE OF INSECURITY

Insecurity defined: *Troubled by anxiety and apprehensiveness; threatened.* I rather like this definition in that it describes the feelings one feels and then gives a general cause, that being feeling THREATENED in some way. Now what you must find is what it is you feel threatened of losing. Because the foundation of your insecurity rests on an illusion of perceived loss of something you perceive you don't want to lose. Most often chelas, your view of self is built by your altered ego and, therefore, is easily shaken down and threatened. You can never lose anything that is real. If a friendship and/or marriage is built upon REAL love and caring which is truly MUTUAL between the sharing parties, there is NOTHING which can tear down that foundation. Only things which are superficial and altered-ego built can and will eventually be challenged and "fall apart."

You must look deep into self and question your self-doubts. Many of you "think" you are not very "good." And you base this selfjudgment often upon an ideal of "goodness" which may or may not be real. Most of you compare yourselves continually with others, the way you look, behave, respond and live. Please understand this conditioning which you have each adopted in varying degrees.

Let me example, precious little Druthea. This one spent many years, from her early teenage years, until recently, thinking herself not attractive enough. I asked her and I ask you, *WHO do you allow to set standards of beauty for YOU and WHY do you want to meet another's standard? Is it truly a God-Worthy standard?* I will share with you that for years as I monitored the most fragile esteem of Dru, she measured her goodness and acceptability of belonging on how her physical body and face "looked" to the world. This beloved child is so very beautiful and it was only recently that she understood that her beauty is WITHIN her, and thus, naturally radiates out of her. I example her for many, many women and men measure themselves only from the material illusion and most often fail to KNOW themselves and accept their own individual

uniqueness as a contribution to the WHOLE. The root of this sort of material VANITY was discussed at length, so I will not repeat herein.

Does this mean that Dru will stop efforting to improve self and be a "better" person? No. You each have set ideals and goals for yourselves and that can be very beneficial for your soul growth, as long as you are flexible and are willing to reevaluate your goals and ideals and perhaps make adjustments towards a more balanced perception of the ideal.

When ones get in trouble is when they set a goal in just a certain way and refuse to adjust it or reevaluate it as circumstances change. If the goal is based upon EGO-centered fulfillment it will accomplish the opposite. The reason is that EGO-centered fulfillment usually requires defiance of God's Laws of Balance. Remember your adversary KNOWS his goal — World Control — and has accomplished it to a great degree by adjusting his plans as necessary. Eventually he still loses for, although he may trap a few million souls this time, ALL eventually return to God, and that includes him, **one way or another.**

SETTING AN EXAMPLE

Any person who attains a level of leadership for others, be it parent, teacher, manager, coach or government member, becomes himself an example which others will at least acknowledge and often effort to emulate. "Leaders" have much responsibility for their own actions and behaviors. A true leader is only successful in degree to the INNER GOD-CENTERED KNOWLEDGE which he attains. This is because a true God Centered leader always seeks to do the best for the WHOLE, not just himself, and, therefore, makes more balanced choice and decisions. Now, on your plane, I am not talking about perfection here, I am speaking about INTENT to achieve balance by setting, communicating and acting on WHOLE-related goals.

The leaders you admire most today for that which they have done, have

made many "poor" decisions in their past. The difference between a God-balanced leader and an Egocentric leader is that the God-balanced leader has gleaned valuable knowledge and understanding because of his experiences and has searched for and found the better way. He is also most willing to acknowledge and seek to rectify his own errors. Simply put, he is RESPONSIBLE for his actions and decisions and carefully weighs the consequences of both.

Now Druthea (I'm telling her secret) admires Sananda in a very special way. She feels him to be her Father for she has never had "a father" who met her ideals and needs on Earth Shan. Sananda sets a very real example of wisdom, compassion, strength and leadership which Dru respects and honors and efforts to accomplish. We find this to be so very precious because she has quickly developed such a high level of self-security and confidence, although she doesn't really see this in herself. Ah, so it is with self-judgment. You are each always much harder on yourselves in your imperfection. You gain a little knowledge and then are only able to see a vaster plane of what you don't yet know! So be it.

Remember something, precious ones, each of you is a developing leader and you are only given responsibilities which you are capable of responding to. This does not mean you will always make the best choice in every situation. You must be willing to evaluate the perceived "failures" and recognize your errors in perception and action. Only by understanding the CAUSE can you then make more balanced decisions in the subsequent circumstances which you are presented with. This means SELF-honesty is the key or you will remain in self-DELUSION and continue to make unbalanced decisions which will reflect in your lack of success as a leader.

KNOWING YOUR INTENT

Monitor your intent. Is it Ego-self-centered? Is it greed? Is it security? Is it Love-based? Do you know the difference? If not, learn to evaluate your feelings. If you are afraid—WHY? If you are angry. WHY? If you

feel UNworthy. WHY? If you feel threatened. WHY? When you are able to honestly ascertain the cause of your feelings, you will learn to know the difference between God-Centered responses and decisions and EGO-centered responses and decisions. Is it easy? Not at first. Remember your DESIRE for God-balance will create the thought body for you to manifest it IF your soul intent is to serve Creator GOD of Light.

Let us close this document. I trust that I have brought understanding to you of my precious brethren. Thank you, Druthea, for your service and allowed sharing of personal experiences. You ones will find that you share many of the same errors in perceptions and you must never be ashamed of past experiences which have brought you to the level of understanding and growth which you have attained to this day. You cannot change any circumstance of the past. You can, through knowledge gained of the experience, choose to make better, more balanced choices in your "now" times.

I AM Sananda. Walk in Peace and Love and know that the time is near for My coming. Salu.

LESSON 37

KNOWING THE DIFFERENCE BETWEEN MAKING A JUDGEMENT AND VALID DISCERNMENT

Greetings, precious Druthea. I AM Sananda. I am also known by the labels Esu, Immanuel, Jesus the Christ, the Pale Prophet, etc. Let there be NO misunderstanding about WHO I AM. For I came as a Christed teacher upon your place, to teach the laws and ways of living which bring balance and knowledge. This is called the "Christ" path or the "Red Road" of Truth according to the Lakota-Sioux natives.

I told My people then that I would go and prepare a place for Our Father's children (those who live within the laws) and that I would return to reclaim our Father's Kingdom. Your places are prepared and I come with The Hosts of God to bring the righteous home to His places of light. I am not yet upon your place, and yet the "time" draws near for My coming. Which of you will take My hand and walk in the Glory of freedom?

I come now in this format to a few worthy scribes that I may bring instructions that you may each make preparation and awaken fully unto your mission of service to Our Father God/Aton. A precious few have been visited by Myself, yet only in "holographic" form. Because you may not have conscious memory of Mineself does not mean unworthiness or your service is of less importance. For even this beloved scribe remembers not My visits with her from a "physical" perception. And for a time, so it must be for most of you of My beloved brethren. I am available to all who request in intent of heart for succor. And so many ones of

you receive personal guidance from "higher sources" including Mineself. And yet it is often that the listening and hearing of instructions does not occur.

This is one reason that I must bring instructions for the many during this most tenuous and precarious "time" of your civilization. Many simply have not yet developed the ability to hear. And many of you who have come specifically to serve during this transition often seem to get "your wires" crossed. This because the adversary works diligently to confuse and confound your instructions, and walking in balance every moment seems all but impossible upon your place for the pitfalls and obstacles, although illusion, are most "real" in the encounter and response to same.

It seems to you who have walked through the worst minefields of terror and confusion that you carry many battle scars. Nay, valuable knowledge and lessons are gained, for the SOUL of you cannot be scarred by the adversary's illusions. The only damage which can be sustained by the soul essence is by nuclear explosion, and yet WHEN you walk in intent in God/Aton's light of service, you will be protected even from soul damage.

Now to our subject of *Judgement versus Discernment*. We speak often of these terms and yet as a human it is often difficult to know the difference in your own thoughts. You must learn to recognize the differences in your feelings and responses to all circumstances and situations presented to you. It takes diligent work and means honest appraisal of self.

Let us define these terms. It will help you to know which you have done when you think in terms of judgement being an opinion. And opinion is a conclusion drawn which falls short of positive knowledge. Discernment, on the other hand, means receiving INSIGHT. Insight means "Perception into the inner-nature or real character of a thing."

JUDGEMENT EQUALS OPINION AND DISCERNMENT EQUALS INSIGHT

So after one assimilates all the above meanings then the next step is being able to identify which is occurring with you in every circumstance.

Let's take judgement/opinion further. When one draws a conclusion or makes a judgement about any circumstance **WITHOUT** having acquired or achieved access to all information in the case or circumstance, then his opinion is in error. This is why only God within has ability to make final Judgement because only He **KNOWS** all sides or has the insight of truth of soul intent in any given circumstance. As human you are not given the right to judge any human. You must through discernment **KNOW** about the behavior which defies God's Universal Laws of Balance. No man can know the true contract of another, so it is only behavior and actions which are in point of the effort to understand the cause thereof.

So what part of you wishes to make judgement and opinion without having achieved access to all the information? Or to put it bluntly, which part of you would deem itself the power of Creator to **JUDGE**. If you said physical **EGO**, or what I often refer to as the "altered ego," you are quite correct.

The problem comes when you make a judgement/opinion from your physical ego and then you act upon that opinion, not knowing you are in error.

If, for example, your co-worker makes a comment or even a request and you "feel" hurt or angry. Which part of you feels this? Your physical ego is the part of you which chooses to take offense. Was there intentional offense given towards you? How do you **KNOW**? How will you find out?

If you have reasonably concluded that there is obvious intentional attack against you, what can you do? If you ask the Father within to show you, help you gain insight into the cause of intentional attack or disdain

directed against you, do you know what happens? How does it feel when you begin to honestly look at **WHY** the person has attacked you or intentionally attempted offense?

I will give you a hint about how to recognize **INSIGHT**. You no longer feel hurt or resentful. The only feeling you may have, depending on the circumstance, is compassion. This is when their opinion of you is in error and you **KNOW** it and yet they do not know they err. How can you take offense for example, when you gain the insight that they are afraid and are stuck in their own physical ego opinion? Only when your physical emotional response is set aside and you seek God insight about the **CAUSE** of the other one's attack or intentional offense against you, can you then respond accordingly in balance.

Why would you need argue with someone when **YOU** know you stand in the light of Truth? You certainly can discuss any matter even when the ones in point do not agree with one another. You must learn to discern the difference between an argument about **WHO** is right, and a discussion which brings the light of understanding of perceived differing points of view. It is often in healthy discussion of any matter that seemingly opposing views are not (opposing). It may even be differing communication methods. Often your misunderstandings occur because of miscommunication of intent or misunderstanding of communication of intent. How will you know your perception is in error if you do not actively seek clarification in a respectful manner?

WHAT TO DO ABOUT "MORAL" INFRINGEMENTS

Now Druthea has some confusion about the intricacies involving judgment versus discernment when Godly morals are infringed upon by others. What do you do, if anything, to ones or about ones who defy God's laws?

Let's discuss homosexual behavior. First of all, as discussed many times before and outlaid explicitly, it is the sexual behavior between same sex

individuals which is the error in point, NOT the love shared between any ones which has NOTHING whatsoever to do with sex acts.

The reason we have said, and it is absolutely a fact, that you cannot legislate morality, is because morally righteous behavior is achieved by example through knowing and living God's LAWS.

Now you must understand that we explicitly are referring to behavior between CONSENTING adults. Ones who are so inclined or programmed, will do with one another and behave in deviant ways regardless of any laws passed in human form. The only areas that human laws can protect against, as intended in the Constitution and Bill of Rights, is when ones infringe upon the well being of others who are NOT consenting adults. This means that you have the right and responsibility to protect your children. You DO NOT HAVE to sanction or support ANY behavior which defies God's laws and that includes support of pornographic "art," homosexual persons teaching your children about "alternative lifestyles," state funded abortions and the like.

You must recognize that you now live in a society in which ALL manner of greed, corruption, violence, murder and sexual deviation are being thrust down your throats while your basic decent human rights are being stomped upon. This is why the PHOENIX will rise from the rubble and ashes of the destroyed evil into rebirth of RIGHTEOUSNESS again. These things of evil projection, and that includes every so-called business which thrives upon greed and corruption of the senses, spirit and planet will fall into destruction. This these ones have brought upon themselves, the consequences of their own defiance of Balance and Love.

You ones who walk honorably in righteous God intent shall be the remnant who are building and will rebuild Moral Character into the next generations who come. The Glory and freedom which awaits you precious ones of God intent is beyond your human comprehension. These are the things I long to share with you, for, I see the bigger picture.

We have much to do and this is but a beginning, I know, even though this journey IS far from over.

SO can you STOP one from choosing an abortion? You cannot FORCE them to make the choice, although you certainly can make an effort to help them with alternative choices to the murder of the child. Can you parents STOP your teenage child from sexual relationships? Not by force. You can, however create the atmosphere of trust, understanding of responsibility of actions and creative outlets which allows little opportunity for developed desire of such physical behavior.

I know, you ask, what about "peer pressure?" I ask you this. If you give nurturance, sincere interest, spiritual balance, creative opportunity and TIME to your child from birth, do you think "peer pressure" will undo your LOVE? And so many of you say, Too late, I did not know these things until recently. Well then perhaps a move into the country is in order for time of healing and nurturance in nature's habitat instead of the cities of death.

You may argue anything you wish, precious ones. What I am saying to you is that it is NEVER too late and if you have a teenager in trouble with drugs and crime and sex, what are you willing to do for this child that he may again find balance? And what is YOUR responsibility for this child's lack of balance? I know some of you believe you simply "cannot afford" to move. Can you afford the agony of an emotionally disturbed drug-dependent child? Can you afford to work at a job you despise, while your child seeks attention and acceptance from evil influences? I ask you what are you willing to do for your child who is GOD'S child? If you do not understand what I say here, perhaps it is time you listen within for if your DESIRE in intent is to choose correctly, your instructions will come, whether it be from this document or confirmation in that still quiet place within. So be it.

I know, chelas, that these are often hard lessons. And it is most painful to face self and failure of choices and decisions. How do you ever expect

to make the best choice in every circumstance unless you are willing to understand WHY it is the best choice and why NO other choice would do?

Often it is difficult to perceive "priority." I simply will remind you that as parents, your children who are not adults must be your priority. Your family is the nucleus wherein your LOVE, KNOWLEDGE and your ERRORS will be passed to your children. From this foundation of Truth or the false foundation of illusion will the child glean his example and thus strength and/or weakness to face his life experiences and bear his responsibility in honor to Creator God. What will you offer your child that he can example and pass on to the future generations IN HONOR, BALANCE and ABSOLUTE LOVE?

I know these are hard questions for some of you. Remember it is NEVER too late to change the circumstance or situation in order to improve the outcome in honor. Let your errors be faced that they not require repeat of the error in ignorance, and therefore, suffering because of ignorance. You bear the consequences of your errors whether or not you err KNOWINGLY or UNKNOWNLY. "Seek and ye shall find." "Knock and the door shall be opened." "Ask and ye shall receive" and most importantly, "LOVE YE ONE ANOTHER." All these things I spoke unto you and still so many understand not. How do KNOW this? Look around you, precious ones, including in your own life. Who comes first in your life? WHY? You must answer these questions in self. For ultimately it is YOU who must live with the consequences or rewards of your actions. So be it.

Let us close this document. Druthea is somewhat surprised by the intensity of these lessons. It must be so, my precious, for the time is near when final choices must be made. The illusion of "middle ground" is all but gone and you are either FOR or you are AGAINST GOD. Your actions will always speak louder than your words. KNOW THYSELF AND THE DOOR TO THE KINGDOM OF HEAVEN WITHIN YOU SHALL BE OPENED!

Thank you my precious little dove, Druthea. I am most pleased with your maturity and strength, little one. You are listening and you are hearing so rejoice in your accomplishment for you have "worked" diligently to achieve this far. I am ever with you and it is an honor to be so.

Thank you, precious ones, for hearing me herein. May you each garner that which brings you strength and focus and courage for God's mission. Walk in peace together. I love you ALL beyond even your comprehension. Each of you will KNOW this love, for it is of Our Father and it dwells within ALL. Salu.

LESSON 38

JUDGEMENT/OPINION, DISCERNMENT/INSIGHT AND PERCEPTION, PART 2

Greetings, precious Druthea. I AM Sananda. I come in service to Holy God/Aton of Light and thus to you my brethren on Earth Shan.

We will continue our discussion of knowing and understanding the intricacies between *Judgement*, *Discernment* and now *Perception*. It is in this way that will enable you to then carefully choose your words, recognize the basis of your feelings and thoughts, and, therefore, become more attuned to Self-motivation and grow into Self-knowledge. By knowing self are you then forming the foundation of knowledge with which to grow in SPIRIT of ONENESS with Creator/God and thus earn your wings as an honorable Co-creator.

We will speak more on *Judgement* and *Discernment*. First I will speak on what is the meaning of *Perception*. To *perceive* means to become aware of something through the physical senses; see, hear, feel, taste, or smell. If you have read Germain's "Secrets of Light" then you now know that the physical senses alone CAN be most misleading, for these senses are only capable of monitoring EFFECTS of the illusion of MOTION. Now when you are able to use your physical senses IN CONJUNCTION with Discernment/INSIGHT gained from the LIGHT of Higher Knowledge, achieved through experiences of lifestreams, communion with God within and balanced intent of service, you have established a COMPLETE basis of Truth and Wisdom in which to ACT upon.

Only through achieving Higher INSIGHT will you be able to ever draw a conclusion of understanding (wisdom) about THE CAUSE of any given circumstance, behavior, disease and that includes this CONSPIRACY of evil upon your planet which you now find yourselves facing. Otherwise, if you have not learned; to access Higher Knowledge, ANY conclusions you may draw will be only ego-opinion based upon perhaps only part of or even NONE of the actual information needed to take the necessary valid/effective action. In other words you are jumping and you have no feet upon which to land or the ground upon which you jump is quicksand.

Insight of God helps you form the foundation and basis of Truth and Wisdom upon which you can build your structure of Balance in which to serve God in your Highest potential.

With this firm, impenetrable foundation established and in place, then you can investigate the materials with which to build your spiritual perfection. First comes your foundation based upon the Laws of God and Creation. From there comes the choices of which materials will empower your foundation in balance and harmony or which are less than perfection. Often you will choose materials and then remove them and start again for they do not hold up under the TESTING which all materials (information/ knowledge) will inevitably endure. And always will your intent be tested as to WHY your choices work or do not work.

No other can build either your foundation, or choose your materials or decide your intent for you. There are others who can show you the errors in your foundation and materials and even why your intent has sabotaged you. They cannot make the changes, nor make you understand why you need to change. These things you must decide alone with God. There are ones who will pull you out of your depths of despair and hopelessness and give you the information about how to sustain yourself in balance. They cannot, however, MAKE you sustain yourself or MAKE you understand why you have erred. You must choose to remain above water and in the lifeboat. You must choose to learn from

your errors through understanding WHY you caused yourself to fall into the depths of despair. You must choose to learn how to sustain yourself in balance and you must then make the effort of intent to accomplish your goal. And when you accomplish your goal and understand the responsibility which accompanies your wisdom and power, then you will be called upon to assist others (relations of self) who still remain underwater and await the hand of love, hope and mercy. And so the cycle of growth into Oneness continues.

DISCERNMENT, INSIGHT AND WISDOM

Since receiving *insight* into the inner nature and real character of a thing or circumstance allows for a more balanced perceptive (point of view), *wisdom* CAN be allowed fruition within you.

Now let us define *wisdom*: Knowledge, learning, practical Judgment; insight and common sense. These are the terms used in your dictionary to define this word. You can now see how knowledge, insight, judgment and wisdom are used quite interchangeably in your language.

I trust you are comprehending the differences in use of terms when I speak of terminology. I am efforting to show the difference between information/opinions/theories gathered from the PHYSICAL SENSES based upon the EFFECTS of the *ILLUSION of MOTION* and Discernment/insight/knowledge received by successfully accessing Higher Resources; God within (which is CAUSE).

When we (The Hosts) speak of WISDOM, we speak of KNOWINGLY attuning yourself to our Creator within you (communion), and thus inherently knowing and living your life in balance with ALL. Your choices and decisions become much fewer to choose among for you will have and be the wisdom to KNOW always what is the balanced choice. Therefore the application of inner knowledge/insight/discernment is WISDOM.

What about "free will?" My chela, Dru, asks. The use of this term becomes "obsolete" for your thoughts, choices and actions are attuned to the ONE will of God. This achievement, of course, allows one to experience a manifested awareness of near-perfection. And no, I will not dwell upon these "higher" levels longer, for it does not serve you precious ones to do so.

Like Dru, many of you become frustrated in your efforts to figure out the universe, before you have figured out HOW TO reclaim and maintain balance upon Earth Shan. I will say it is the better part of WISDOM to be patient in the unfolding of your lessons in their proper sequence. So be it.

Now as a part of your inner "home work," I suggest that you ones begin (if you have not yet begun) to monitor your thoughts, your feelings and responses and your behavior in EVERY circumstance and interrelationship. In the beginning you will be most aware of the UNCOMFORTABLE or UNBALANCED responses. Here are some questions to ask yourself that you may determine the CAUSE of your feeling.

1. How do I feel? — Identify the emotion. For example: Angry, hurt, frustrated, resentful, frightened, sad, bored, impatient, nervous, superior, inferior, inadequate, lonely, guilty, rejection?
2. WHY do I feel this way? For example, if you determine you are feeling angry, hurt and rejected within a given interaction or communication, ask God within: Is the offense intentional? If so, find out why one would desire to intentionally offend. HOW do you find out? Ask the Father Within to help you see the cause (insight). Perhaps you will be shown, perhaps you will have to ask the perceived offender in order to ultimately bring understanding and thus balance to the circumstance.
3. Why do I choose to allow another's OPINION of me to hurt me? Do I believe their opinion is TRUE? What is the basis of that BELIEF?

4. Next how do I desire to respond? Examine your habit of response, especially when you determine the emotional base you respond from. Do you wish REVENGE or some other method of "getting even?" Do you become defensive and attack your perceived opponent? Only your physical EGO would desire such tit for tat games. In order to achieve balance then you will need to establish your goal. Ideally your goal would be to heal the discord in self, and if accepted by them, in the other person as well. Can you do this by behaving in the same manner as the offender? Getting "even?" (if that ever is plausible). Now that you have made the choice to heal the discord, the next question is.
5. Father within, please show me how I must CHOOSE to respond in this circumstance in order to achieve healing of this discord? Then you must listen and often wait upon the Lord. How will you recognize the correct guidance from God within? You will no longer feel emotional offense. Often you will be filled with compassion for your brother for you will not longer see separation between you. When you respond as guided by Father within, you will feel the discord dissolve in yourself and you will be deeply moved and humbled by your experience of achieving Godly-balance and forgiveness. There will be no regrets. You are complete and fulfilled.

In addition please remember this: Although your perceived opponent may lose his antagonism towards you as you reach common understanding, his lessons may not be complete in regards to his own responses. This is not your business or responsibility, although you have offered an example of balanced behavior which his soul has registered, even if his ego-consciousness has not. Ultimately he will need also learn to question his motives as have you in order to find HIS balance within self.

Now chelas, don't think you have achieved perfection just yet! You will get MANY more chances to "practice" at choosing balanced responses! This is called TESTING. After a time you will have achieved the wis-

dom to recognize and welcome your TESTS for they allow you to sharpen your spiritual integrity, which ultimately moves your soul toward perfection in ONENESS with God. Without these challenges to your soul there would be no reason for the JOURNEY of life you have. What I challenge would there be to walk the same path, see the same scenery, without benefit of hills to climb and streams to swim, which make the journey interesting, even if not always "fun and enjoyable" in your perception of those terms?

YOU each have been given the gift of life here. It is about time ALL of you LIVE and BE ALIVE. What is the most fulfilling way to FEEL ALIVE? GIVING to one another. Giving Truth, The Word, your time, your encouragement, your care, your friendship and yes, even your "abundance" in benefit to the whole. This is how you express absolute God LOVE. God's love is LIGHT which you are. Give this light of self as God designed you to serve. LOVE YE ONE ANOTHER! This is the golden thread of every Master's teachings. Wisdom is yours when you no longer question how to give love. You inherently live your life giving equally in all transactions and circumstances as our Creator intends for you.

Let us close this document that Druthea may rest. I trust that each of you are broadening your understanding and self-awareness. Thank you, Druthea, for your service. Be patient my precious, for the lessons must come in sequence of comprehension for many, many ones. If you effort to jump the starting gun, you may cause all to return to start again. Learn to trust the process and the necessary sequence of lessons, for in the pacing and self-discipline will ALL, who so choose, be welcome to share in the winning with GOD. Thank you, my precious chelas for, "hearing" these lessons. Be at peace with self and the struggle will not seem so. I AM Sananda, in service to Holy Light of God. Salu.

LESSON 39

BUILDING THE BRIDGE TO GOD

Greetings precious Druthea. I AM Sananda. I AM the One known as Jesus the Christ by modern day "Christians." I come in the service to Our Holy Father, God of Light and of LIFE. You may call me by whatever label suits you for I hear the call from shine heart and know when I AM petitioned in behalf of our heavenly Father who exists WITHIN each of you.

Your species is now experiencing the time of tribulation, purification and graduation. Each one of you will choose to live in accordance with GOD's laws, those including the natural laws, or you will remain in your defiance and ignorance of Heaven on Earth and WITHIN. You who continue to play the game of evil (opposite of life), in other words, will be unable to witness GOD'S return and reclamation of His people, HIS people being those who chose HIM within heart intent and behavior.

This is a time of sorting within each one. You will sort yourselves by taking MY hand as the bridge which will allow you to cross into the Kingdom of God which exists within your very being if you will but remember and recognize it.

You ones have been locked within an illusion of separation and powerlessness. God's adversary has fooled you, most all of you in one way or another and this be the greatest challenge to our Father's messengers of Truth, for so cunning and crafty has the adversary been, that even God's brightest lights of giving love and living His laws are misguided as to MY purpose and teachings.

Bless you brave souls of my very own family who dare to share what

GOD unfolds to break the spell of spiritual ignorance. That spell which places you as sinner, unworthy of life unless you believe on the physical blood of my long ago decayed mortal body. You have been misguided, my good "Christian" children! And this is perhaps the most damaging of all conspiracies against your species, for your souls are trapped as a log between the rocks in a mighty river, the river of God's Universal Evolution. Many of you even are attempting to swim upriver (against the flow of LIFE). The adversary attempts to push many ones into his stagnant, insipid pool promising you glory and material power and actually infesting you ones with dis-ease and suffering. He binds you mortally by mesmerizing you to worship things of the physical, lulling you into a false sense of security whereby you believe yourselves unaccountable and not responsible for the evil and suffering which abounds in your world.

You worship gold, mortal power and believe my blood sacrifice will save you. I taught you immortality and that each is a Son of God by living the Christ path, the Law of Love in accordance with the Will of God. The Father and I are one and you and I are one. We are the individualized reflections in soul perfection of our Creator. Do you believe that He in His almighty perfection created imperfect beings? Within each one exists that perfect flame of the eternal ONE. We and His Hosts and Messengers in human format seek to help you remember your ONENESS with GOD of LIGHT Creator Source. The illusion of separation is just that for when you merge with the Great Spirit of LIFE, you become inspired and are given the access to His power by understanding His perfect Laws and how they work.

I told you ones that these things, these miracles of mortal perception which I demonstrated — healing, multiplying food, transforming matter at will — these things YOU will do and greater according to your knowledge of God and His perfect Laws of Balance.

We come to set the record straight about the lies and misunderstandings which have occurred in every religion. It is not I, your Jesus Christ mor-

tal human who will save your soul from evil. It is YOU who accept the ideal example of living God's perfect Law of Love; who boldly walk the Christ path which is the open door to God's Holy Kingdom, who will participate in and witness the Glory and celebration of MY return.

Miracles only seem to be so in your mortal perception because you do not remember or know the Father within. I told you it was not ME, who did these miracles, it is the Father within me who does these things. I may petition in behalf of each one of you to our Father, yet I may not accept responsibility for your defiance of His Laws. You, precious friends, are accountable for selves and if your SOUL is to be saved, you will do it for self by seeking only the council of our Heavenly Father who is the still voice of love and inspiration of giving WITHIN you.

Many of you ones of mine family of messengers who walk the human experience in this time frame, as well as ones in the "unseen" world are making preparation for the Kingdom of God is at hand and you are either for or against Him. It matters not if you even believe in me, and even ones who call themselves Atheists may walk the Christed path and live Gods Law and I will reveal myself to these ones that they know a higher Truth than mortal. And I will reveal myself to the children and to ill and to the suffering. And evil ones who possess MY people will run in fear for they will know their time of folly is ended and will have only selves to taunt and devour until that moment when GOD is called and they see perhaps a better way.

You need not ever FEAR GOD, unless of course you are controlled by evil, for your power is minute in comparison to a God-actualized being and many evil-possessed humans have turned to ME and MY FATHER when the evil ones abandoned them. Blessed are those who turn from evil and recognize not its power for when you walk in the Father's LIGHT of perfect LOVE then evil is bound away and powerless in your presence. Need you fear evil? Nay, respect your enemy, for he has been a formidable adversary and now you KNOW the difference, do you not? Even your perceived enemy is birthed of the ONE Creator and therefore

of your family. You may be surprised that some of the vilest humans in your perception have finally returned to God. And then some of God's purest in heart messengers remain misguided as to HIS ways and their own power in working with God.

How can you continue on the path of truth and release untruth which you have adopted? By honestly questioning and finding the origin of your beliefs. YOU give power to that which you believe, that is the Law. When I told ones that THEIR faith and belief is what cured them from disease, for that moment they were joined with the Father who dwelleth within each. They believed my power was directly that of God's and that I am a bridge to that power. Most misunderstood that it was not MORTAL Christ who healed them and multiplied loaves of bread, it was GOD the Father WITHIN ME who I communed with on a moment to moment basis who did these blessed works. Soon many ones of you will realize you do not NEED even me as your intermediary, your bridge to the Kingdom of GOD. I simply am the door, the example of GOD'S perfect Law and I will return to fulfill my promise to Him and to You to bring God's people (those who choose God of Light) HOME. IT IS THE PATH OF LOVE YOU NEED WALK, AND YOU NEED ONLY LISTEN FOR THE KINGDOM OF HEAVEN IS UPON YOU!

Where will WE go when this transition and sorting is complete? Many ones of you have worked and waited for many eons with ME, growing with ME in spiritual knowledge and perfection of heart intent. We are together, you of my brothers and sisters in both the seen and unseen worlds, each in his own way confronting and exposing evil expression many of you within selves as well as in your world. You are bringing the Christ Consciousness, the example, to the banquet table of the people here and we are preparing for MY return upon your place. How do you expect to perceive my return? It you expect me on a cloud will you reject me if I return upon a floating white horse? How about a space craft? Do you believe I can return by any method which I choose? Will you limit me that choice by your belief and indoctrination? Does it really matter HOW I get here as long as YOU recognize ME? God's messengers are

preparing you of God intent to accept my return regardless of how you perceive it. Only God knows the day and the hour and I tell you it draws near.

I will leave each of you with a few more questions to ponder with God in your presence until you KNOW the answer. This is in regards to your religious and spiritual beliefs.

1. WHO and/or WHAT exactly has convinced you to believe in God, Christ, The Great Spirit, Elohim, Allah, etc. the way you now currently believe?
2. How were you convinced that your perception is correct?
3. WHAT is the motivating idea or force behind your current beliefs?
4. WHAT clues to you use to judge the accuracy of your perceptions and ideas?
5. Are you AFRAID to find yourself in error of perception?

Remember precious chelas that there is TRUTH and there is ERROR. The key to KNOWING the difference is WHERE?

Thank you precious little dove of mine, Druthea, for sitting with me this day. It is well, my child, that you face your fears and seek the CAUSE of lack of TRUST that you may KNOW the difference between your MORTAL self and the beautiful and pureness of your IMMORTAL self which is centered by our FATHER Within you. You will benefit from much alone time in the days ahead whereby we may assist in attitude and perception adjustment that you may more fully realize and utilize your loving and healing power. You are ready to grow into fuller awareness of your gifts which have been. carefully cultivated with God at the center of your heart. You are never alone even when physically by yourself. We wish to spend more time in your awake time facilitating your

communion with our Heavenly Father. This is valuable time spent for preparation. Your family will understand. Thank you.

Thank you precious chelas for attending this document. If it seems a personal message to one please KNOW that it is to many ones I give the same message. You will know if it is for you. Sometimes we must give visual presentation of our instructions to be afforded maximum attention for benefit of our work together in behalf of God. So be it.

I AM SANANDA, One with God in my awareness. I AM the door, the bridge from mortality to immortality. May you see TRUTH and may you understand WHO YOU ARE. Walk together in Truth and Understanding and KNOW that God walks with each who so allow Him. Salu.

LESSON 40

CHOICES AND DECISIONS

Greetings precious Druthea. I AM Sananda; the one called Esu Immanuel and commonly known as Jesus Christ among contemporary Christians. I have come this day as with all days, transmitting my message through a very human scribe, in service to the Holy Source of ALL, The Radiant One Creator.

I express in this way through this receiver for she is in training for a mission she does not completely comprehend in her own mind. For this reason she experiences a great deal of anxiety about her own choices and decisions. Questioning her every move now to self comes her questions to self: Is "this" the "right" choice? Or is this the "rightist" choice? Does this sound like someone else out there reading this?

What could possibly be "underneath" these vacillating feelings? Fear, precious ones. Dru is not alone in her feelings. As I monitor this one, I am pained to see her struggle against her greatest enemy; herself. Yet I know as one who has travelled as she is doing, that only SHE can conquer this greatest enemy she faces. Yes, we can provide physical protection, yet when in your human experience, often it seems to be not a gift to "live" through the emotional roller coaster which can and does confront many ones of you.

These are your lessons, which none can avoid or cheat upon. All of you must face yourselves; fears, inadequacies, insecurities and discover the CAUSE within you that you may grow above these and MASTER self in responsible thinking and action.

Oh, precious ones, it is easy to long for the "better" days when you lived in ignorance of the evil cancer upon that place. Yet, you cannot ever go back to ignorance once you KNOW, for in attempting you only punish self and paralyze your ability to choose wisely. There is but one way to walk, one foot in front of the other, seeking the higher vision in front of you and accept responsibility for self actions. Imagine ascending a mountain, toward a goal of clear vision with your eyes facing behind you. It may be easy to fall from the path and to get lost for you have no bearing on position of self to the goal. Try walking backwards up a mountain. You may eventually achieve reaching the ascent, yet did you benefit from the clear vision along the way? Who made this ascent difficult for you? YOU made the choice about how you would walk, correct? So YOU will make the choice to face your path and the challenges it brings or not.

What if a snow storm was brewing and you saw it not for your back was turned? What if a great grizzly bear was in your path and you saw it not? Do you not see chelas it is best to walk courageously in the present moments to your future? In this way you have clear vision to prepare for obstacles as they are presented to you instead of being devoured by them because you were too afraid to look.

Who overwhelms you? God never gives you more than you are truly capable of handling on your own. So if you are overwhelmed by this or that responsibility, it is time to reevaluate what exactly is YOURS and what is another's which you choose to assume. How often to you interfere in others lives to do FOR them what they must do for selves? We find overwhelm occurs in ones who have adopted for self an inordinate belief that, "If things are to be done right, I must do it myself." Then you complain of too much responsibility and other people are incompetent etc. Well how do you expect anyone else to be as competent as "you" believe self to be if you interfere in their ability to do it themselves? Oh it is okay for you to error, but heaven forbid that anyone else makes a mistake.

What amazes me is ones who assume roles of leadership often either will not face their own errors honestly or are so brutal to self that they can barely function for a period of time after a "mistake" is made. I will tell you a secret about leadership. Good leaders do not care to be leaders except as necessary to accomplish a clear goal. And in addition, good leaders know how to delegate responsibility and once done allow interference of self ONLY when it is in advisory capacity or when serious irreparable consequences will result. Sounds a bit like parenthood, does it not?

I realize, precious ones, that at times the fog is so thick, it seems you know not even where you are, let alone where you are going. What to do? Request and await the sunshine to burn off the fog and make your vision clear again. Be patient for there are many lessons in the fog which you will want to learn that it may not trap you again.

Now when facing the Truth about self, there comes a time when the Truth is not pleasant to you and yet if you are to grow Truth must be faced. When it comes to the "commitment" to serve God, most of you are learning the right "motions" and the "right" words and you live these going through the motions. This is a part of your growth, so please, precious ones, do not berate selves when you find that you are in the "phase" of growth of "going through the motions."

What does this mean? It means, precious ones, that soon you will reach a juncture whereby "going through the motions" will meet your heart in TRUE commitment to Creator. YOU each will decide to turn your lives over to GOD in your hearts. The reason many of you delay this "final" letting go of self, is you fear loss of control over your life and that you will not enjoy the responsibility God gives you to fulfill your mission and purpose in soul journey. Your physical ego is threatened, nothing more. Remember I told you ones in order to gain your life you must lose it first? This is a major step in a soul journey, so if you are anxious about it, this is to be expected. It is like taking a final exam to move in to college. Regardless of how well you know your subject and prepare, there

is nearly always the fear of "failure." Let it go. For even if you do not pass go this time, you will certainly be better prepared next time.

We do not "abandon" you ones specifically unless you demand us to leave and even then your guide NEVER leaves you for that is his commission of service. Sometimes we give you a "rest" to ponder consequences carefully. Yet if we have made a commitment to you, would you expect us to "give up" on you because you had a rough period of growth and made some foolish decisions? YOU may want to give up on self, WE do not give up on you as long as your heart hangs on to GOD, regardless of what your mouth and physical mind "thinks."

So ye of little faith need temper that ego that it is not master over you longer. As master, ego is poor and out of place and yet ego will make your decisions for you if you allow it to. Learn to KNOW the difference between what physical ego WANTS and what is best for your highest spiritual good in the "eyes" of God. If you trip or backtrack a little, so what? Get up and keep going toward the goal of self mastery and YOU WILL GET THERE. Hold my hand precious ones, for I have walked the human path and KNOW its many obstacles. I cannot move them for you, yet I can help you recognize them and stay on your path to God of Light and Truth.

Druthea, find peace in this knowing; look how far in your awareness you have come since three years have past. You need not dwell in that past, yet be aware that you trod ever diligently toward your soul goal. There are times one must reflect on obstacles overcome already that new ones are faced in a less ominous light. And even when you believe you are lost in the wilderness and are so afraid, we are here watching over you. And remember this little one, have we not always shined a warm and encouraging light to you as you walked alone to guide you to safety? Be secure in that knowledge for we are come to bring you home. So be it.

Thank you, precious children, for attending this document. These lessons speak to the hearts of many of you ones and I am grateful for this

opportunity to share the lessons with you ones. You ones must realize that you share so many concerns, mostly unvoiced and misunderstood by self. Let the infection release its toxins that healing may begin. You are my family and I love each of you for you and we are ALL related as fragments of the divine ONE.

Walk in peace and love for as tradition you have deemed this season as one of giving. Let the giving be of the heart in friendship and appreciation for the gifts of Mother Earth and the Great Spirit Father/Grandfather. Thank you for sitting with me little one. We do not allow you to stray far without calling you back to the fold. Remember this; you need only listen. With great love and appreciation, I AM Sananda, One with God/Creation. Salu.

LESSON 41

LIVING YOUR DREAMS

Greeting precious little dove, Druthea. I AM Sananda. I AM the one known as Jesus the Christ and by many other labels. I come in service to Holy Creator/Great Spirit of ALL. Let us sit a share a prayer from a blessed brother who walked your place. His name was Sitting Bull.

O' great spirit, whose voice I hear in the winds, and whose breath gives life to all the world, hear me! I am small and weak I need your strength and wisdom.

Let me walk in beauty, and make my eyes ever behold the red and purple sunset. Make my hands respect the things you have made and my ears sharp to hear your voice.

Make me wise so that I may understand the things you have taught my people. Let me learn the lessons you have hidden in every leaf and rock.

I seek strength, not to be greater than my brother, but to fight my greatest enemy - myself.

Make me always ready to come to you with clean hands and straight eyes.

So when life fades, as the fading sunset, my spirit may come to you without shame.

Thank you for this sharing. This allows you each to remember why you are here and what is most important above all human experiences; that

of perfecting your soul in honor and glory toward the true perfection of Our ONE Creator.

When you each learn to remain true to only self with integrity of growing beyond human emotion and limitation of understanding, you sit in the palm of God SOURCE. You accept responsibility where it yours and you reject that which is not yours. You sit in council only with that SOURCE of LIGHT within you, when you lay in your deepest despair and confusion and as ONE with Our SOURCE you sort it out carefully and purposefully until the lesson is accepted by your soul, the forgiveness extended where necessary, and compassion and understanding replace the hurt and anger once harbored as a poison seeking refuge in your mind and body material.

We of the HOSTS of GOD of LIGHTED SOURCE witness the painful repression of creative expression, of idea, of exploration within the mind of GOD. WHY? You ones are afraid to disagree with one another or even with God's Hosts. For somewhere, sometime, someone or ones made it incredibly uncomfortable for you to disagree with them. Rather than persistence which often led to conflict, it was simply easier to give up the effort. Keep the semblance of peace while the war began to rage within. Many of you have turned your bodies and minds into battlegrounds of repressed hostility and anger and you most often bear those scars into your death.

This is simply, precious ones, a matter of not knowing how to have discussion without seeking to always be RIGHT, instead to explore possibilities with those you live and work with. Perhaps one of the most painful feelings is that of feeling that you are not appreciated for your work or intelligence, creativity or the like. Many women have allowed themselves to be seen and not heard until most recent times in your history.

And children who are not allowed to be heard and to have sharing of an idea or explore a possibility often remain closed and unable to communicate effectively. Many of these now adult people run governments or

manage others in corporate affairs. They remain the "walking wounded" until they take responsibility for finding the cause of their own despair and anger and begin the steps to recovery. Most often these ones know not now to change and see not the problem in self, instead cast outward the blame for the circumstance which imprisons and poisons them and is of their own making.

When you ones who effort to work with others with common goals and interests to prepare for the transition times, learn to speak frankly and directly to one another about fears, concerns and goals, you will avoid much heartache in the way of failing interrelationships. Too much power allowed to only one or two usually corrupts not only the ones holding power over others, also the ideals of a given community are forgotten to protect the selfish needs of the one or two who become addicted to the power. Look at your world and you can see this occurrence nearly everywhere beginning right within the family structure through to the dreaded one World order.

When the ones holding power are challenged and disagreement arises over how affairs are handled, and the ones disagreeing are not heard and allowed discussion, you have dictatorship. There is not a soul existing who will not rebel against inability to express itself creatively. Creative expression is the LIFE of the soul growth, it is the song of joy and inspiration shared by our Divine Father. In the human experience, those in power will always try to discredit or destroy ones who challenge their power and authority and need to "do it my way or no way" attitude.

It is so common, precious ones, that now most of your countries and governments, institutions, corporations and families operate with the iron fist of "might over right." (Our computer power was just eliminated, which nearly broke the heart of Dru. With our instruction she has retrieved all of the document and power is returned.)

It is time to learn a different way and this we will offer and instruct as requested and desired. There must always be rules and mutual coopera-

tion in adhering to the Natural Laws of God and Creation. These are absolutes of which there must be no compromise. Since you ones are born with these in your soul then it is a matter of achieving and sharing the wisdom of why the laws are irrefutable. Honor your neighbor as God honors you and you honor self as you honor God/Creator. Honor, therefore, Creations which are abounding in your experience for in this way you honor nature and her ways and then harmony can be achieved within self.

You are children of one family, the family of Creator/Creation. When you fully understand the wisdom of ONENESS, your spirit will lead you to those of like mind who seek cooperation and achieving service to Creator in honor and integrity to perfect his/her own soul. YOUR mission and purpose will simply be THE mission and purpose of Creator. You will release the me-self to the one-self and thereupon achieve true peace of mind. You will not longer fall in to the trap of victim, martyr or feel inferior or superior for these are games of the human mind which you all will eventually grow beyond. Then, precious ones, that DREAM that every soul dreams will be yours to live; peace and love within and oneness with all. So be it.

Thank you Druthea for sitting with me. I see the aching heart is healing and you my precious have gained a bit of wisdom in these past months. Your only "crime" Dru if you must find fault in self, is too little faith in self AND Creator and let me share with you that this is what ALL of you suffer from to some degree or more. We will together build your faith and trust in God's voice within and in time when the wounds have healed, you will look upon this "dark" time with gratitude and acceptance.

Thank you precious brethren, for allowing me council with my scribe of personal nature. Sometimes, although she hears well now, she needs to "see" the words as you are. Thank you for pondering these lessons. You are growing and Our Father is well pleased, whether you know this or believe it not. Let us close this document. I AM Sananda. Commander in Chief of spiritual growth and transition in behalf of My Father, God of Light, and Creation. Salu.

LESSON 42

SEX, MARRIAGE, DIVORCE, COHABITATION, ETC.

(Dru): "...I will concentrate my questions now on The Laws of Creation as stated in "The Talmud of Immanuel" Please forgive me but I am confused about sexual activities, cohabitation and divorce. I am sure that others will want to understand as I do and I would like to be able to explain it logically to them after I understand."

Let me first remind you that two things must be held in consciousness at this reading and explanation. 1: This document was "translated" from scrolls written at the time of the one Immanuel (Jesus) of Nazareth over two thousand years past, and 2: This is long "after the fact" and explanation is always given by God as to the errors which produced the plight. Lessons are "experience" and humanity is set up to learn from these third dimensional experiences in greatest abundance of any placement. I FURTHER REMIND YOU THAT IGNORANCE OF THE LAW IS QUITE ACCEPTABLE UNTO GOD-BUT NEITHER DOES HE ALLOW HIS LITTLE ONES TO BE REMAINING BLIND IN THE EVIL.

Ones are saying, "Well, now someone has come along and given us some new commandments and all this is nonsense." No — they are simply stated in the writing as they are, no more and no less. Whether or not you or I agree with the content makes no difference whatsoever. There is a great reason for the Laws and it is not that which you accept it to be. It is not a bunch of ridiculous restrictions to make your life unhappy — YOU HAVE DESTROYED YOUR LIFE OF HAPPINESS THROUGH THE MISUSE OF THE GREAT AND WONDROUS GIFTS GIVEN UNTO YOU.

We shall just dive off into the first question and hope we keep our audience long enough to read the dissertation at the end of the writing for if you do not, you will continue to not understand.

"If one is married and loves his/her mate, is it against the laws of Creation to engage in sexual intimacy if the intent is NOT pro-creation, only mutual sharing of love through sexual intimacy? If yes, please explain the logic behind this."

This question needs to be carefully read for I shall answer to the exactness of the question without consideration of the questions which follow: NO, if in fact — it is totally mutual and there is no ill manipulative intent involved. Further, it is YES if there is not full honor and careful consideration given to the possibility of the birthing of a child. The facts are that hu-man has lost his ability to discern "love" from the "act of sex." In 999 cases out of 1000 "love," as such, never enters into the equation. When man and woman desire the oneness of each other they should try first to become one in energy intent. You have almost no intimacy in your relationships as you now practice them. "Sex" is not intimacy. What the Law indicates is need for total RESPONSIBILITY of your actions and not carelessly hopping into the "hay" to "romp around" without thought to the impact either on the partner or the possible outcome of the relationship. Your heart will know of the difference. Sometimes one partner or the other might — in love — wish to "accommodate" the other but this is rare indeed, for the level of "mutual" response is far differing both in the sexes and the emotions. It is most rare indeed that one "gives" to the other in total love — it is usually more that "I may get something later if I cooperate now."

The point, of course, is that the sexual union does have a purpose and man has forgotten that "love" is far more than ten or fifteen minutes of pleasure. Love has really nothing to do with it for it is simply a body function — further it is the one body function that has pulled down your entire civilization over and over again.

It is also that God desires you raise yourself above the level of non-thinking animal and assume thoughtful responsibility for your actions. In the ultimate union there is shared intent of purpose and the total consideration of one for the other and it all takes care quite nicely, of itself.

Is there "forgiveness" for "sex in all the wrong places?" Of course — you have been trained and bribed and pushed into the actions of a current society ruled by evil. Do you not see? The damage is done and you cannot in any way change that which has gone before. It is over and done. Man did not listen nor obey the Laws and you now end up with a mess. Forgiveness is not in question — understanding of truth is the point. Responsibility!

"If the above is yes, what if one or both partners are sterilized? Or is it against the laws of Creation because it involves self-pleasure? And if so what is the logic of this law if you are married and sex is ONE way of many you express your love for each other?"

The magic word is in the first sentence — "sterilized." You have "come a long way Baby." Mankind showed his disdain and selfishness when he first found sterilization. This abdicated all responsibility for his fun and games. Again, you who practiced such simply prove unto yourselves that you are people of the lie. It seemed a most propitious thing to do to prevent the further procreation of children and so it "sometimes" does. What it truly means is that, "I can now seek all that pleasure without consideration of any consequences for my fun and games." If you have been sterilized, are you lesser in some manner? No, in fact in the mess of civilization you probably are among the few thoughtful and responsible "lovers." Forgiveness? Again, there is naught to forgive if you did these things in true belief — "ignorance" of the Law is totally acceptable. However, pronouncement of, "I didn't know what I was doing," when you actually did not know is one thing — to have known exactly what you were doing and you did it anyway, might need a little extra forgiveness within, and you might JUST "mention" it to God. Either way,

forgive yourself for it is past and naught can change of it. Accept it and put it from your mind, chelas, and move on — today is the day to be considered, not your goodness nor your badness of yesterday.

I will give you a wonderful hint, however, as you pursue the path of light, the need for the mis-behavior and self-indulgence shall lessen and lessen and the matter shall take care of itself. A man is that which he thinks about — when you stop thinking first on these things and turn to activities of greatness — you shall find no problem in the matter.

These thoughts which are unfulfilling in any matter whatsoever are thrust upon you from babyhood on, in the media, etc. It is purposeful in order to pull you down and claim your attention from your purpose. You are an enslaved people — to sex which is unfulfilled, to violence which stimulates sexual drives, and to illicit relationships which give the old adrenaline a bit of a rush. All the while your planet goes down the tubes while you are playing around in one bed or another and having unwanted children or murdering them — all these actions harden the heart and make man savages for he loses compassion — ALL FOR SELF.

The next time YOU think that "ONE" way to show love unto your mate — consider alternatives and try it. You may find something very interesting surfaces. No, I do not denounce that interaction but in truth of the Laws as given down, I have no right to comment on my opinion at all. THE CREATION MUST, IN PERFECTION, MAINTAIN BALANCE AND MAN IS ALLOWED HIS EXPERIENCES ON THIS PHYSICAL ORB TO GROW INTO SPIRITUAL PERFECTION — WHAT YOU DO ALONG THE JOURNEY IS WHAT EITHER GETS YOU THERE IN PERFECTION OR CAUSES YOU TO RE-TRY UNTIL YOU DO GET IT STRAIGHT — NO MORE AND CERTAINLY, NO LESS.

"Why the differences between Cohabitation and marriage if the people are just as committed to each other in love?"

This is most excellent indeed. None. However, once again ones must

look carefully at the cause and effect. Why are you cohabitating? Why would you marry? The first question always is, "Why are you not married if you have the same commitment?" Well, marriage is so carelessly entered into in this society as is cohabitation. It is broken as easily as it is made, in contract format. It is the lack of responsibility of entering into either arrangement which is the negative component. Do you cohabit to simply have a regular sexual partner? Wrong! Do you cohabit to make it easier to break up if you should decide you do not care for each other? Wrong! Because of the first answer. A true marriage entered into in love, life intent (even if it fails) and careful, responsible thought is not a contractual piece of paper. However, again because of misuse of the pro-creation components — problems usually arise with the birthing of children and the financial problems, etc., etc., and has nothing to do with "contract" or responsibility.

The statistics (on TV) showed that there are \$30 billion outstanding payments from "child support." In all cases it is giving in to the lust of the moment without the willingness to bear the responsibility for the actions. Further, birth control in all instances, is a lack of responsibility of bearing responsibility for actions — that of self-discipline and self-control in the first place. Wrong? Right? I guess you can be the Judge — your planet is slipping into reversed axis because you are suffering the consequences of 5 & 1/2 billion overpopulation. Can the few seconds of time spent in an open wash behind a bush in South Africa be worth even "one" of those dying, suffering and innocent children? Look into their faces and then answer me. Responsibility vs. a few brief seconds of pleasure. To some obviously the response is "yes." Well, these are the consequences.

No one shouts to train these dear beings to stop the non-responsible behavior — it is "teach them birth control!" Abstinence IS the only positive means of birth control. No one says "teach and demand abstinence of such behavior in the children," it is "give them sex classes and show them mechanical birth control." IT IS THE "BEHAVIOR" THAT IS WRONG — NOT "LOVE" FOR YOUR FELLOW MAN OR WOMAN OR

CHILD. IS IT LOVE THAT WOULD HAVE A FATHER RAPE HIS DAUGHTER OR SON? OF COURSE NOT — IT IS TOTAL EVIL AND YET IT IS BEHAVIOR, NOT THE THOUGHT. IF A MAN THINKS SUCH A THING HE SHOULD GET ON HIS KNEES AND CLEAR THE THOUGHT — IT IS THE ACTION THAT DESTROYS. IF ALL EMPHASIS WERE NOT ON THESE ACTIVITIES IN EVERY FORM OF YOUR MEDIA — THE THOUGHT WOULD NOT BE THERE IN ANY CASE.

MAN HAS COME TO ACTUALLY BELIEVE THESE THINGS ARE HIS "RIGHT." WELL, HE KNOWS THEY ARE NOT — SO HE BECOMES VILE AND EVIL IN ORDER TO LIVE WITH HIS ACTIONS.

Cohabitation and marriage — with the same measure of responsibility and equal contribution which does share and not "put upon" the mate, is the same by definition. The word Cohabitation, however, connotes sexual relationships without the benefit of contract when the act of marriage should be a desire for oneness and companionship and not "sex" as its foremost intent. Most marriages, however, are built on naught more than "sex" and almost instantly fail for none can live up to the lie perpetrated upon you — even the very pleasure you sought will fail you.

It is not the "living" in the same dwelling which gets thee into trouble — it is what thee practices in the same bed which is the culprit. Friends can live together in great numbers and have great intimacy without so much as a touch. And yet, look in your thesaurus and you will find the accented definition of intimacy is copulation, intercourse, etc. You see, even the word has been corrupted. Intimacy means to share that which is most precious and secret unto your soul — that, friends, is not "a roll in the hay."

We have discussed many, many times — homosexual "love" and homosexual "behavior." The act of sodomy is purely a lustful and Painful act — purely lustful. "Love" of one gender for another requires no "sexual"

contact — although it can be most intimate indeed for there is naught to be treasured as one treasures a true friend. "Love" is surely not the possibility of giving that one you claim to love and cherish a deadly disease such as AIDS.

I did not create the disease — MAN DID! I did not proclaim that it should be spread most readily between men practicing sodomy and the mixing of blood from contaminated drug needles. Man did! These are the two prevailing ways of transmission. It becomes at most negligible after a while however, for once in the general public it spreads by any route. MAN KNEW EXACTLY WHAT HE WAS DOING WHEN HE PURPOSELY CREATED THE PROBLEM — DO NOT BLAME GOD!

"Please explain the Divorce law and what is to become of someone like me who has married a divorced person? And what is to become of the man I married who was divorced?"

Not to appear trite — live happily ever-after. You married, you divorced, you re-married according to your hearts and the laws of the land. You can do nothing to change of it. You certainly would not move back in time into a damaging situation to effort a rectification of something that was wrong in the first place. It simply is done. Do that which you can, to the best of your ability to have a "responsible" and "intimate" relationship with that spouse presently yours.

It is a fact, that many marriages which are consummated and the "pair" comes into this truth — are still grossly wrong for each other and shall never have peace in the relationship. There will yet be many marriages dissolved by the laws of the land for thy truly were not consummated in the love of God and The Creation in the first place.

Now I shall have to move further back in time to the point in which these rules were first made "public." In the days before, and at the time of Jesus, if a woman were to be divorced, it was that the woman would be

totally destitute and had no manner of tending herself, nor that of the children for the man would usually simply walk away from all responsibility. In almost all instances the reasons for the leaving were for lack of the woman's producing an heir or for indulgence of sexual pleasures with another woman. Again, total lack of responsibility for actions.

It is not the divorce which is necessarily incorrect — it was the lack of preparation and responsibility in the original marriage. Mates were chosen incorrectly, marriages made incorrectly and nothing has changed through the centuries except the responsibility has become less and the methods different. Woman can better tend herself today — but not if she has children and men were not made to be mothers and mothers were not made to be fathers. MANKIND has forgotten that there ever was a purpose in two genders.

Again, this is not to condemn you who have changed partners — most have done so quite honorably. It is however, another instance whereby man "votes" in the laws and changes the rules; when the truth is you cannot "vote in" THE LAWS OF CREATION. You can make of the action legal in the eyes of the lands — it does not make of it right in the truth. It most certainly is not my desire to see any persons live in the hell of a bad relationship. I would suggest, however, that if you handled the "sexual" aspect and the "financial" responsibility properly — the divorce rate would be negligible.

This, again, is to point unto you what has gone wrong in order to bring you to the confusion, over-population and devastation of an ecological system of a planet which requires re-nurturing. You see, whether ones wish to consider this a prison planet or not, it is — it is, for you cannot get off this placement — you as humans cannot live in space nor travel to other inhabitable planets — the other planets which you might reach are all prior to your experience and are in the recleansing themselves.

Whether the Laws are pleasant or not, there was a great reason for the LAWS OF CREATION AS SET FORTH BY CREATOR — your plan-

et was made able to sustain approximately 500 million people with a few more or less — you will now count somewhat over 6 BILLION. I care not what you think of restraint and pro-creation rules — the facts are — that is what has done you in. Man ceased using the act as "love" and "creation" and uses it for lust, control and power — all without responsible attitudes toward the partner or to the problems created.

God is now telling you what went wrong so that as the word comes forth, you come into understanding for there will again come the time when there will be rebuilding and unless you are ready, willing and able to abide by the Laws as given forth — you shall end up in this same dastardly disaster.

I am very indebted to my precious little D., who has carefully thought and prayed over these questions — they are not lightly asked in behalf of all of you and I accept them in the same deep and sincere hope of responding in like manner. UPPERMOST — REMEMBER THAT WHAT IS PAST IS PAST — MUCH BROUGHT UNTO YOU NOW IS QUITE FRANKLY, AFTER THE FACT — NO ONE LISTENED CAREFULLY AT ONSET. HOWEVER, ALL OF YOU WERE PERPETRATORS FOR THIS IS ONLY ONE OF THOUSANDS OF TIMES AROUND, AND NOW FATHER SHOWS US WHERE OUR ANSWERS AND ACTIONS WERE NOT CORRECT, AND THAT WHICH MUST COME BACK INTO BALANCE TO MOVE INTO A NEW AND WONDROUS RADIANCE AND ALLOW THIS MARVELOUS CREATION TO HEAL AND REBIRTH. SO BE IT.

We will resume responding to Dru's questions, please.

"Why must the man give payment in silver or ? to the woman he will marry for her security if she is equal in spirit to man? Is it because in most cases she will bear his children and need his protection and security?"

Yes, this is in part true but there are other reasons also. Do not forget that

at the time of the writing of the particular document under point — there were usually “arranged” marriages and in fact, a dowry was expected from the female to the male.

Please further note that the price was to be figured in such a way that for each year of her life one hundred pieces of silver should be the basis, measured according to her knowledge, her ability, and her strength, provided her health was not lacking. Also, the price was not to be considered as that of a purchase, but as security for the woman, should circumstance arise which would cause her to be lacking. In addition, the sum would go to a most trusted steward who would be handling her possessions. This would, therefore serve as a sum should the husband be killed or otherwise absent and in relative meaning — act as what you now call insurance. At that time it was further understood with out demand — that substance would be set aside in addition, for any children birthed into the marriage. This was set up solely for security and “responsibility” as caretaker.

All manner of “gross” misconceptions came from these rules. For instance, it was later dreamt up that a brother should take as wife his brother’s widow and in fact, bear children “for his brother.” WRONG! That would appear to me to be some rather evil excuse to get that which is only a woman’s to give in payment for caretaking on the part of the brother. Do you see how man tampers in everything of value and rewrites to suit himself? The logical reasoning and fact is that no-one can do anything such as have a child — “for” another.

It was basically assumed that if you gauge the number of years of age the woman would be at marriage and her worth, that she could live that equal number of years after a husband’s departure or remarry, etc., within that period of time. Once again — responsibility and a show of respect for the equality of the contribution although of difference in types of contribution.

“Since most of us on this planet have committed some of these and other sins against the laws of Creation, how can we be forgiven by the Creation? And how do we go about getting ‘straightened up?’”

You move forward from the “now.” It is not even expected that you can snap your fingers and all will be different and you will be perfection. By the simple attention and care to the correcting has already produced the “forgiveness.” Even the term is not quite correct, for there is actually nothing to “forgive” as such. You simply have made errors — which after all, is all that “sin” is — the falling short of perfection. Further, all mankind sins for all man is short of the ability of total perfection.

If you have intentionally hurt no one — simply go thy way, do not sit and dream up possible injuries to punish of self. Self-punishment is the weakest of all ventures for you will usually judge yourselves too harshly in the ending. Leave major judgments to yourself and God in the judgment time. You will know if you deliberately injured another through intention. The major point in change is to cease lamenting about that which is done and past and take that which can be changed and move forward. If a thing cannot be changed, be wise enough to leave it.

LESSON 43

TAKE MY HAND AND TOGETHER WE WILL WITNESS GLORY

Greetings precious little Druthea. I AM Sananda. I come in the service of Holy Creator Source, the ONE labeled GOD of Light. I Am the one who walked your place some 2000 years past in your counting. I was human, as are you ones who now walk this place and journey toward ONENESS with God.

I was known by many labels and most will recognize me by the term Jesus Christ. This label was not given of me by Creator God, for I was given the name IMMANUEL. MUCH of what you do read in your various editions of the so-called Holy Bible, are the misperceptions of the one Pharisee born as Saul of Tarsus and who changed his name to Paul.

Alas my mission and my purpose for coming to your place in behalf of Our heavenly Father, was not only misunderstood by true seekers of truth, but was also purposely altered to serve the needs of the religious zealots who "lead" the ignorant masses through fear and damnation.

For you ones who work closely with The HOSTS of God, who assist you at this time of great transition, please KNOW that I experienced the wrath and malicious actions by those who were threatened by the messages of Our Holy Father which I brought the people. I brought the SWORD OF TRUTH of your divine spiritual heritage and taught that ALL humans are equal in God's creation. Chelas, I brought you the

kingdom of heaven, by showing you HOW to live and commune with GOD without anyone in between you and GOD.

The adversary was nipping at my heals CONSTANTLY, chelas, as many of you are now experiencing as well. Paul alias Saul of Tarsus was NO Apostle of mine. HE elected himself authority to interpret my message and it was HE who taught the mis-teachings of salvation and put ME, Immanuel ABOVE you ones calling me the only Son of God to save you from your sins. THESE WERE NOT MY TEACHINGS EVER and in fact if you study the first four books which are included in most versions of the Christian Bibles, (Mark, Matthew, Luke and John), their remains a REMNANT of the messages which I brought which do often contradict Paul's interpretations. Even still, those four books do not include many things I taught and were actually put to print between 70 and 200 years A.D.! And this is by calculation by YOUR own historical theologians.

So, precious chelas, you must ask yourselves, WHO decided what would be included in each "authorized" version of the bible? I can assure you GOD was seldom present in those authorizations and decisions. Paul, the self ordained apostle, corrupted my message and deceived MILLIONS of ignorant seekers over the centuries. I would venture to say he did his job well. For so many of you are transfixed in an illusion of dogma and human power and the price has been YOUR SOUL.

We of THE HOSTS of GOD are come again to you ones WHO will hear the clarion call of TRUTH, for so many of you are wary of being lied to and used. SO many are trapped and are kept there by the adversary of fear. We come to shake you awake that you may find GOD within you and FREEDOM which only His Holy presence acknowledged and accepted will bring you!

It is time to think for yourselves, for GOD gave you all that you are and you have mostly denied HIM and self. We are giving you a ticket to free your soul from the bondage of false human dogma and ritual which leaves you unfulfilled.

Does this mean I say to question your "beliefs" as you now hold them? YES. If you live a righteous and moral life putting others before self and seeking to give in more ways, then chelas, you can label yourself an atheist, Christian, Aborigine, Buddhist, or Muslim and it makes no difference whatsoever. YOU ARE NOT YOUR RELIGION OR TRADITION, YOU ARE A CREATURE OF GOD, A FRAGMENT OF HIS MIND, AN INDIVIDUAL REFLECTION OF GOD, THE MORE YOU TUNE IN TO HIS WAYS OF BALANCED LIVING AND BEHAVIOR, THE MORE BALANCE YOU WILL FIND WITHIN SELF.

Fundamentally, if we search the core of the messages that I brought the people and that WE of the HOSTS bring now and that OTHERS before and since my physical experience brought; this is what the GOLDEN THREAD of ALL of these is: LOVE ONE ANOTHER. WE ARE ALL ONE, I AND MY FATHER (WITHIN) ARE ONE, WE ARE ALL RELATED, DO UNTO OTHERS AS YOU WOULD HAVE THEM DO UNTO YOU. LOVE YOUR CREATOR WITH ALL YOU HEART, SOUL AND BEING. THERE IS ONLY ONE AND YOU OF HUMAN BELONG IN SOUL ESSENCE TO THAT ONE. ALL OF CREATION COMES FROM THE SONG OF LOVE WITHIN OUR CREATOR. RESPONSIBLE AND WISE HUMAN SEEK TO GIVE AS CO-CREATOR AND DO SO WITH MORE LOVE AND BEAUTY AS THEY SO LEARN.

Simple? Well yes, the message is THAT simple. The Comprehension and ability to act in accordance to these Truths have been YOUR challenge as a precious creature of God. It is time for MANY ones of you to

step into those shoes of responsibility which YOU have earned by your very experiences here in physical compression.

Do you really think our Creator is so limited in His Creation that he creates YOUR soul and one life and whoops it's off to heaven or hell? Come now, precious chelas, WAKE UP! Use the God-given gift of reason. YOUR soul adventure is ON-GOING! What is heaven? What is Hell? Remember, even in your Bible I was quoted as saying, "The Kingdom of Heaven is within you: well all sorts of interesting correlations happen when you think on that statement! Where is God? You say, "In Heaven." Where is "Heaven? "Within Me?" Could that mean that GOD EXISTS THERE (WITHIN) TOO! And what is Heaven? Living in Light and Knowledge in a balanced existence. Could you have that on EARTH? WHY NOT? Then what could be HELL? Alas, living in darkness and spiritual ignorance, and therefore unbalanced life; projected absence of God of Light. So where might you be now in your existence? Could HELL be a creation in your own mind by your immoral and unrighteous behavior and actions? Think carefully about this. IF YOU created HELL ON EARTH, can YOU uncreate it? HOW? WHEN WILL YOU BEGIN? How about NOW with self.

You begin all change from the bottom rung of spiritual ignorance through trial and tribulation to true KNOWLEDGE and WISDOM by your desire to do so and ACTIONS to fulfill that desire. When you put GOD FIRST in your life, then GOD PUTS YOU FIRST IN RESPONSE TO YOUR DESIRE TO KNOW GOD AND BE LIKE GOD IN YOUR ACTIONS AND BEHAVIORS. Simple in concept, yet in your human experience you have been controlled and programmed to the beat of lies and deception by the adversary to God of Light.

You must first recognize that you have been duped, learn HOW it has happened, and HOW to correct the ignorance (with Knowledge). You are essentially breaking a "spell" upon your mind by reaching for God's

HAND of truth and wisdom, you receive NO less that His finest teachers. We of Your HOSTS bring HIS WORD. We tell you that you've been duped, HOW it has happened and what actions you must take to correct the unbalance first in self and then comes the effort to serve humanity. We do not bring mystical hoop-la which keeps you "dreaming" and not living in fullness of personal responsibility. We bring you the "nuts and bolts" of TRUE spiritual living which will secure your spiritual foundation throughout ALL adversarial attack and testing. What is this security we offer? KNOWLEDGE. Let KNOWLEDGE be what you build your foundation with and NOTHING can ever tear, blow away or shake you down.

It is time to question the origin of every "belief" you have which comes to your attention to look at. Where to begin? Ask God within to show you. And let it unfold for the housecleaning to begin for you. Let this thought motivate you. For every nut and bolt you use to secure your spiritual foundation which is based solely upon adopted "belief," you will spring a "leak" in your security. It will not hold if it is NOT REAL and of Spiritual balance. Welcome these leaks (testing) for they offer you the opportunity to find TRUTH and correct the problem, unless of course you ignore it. It is not best to have the sturdiness of your "new" home tested in a mild storm that you can correct leaks and structural weakness, then to have a hurricane come and simply destroy your entire home? If you ignore the small leaks, they grow and cause more damage and soon they compromise the integrity of the entire structure. Face every test head on. Hold God's hand in every decision you make and LISTEN to your instructions.

The problem so many of you have is the "chatter" in your own minds. You are full of self absorption of disconnected thought patterns arising mostly from worry and insecurity. How do you expect to HEAR GOD when your mind is so full of fragmented thoughts. CLEAR YOUR SPACE OF THESE DARK FRAGMENTS OF WORRY AND FEAR

WITH INTENT OF SOUL. You will know you have succeeded when you feel a blissful; calm settle over you. Learn to speak with your heart to God for that is where He comes to you. It is best to not have expectations about HOW God will communicate with you. BE READY TO RECEIVE HIS GUIDANCE HOWEVER HE CHOOSES TO GIVE IT. And then, precious ones, you must be willing to act upon what you are given for God Never gives you more than your own capabilities to experience. This is called DOING YOUR PART, for God has already done His. God works with you, NOT FOR YOU.

Who might I be that I speak with such authority about God and His Ways? I AM Esu, ISSA, Immanuel, now called SANANDA. I AM Co-creator of your planet in charge of spiritual evolution of your species along with My brother, Archangel Michael. I SERVE GOD OF LIGHT and I COME, NOT YET IN PHYSICAL, with his HOSTS OF the LIGHTED PATH, to bring the WORD of truth to you of mine younger sisters and brothers. The HOSTS are preparing you for my return and final confrontation with your evil adversary who controls your earth. WE ARE COMING TO RECLAIM GOD'S PROPERTY, that is YOU ones who CHOSE GOD and to live within His Laws of Balance. We are in the final harvest, precious friends. Will you be coming home soon? Or will you CHOOSE not to go by your choice to remain in ignorance?

We will force NONE and yet each one of you is so very precious, I loathe to leave you if it be your choice to stay in physical compression. For I KNOW your way (if left here) is fraught with pain and suffering and evil has dipped to the lowest levels of inhumanity to insure hell on EARTH for remaining inhabitants. Can you ones of God conquer this evil without a bloody world revolution? Yes, it is the only way, with truth and living example will YOU make a difference. We sanction NO bloodshed or sacrifice for these are things of physical evil presentation and NOT a part of God. I request that you ones who abide with the Bible as God's only word that you read the OLD Testament, Exodus and you

ponder who might sanction such bloodletting as it described. If you believe Our Creator sanctioned these activities, I weep for you for you know not Our Creator. You by the very nature of your "belief" recognize and worship the god of darkness and evil.

How say I these things to You? I KNOW for I abide WITH GOD in His Higher kingdoms and I am coming as promised to bring you, His faithful and true, home. You are wary, I know. I will not leave ONE who holds GOD within and in intent seeks truth and balance and demonstrates this balance in life. It matters now how you label yourselves in human religious context, for GOD HEARS YOUR INTENT IN HEART. I AM Sananda, your guardian and teacher. I serve only GOD OF LIGHT and therefore I come in service to you my blinded and lost brothers and sisters. WE OF THE HOSTS bring the light of TRUTH that you may awaken into KNOWLEDGE of WHO YOU ARE and join us in God's Holy Kingdoms of Lighted balance experience. It is time to choose, my precious brethren and I ask that you take mine hand and the hand of your neighbor regardless of color, sex, creed or religion and WE will together IN UNITY OF DIVINE PURPOSE conquer the evil by ridding it of its power over you! So be it.

Thank you for sitting with me this day, little Dru. I know you have had a rough few weeks, precious and you are concerned for the well being of friends in Florida and Hawaii. We are attending them, precious. And the love in your spirit has reached them and brought encouragement. Remember most have lost physical possessions, they have not lost each other in physical or in spirit. And the loving and supporting wishes of you and others of God's crew are most appreciated by them. They are blessings offered in this experience for these ones which will bring them closer to God. That is what to rejoice and pray for precious, that they SEE and recognize the blessings beyond the pain.

Thank you for your attention. May you ponder these lessons always in

the presence of God of Light. I AM Sananda, One with God in His Service. Remember if you recognize your capacity for great anger, then you have at least ten times the capacity for great forgiveness and love. To inspire another you must be inspired with a PASSION for giving this inspiration. When the passion for giving exceeds all physical limitations, then you will find the perfect words to share your inspiration in spite of the fact that you use an imperfect language. Walk together in peace and love and God walks with you. Salu.